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Supplementary Table 1. Quality assessment of included papers.

Criteria	Adefegha et al., 2016	Akyuz et al., 2022	Attaallah et al., 2021	de Souza et al., 2020	Gu et al., 2020	Loizzo et al., 2021	Manhivi et al., 2022	Noguera-Artiaga et al., 2019	Pino Ramos et al., 2019	Simsek ., 2021	Sut et al., 2020	Tsujita et al., 2022	Wang et al., 2018	Wang et al., 2020	Zhu et al., 2019
1 - Is the test substance identified?	V		V	8	V		>	⊗	8		8				
2 - Is the concentration and purity of the test substance given?	Ø		\bigotimes	Ø	8	3		Ø		Ø	3		X	3	
 3 - Is information on the source of all substances given? a) Source/origin and supplier of the main test substance(s) is essential b) Source/supplier of all other chemicals is expected (e.g. enzyme assay substrate, enzyme, reagents, solvents, buffer, etc.) 	V	V	8	V	V	V	V	V	V	⊗	V	V	0	V	
	8	Ø	Ø	Ø	Ø	0	×	×	×	Ø	\bigotimes	V	V	\bigotimes	
4 - Is all information on the preparation of the test substance given?		V	×	V	V		S	×	V	V	S		8		
5 - Is the enzyme assay well described?			×	Ø		X	8	×	X	×	8	\bigotimes		8	
6 - Is information given on the source/origin of the enzyme?	×	Ø	Ø	⊗	×	8	8	⊗	8	Ø	8		8	8	

 7 - Is necessary information on test system properties and conditions given? a) Amount/concentration of enzyme (confirmed by measuring specific activity with no test inhibitors present and providing this value) b) Concentrations of positive (and negative if applicable) controls (e.g. acarbose) 								
8 - Is the test substance concentration range given?				223336776255				
9 – Are observation time-points explained?								
10 – Were negative controls included?								
11 – Were positive controls included?								
12 – Is the number of replicates (and complete repetitions of the experiment) given?								
13 – Are the study endpoint(s) and their method(s) of determination clearly described?								
14 – Is the description of the study results for all endpoints investigated transparent and complete?								
15 – Are the statistical analyses given and applied transparently?								
16 – Is the chosen study design appropriate for obtaining the substance-specific data aimed for?								

17 – Are the <u>quantitative</u> study results reliable?								