## Supporting Information

## Efficient delivery of carotenoids to adipocytes with

## albumin

Joanna Mazurkiewicza, Ewa Stanek ${ }^{a, c}$, Aleksandra Kolodziejczyk ${ }^{a, b}$, Marta Karpiel ${ }^{a, b}$, Krzysztof Czamara ${ }^{c}$, Tiago H. Ferreira ${ }^{d}$, Pedro Maximiano ${ }^{d}$, Pedro N. Simões ${ }^{d}$, Igor Reva ${ }^{d}$, Justyna Kalinowska-Ttuśsik ${ }^{b}$, and Agnieszka Kaczor ${ }^{\text {b }}$ *<br>${ }^{\text {a }}$ Jagiellonian University, Doctoral School of Exact and Natural Sciences, 11 Lojasiewicza Str., 30-348 Krakow, Poland.<br>${ }^{\text {b }}$ Jagiellonian University, Faculty of Chemistry, 2 Gronostajowa Str., 30-387 Krakow, Poland.<br>c Jagiellonian University, Jagiellonian Centre for Experimental Therapeutics (JCET), 14 Bobrzynskiego Str., 30-348 Krakow, Poland.<br>${ }^{d}$ University of Coimbra, CERES, Department of Chemical Engineering, 3030-790 Coimbra, Portugal.

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## Search: search1 (Wed May 24 17:18:10 2023): Hits 1-4

| BAHYEP01 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Reference: | G.Bartalucdi, J.Coppin, S.Fisher, G.Hall, J.R.Helliwell <br> M.Hellwell, S.Liasen Jensen (2007) <br> Acto Crystollogr.,Sect B: Struct. Sci. ,63,328 |  |  |  |  |  |
| Formula: | $\mathrm{C}_{40} \mathrm{H}_{52} \mathrm{O}_{4}$ |  |  |  |  |  |
| Compound Name: | 3,3-Ditydroxy-3,-3-carotene-4,4-dione |  |  |  |  |  |
| Synonym: | Astaxanthin |  |  |  |  |  |
| Space Group: | P. 1 | Cell: | a 8.537(1) | b 8.663(1) | c | 13.298(1) |
| Space Group No.: | 2 | $\left(A,{ }^{\prime}\right)$ | $\alpha 95.14(0)$ | B 107.41 (0) | $\gamma$ | 98.77(0) |
| R-factor (\%): | 5.18 | Temp | re(k): 100 | Density $(9 / \mathrm{cm}$ |  | 1.080 |

HOYXOJ

| Reference: | G.Bataluce, S. Fisher, J. R. Helliwell, M. Helliwell, S.Liasenvensen, J.E. Warren, J.Wikingon (2009) Acto Cystalogr, Sect B : Stuct Sod ,65,238 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Formula: | $\mathrm{C}_{44} \mathrm{H}_{58} \mathrm{O}_{8,0.044}\left(\mathrm{C}_{4} \mathrm{H}_{8} \mathrm{O}_{2}\right)$ |  |  |  |  |  |
| Compound Name: | 6-scis-Astaxanthin diacetate efty acetate solvate |  |  |  |  |  |
| Space Group: | C2/e | Cell: | a 12.967(1) | b 10.788(1) | $c$ | 30.264(4) |
| Space Group No: | 15 | ( $A$, ${ }^{\text {\% }}$ | a 90.00 | B 101.80(0) |  | 90.00 |
| R-Factor (\%): | 8.54 | Temp | (ere(k): 100 | Densityig'm |  | 1.153 |



| HOYXUP |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Reference: | GBartaucod, S.Fisher, JR. Helliwell, MHelliwel. SLLiseen Jensen, J. E Warren, J. Wikinson (2009) Acto Crystolog, Sect B: Struct Sad. 65,238 |  |  |  |  |  |
| Formula: | $\mathrm{C}_{44} \mathrm{H}_{58} \mathrm{O}_{8}$ |  |  |  |  |  |
| Compound Name: | 6-9, trans-Astaxanthin diacetate |  |  |  |  |  |
| Space Group: <br> Space Group No.: | $\begin{aligned} & \text { P21/c } \\ & 14 \end{aligned}$ | Cell: | $\begin{aligned} & \text { a } 10.660(1) \\ & \alpha 950.00 \end{aligned}$ | $\begin{array}{ll} \text { b } & 10.168(1) \\ \beta & 100.70(0) \end{array}$ | ${ }_{\gamma}^{\text {c }}$ | $\begin{aligned} & 18.294(1) \\ & 90.00 \end{aligned}$ |
| R-factor (\%): | 6.53 | Temp | (1)(K): 100 | Density $(9 / \mathrm{mm}$ ) |  | 1.161 |

HOYYAW

| Reference: | G.Bartalucd, S. Fisher, J. R. Helliwell, M.Hellwell, S. Liasen-Jensen, J.E. Warren, J.Wilinson (2009) Acta Crystallogr,,Sect B: Struct Soli, 65,238 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Formula: | $\mathrm{C}_{40} \mathrm{H}_{50} \mathrm{O}_{4}$ |  |  |  |  |
| Compound Name: | (3S,3S)-3,3-Dihydroxy-7,8-didehydro- $\beta$,--carotene-4,4-dione |  |  |  |  |
| Synonym: | (3S,3S)-7,8-Didehydroastaxanthin |  |  |  |  |
| Space Group: | P1 | Cell: | a 7.782(0) | b 9.958(0) | c 11.416 (0) |
| Space Group No.: | 1 | (A, ${ }^{\text {\% }}$ | a 88.13(0) | B 78.33(0) | $\gamma 84.34(0)$ |
| R-Factor (\%): | 4.59 | Temp | (K): 100 | Density $/ \mathrm{g}^{\prime} \mathrm{cm}$ | ) 1.146 |



Fig. S1. The Cambridge Structural Database search results (1-4) for astaxanthin and its derivatives' crystal structures.

## Search: search1 (Wed May 24 17:18:10 2023): Hits 5-7



| XEZJAO |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Reference: | G.Bartalucci, J.Coppin, S.Fisher, G.Hall, J.R.Helliwell, M.Helliwell, S.Liaaen-Jensen (2007) Acta Crystallogr.,Sect.B:Struct.Sci ,63,328 |  |  |  |  |  |
| Formula: | $\mathrm{C}_{40} \mathrm{H}_{52} \mathrm{O}_{4,2} 2\left(\mathrm{C}_{1} \mathrm{H}_{1} \mathrm{Cl}_{3}\right)$ |  |  |  |  |  |
| Compound Name: | 3,3'-Dihydroxy- $\beta$, $\beta$-carotene-4,4-dione chloroform solvate |  |  |  |  |  |
| Synonym: | Astaxanthin chloroform solvate |  |  |  |  |  |
| Space Group: | P-1 |  | a $5.959(0)$ | b 11.858(1) |  | 15.647(2) |
| Space Group No.: | 2 | ( $\mathrm{A},^{\prime}$ ) | $\alpha$ 79.04(0) | 3 80.50(0) | $\gamma$ | 82.51(0) |
| R-Factor (\%): | 4.77 | Tempe | (Ke(K): 100 | Density $/ \mathrm{g} / \mathrm{cm}$ |  | 1.303 |



$\left.\mathrm{fCl}_{\mathrm{C}}\right]_{3}$

XEZJES
Reference: G.Bartalucci, J.Coppin, S.Fisher, G.Hall, J.R.Helliwell, M. Helliwell, S.Liaaen-Jensen (2007) Acta Crystallogr.,Sect.B:Struct.Sci. ,63,328

Formula:
$\mathrm{C}_{40} \mathrm{H}_{52} \mathrm{O}_{4}, 2\left(\mathrm{C}_{5} \mathrm{H}_{5} \mathrm{~N}_{1}\right)$
Compound Name
$3,3^{3}$-Dihydroxy- $\beta, \beta$-carotene-4,4'-dione pyridine solvate
Synonym:
Astaxanthin pyridine solvate

| Space Group: | P21/n | Cell: | a $18.568(4)$ | b 6.193(1) | c | 19.803(4) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Space Group No.: | 14 | ( $A,{ }^{\circ}$ ) | < 90.00 | - 107.75(0) | $\gamma$ | 90.00 |
| R-Factor (\%): | 4.85 |  | 100 |  |  | 15 |




Fig. S1 (continued). The Cambridge Structural Database search results (5-7) for astaxanthin and its derivatives' crystal structures.


Fig. S2. Electronic absorption and ECD spectra of (3S,3'S)-AXT in PBS (after centrifugation) in the $300-700 \mathrm{~nm}$ range. Electronic absorption (a) and ECD (b) spectra of (3S,3'S)-AXT in PBS (without the addition of BSA) were measured for two initial (i.e., before the centrifugation) molar concentrations AXT equal to 10 and $30 \mu \mathrm{M}\left(\mathrm{C}_{\mathrm{AXT}}=10\right.$ and $\left.30 \mu \mathrm{M}\right)$.


Fig. S3. Electronic absorption and ECD spectra of ( $3 S, 3^{\prime} S$ )-AXT:BSA complexes and BSA in the 200-300 nm range. Electronic absorption (a) and ECD (b) spectra of ( $3 S, 3$ 'S)-AXT:BSA complexes were measured for two molar ratios of AXT to BSA equal to $1: 1$ and 3:1, and for BSA alone at the same concentration. All solutions were diluted 40 -fold before the measurement to keep the absorbance below 1.5 ( $\mathrm{C}_{\text {AXt }}$ Final $=0.25 \mu \mathrm{M}, 0.75 \mu \mathrm{M}$; $\left.C_{\text {BSA FINAL }}=0.25 \mu \mathrm{M}\right)$.


Fig. S4. ECD spectra of $\left(3 S, 3^{\prime} S\right)$-AXT:BSA complexes with a molar ratio of AXT to BSA equal to 3:1 $\left(\mathrm{C}_{\mathrm{AXT}}=30 \mu \mathrm{M}, \mathrm{C}_{\mathrm{BSA}}=10 \mu \mathrm{M}\right)$ of several independently prepared samples. Minor intensity differences between individual measurements, most likely related to the influence of external factors (e.g., temperature) which is characteristic for supramolecular systems showing high rotational and translational freedom.


Fig. S5. Stability of the ( $3 S, 3^{\prime} S$ )-AXT:BSA supramolecular complex monitored by electronic absorption and ECD spectra in the $700-300 \mathrm{~nm}$ and $300-200 \mathrm{~nm}$ ranges. Electronic absorption $(\mathrm{a}, \mathrm{c})$ and ECD (b,d) spectra of the ( $3 S, 3^{\prime} S$ )-AXT:BSA complex with a molar ratio of AXT to BSA equal to $3: 1$ during 7 days in the $700-300 \mathrm{~nm}$ and in the $300-200 \mathrm{~nm}$ ranges, respectively. Each day, a new portion of the sample was taken for measurements and diluted 40 times to keep the absorbance below 1.5 for the $200-300 \mathrm{~nm}$ range $\left(\mathrm{C}_{\mathrm{AXT}}\right.$ FINAL $=0.75 \mu \mathrm{M}$, $C_{\text {BSA FINAL }}=0.25 \mu \mathrm{M}$ ) or measured directly for the $300-700 \mathrm{~nm}$ range ( $\mathrm{C}_{\mathrm{AXT}}$ FINAL $=30 \mu \mathrm{M}$, $\left.\mathrm{C}_{\text {BSA Final }}=10 \mu \mathrm{M}\right)$.

$$
\begin{aligned}
& - \text { RROA AXT:BSA } 1: 1\left(C_{A X T}=10 \mu \mathrm{M}\right) \\
& \cdots \cdot \text { RR AXT:BSA } 1: 1\left(C_{A X T}=10 \mu \mathrm{M}\right) \\
& - \text { ROA AXT:BSA } 3: 1\left(C_{A X T}=30 \mu \mathrm{M}\right) \\
& \cdots \cdot \text { RR AXT:BSA } 3: 1\left(C_{A X T}=30 \mu \mathrm{M}\right)
\end{aligned}
$$



Fig. S6. Comparison of reversed RROA and RR spectra for ( $3 S, 3^{\prime} S$ )-AXT:BSA complexes. RROA and RR spectra (normalized in the range $1570-1470 \mathrm{~cm}^{-1}$ to have the same peak intensity of the AXT marker band near $1516 \mathrm{~cm}^{-1}$ ) compared for the complex with a AXT:BSA molar ratio of 1:1 (a) and 3:1 (b) ( $\mathrm{C}_{\mathrm{AXT}}=10$ and $\left.30 \mu \mathrm{M}, \mathrm{C}_{\mathrm{BSA}}=10 \mu \mathrm{M}\right)$.

$$
\begin{aligned}
& - \text { RROA AXT:BSA } 1: 1\left(C_{A X T}=10 \mu \mathrm{M}\right) \\
& \cdots \cdots \text { RROA AXT:BSA } 3: 1\left(C_{A X T}=30 \mu \mathrm{M}\right)
\end{aligned}
$$



Fig. S7. Comparison of reversed RROA spectra for ( $3 S, 3^{\prime} S$ )-AXT:BSA complexes with 1:1 and 3:1 CAR to BSA molar ratio. Spectra for both complexes ( $\mathrm{C}_{\mathrm{AXT}}=10$ and $30 \mu \mathrm{M}$, $C_{\text {BSA }}=10 \mu \mathrm{M}$ ) were normalized in the range $1570-1470 \mathrm{~cm}^{-1}$ to have the same peak intensity of the AXT marker band near $1516 \mathrm{~cm}^{-1}$.


Fig. S8. Root mean square displacement (RMSD) of $\mathrm{C} \alpha$ of the BSA residues as a function of physical time and respective RMSF for the $1: 1$ system. On the root mean square fluctuation (RMSF) plot, the orange lines represent the residues in the binding pocket.


Fig. S9. RMSD of BSA backbone and ( $3 S, 3^{\prime} S$ )-AXT molecules.(a) - $(3 S, 3$ ' $S$ )-AXT: BSA $=1: 1$; (b) $-\left(3 S, 3^{\prime} S\right)$-AXT:BSA $=3: 1$. Notice the difference in the ordinate scales.


Fig. S10. Secondary structure of BSA residues as a function of physical time and respective RMSF values for the 1:1 (a) and 3:1 (b) systems. On the RMSF plots, the orange and green lines represent the residues in the binding pocket and in contact with the ( $3 S, 3^{\prime} S$ )-AXT aggregate, respectively.


Fig. S11. Evolution of the hydrogen bonds during the simulation time. (a) - $(3 S, 3$ ' $S$ )-AXT:BSA $=1: 1 ;(\mathrm{b})-\left(3 S, 3^{\prime} S\right)$ - $\mathrm{AXT}: \mathrm{BSA}=3: 1$. AXT1 refers to the $\left(3 S, 3^{\prime} S\right)$-AXT molecule inside the binding pocket; AXT2 and AXT3 refer to the ( $3 S, 3^{\prime} S$ )-AXT molecules in solution.


Fig. S12. Number of salt bridges in BSA as a function of physical time. (a) - $(3 S, 3 ' S)$-AXT:BSA $=1: 1$; (b) $-\left(3 S, 3^{\prime} S\right)$-AXT:BSA $=3: 1$.


Fig. S13. Radius of gyration of BSA as a function of physical time. (a) $-\left(3 S, 3^{\prime} S\right)-\mathrm{AXT}: \mathrm{BSA}=$ 1:1; (b) - (3S,3'S)-AXT:BSA = 3:1.


Fig. S14. Root mean square fluctuations of $\mathrm{C} \alpha$ of the BSA residues. The cyan and green lines represent the residues in the binding pocket and in contact with the ( $3 S, 3^{\prime} S$ )-AXT aggregate, respectively.


Fig. S15. Mapping of RMSF values on the BSA structure. (a) - $(3 S, 3$ ' $S$ )-AXT:BSA $=1: 1$; (b) $-\left(3 S, 3^{\prime} S\right)$-AXT: $\mathrm{BSA}=3: 1$.


Fig. S16. Distances between the centre of mass (COM) of the bonded AXT molecule and the COM of the binding pocket residues. (a) - ( $3 S, 3$ 'S)-AXT:BSA $=1: 1$; (b) $-\left(3 S, 3^{\prime} S\right)$-AXT:BSA $=3: 1$.


Fig. S17. Minimum distances between AXT1 (AXT in the binding pocket) and selected residues of the BSA binding pocket at the start $(\mathrm{t}=0 \mu \mathrm{~s}$, blue dots) and at the end $(\mathrm{t}=2 \mu \mathrm{~s}$, red dots) of the simulation time for: (a) ( $3 \mathrm{~S}, 3^{\prime} \mathrm{S}$ ) AXT: $\mathrm{BSA}=1: 1$ ratio; and (b) (3S,3'S)-AXT:BSA $=3: 1$ ratio. The average values for the minimum distances between AXT1 and the BSA binding pocket residues for the ( $3 \mathrm{~S}, 3^{\prime} \mathrm{S}$ )-AXT: $\mathrm{BSA}=1: 1$ system are $0.30 \mathrm{~nm}(\mathrm{t}=0 \mu \mathrm{~s})$ and 0.55 nm $(\mathrm{t}=2 \mu \mathrm{~s})$, while for the $\left(3 \mathrm{~S}, 3^{\prime} \mathrm{S}\right)$-AXT:BSA $=3: 1$ system they are $0.29 \mathrm{~nm}(\mathrm{t}=0 \mu \mathrm{~s})$ and $0.64 \mathrm{~nm}(\mathrm{t}=2 \mu \mathrm{~s})$.


Fig. S18. RMSD of $\mathrm{C} \alpha$ of the BSA regarding the binding pocket residues. (a) $-\left(3 S, 3^{\prime} S\right)$-AXT: $\mathrm{BSA}=1: 1$; (b) $-\left(3 S, 3^{\prime} S\right)-\mathrm{AXT}: \mathrm{BSA}=3: 1$.


Fig. S19. Secondary structure of the BSA regarding the binding pocket residues. (a) $-\left(3 S, 3^{\prime} S\right)$-AXT: $\mathrm{BSA}=1: 1$; (b) $-\left(3 S, 3^{\prime} S\right)$-AXT:BSA $=3: 1$.


Fig. S20. (a) Number of BSA residues in contact with the two ( $3 S, 3$ ' $S$ )-AXT molecules in solution; (b) Secondary structure of BSA regarding the residues in contact with $\left(3 S, 3^{\prime} S\right)$-AXT aggregate. The latter residues have been identified in the trajectory with a cut-off of 0.45 nm for the interval 1.6-2.0 $\mu \mathrm{s}$.


Fig. S21. Hydrogen bonds between the ( $3 S, 3^{\prime} S$ )-AXT aggregate and BSA residues.


Fig. S22. Classification and illustration of the ( $3 S, 3$ ' $S$ )-AXT aggregates observed in the last $\mu \mathrm{s}$ of the trajectory. (a) - Classification of the ( $3 S, 3$ 'S)-AXT aggregates as a function of the time. "The classification was performed by extracting from the trajectory a representative structure of the H -aggregate (b), and three representative $J$-aggregate conformations (c-e) with different distances between the COM for each ( $3 S, 3^{\prime} S$ )-AXT molecule in the pair. Then RMSD of the aggregate relative to each of these structures was computed for the same time interval. Finally, the aggregate conformations in each frame were classified as $H$ - or $J$ - type if the respective RMSD fell below a given cut-off."


Fig. S23. RMSD of $\mathrm{C} \alpha$ of the BSA residues in contact with the ( $3 S, 3$ ' $S$ )-AXT aggregate observed for the $3: 1$ system. (a) $-\left(3 S, 3^{\prime} S\right)$-AXT:BSA $=1: 1$ (for comparison); (b) $-\left(3 S, 3^{\prime} S\right)$-AXT: $\mathrm{BSA}=3: 1$.


Fig. S24. Initial and final frames from the trajectory of an MD simulation for the $3: 1$ $(3 S, 3 ' S)$-AXT:BSA system without restraining the dihedrals in the polyene chain of $(3 S, 3 ' S)$-AXT. (a) $\mathrm{t}=0 \mu \mathrm{~s}$; (b) $\mathrm{t}=1 \mu \mathrm{~s}$. Solvent molecules and counterions are omitted for clarity.


Fig. S25. Images of lipid and (3S, $3^{\prime}$ 'S)-astaxanthin distribution in primary adipocytes of white adipose tissue (eWAT) and brown adipose tissue (iBAT), after stimulation with ( $3 S, 3^{\prime} S$ )-AXT dispersed in DMSO:water, for mice of different age, sex and using different laser power. Primary adipocytes of epididymal white (eWAT) and interscapular brown adipose tissue (iBAT) isolated from male young ( 8 weeks, a) and female old ( 43 weeks, b) mice were measured using low and high (ca. 3 mW and 30 mW , respectively) laser power. Images for the control group and cells stimulated with ( $3 S, 3{ }^{\prime} S$ )-AXT in DMSO:water dispersion were obtained by the integration in the marker bands for AXT $\left(1535-1505 \mathrm{~cm}^{-1}\right)$ and lipids (2900-2830 cm ${ }^{-1}$ ).


Fig. S26. Time-dependent increase of AXT level in primary adipocytes. Representative Raman images of the ( $3 S, 3$ 'S)-AXT (1535-1505 $\mathrm{cm}^{-1}$ ) and lipids (2900-2830 $\mathrm{cm}^{-1}$ ) from selected time points (a) and the degree of AXT accumulation ( $\mathrm{I}_{1516}$ ) inside adipocytes excluding the cell edges ( $\mathrm{n}=3$ per time point) (b) were shown. Error bars represent standard errors. Cells were incubated with ( $3 S, 3$ ' $S$ )-AXT:BSA complex. The cell culture medium did not contain fetal bovine serum (FBS). Scale bars are equal to $10 \mu \mathrm{~m}$.


Fig. S27. Changes in the position of marker band near $1516 \mathrm{~cm}^{-1}$ due to different forms of ( $3 S, 3^{\prime} S$ )-AXT delivery. Average Raman spectra for each set were normalized in the $1800-$ $600 \mathrm{~cm}^{-1}$ spectral range. Primary adipocytes were incubated with ( $3 S, 3^{\prime} S$ )-AXT for 3 h . The cell culture media with DMSO contained FBS whereas the ones with THF did not.

Tab. S1. Ratios of the experimental integrated intensity of the bands at $1516 \mathrm{~cm}^{-1}$ and $1160 \mathrm{~cm}^{-1}\left(\mathrm{I}_{1516} / \mathrm{I}_{1160}\right)$ for RR and RROA spectra for ( $3 S, 3$ 'S)-AXT to BSA molar ratios of $1: 1$ and $3: 1$.

|  | AXT:BSA = 1:1 | AXT:BSA = 3:1 |
| :---: | :---: | :---: |
| RR | 1.53 | 1.55 |
| RROA | 1.63 | 1.90 |

Tab. S2. Experimental ratios of CID values for bands at 1516 and $1160 \mathrm{~cm}^{-1}$. CID values were obtained by dividing the experimental integral intensity of the respective bands in the RROA and RR spectra ( $\mathrm{I}_{1516 \mathrm{RroA}} / \mathrm{I}_{1516 \mathrm{RR}}, \mathrm{I}_{1160 \mathrm{RROA}} / \mathrm{I}_{1160 \mathrm{RR}}$ ) for both ( $3 S, 3^{\prime} S$ )-AXT:BSA complexes with molar ratios of $1: 1$ and 3:1.

|  | AXT: $\mathbf{B S A}=1: 1$ | AXT: $\mathbf{B S A}=3: 1$ |
| :---: | :---: | :---: |
| $\mathbf{I}_{1516 \text { RROA }} / \mathrm{I}_{1516}$ RR | $-2.64 \cdot 10^{-3}$ | $-2.94 \cdot 10^{-3}$ |
| $\mathrm{I}_{1160 \text { RROA }} / \mathrm{I}_{1160 \text { RR }}$ | $-2.49 \cdot 10^{-3}$ | $-2.40 \cdot 10^{-3}$ |

Tab. S3. Comparison of ( $3 S, 3^{\prime} S$ )-AXT content in adipocytes depending on the presence of BSA as a carrier after 5 h of incubation. The amount of AXT was estimated using the integral intensity of the marker band for AXT near $1520 \mathrm{~cm}^{-1}\left(\mathrm{I}_{1520}\right)$ after incubation of adipocytes with $[\mathrm{BSA}(+), \mathrm{FBS}(-)]$ and $[\mathrm{BSA}(-), \mathrm{FBS}(-)]$ systems.

| $\mathbf{I}_{1520}$ | BSA(+) FBS(-) | BSA(-) FBS(-) |
| :---: | :---: | :---: |
|  | 1.48 | 0.56 |

Tab. S4. Accumulation of ( $3 S, 3^{\prime} S$ )-AXT in adipocytes over time. The amount of AXT over time was estimated using the integral intensity of the marker band for AXT near $1520 \mathrm{~cm}^{-1}$ ( $\mathrm{I}_{1520}$ ) at a given time point, after incubation of adipocytes with AXT:BSA complex $[\mathrm{BSA}(+), \mathrm{FBS}(-)]$.

| $\mathbf{I}_{1520}$ | Time / h |  |  |
| :---: | :---: | :---: | :---: |
|  | $\mathbf{1}$ | $\mathbf{3}$ | $\mathbf{5}$ |
|  | 0.77 | 1.33 | 1.48 |

