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## Supporting Information for Highly Transparent, Mechanical, and Self-Adhesive Zwitterionic Conductive Hydrogels with Polyurethane as Cross-Linker for Wireless Strain Sensors <sup>+</sup>

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| Code        | AM  | SBMA | MPU  | APS  | MBA  | TEMED | Zn(NO <sub>3</sub> ) <sub>2</sub> | Water |
|-------------|-----|------|------|------|------|-------|-----------------------------------|-------|
|             | (g) | (g)  | (g)  | (mg) | (mg) | (μL)  | (g)                               | (g)   |
| PAS         | 4   | 0.5  | 0    | 40   | 4    | 20    | 0                                 | 8     |
| PASU0.5     | 4   | 0.5  | 0.25 | 40   | 0    | 20    | 0                                 | 8     |
| PASU1       | 4   | 0.5  | 0.5  | 40   | 0    | 20    | 0                                 | 8     |
| PASU2       | 4   | 0.5  | 1    | 40   | 0    | 20    | 0                                 | 8     |
| PASU3       | 4   | 0.5  | 1.5  | 40   | 0    | 20    | 0                                 | 8     |
| PASU4       | 4   | 0.5  | 2    | 40   | 0    | 20    | 0                                 | 8     |
| PASU1-Zn0.5 | 4   | 0.5  | 0.5  | 40   | 0    | 20    | 0.065                             | 8     |
| PASU1-Zn1   | 4   | 0.5  | 0.5  | 40   | 0    | 20    | 0.13                              | 8     |
| PASU1-Zn2   | 4   | 0.5  | 0.5  | 40   | 0    | 20    | 0.26                              | 8     |
| PASU1-Zn3   | 4   | 0.5  | 0.5  | 40   | 0    | 20    | 0.39                              | 8     |
| PASU1-Zn4   | 4   | 0.5  | 0.5  | 40   | 0    | 20    | 0.52                              | 8     |

Table S1. The compositions of the hydrogels



Scheme S1. Synthetic route to MPU.



Fig. S1. XRD spectra of PAM, PAS, PASU, and PASU-Zn hydrogels.



Fig. S2. (a) The tensile modulus and (b) The fatigue resistance of hydrogels cross-linked with different contents of MPU; (c) The tensile modulus and (d) The fatigue resistance of of hydrogels with different contents of Zn ions;



Fig. S3. The PASU-Zn hydrogel as a strain sensor for mechanical conduction signal applications and the wireless system connected to the smartphone: changes in the electrical signals for monitoring.

Table S2. Performance summary of representative hydrogels.

| Materials   | Sensitivity | Time                 |                      | Mechani                  | Elongati              | Adhesion                      | Refer<br>ence |
|-------------|-------------|----------------------|----------------------|--------------------------|-----------------------|-------------------------------|---------------|
|             |             | Respon<br>se<br>(ms) | Recove<br>ry<br>(ms) | cal<br>strength<br>(KPa) | on at<br>break<br>(%) | strength on<br>pig skin (kPa) |               |
| PDA-clay-   |             |                      |                      |                          |                       |                               |               |
| PSBMA       | 1.2         | /                    | /                    | 99                       | 900                   | 22.3                          | 46            |
| hydrogels   |             |                      |                      |                          |                       |                               |               |
| F127DA-     |             |                      |                      |                          |                       |                               |               |
| SBMA-       | /           | /                    | /                    | 112                      | 1420                  | 6                             | 17            |
| rifampicin  | 1           | 1                    | 1                    | 112                      | 1420                  | 0                             | 4/            |
| hydrogels   |             |                      |                      |                          |                       |                               |               |
| P(SBMA-co-  |             |                      |                      |                          |                       |                               |               |
| AMPS)       | /           | /                    | /                    | 44.5                     | 874                   | 4                             | 48            |
| hydrogels   |             |                      |                      |                          |                       |                               |               |
| poly(AA-co- |             |                      |                      |                          |                       |                               |               |
| AM)/AP      | 8.82        | 100                  | /                    | 200                      | 1089                  | 12.57                         | 49            |
| hydrogels   |             |                      |                      |                          |                       |                               |               |
| PVA-        |             |                      |                      |                          |                       |                               |               |
| GA/P(AA-co- | 2.58        | 180                  | /                    | 300                      | 2000                  | /                             | 50            |
| Am)         |             |                      |                      |                          |                       |                               |               |

| organohydrog          |      |     |     |       |      |      |        |
|-----------------------|------|-----|-----|-------|------|------|--------|
| el                    |      |     |     |       |      |      |        |
| PAM/Fe3+-             |      |     |     |       |      |      |        |
| TA@CNFs               | /    | /   | /   | 108   | 140  | /    | 51     |
| hydrogels             |      |     |     |       |      |      |        |
| PSBMA/PVA             | /    | /   | /   | 228   | 400  | 5.22 | 16     |
| hydrogels             | /    | /   | /   |       |      |      | 10     |
| PVAA-Fe               | /    | /   | /   | 60    | 450  | /    | 52     |
| hydrogels             | /    |     |     |       |      |      |        |
| PAA/F127/IL           | 2.08 | 1   | 200 | 36.3  | 862  | /    | 53     |
| s hydrogels           | 2.08 | /   |     |       |      |      |        |
| Alginate-             |      |     |     |       |      |      |        |
| P(SBMA-co-            | 1.09 | /   | /   | 146.1 | 1353 | /    | 54     |
| AAm)                  |      |     |     |       |      |      |        |
| PU ionogels           | 2.14 | 110 | No  | 1590  | 390  | /    | 26     |
| dL4S90                | 1.8  | /   | /   | 270   | 2000 | /    | 55     |
| hydrogel.             | 1.0  | /   | /   |       |      |      |        |
| AM/NIPIM/             | 10   | 145 | 150 | 664   | 1732 | 15.2 | 28     |
| MC hydrogel           | т.)  |     |     |       |      |      | 20     |
| PVA/PANI              |      |     |     |       |      |      |        |
| hybrid                | 4.28 | 250 | /   | 42    | 230  | /    | 56     |
| hydrogels.            |      |     |     |       |      |      |        |
| SiO2@PANI-            |      |     |     |       |      |      |        |
| P(AM/LMA)             | 4.38 | 300 | /   | 1398  | 3311 | /    | 57     |
| hydrogel              |      |     |     |       |      |      |        |
| P(AM-co-              |      |     |     |       |      |      | This   |
| SBMA)                 | 0.14 | 248 | 280 | 1020  | 1193 | 59.6 | 1 IIIS |
| /MPU/Zn <sup>2+</sup> |      |     |     |       |      |      | WOIK   |