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1 Cr(VI) permanently binds to lipid bilayer throughout reduction process.

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14	Supplementary Information
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18	1. Liposome evaluation
19	1) Liposomal phase transition temperature determination
20	Measurements were carried out on the Fourier Transfer Infrared (FTIR) Bruker
21	TENSOR 27 Spectrometer with the ATR Platinum attachment and temperature controller
22	HAAKE DL 30. The spectrometer was equipped with a KBr beamsplitter and DLATGS
23	detector. The measurements were performed in a spectral range of 3000-2800- cm ⁻¹ with a
24	spectral resolution of 4 cm ⁻¹ and a temperature range from 2 °C to 40 °C. The data were analyzed
25	using OPUS data processing software (Bruker Optics). The positions of characteristic bands

- 26 were obtained from the second derivative spectra. Liposomal phase transition temperatures
- 27 were determined using Infrared spectroscopy based on the position of $v_s(CH_2)$ band.



Fig. S1.1. Results of IR experiment for DMPC liposomes A - IR spectra stack-plotted as a function of temperature; B - the position of the $v_s(CH_2)$ band as a function of temperature. Vertical dashed line indicates an inflection point and a T_m .



Fig. S1.2. Results of IR experiment for DMPC:DOPE 100:1 liposomes A - IR spectra stack-plotted as a function of temperature; B - the position of the $v_s(CH_2)$ band as a function of temperature. Vertical dashed line indicates an inflection point and a T_m .



Fig. S1.3. Results of IR experiment for DMPC:DOPE 10:1 liposomes A - IR spectra stack-plotted as a function of temperature; B - the position of the $v_s(CH_2)$ band as a function of temperature. Vertical dashed line indicates an inflection point and a T_m .



Fig. S1.4. Results of IR experiment for DMPC:DOPE 5:1 liposomes A - IR spectra stack-plotted as a function of temperature; B - the position of the $v_s(CH_2)$ band as a function of temperature. Vertical dashed line indicates an inflection point and a T_m .



Fig. S1.5. Results of IR experiment for DMPC:DOPE 1:1 liposomes A - IR spectra stack-plotted as a function of temperature; B - the position of the $v_s(CH_2)$ bandas a function of temperature. Vertical dashed line indicates an inflection point and a T_m .

The collected FTIR spectra for DMPC are presented in Fig. S1.1A and spectra for 32 liposomes with increasing DOPE content are presented in Fig. S1.2-1.5A. A fitting procedure 33 determined the position of the $v_s(CH_2)$ band for each spectrum and the results were plotted as a 34 band position as a function of temperature (Fig. S 1.1-1.5 B). As can be observed, $v_s(CH_2)$ bands 35 are shifting toward higher wavenumbers as temperature increases. It is connected to the phase 36 transition from the lamellar gel phase to the liquid crystal phase, where trans-gauche 37 isomerization of aliphatic chains occurs¹. A sigmoidal function shape was fitted to obtain the 38 inflection point of the sigmoid curve, which indicated the T_c. One can see that the addition of 39 DOPE is causing the decrease in the T_c value, which is the highest for pure DMPC liposomes. 40 The presence of unsaturated acyl chains in DOPE molecules increases the membrane fluidity 41 which causes the decrease of T_c. This behavior was already predicted for numerous liposomal 42 mixtures². 43

45 **Table S1.1** Phase transition temperatures determined by FTIR. The values in brackets

Liposomes	Phase transition temperature T _c [°C]
DMPC	24.9(4)
DMPC:DOPE 100:1	24.1(3)
DMPC:DOPE 10:1	24.7(4)
DMPC:DOPE 5:1	17.9(9)
DMPC:DOPE 1:1	7.7(1.3)

indicate total uncertainty.

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2) Phase transition enthalpy

Differential scanning calorimetry was used to determine the enthalpy of the relevant 49 phase transitions as shown in Fig. S1.6. The transition enthalpies are shown in Table S1.2. 50 Measurements were performed on a DSC-204 calorimeter, (Netzsch GmbH, Germany). 51 Samples of 20 µl were closed in aluminum crucibles. Measurements were performed at the 52 heating rate of 1 °C/min, in helium atmosphere (He flow rate: 40 mL/min). For each sample, 53 two independent measurements were performed and the results were averaged. The data were 54 analyzed using the TA Netzsch program. For the determination of enthalpy values 55 characterizing phase transitions, a linear or a tangent-sigmoidal baseline was used. 56

Recorded DSC thermograms are presented in Fig S1.6 and determined parameters are 57 summarized in Tab. S1.2. Thermogram for DMPC-based liposomes exhibits two phase 58 transitions, the main transition and pretransition characterized by temperatures of 24.1 and 16.5 59 °C, respectively. These values are in good agreement with the literature ³. The addition of DOPE 60 causes the disappearance of the pretransition, a slight shift of the beginning of the main 61 transition toward lower values, and a significant decline in the transition enthalpies values, 62 which led to evanesce of the peak in the thermogram recorded for the system with the highest 63 DOPE content. These changes indicate a decrease in the degree of cooperative of the transition 64

- 65 caused by the weakening of interactions between aliphatic chains due to the incorporation of
- 66 the lipid molecules with unsaturated fatty acids between DMPC molecules ⁴[].

	$T_m [^{\circ}C]$	T_{onset} [°C]	$\Delta T_{1/2}$ [°C]	ΔH [kJ/mol]
DMPC*	24.1	23.9	0.3	15.6
DMPC:DOPE	23.9	23.8	0.2	11.1
100:1				
DMPC:DOPE 10:1	23.8	23.6	0.2	5.0
DMPC:DOPE 5:1	23.9	23.7	0.2	3.2
DMPC:DOPE 1:1	х	х	х	Х

Table S1.2. Transition temperatures and enthalpies obtained for the studied liposomes.

*DMPC pretransition:	$T_p = 16.5^{\circ}\text{C}, T_{onset} =$	= 15.6°C, $\Delta T_{1/2}$ = 0.9°C	$\Delta H = 1.7 \text{ kJ/mol}$



Fig. S1.6. Results of DSC measurements for liposomes based on DMPC with the increasing DOPE content.

3) Liposomal morphology study

For further evaluation of liposome morphology small angle X-Ray scattering measurements were performed at two temperatures: 15 °C and 30 °C, that is, below and above the detected phase transition temperature. Small angle X-ray scattering measurements were conducted using a XEUSS 2.0 system (XENOCS, France), equipped with MetalJet microfocus X-ray source ($\lambda = 0.134$ nm) with a liquid metal target (gallium/indium alloy) (Excillum AB, Sweden), PILATUS 3 R 1 M hybrid photon counting 2D detector (Dectris AG, Switzerland) and Fox 3D Ga ultra-low divergence mirrors (XENOCS, France). The sample-to-detector



Fig. S1.7. Results of SAXS experiment for all studied liposomes A – Below T_c (15°C); B – Above T_c (30°C)

79 distance was 1686 mm and Linkam temperature attachment (Linkam Scientific Instruments 80 Ltd., UK) and borosilicate glass capillaries (Hilgenberg GmbH, Germany) were used. For each 81 sample, 12 frames (600 s/frame) were collected. Then all the collected frames were processed 82 using FOXTROT processing softaware ⁵ and the buffer scattering was subtracted using 83 PRIMUS ⁶.

The results of SAXS experiments for systems with DMPC and DMPC:DOPE are shown in Fig 85 S1.7. For temperature above T_c SAXS curves recorded for studied systems exhibit a lamellar 86 87 structure characteristic for phospholipids with diffraction peaks appearing in relation to each other in a 1:2. For DMPC liposomes at a temperature above T_c, the intramolecular distances are 88 $d_{001} = 6.20$ nm and $d_{002} = 3.09$ nm. These values remind unchanged upon the DOPE addition, 89 only for the highest content of DOPE (1:1) a slight decrease is observed ($d_{001} = 6.13$ nm and 90 $d_{002} = 3.05$ nm). Also, the intensity of the diffraction peaks is dependent on DOPE concentration 91 which implies that the second lipid component has a destabilizing effect on the formed bilayer 92 structures. 93

At temperature below T_c additional diffraction reflections are observed. This is clearly visible 94 in SAXS curve record for the sample with 5:1 ratio of DMPC:DOPC. These peaks can be either 95 attributed to two-phase separated lamellar structure with for different lipid composition and 96 corresponding lattice parameters of 7.72 nm and 6.61 nm. However there is also possibility that 97 the lamellar structure coexists with hexagonal phase characterised by intramolecular distances 98 $d_{100} = 6.6$ nm, $d_{110} = 3.79$ nm, $d_{200} = 3.29$ nm (the ratio of 1: $\sqrt{3}$:2) and the calculated 99 intercolumnar distance for this phase would be 7.64 nm. For the highest DOPE content, single 100 lamellar structure is formed with $d_{001} = 6.24$ nm, $d_{002} = 3.14$ nm and $d_{003} = 2.07$ 101

103 XRD experiment

Fig. S2 presents XRD patterns of Cr(VI)-untreated samples. One can see that there is a significant difference between DMPC and DMPC:DOPE liposomes even for the lowest DOPE content in terms of internal ordering. Table S1 presents detailed information regarding the most important and common for all spectra features of the XRD patterns discussed in the main text. Table S2 contains additional peaks identified in the XRD patterns in Fig S2. As indicated in the main text, in both groups, when Cr(VI) was added, an internal order of phospholipid bilayers has decreased except for the DMPC:DOPE 1:1 sample.

An average thickness of liposomal membranes with a large DOPE fraction (Fig. 1 b) decreased when samples were treated with a Cr(VI), while for liposomes with a small DOPE fraction, the effect was more subtle and opposite. For DMPC and DMPC:DOPE 100:1, very weak structures are present at a high angle limit of 2Θ . While for DMPC, there is one peak with a maximum of 2Θ at 28.18 ° (equal to 3.16 Å), for DMPC:DOPE 100:1, there are two maxima



Fig. S2. X-Ray powder patterns of liposomal samples that were not treated by Cr(VI). Numbers are corresponding to peaks in Table 1, and grey areas indicate regions of interest.

116 at the 28.05 ° and 29.44 ° of 2Θ (equal to the 3.18 and 3.03 Å respectively). These features are

117	missing in the group with a high DOPE ratio (Fig. 1 b). For Cr(VI)-treated samples with a low
118	DOPE fraction (Fig. 1 a), mentioned peaks are not visible. In turn, both samples exhibit two
119	twin-like peaks that emerged with maxima at the 27.24 $^{\circ}$ and 27.60 $^{\circ}$ of 2 Θ (equal to the 3.27
120	and 3.23 Å respectively) for DMPC +Cr liposomes and 27.14 $^{\circ}$ and the 27.48 $^{\circ}$ of 2 Θ (equal to
121	the 3.28 and 3.24 Å correspondingly) for the DMPC:DOPE 100:1 +Cr liposomes. The DMPC
122	and DMPC:DOPE 100:1 liposomes had the least fluid membranes, and a Cr(VI) had little
123	ability to penetrate lipid membranes compared to a high DOPE ratio group. The experiment
124	was prepared so that Cr(VI) permeated throughout lipid membranes thanks to a force generated
125	due to an imbalance of Cr(VI) concentration between the inside and outside of a liposome. We
126	speculate that the permeation process started from an external surface of liposomes, yet the
127	process was slowed down if the membrane was not fluid enough. Moreover, there was not
128	enough target for oxidation (-HC=CH-) and the creation of a new ordered structure with a
129	defined d_{hkl} value related to the oxidation product. Therefore, it is reasonable to associate the
130	double peak in the DMPC +Cr and DMPC:DOPE 100:1 +Cr XRD patterns with a reaction

	6	5	4	3	2 ^b	2 ^a	1
			Peak	position 2	Θ [°]		
DMPC	21,69	14,44	9,86	6,68	3,71	2,81	1,88
DMPC/DOPE 100:1	21,49	14,27	9,76	<mark>6,52</mark>	3,71	2,88	1,71
DMPC/DOPE 10:1	21,23	13,51	10,16	<mark>6,8</mark> 5	3,71	2,84	1,94
DMPC/DOPE 5:1	21,13	13,37	9,93	<mark>6,69</mark>	3,71	2,88	1,81
DMPC/DOPE 1:1	21,06	13,14	9,93	6,69	3,75	2,91	1,88
			Pea	ak position	[Å]		
DMPC	4,09	<mark>6,13</mark>	<mark>8,</mark> 96	13,22	23,77	31,39	47,06
DMPC/DOPE 100:1	4,13	6,20	<mark>9,05</mark>	13,54	23,77	30,67	51,66
DMPC/DOPE 10:1	4,18	<mark>6,5</mark> 5	8,69	12,88	23,77	31,03	45,44
DMPC/DOPE 5:1	4,20	<mark>6,61</mark>	8,90	13,20	23,77	30,67	48,70
DMPC/DOPE 1:1	4,21	6,73	8,90	13,20	23,56	30,31	47,06
	a - beginning of	of a "bump"					

b - end of a "bump"

Table S2 Main characteristic peak positions for all samples from Fig. S2. The table is divided to two groups with low and high DOPE fraction. Upper part of table shows results of 2Θ value in [°], while bottom part shows corresponding d_{hkl} values in [Å]. Positions of a characteristic "bump" shown in Fig. 1 is indicated by green background.

between Cr(VI) and the surface of membranes which, in turn, could increase the order on thesesurfaces.

The position of all main peaks marked in Fig S2 correlate with distinct parts of a bilayer: 133 surface, -HC=CH- bond position, an interface between monolayers, and finally, the total 134 bilayer thickness. For example, in the case of the DMPC:DOPE 1:1 sample main peaks in Table 135 S1 are corresponding to the following distances: 4.2 Å, 6.7 Å, 8.9 Å, 13.2 Å, 23.6 Å, 30.3 Å, 136 and 47.1 Å. Values of 8.9 Å and 13.2 Å correspond to a –C=C– bond position, while the value 137 of 47.1 Å is comparable to a 2-fold value of a single monolayer thickness. Additionally, 138 distances of 23.6 Å and 30.3 Å are comparable to a single monolayer thickness. It must be noted 139 that there are similar relations between different reflections: $8.9/4.2 \approx 2.1$, $13.2/6.7 \approx 2.0$, 140 141 $47.1/23.6 \approx 2.0$. These distances could be interpreted either as bilayer and monolayer characteristic d_{hkl} values or just the next-order X-Ray reflections (yet it does not change the 142 general interpretation of the presented results). However, since peak shifts are not the same, we 143 interpret these peaks as actual first-order XRD reflections. Finally, when Cr(VI) was added, 144 the most pronounced changes were visible in a range of c.a. 47-40 Å, the "bump" and peak 145 around the 6.6 Å, associated with a shape of whole bilayers. 146

147 The liposomes with the highest DOPE concentration exhibited different properties than other samples when treated with a Cr(VI). For the DMPC:DOPE 1:1 +Cr, an additional peak at 148 2.48 ° (35.58 Å) appeared (Fig. 1 B). Additionally, the most intense peak in the DMPC:DOPE 149 1:1 +Cr spectrum is split into two components with intensity maxima at 7.69 °, 6.69 ° (11.48 Å 150 151 and 13.20 Å). A broad peak at 21.06 ° (4.21 Å) is singular for Cr(VI)-treated spectrum and was split for the DMPC:DOPE 1:1 pattern. While the broad feature cannot be precisely interpreted, 152 splits around 7 and 2 ° could be associated with creating two co-existing phases of 153 phospholipids, each of them created domains. Interestingly, all liposomes, regardless of DOPE 154

- 155 concentrations, had similar XRD patterns after a Cr(VI) treatment, except the region between
- 156 3.7 and 2.8 $^{\circ}$ where the averaged structure is present.



Fig. S3. Fitting results for liposomal samples. Since LCF was done on differentiated spectra, for purpose of presentation, energy ranges in this figures were cut only to important parts. LCF results for : A – DMPC liposomes; B – DMPC:DOPE 100:1 liposomes; C – DMPC:DOPE 5:1 liposomes; D – DMPC:DOPE 1:1 liposomes.

The experimental protocol for a pellet preparation contained a drying step at 55 °C. This step 161 has extended an effective reaction process between the K₂Cr₂O₇ and liposomes from 15 minutes 162 163 to approx. 12 h. Moreover, when water was removed, a local concentration of all reagents increased, thus shifting the reaction equilibrium: $Cr(VI) + R \leftrightarrow Cr(III) - R$ into the product side. 164 In general, it could lead to the production of new products. To rule out this possibility, we have 165 166 performed quick XANES scans of liquid liposomal samples. Samples had the same composition as liposomes in pellets, yet the reaction time was precisely 15 minutes before the dialysis 167 procedure stopped. We have compared outcome XANES spectra for pellets and suspension by 168

169 calculating differential spectra: $XAS^{lip} - XAS^{K2Cr207}$ (Fig. S3). No additional types of 170 compounds were created during sample drying, which agrees with some literature reports about 171 Cr(VI) interaction with lipid bilayers studied using EPR spectroscopy ⁷. 172 The comparison between samples measured in powder and solution is presented in Fig. S4.



Fig. S4. Differential spectra calculated for both liposomal suspension and pellets as: sample $- K_2 Cr_2 O_7$. Spectra were normalized and smoothed in Athena software, using Gaussian filter with kernel size of 3 and width 10, prior to difference spectra calculation.

173	In the range of	f 5970-6055 eV	for the aqueous	DMPC,	DMPC:DOPE	100:1,	DMPC:DOPE
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	C			
Sample	$K_2Cr_2O_7(Cr(VI))$	DMPC:DOPE 1:1 (Cr(IV))	[Cr(VI)/Cr(IV)]	R
DMPC	0.899(19)	0.101(19)	8.901(1.863)	0.072
DMPC:DOPE 100:1	0.959(20)	0.041(20)	23.390(11.898)	0.075
DMPC:DOPE 10:1	0.969(21)	0.031(21)	31.258(21.852)	0.075
DMPC:DOPE 5:1	0.910(21)	0.090(21)	10.111(47)	0.094
DMPC:DOPE 1:1	0.786(25)	0.214(25)	3.673(546)	0.163

Table S3. LCF results for liquid samples. As previously, $K_2Cr_2O_7$ and DMPC:DOPE 1:1 samples were used as references for Cr(VI) and Cr(IV) respectively. The R value is fit evaluation and is defined as

$$R = \sum_{i}^{N} \frac{y_i - y_i}{y_i^2}$$

where N is a number of data points y is a data point value and y is fitted value at the same 174 10:1, and DMPC:DOPE 5:1 changes are similar to these observed for the DMPC and DPMC/DOPE 100:1 for pellets. The main difference is due to the magnitude of changes 175 observed. The aqueous DMPC:DOPE 1:1 sample has more Cr(VI) fraction of its counterpart 176 177 from the pellet, which can also be seen in Table S3, and the presence of a feature around 6065 eV in Fig. S4. Values in Table S3 were obtained in the same LCF procedure as applied for the 178 data in Table 1. Compared to results obtained from LFC presented in Table S3, there was much 179 180 less reduction process in liquid samples. Due to the lower density of Cr in aqueous samples in 181 general, there was a much worse S/N ratio, and subsequently, R values are worse, especially for the DMPC:DOPE 1:1 liposomes. 182

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Fig. S5. Differential XRF spectra (top) for exemplary data from Fig. 4 obtained by subtracting the background spectrum liposomal one (bottom) for: A – DMPC +Cr liposomes; B – DMPC:DOPE 5:1 + Cr liposomes.

187 In the XRD experiment, the energy scale was spanned from 3.5 keV to 8.4 keV. The detection window was as such since for the energy lower than 1642 eV our setup would not 188 189 resolve any characteristic fluorescence, and no interesting signal was expected. Additionally, a background contribution was very high in the 0 - 1500 eV region. We have used a 30 kV 190 191 voltage with ~20 µA lamp current. An additional collimating Pb tube suppressed strong Fe, Cu, 192 and Ni peaks originating from the experimental setup (background, Fig. 4). From all liposomal and reference spectra, the background spectrum (a Kapton foil) was subtracted, and all residual 193 peaks originated from the local environment were removed as well as a baseline was improved 194 195 (examples: Fig. S5 a-b). A Gaussian peak function was fitted to Cr Kα emission lines using OriginPro 9.1 Sr2 (OriginLab Corporation) software. All XRF spectra were normalized by 196 values of the detector *Real time* to obtain values in [cts/s]. Finally, the calibration curve was 197 198 fitted using a linear regression method for values obtained from K₂Cr₂O₇, CrCl₃ x 5H₂O, Cr₂O₃ references. As mentioned before, to fit liposomal samples into a cryostat holder, we had to cut 199 200 them. Thus, in the XRF experiment, we had only parts of the samples measured in the XAS experiment. To overcome this problem, we have calculated a correction factor for all samples, 201

based on the studied sample area. To do this, we took high-resolution photographs of all 202 DMPC:DOPE + Cr pellets in high contrast and under the same conditions. Next, using GNU 203 Image Manipulation Program (GIMP) 2.8.16 (Spencer Kimball, Peter Mattis and the GIMP) 204 Development Team) color selection tool ("Fuzzy Selection Tool") set to 7 px threshold, we have 205 206 selected all parts of the image with black color. A binary image was created and further opened 207 in ImageJ 1.49v (Wayne Rasband, National Institute of Health, USA) software 8. The pellet area was counted using the option Analyze -> Analyze Particles. Results for liposomal samples were 208 compared with an undamaged reference Cr₂O₃ pellet, and the correction factor for each sample 209 210 was calculated. Obtained correction allowed us to calculate the total Cr content inside liposomal 211 samples.

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