

1 otherwise statement. Milli-Q water (18.2 MΩ cm) was used in all experiments.

2 **Preparation of PIH@R:**

3 **Pd NCs:** 250 mg AA, 278 mg PVP and 1500 mg KBr were dissolved in 20 mL water and then added
4 5 mL K₄PdCl₄ aqueous solution (32 mg/mL) after preheating in an oil bath at 85 ° C for 5 min. Finally,
5 the reaction was continued at 85 ° C for 3 h under condensation reflux. After the reaction completed,
6 the reaction solution was cooled to room temperature, and the product was separated and collected by
7 centrifugation, and then purified with water and acetone.

8 **Pd-Ir NCs :** 10mg Pd NCs, 40 mg AA, 200 mg PVP, 160 mg KBr and 7.0 mL EG were mixed in 20mL
9 vials and then preheated to 110 °C. After preheating 20min, the reaction temperature was raised to 180
10 ° C, and then 6mL EG solution contained 0.6mg Na₃IrCl₆·6H₂O is injected to reaction mixture at the
11 rate of 2.0 mL h⁻¹. After the injection, the reaction mixture was kept at 180 ° C for 1h. The solid products
12 are collected by centrifugation, washed with acetone once, washed with water twice, and finally freeze-
13 dried for collection.

14 **PIH@R:** 10 mL 3 mg/mL Pd-Ir NCs solution was added to a small conical flask. Then H₂ is injected (1
15 ml / s) from the bottom of the Pd-Ir NCs solution for 24 h to obtain PdH_{0.2}-Ir (PIH). Then PIH was
16 collected by centrifugation. 5 mg PIH and 1 mg RBT ([Ru (bpy) 2 (tip)]²⁺) is dissolved in 5 mL water
17 (containing 0.5 mL DMSO) for 24 h stir. Finally, the product was collected by centrifugation to obtained
18 PIH@R.

19 **Characterization:** The transmission electron microscopy (TEM) images and element mapping were
20 obtained by a JEOL microscope (JEM-2100F, JEOL, Japan) at an accelerating voltage of 200 kV.
21 Nitrogen sorption isotherms and pore size distribution were measured at 77K with a surface area
22 analyzer (TriStar II 3020, Micromeritics, USA). Dynamic hydrodynamic diameter (DLS) and zeta

1 potential were analyzed by a nano Zetasizer (Malvern ZEN3600 Zetasizer Nano-ZS, Britain). FT-IR
2 spectra were obtained by NICOLET iS50+ iN10(USA).

3 **Cell culture:** The mouse breast cancer cells 4T1, Human breast cancer cells MDA-MB-231, Human
4 Normal Liver cells Lo2 were purchased from American Type Culture Collection (ATCC). They were
5 cultured in Dulbecco's modified Eagle's medium (DMEM) or Roswell Park Memorial Institute-1640
6 (RPMI-1640) with 10% (v:v) foetal bovine serum, 100 U mL⁻¹ penicillin, and 100 µg mL⁻¹ streptomycin
7 in an incubator (Thermo Scientific) at 37 °C under the atmosphere of 5% CO₂ and 90% relative humidity.
8 To digest cells and subculture, 0.25% (w:v) trypsin was used.

9 **Cytotoxicity measurement:** 4T1/MDA-MB-231/Lo2 cells were seeded into 96-well plates at 6×10³
10 cells per well and incubated for 24h. Then the cells were treated with Pd, Pd-Ir, PIH, PIH@R at various
11 concentrations (10–40 µg mL⁻¹, n=5). The control group was treated with PBS only. After 4 h, the
12 medium was replaced with fresh medium, and then the cells were exposed to an 808/1064 nm laser.
13 After incubation for another 16 h, the cellular viability was tested by the CCK-8 method.

14 **Cell uptake assay:** 4T1 cells were seeded in glass-bottom culture dishes at a density of 1.5 × 10⁵ cells
15 per dish and incubated for 24 h. Afterwards, the previous medium was removed, and 1 mL of fresh
16 medium containing 20 µg mL⁻¹ PIH@R was added. After incubation at various time intervals (1, 2, 4,
17 6h), the cells the cells were washed three times with PBS and then fixed with paraformaldehyde (4%)
18 for 25 min and stained by DAPI for 5 min. Then, the images of the cells were recorded by a CLSM
19 (Zeiss LSM880 Airyscan, German).

20 **Measurement of intracellular hydrogen release:** 4T1/MDA-MB-231/Lo2 cells were seeded into 6-
21 well plates at 2×10⁵ cells per well and incubated for 24h. Afterwards, the previous medium was
22 removed, and 1 mL of fresh medium containing 100 µg mL⁻¹ MB-Pt probe was added. After incubation

1 for 2 h, the cells were washed with PBS three times and then incubated with 1 mL of fresh medium
2 containing 20 $\mu\text{g mL}^{-1}$ PIH@R. After 4h incubation, the cells were exposed to 808/1604 nm laser and
3 then digested to be observed and photographed under a microscope.

4 **Intracellular ROS analysis:** 4T1/MDA-MB-231/Lo2 cells were seeded into 6-well plates at 2×10^5 cells
5 per well and incubated for 24 h. Then the cells were treated with PSB/ PIH@R (20 $\mu\text{g mL}^{-1}$)
6 respectively. After 4 h, the medium was replaced with 1 mL fresh DCFH-DA working fluid for another
7 30 min incubation, and then the cells were exposed to an 808/1064 nm laser. After laser treatment, the
8 cells were washed with PBS and immediately analyzed by an inverted fluorescence microscope. For the
9 flow cytometry analysis, the cells were treated as mentioned above. After NIR treatment, the cells were
10 suspended in PBS and then analyzed using a flow cytometry.

11 **Mitochondrial membrane potential detection:** 4T1/MDA-MB-231 cells were seeded into glass-
12 bottom culture dishes at a density of 1.5×10^5 cells per dish and incubated for 24 h. After incubation
13 with Pd, Pd-Ir, PIH, PIH@R (20 $\mu\text{g mL}^{-1}$) for 4 h, corresponding cells were exposed to 808/1064 nm
14 laser and then stained with 1 mL JC-1 dye working solution for 30 min. The red fluorescence (the
15 aggregated JC-1) and green fluorescence (the monomeric JC-1) were observed by using CLSM (Zeiss
16 LSM880 Airyscan, German), and the rate of monomeric JC-1 was quantified by using a flow cytometer
17 (BD FACSCanto, USA) at 37°C.

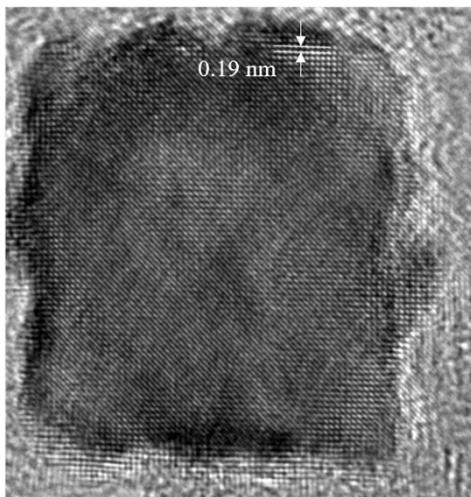
18 **Live/dead stain of HeLa cells:** MDA-MB-231/4T1 cells were seeded into dish at 1.5×10^5 cells per well
19 and incubated for 24 h. Then the cells were treated with Pd, Pd-Ir, PIH, PIH@R (20 $\mu\text{g mL}^{-1}$). The NIR
20 treatments were carry out at 4h. After NIR treatment, the cells were washed with PBS, stained with
21 Calcein-AM/PI for 20 min, and imaged by CLSM.

22 **In vivo therapeutic evaluation:** Female BALB/c mice (5 weeks old) were purchased from Beijing

1 Huakang Biotechnology Co., Ltd., China. All animal procedures were performed in accordance with the
2 protocol approved by the Laboratory Animal Science Department of Jinan University. All animal
3 experiments were in accordance with the guidelines of the Animal Care and Use Committee of the
4 Laboratory Animal Science Department of Jinan University. For in vivo therapeutic evaluation, all
5 BALB/c were randomly assigned (n = 3) into 8 groups: (1) PBS; (2) Pd-Ir; (3) PIH NCs; (4) PIH@R;
6 (5) PIH@R+ NII; (6) PIH@R+ NI (7) PIH@R+ NI/NII (8) PIH@R+ NII / NI. They were
7 subcutaneously transplanted with 4T1 mammary cancer cell (1×10^6 cells per site) when they were 6
8 weeks old. When the tumor volume reached approximately 100 mm³, mice were injected with different
9 formulations via the tail vein (50 μ L, 6 mg kg⁻¹). NIR treatments were conducted after 8 h injection. The
10 first day of treatment was defined as day 1 and the same treatments were repeated on the seventh day.
11 Each mouse's body weight and tumor volume were recorded every two days. The formula for calculating
12 tumor volume was: volume = $W^2 \times L/2$, in which "W" and "L" represented the width and length of the
13 tumor respectively. All mice were sacrificed 24 days later and the tumor was completely stripped and
14 then fixed in PBS containing 4% formaldehyde. Tumor tissues were then stained with TUNEL, H&E,
15 and Ki-67, and pathologically analyzed under a microscope. Other major organs (heart, liver, spleen,
16 lung, and kidney) were also removed for H&E staining to assess acute toxicity.

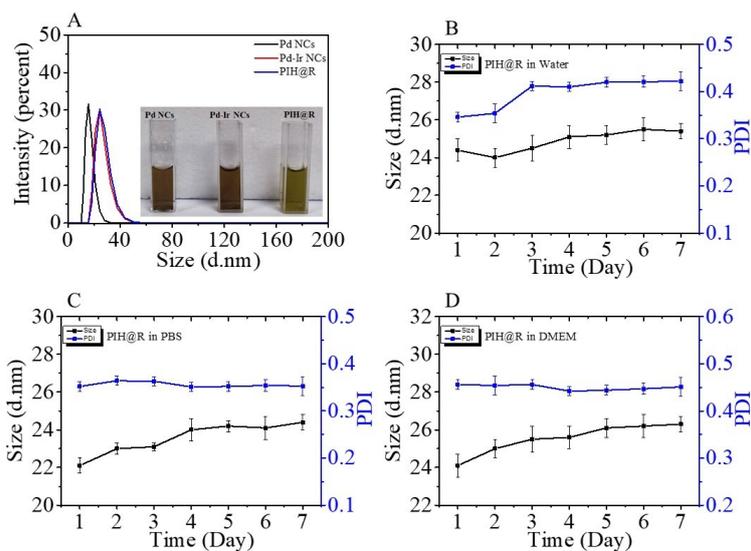
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1 Results and Discussion



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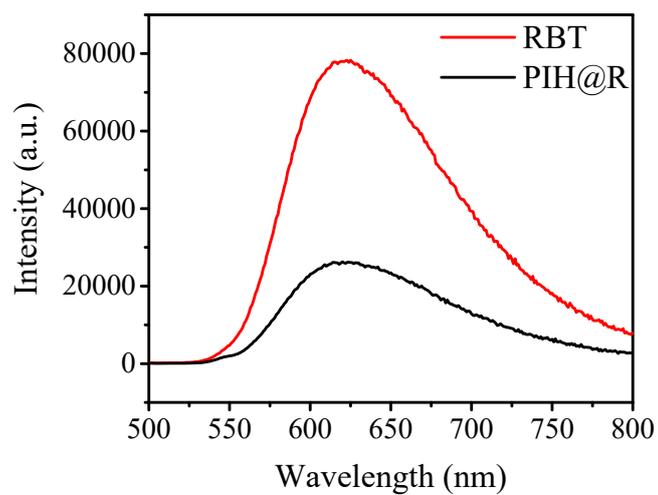
3 **Figure S1.** Lattice spacing of Pd-Ir NCS surface layer.



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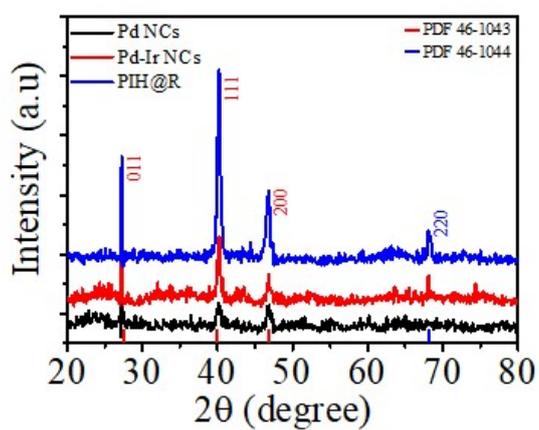
5 **Figure S2.** (A) The dispersibility data of Pd NCs, Pd-Ir NCs and PIH@R in aqueous solution. (B) The
6 size and PDI stability of PIH@R in aqueous solution within 7 days. (C) The size and PDI stability of
7 PIH@R in PBS within 7 days. (D) The size and PDI stability of PIH@R in DMEM within 7 days.

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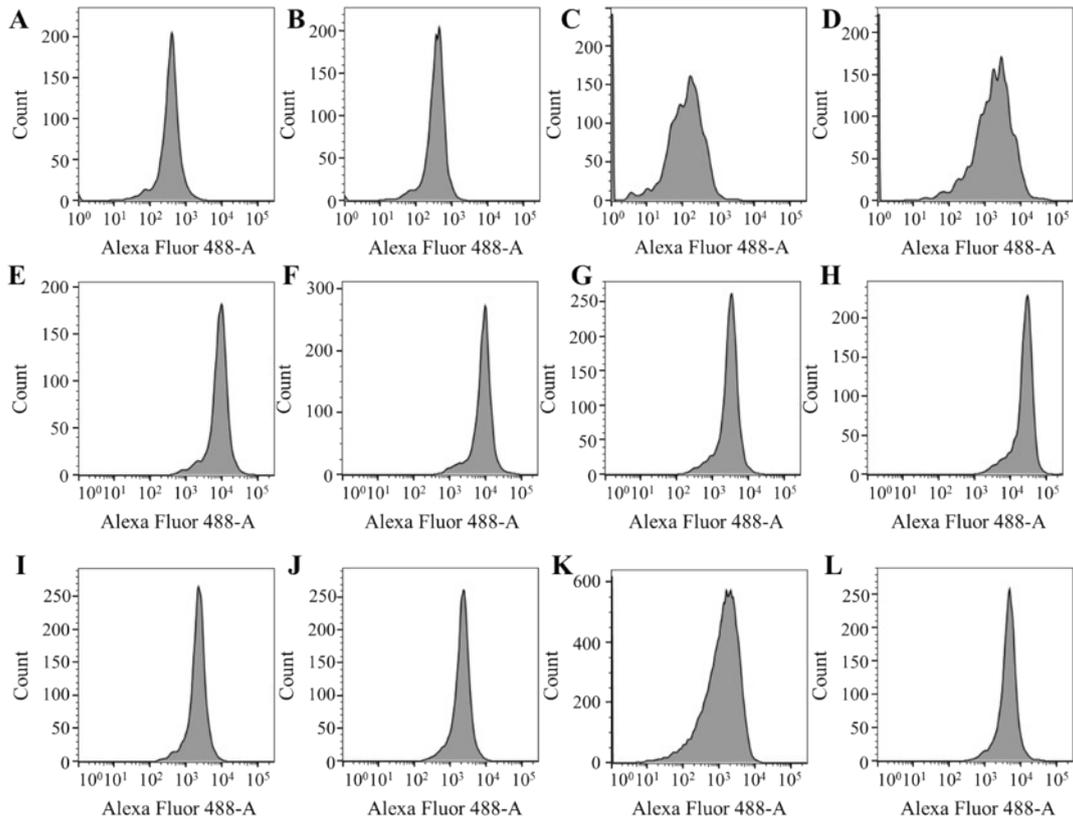
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2 **Figure S3.** Emission spectrum of RBT and PIH@R (Excitation wavelength=488 nm).



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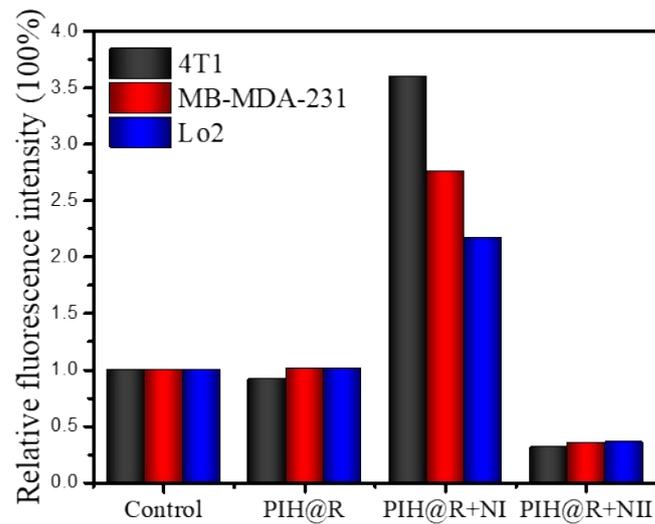
4 **Figure S4.** XRD patterns of Pd NCs, Pd-Ir NCs and PIHR.



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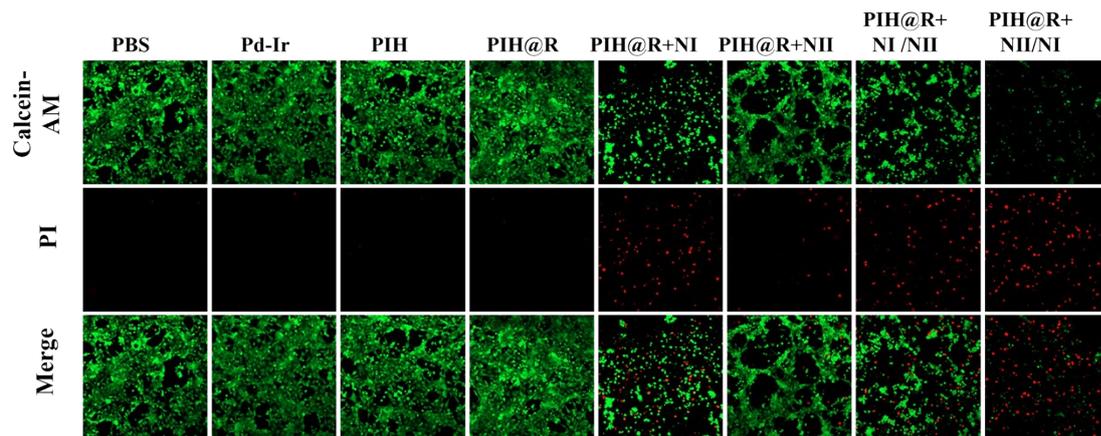
2 **Figure S5.** 4T1(A-D), MDA-MB-231(E-H) and Lo2(I-L) cells flow cytometry assay of ROS. PBS

3 groups(A,E,I) , PIH@R groups(B,F,J), PIH@R +NI groups(C,G,K) , PIH@R+NII groups(D,H,L).



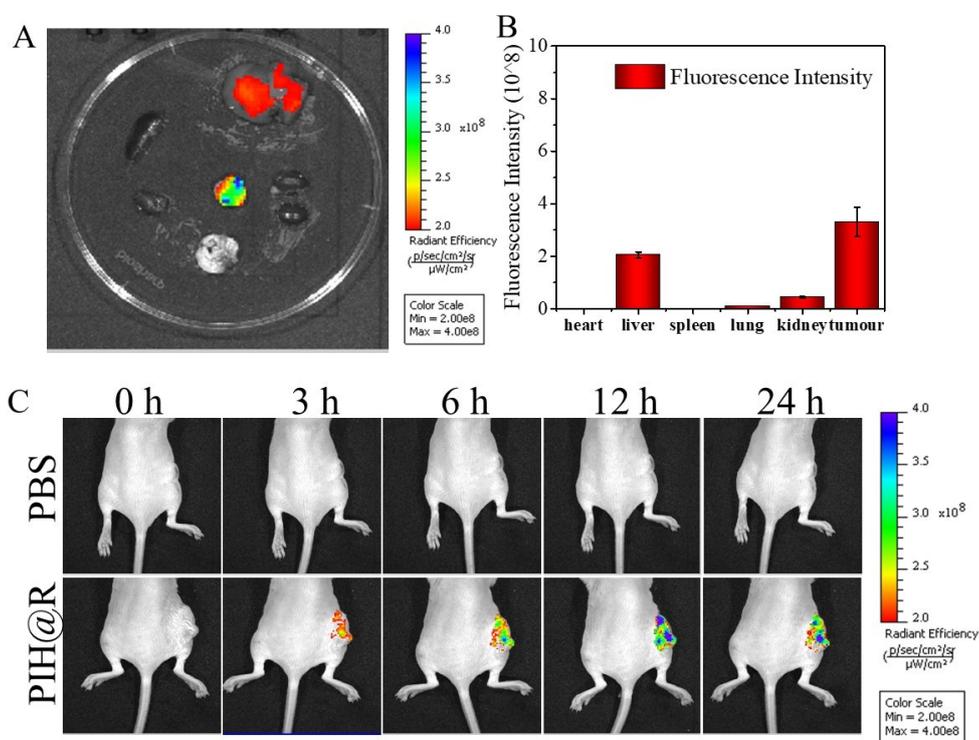
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5 **Figure S6.** Corresponding quantization analyses to flow cytometry assay of ROS.



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2 **Figure S7.** Living / dead staining of 4T1 cells after different treatments.



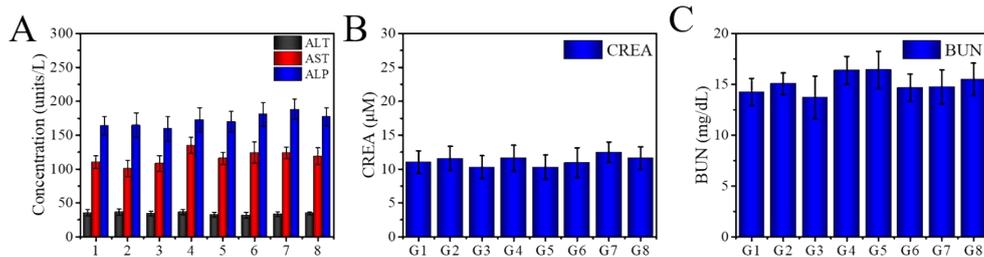
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4 **Figure S8.** A) Fluorescence imaging of mice mainly organs at 12 h after intravenous injection **PIH@R**.

5 B) The quantification of corresponding fluorescence intensity at 12 h after intravenous injection

6 **PIH@R**. C) The fluorescence imaging of mice at different time after treated with PBS and **PIH@R**

7 (Excitation wavelength=488 nm, Emission wavelength=615 nm).

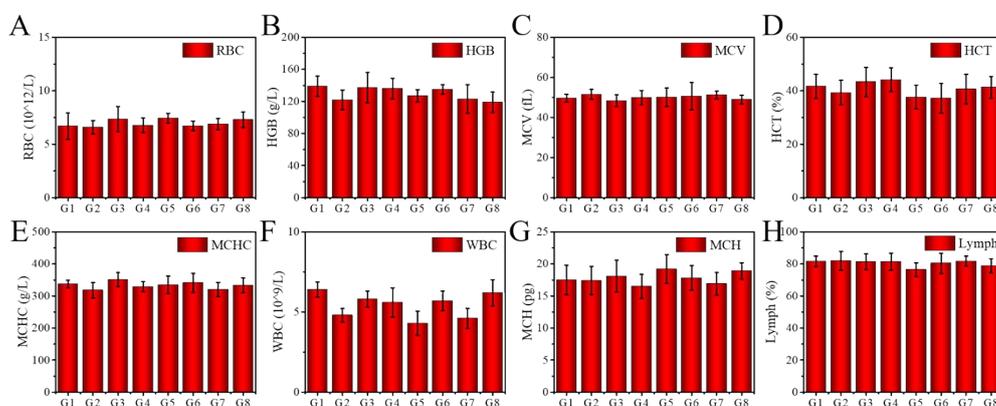


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2 **Figure S9.** Analysis of liver and renal function in mice with different treatments. (G1-G8 represent

3 PBS , Pd-Ir , PIH , PIH@R , PIH@R+NI , PIH@R+NII , PIH@R+NI/NII , PIH@R+ NII/NI

4 groups respectively).



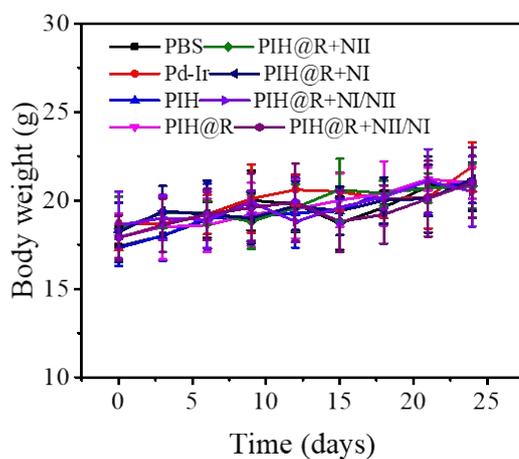
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6 **Figure S10.** Assay of complete blood panel. A) red blood cells, B) hemoglobin, C) mean corpuscular

7 volume, D) hematocrit, E) mean corpuscular hemoglobin concentration, F) white blood cells G) mean

8 corpuscular hemoglobin and H) lymph. (G1-G8 represent PBS, Pd-Ir, PIH, PIH@R, PIH@R+NI,

9 PIH@R+NII, PIH@R+NI/NII, PIH@R+ NII/NI groups respectively).



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1 **Figure S11.** Weight changes of mice during treatments.