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1 Supplementary materials

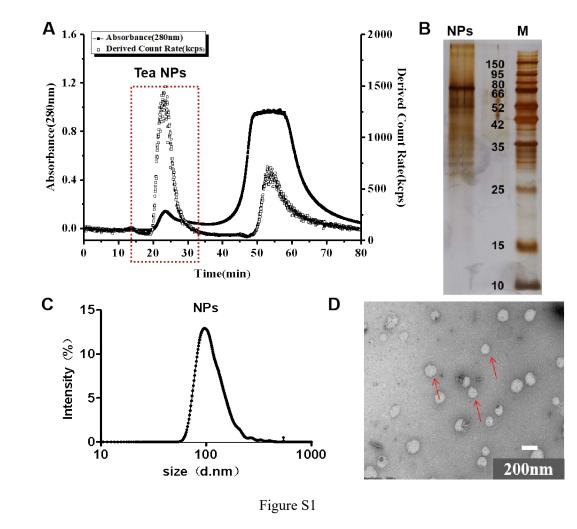
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4 Figure S1. The particle size and protein composition of tea NPs obtained after Chromatographic

- 5 separation. A: Chromatographic separation of NPs from black tea infusion by SEC. B: Reducing
- 6 SDS-PAGE images of black tea NPs. C: The particle size distribution of NPs from the black tea
- 7 infusion. D: The morphology of tea NPs by TEM.
- 8 Figure S2. The expression of cell junction proteins in correspondence to intestinal inflammations.
- 9 The proteins include E-cadherin, ZO-1, Claudin-1, STAT3 and p-STAT3.

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## 13 TABLES

14 Table S1. (a) The properties of black tea NPs

Sample	PDI	HydrodynamicDerivedDiametercount rate		ζ-potential	Particle number		
		nm	kcps	mV	×10 <sup>10</sup> particles/mg		
NPs	$0.2{\pm}0.01$	187±7	12850±576	-32.4±2.5	4.0±0.1		
Tea infusion	0.2±0.02	186±4	3614±96	-27.5±3.7	1.1±0.1		

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16 (b) Compositions of nanoparticles derived from black tea infusion

Black tea NPs	Proteins	Carbohydrates	Polyphenols	EGCG	CAF	GA	ECG
(µg/mg)	865±52.5	87±5.2	48±1.1	4.8±0.1	2.6±0.1	1.5±0	$0.7 \pm 0$
%	86.5	8.7	4.8	0.48	0.26	0.15	0.07

17 %: W/W, dry weight.

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