1	Supporting Information
2	Hairpin probe-mediated Exponential Amplification
3	Reaction for Highly Sensitive and Specific Detection of
4	microRNAs
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33 Materials and reagents

All the oligonucleotides used in this work were synthesized by Sangon Biotech 34 Inc. (Shanghai, China) with HPLC purification (corresponding sequences are listed in 35 Table S1). Bst DNA Polymerase (Large Fragment), Nt.BsmAI, CutSmart buffer (20 36 mM Tris-acetate, 50 mM potassium acetate, 10 mM magnesium acetate and 100 mg/ml 37 BSA, pH 7.9) were ordered from New England Biolabs (New England, USA). 38 Deoxynucleotide triphosphates (dNTPs), SYBR Green, diethylpyrocarbonate (DEPC)-39 treated water, 8 strip real-time PCR tubes and TBE solution were purchased from 40 Sangon Biotech Inc. (Shanghai, China). DNA loading buffer (6×) and Gel Red nucleic 41 acid dye were ordered from TaKaRa Biotech (Dalian, China). The human serum was 42 obtained from the First Affiliated Hospital of Chongqing Medical University. 43

44 Apparatus and instruments

Gel images were obtained on electrophoresis apparatus (DYY-6C, LIUYI, China) and imaging system (Bio-Rad Laboratories, USA). PCR assay was conducted by realtime PCR instrument (CFX96, Bio-Rad, USA). All chemical reagents were of analytical grade, and RNase-free water was used throughout this study.

49 Experimental section

50 PAGE analysis of HEAR

The reaction solution $(20\mu L)$ was prepared separately as a part A solution and part B solution. The part A solution consisted of miRNA (10 nM), H1 (200 nM), and H2 (200 nM). The part B solution consisted of dNTP (250 μ M), Bst DNA Polymerase (1.6 U), Nt.BsmAI nicking endonuclease (5 U), CutSmart buffer (1×), SYBR I (2×), and RNase-free. At first, the part A solution was incubated at room temperature for 5 minutes. Subsequently, part A and part B were mixed, the polymerization reaction was performed at 43 °C for 15 min.

Products of reactions were analyzed by running in a 12% native polyacrylamide
gel. Electrophoresis was performed in 1× TBE buffer (2 mM EDTA and 89 mM Trisboric acid, pH 8.3) at a 100 V constant voltage for 60 min before staining with 4S
GelRed. Finally, the gel was visualized via a gel image system.

62 Real-time Fluorescence Measurement of HEAR and PEAR.

To detect different concentrations of miRNA, the part A solution consisted of H1 or P1 (200 nM), and H2 (200 nM). The part B solution consisted of dNTP (250 μ M), Bst DNA Polymerase (1.6 U), Nt.BsmAI nicking endonuclease (5 U), CutSmart buffer (1×), SYBR I (2×), and RNase-free. Firstly, the part A solution was incubated at room temperature for 5 minutes. Subsequently, part A and part B were mixed at 43 °C, and the fluorescence intensity was monitored at intervals of 30 seconds by a CFX96TM Real-Time PCR Detection System with the SYBR filter set.

Oligonucleotides	Sequence (from $5'$ to $3'$)				
let7a	UGAGGUAGUAGGUUGUAUAGUU				
let7b	UGAGGUAGUAGGUUGUGUGGUU				
let7c	UGAGGUAGUAGGUUGUAUGGUU				
let7d	AGAGGUAGUAGGUUGCAUAGUU				
let7e	UGAGGUAGGAGGUUGUAUAGUU				
let7f	UGAGGUAGUAGAUUGUAUAGUU				
let7g	UGAGGUAGUAGUUUGUACAGUU				
let7i	UGAGGUAGUAGUUUGUGCUGUU				
Primer of PEAR:					
P1	CGGA <u>GTCTCT↓A</u> ACTATACAACCAAAA-p				
P2	CGGA <u>GTCTCT↓T</u> GAGGTAGTAGGAAAA-p				
Hairpin of HEAR:					
H1(6bp stem)	TATAGTT <u>GTCTCT↓A</u> ACTATACAACCAAAA-p				
H2(6bp stem)	ACCTCA <u>GTCTCT↓T</u> GAGGTAGTAGGAAAA-p				
H3(6+1bp stem)	ATAGTTG <u>GTCTCT↓C</u> AACTATACAACCAAAA-p				
H4(6+1bp stem)	ACCTCAG <u>GTCTCT↓C</u> TGAGGTAGTAGGAAAA-p				
H5(6+2bp stem)	ATAGTTTG <u>GTCTCT↓C</u> AAACTATACAACCAAAA-p				
H6(6+2bp stem)	ACCTCATG <u>GTCTCT↓C</u> ATGAGGTAGTAGGAAAA-p				
H5(6+3bp stem)	ATAGTTGTG <u>GTCTCT↓C</u> ACAACTATACAACCAAAA-p				
H6(6+3bp stem)	ACCTCAGTG <u>GTCTCT↓C</u> ACTGAGGTAGTAGGAAAA-p				

71 Table S1. Sequences of the designed oligonucleotides.

72 Note:

74 [b] " \downarrow " represents the cleavage site.

75 [c] The 'p' indicates as phosphate group.

^{73 [}a] The sequence underlined is the recognition site of the nicking enzyme Nt.BsmAI.

Method	Analytes	One-step	Linear range	Detection limit	Reference
		reaction			
Fluorescent assay	miR-141	Yes	100 pM-100 nM	100 fM	1
Fluorescent assay	miR-21	Yes	10 fM-1 nM	10 fM	2
Fluorescent assay	miR-21	Yes	1 fM-100 pM	100 aM	3
Fluorescent assay	miR-21	no	10 fM-10 pM, 10 pM-100 nM	10 fM	4
Fluorescent assay	miR-21	no	100 aM-100 pM	70 aM	5
Fluorescent assay	miR-21	/	150 pM-37.5 nM	130 pM	6
Fluorescent assay	Let7a	no	100 aM-10 nM	84.5 aM	7
Fluorescent and visual assay	Let7a	no	100 aM -10 pM	100 aM	8
TIRFM	Let7a	no	0–25 pM	500 fM	9
Electrochemical assay	miR-21	no	1 pM-10 nM	260 fM	10
Electrochemiluminesc	miR-21	no	1 fM-100 pM	650 aM	11
ence assay					
Electrochemiluminesc	miR-21	no	10 fM-100 pM	6.6 fM	12
ence assay					
Surface-enhanced	miR-21	no	1 fM-100 pM	393 aM	13
Raman spectroscopy					
Fluorescent assay	Let7a	yes	100 aM-10 nM	19 aM	This work

77 Table S2 Comparison of analytical performance for miRNA detection methods.

82 Supplementary Figures



Figure S1. Schematic illustration of primer probe-mediated exponential amplification
reaction (PEAR)



- 86 Figure S2. Minimum free energy (MFE) structure of (A) H1 and (B) H2 at 43 °C. The
- 87 MFE structures were analyzed by NUPACK web server (http://www.nupack.org/).

88

Analysis Design Utilities	
Input Results	
Nucleic acid type: O RNA 🖲 DNA 😣	
Temperature: 43 °C 😔 Compute melt: 🗆 😔	
Number of strand species: 2 V O Maximum complex size: 3 V s	trands 🥹
trand energies	
strand1 : IAIAGITGICICIAACIATACAACCAAAA	
oncentration: 0.2 µM ~	
strand2 ACCEAUTOTOTOTOTOTAGTAGGAGGA	
oncentration: 0.2 µM ×	
T	
auilibrium concentrations	
strand2	
0.2 µM	
0.2 µM	

- 89 Figure S3. Simulation of hybridization between H1 and H2 through NUPACK
- $90 \quad software \ (http://www.nupack.org/).$

92 The reaction temperature is essential to the strand displacement reaction and enzyme 93 activity. As illustrated in Fig. S4, although the difference between positive and negative 94 signals were similar at different temperatures, the fastest reaction efficiency was seen 95 at 43°C. Therefore, 43°C was selected as the reaction temperature in the following 96 study.



97 Figure S4. The effect of temperature on HEAR. Real-time fluorescence quantitative
98 curves were generated at (A) 30°C (B) 37°C (C) 43°C and (D) 50°C, respectively.
99

The enzyme concentration directly affects speed of the enzyme-based isothermal 100 amplification reactions and the generation of non-specific signals to a large extent. 101 Although the precise mechanism of the interaction between nicking endonuclease and 102 polymerase is not well understood, it is possible to simply modulate the reaction by 103 changing the concentration of the enzymes. When the concentration of the immobilized 104 polymerase was 1.6 U, the real-time fluorescence curves of 10 U, 5 U, 2.5 U and 1.25 105 U nicking endonuclease concentrations were measured respectively (Fig. S5). At the 106 same time, when the concentration of nicking endonuclease was fixed at 5 U, the real-107 time fluorescence curves of 3.2 U, 1.6 U, 0.8 U and 0.4 U polymerase were measured 108 respectively (Fig. S6). It can be seen from Fig. S5-6 that the reaction speed became 109 faster with the increase of enzyme concentration, and the POI difference between 110 negative and positive signals was similar, indicating that the strand displacement 111 112 reaction and the design of poly(A) effectively hindered the generation of non-specific signals. We next performed real-time fluorescence quantitative detection of different 113 concentrations of miRNA under high concentrations of polymerase (3.2 U polymerase, 114 5 U nicking endonuclease), and plotted the correlation linear curve (Fig. S7). 115 Considering the reaction performance and cost, 5U nicking endonuclease and 1.6U 116 polymerase were selected for the following experiments. 117



118 Figure S5. The effect of nicking endonuclease concentrations on HEAR. Real-time
119 fluorescence quantitative curves were generated at (A) 1.25 U (B) 2.5 U (C) 5 U and
120 (D) 10 U, respectively.



Figure S6. The effect of polymerase concentrations on HEAR. Real-time fluorescence
quantitative curves were generated at (A) 0.4 U (B) 0.8 U (C) 1.6 U and (D) 3.2 U,
respectively.



Figure S7. (A) Real-time fluorescence quantitative curve of HEAR triggered by
different miRNAs at high concentrations of polymerase (3.2U). (B) Linear relationship
between POI of HEAR and logarithm of miRNA concentration.

- 128
- 129

In general, when the Gibbs free energy change of the reaction approaches 0 kcal/mol, 131 such as branch migration reactions, even a single base mismatch that causes a small 132 thermodynamic change can cause enough thermodynamic difference and reduce the 133 yield compared to matching target.31 Therefore, we wondered whether increasing the 134 stem length of the hairpin could achieve increased specificity of HEAR. 1, 2 and 3 135 base pairs were added between stem and loop for testing. As shown in Fig. S8, as the 136 number of bases increased, the amplification efficiency became lower. We speculated 137 that it may be due to the difficulty in opening the hairpin after adding bases, and the 138 low yield caused by its reversibility. Therefore, we still chose not to add additional 139 base pairs between the loop and the stem. 140



141 Figure S8. Effects of hairpin stem length on HEAR. (A) Real-time fluorescence
142 quantitative curves triggered by hairpins for 6nt (B) 6+1bp (C) 6+2bp and (D) 6+3bp
143 stem lengths.



Figure S9. (A) Real-time fluorescence quantitative curve of HEAR triggered by
different miRNAs at 37°C. (B) Linear relationship between POI of HEAR and
logarithm of miRNA concentration. (C) Real-time fluorescence quantitative curve of
PEAR triggered by different miRNAs at 37°C. (D) Linear relationship between POI of
PEAR and logarithm of miRNA concentration.

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