## **Supplementary information**

## Ballistic Electrolyte Ions Transport with Undisturbed Pathways for Ultrahigh-

**Rate Electrochemical Energy Storage Devices** 

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**Fig. S1** Schematic diagram of Zn/Ni-CAT synthesis and electrochemical fragmentation process of as-synthesized Zn-CAT.



Fig. S2 SEM images of the pristine Zn-CAT.



Fig. S3 SEM images of the Ni-CAT.



Fig. S4 HR-SEM images of the Ni-CAT.



Fig. S5 HR-TEM image of the Ni-CAT.



Fig. S6 HR-TEM image of the Ni-CAT.



Fig. S7 XPS spectra of Zn-CAT. (a) Zn-CAT survey and the corresponding (b) C 1s,

(c) O 1s and (d) Zn 2p region.



Fig. S8 XPS spectra of Ni-CAT. (a) Ni-CAT survey and the corresponding (b) C 1s, (c) O 1s and (d) Ni 2p region. Ni  $2p_{3/2}$  peak has a binding energy of 856 eV, indicating the presence of Ni (II) in Ni-CAT.

| Zn-CAT pellets |      |
|----------------|------|
| ←1.5 cm →      | <br> |
| Ni-CAT pellets |      |
| ←1.5 cm →      | <br> |

Fig. S9 Optic images of Zn/Ni-CAT pellets. The diameter of the pellets is 1.50 cm.



Fig. S10 SEM images of the Zn-CAT pellets. Pellets (diameter: 1.5 cm) with thicknesses of (a) 82  $\mu$ m, (b) 366  $\mu$ m, (c) 701  $\mu$ m, and (d) 1362  $\mu$ m were prepared. The measured weight for each pellet is 9.05 mg, 42.74 mg, 85.84 mg, and 172.74 mg. The calculated density for each pellet is 0.620 g cm<sup>-3</sup>, 0.660 g cm<sup>-3</sup>, 0.695 g cm<sup>-3</sup>, and 0.720 g cm<sup>-3</sup>.



**Fig. S11** SEM images of the Ni-CAT pellets. Pellets (diameter: 1.5 cm) with thicknesses of (a) 84  $\mu$ m, (b) 362  $\mu$ m, (c) 708  $\mu$ m, and (d) 1350  $\mu$ m were prepared. The measured weight for each pellet is 8.65 mg, 43.10 mg, 88.49 mg, and 173.62 mg. The calculated density for each pellet is 0.585 g cm<sup>-3</sup>, 0.675 g cm<sup>-3</sup>, 0.710 g cm<sup>-3</sup>, and 0.730 g cm<sup>-3</sup>.



Fig. S12 Electrical conductivity measurement of Zn-CAT and Ni-CAT samples in pellets. Voltage-current curves of (a) Zn-CAT and (b) Ni-CAT, (c) calculated conductivity of Ni-CAT.



**Fig. S13** Argon adsorption isotherms measured at 87 K. Adsorption and desorption points are represented by filled and empty circles, respectively. (a) Ni-CAT, (b) pristine Zn-CAT, (c) Zn-CAT.



Fig. S14 SEM images of the Ni-CAT after 100 cycles.



**Fig. S15** (a) and (d), SEM images of Zn-CAT-1h and Zn-CAT-30min. (b) and (e), XRD patterns of Zn-CAT-1h and Zn-CAT-30min; (c) and (f) CV profiles collected with Zn-CAT-1h and Zn-CAT-30min.

To further validate this conclusion, we have obtained the Zn-CAT particles with different particle sizes by controlling the hydrothermal time of the Zn-CAT. As expected, the reduction peaks at high potentials gradually decreased with the decrease of the Zn-CAT particle size. However, low synthesis time may also lead to lower sample crystallinity, which will greatly affect the electrochemical performance of the Zn-CAT electrode ground, as revealed in Fig. S15.



Fig. S16 The CV curves of the pristine Zn-CAT at 0.2 mV s<sup>-1</sup>.



**Fig. S17** Electrochemical performance of Zn-CAT pellet in 1 M Na<sub>2</sub>SO<sub>4</sub>. Cyclic voltammetry profiles collected with different electrode pellets of (a) 5.1 mg cm<sup>-2</sup>, (c) 24.2 mg cm<sup>-2</sup>, (e) 48.6 mg cm<sup>-2</sup>, and (g) 97.8 mg cm<sup>-2</sup> at different scan rates from 0.2 to 10 mVs<sup>-1</sup>. Galvanostatic charge discharge profiles were collected with different electrode pellets of (b) 5.1 mg cm-2, (d) 24.2 mg cm-2, (f) 48.6 mg cm-2, and (h) 97.8 mg cm-2 at different current densities from 0.2 to 2.0 A g<sup>-1</sup>.



**Fig. S18** Electrochemical performance of Zn-CAT pellet in 1 M Na<sub>2</sub>SO<sub>4</sub> Cyclic voltammetry profiles collected with different electrode pellets of (a) 5.2 mg cm<sup>-2</sup>, (b) 24.7 mg cm<sup>-2</sup>, (c) 49.4 mg cm<sup>-2</sup>, and (d) 97.4 mg cm<sup>-2</sup> at different scan rates from 20 to 200 mVs<sup>-1</sup>.



**Fig. S19** Electrochemical performance of Ni-CAT pellet in 1 M Na<sub>2</sub>SO<sub>4</sub>. Cyclic voltammetry profiles collected with different electrode pellets of (a) 4.9 mg cm<sup>-2</sup>, (c) 24.4 mg cm<sup>-2</sup>, (e) 50.1 mg cm<sup>-2</sup>, and (g) 98.3 mg cm<sup>-2</sup> at different scan rates from 0.2 to 10 mVs<sup>-1</sup>. Galvanostatic charge-discharge profiles were collected with different electrode pellets of (b) 4.9 mg cm-2, (d) 24.4 mg cm-2, (f) 50.1 mg cm-2, and (h) 98.3 mg cm-2 at different current densities from 0.2 to 2.0 A g<sup>-1</sup>. With the increase of Ni-

CAT pellet thickness, the redox peaks of CV curves show a certain degree of shift, which is influenced by the kinetics.



**Fig. S20** Rate performance of Ni-CAT electrodes with difference areal densities. (a) Gravimetric rate performance for Ni-CAT pellet electrodes with different areal densities of 4.9, 24.4, 50.1 and 98.3 mg cm<sup>-2</sup>. (b) Areal rate performance for the Ni-CAT pellet electrodes with different areal densities of 4.9, 24.4, 50.1 and 98.3 mg cm<sup>-2</sup>.



Fig. S21 Rate performance of pristine Zn-CAT.



**Fig. S22** Electrochemical performance of Zn-CAT pellet in 2 M NaOTf. Cyclic voltammetry profiles collected with different electrode pellets of (a) 5.2 mg cm<sup>-2</sup>, (b) 24.7 mg cm<sup>-2</sup>, (c) 49.4 mg cm<sup>-2</sup>, and (d) 97.4 mg cm<sup>-2</sup> at different scan rates from 0.2 to 10 mVs<sup>-1</sup>.

 Table S1. Rate performance of reported MOF-based electrode materials.

| MOF-based electrode materials            | Rate performance                            | Ref.     |
|------------------------------------------|---------------------------------------------|----------|
| Zn-CAT                                   | 83.3% (from 0.2 to 10 mV s <sup>-1</sup> )  | Our work |
| Cu-HATN                                  | 45.1% (from 0.15 to 1.5 A $g^{\text{-}1}$ ) | 1        |
| Ni <sub>2</sub> [CuPc(NH) <sub>8</sub> ] | 43.8% (from 0.5 to 20 A $g^{-1}$ )          | 2        |
| Ni-HAB                                   | 28.3% (from 0.2 to 100 mV s <sup>-1</sup> ) | 3        |
| Cu-THQ                                   | 24.0% (from 0.05 to 1.0 A $g^{\text{-}1}$ ) | 4        |
| HATN-SCu                                 | 30.2% (from 0.1 to 5.0 A g <sup>-1</sup> )  | 5        |
| Cu-DBC                                   | 54.6% (from 0.2 to 10 A $g^{-1}$ )          | 6        |



**Fig. S23** Nyquist plots of Zn/Ni-CAT pellets electrode with different areal densities. Nyquist plots of (a) Zn-CAT pellets electrode with difference areal density (5.1, 24.2, 48.6 and 98.3 mg cm<sup>-2</sup>), (b) Ni-CAT pellets electrode with difference areal density (4.9, 24.4, 50.1 and 97.8 mg cm<sup>-2</sup>). (c) Equivalent circuit of Zn/Ni-CAT pellets electrodes.  $R_s$  is the equivalent ohmic resistance, *C* is electrical double-layer capacitance,  $W_o$  is the finite-length Warburg diffusion element,  $R_{ct}$  is charge transfer resistance, and  $C_p$  is the pseudocapacitance.



Fig. S24 Nyquist plots of Zn-CAT//MnO<sub>2</sub> ASC with different areal densities.



Fig. S25 Nyquist plots of AC-BC electrodes with different areal densities.



Fig. S26 Nyquist plots of YP-80F electrodes with different areal densities.

| Different areal | $A \subset \mathbf{D} C(\mathbf{R})$ | $A \subset \mathbf{D} \subset (\mathbf{D})$ | $\mathbf{V}\mathbf{D}$ SOE( $\mathbf{D}$ ) | $\mathbf{V}\mathbf{D}$ $\mathbf{Q}\mathbf{O}\mathbf{E}(\mathbf{D})$ |
|-----------------|--------------------------------------|---------------------------------------------|--------------------------------------------|---------------------------------------------------------------------|
| density         | $AC-BC(K_s)$                         | $AC-BC(K_{ct})$                             | $1P-80\Gamma(\Lambda_s)$                   | $1P-80\Gamma(\Lambda_{ct})$                                         |
| ~14 mg          | 3.000 Ω                              | 5.206 Ω                                     | 5.177 Ω                                    | 3.471 Ω                                                             |
| ~28 mg          | 3.970 Ω                              | 2.545 Ω                                     | 4.595 Ω                                    | 2.333 Ω                                                             |
| ~56 mg          | 4.119 Ω                              | 1.476 Ω                                     | 4.470 Ω                                    | 1.465 Ω                                                             |
| ~112 mg         | 4.661 Ω                              | 1.160 Ω                                     | 4.316 Ω                                    | 0.750 Ω                                                             |

**Table S2.** Internal resistance  $(R_s)$  and charge-transfer resistance  $(R_{ct})$  calculated from fitted EIS of AC-BC electrode and YP-80F electrode for different weight loadings in 1 M Na<sub>2</sub>SO<sub>4</sub>.



Fig. S27 Plot of the logarithm of Ni-CAT pellet electrode currents (*i*) versus the logarithm of scan rates (*v*) for the different areal densities of 4.9, 24.4, 50.1 and 98.3 mg cm<sup>-2</sup>. The *b*-value is determined from the slope of the plots.



**Fig. S28** Capacitive and diffusion currents contributed to the charge-storage of Zn-CAT electrode at 1 mV s<sup>-1</sup> with different areal densities of 5.1, 24.2, 48.6 and 98.3 mg cm<sup>-2</sup>. Two separate mechanisms, surface-controlled process ( $k_1v$ , including fast-response capacitive effect) and diffusion-controlled process ( $k_2v^{1/2}$ ), contribute to the current response in CV curves at fixed potential according to the following equation:  $i=k_1v+k_2v^{1/2}$ , where *i* is the current, *v* is the scan rate. The fraction of current arising from two mechanisms at fixed potential can be distinguished by determining  $k_1$  and  $k_2$  values quantitatively.



**Fig. S29** Capacitive and diffusion currents contributed to the charge-storage of Zn-CAT electrode at 1 mV s<sup>-1</sup> with different areal densities of 4.9, 24.4, 50.1 and 97.8 mg cm<sup>-2</sup>.



**Fig. S30** PXRD patterns of the Zn- and Ni-CAT electrodes after 10000 cycles. As expected, Zn-CAT electrode still showed good structural stability after 10000 cycles. On the contrary, the XRD peak of Ni-CAT electrode weakened and disappeared after 10000 cycles indicated that the structure of Ni-CAT electrode might be destroyed during the cycling.



Fig. S31 Ni 2p region of Ni-CAT after 10000 cycles.



**Fig. S32** Structural analysis of Zn-CAT and Ni-CAT. (a) and (b), A portion of the crystal structure along the c direction and views parallel to the ab plane for Zn-CAT and Ni-CAT. Hydrogen atoms are omitted for clarity.



Fig. S33 Pore model of Zn-CAT and Ni-CAT.



Fig. S34 Snapshots (a-j in time sequences) of hydrated Na<sup>+</sup> ions in AA-stacked Zn-

CAT nanochannels.



Fig. S35 Snapshots (a-j in time sequences) of hydrated Na<sup>+</sup> ions in AB-stacked Ni-CAT nanochannels.



Fig. S36 SEM images of YP-80F, exhibiting different sizes and irregular shapes.



Fig. S37 Electrochemical performance of YP-80F pellets in 1 M Na<sub>2</sub>SO<sub>4</sub>. Cyclic voltammetry profiles collected with different electrode pellets of (a) 5.01 mg cm<sup>-2</sup>, (b) 14.1 mg cm<sup>-2</sup>, (c) 28.4 mg cm<sup>-2</sup>, (d) 57.2 mg cm<sup>-2</sup>, and (e) 112.5 mg cm<sup>-2</sup> at different scan rates from 0.2 to 10 mV s<sup>-1</sup>.



Fig. S38 SEM images of (a) nickel foam, (b) and (c) CNT@Ni foam, (d) and (e) MnO<sub>2</sub>@CNT@Ni foam.



Fig. S39 Cyclic voltammetry profiles of  $MnO_2$  electrode.



**Fig. S40** Electrochemical performance of Zn-CAT//MnO<sub>2</sub> pellet in 1 M Na<sub>2</sub>SO<sub>4</sub>. Cyclic voltammetry profiles collected with different electrode pellets of (a) 5.1 mg cm<sup>-2</sup> (MnO<sub>2</sub>: 3.0 mg cm<sup>-2</sup>), (b) 24.2 mg cm<sup>-2</sup> (MnO<sub>2</sub>: 15.1 mg cm<sup>-2</sup>), (c) 48.6 mg cm<sup>-2</sup> (MnO<sub>2</sub>: 29.3 mg cm<sup>-2</sup>), and (d) 97.8 mg cm<sup>-2</sup> (MnO<sub>2</sub>: 58.2 mg cm<sup>-2</sup>) at different scan rates from 0.2 to 10 mVs<sup>-1</sup>.



**Fig. S41** Electrochemical performance of Zn-CAT//MnO<sub>2</sub> pellet in 1 M Na<sub>2</sub>SO<sub>4</sub>. Galvanostatic charge-discharge profiles were collected with different electrode pellets of (a) 5.1 mg cm<sup>-2</sup> (MnO<sub>2</sub>: 3.0 mg cm<sup>-2</sup>), (b) 24.2 mg cm<sup>-2</sup> (MnO<sub>2</sub>: 15.1 mg cm<sup>-2</sup>), (c) 48.6 mg cm<sup>-2</sup> (MnO<sub>2</sub>: 29.3 mg cm<sup>-2</sup>), and (d) 97.8 mg cm<sup>-2</sup> (MnO<sub>2</sub>: 58.2 mg cm<sup>-2</sup>) at different current densities from 0.2 to 2.0 A g<sup>-1</sup>.



Fig. S42 Gravimetric rate performance for  $Zn-CAT//MnO_2$  ASC with different areal densities of Zn-CAT (5.1, 24.2, 48.6, and 97.8 mg cm<sup>-2</sup>).

The electrochemical properties of the asymmetric supercapacitors were evaluated in a typical two-electrode configuration with 1 M Na<sub>2</sub>SO<sub>4</sub> electrolyte working in a negative potential window of 0-1.7 V, and the results were displayed in Fig. S40. Zn-CAT electrodes use the same electrodes as the three-electrode test. Fig. S40 and S41 show representative CV curves and GCD curves for Zn-CAT//MnO<sub>2</sub> ASCs at different scan rates. The Zn-CAT//MnO<sub>2</sub> ASC delivers a mass-specific capacitance of 174 F g<sup>-1</sup> at 0.2 mV s<sup>-1</sup> (Fig. S40). Note that the mass-specific capacitance slightly decreases with increased thickness and mass loading, which is a common-seen phenomenon due to the limited atom economy in the bulk electrode. More impressively, even at a load of 97.8 g cm<sup>-2</sup>, the specific capacitance of the Zn-CAT//MnO<sub>2</sub> ASCs still maintain a capacitance of 89 F g-1 when the scan rate increases by 50 times.

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