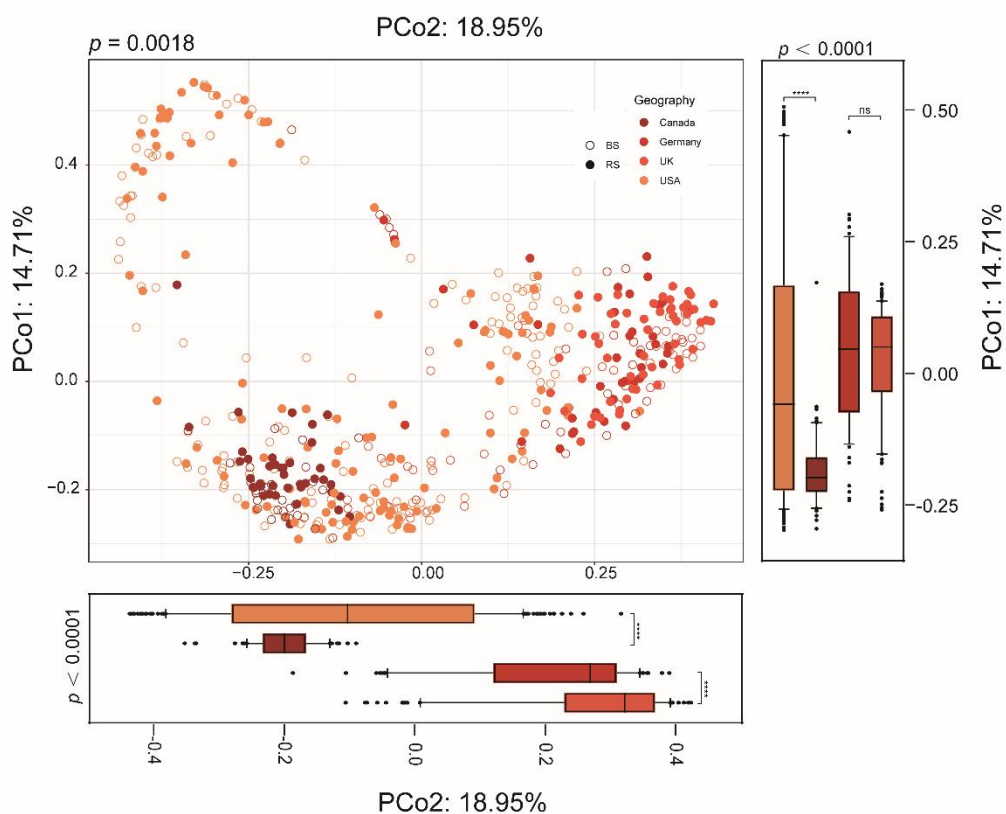


Supplementary Figure 1. Effects of RS intake on gut microbial β -diversity



Principal coordinate analysis (PCoA) of gut microbiome between baseline and end point of RS intake by geographical region in all seven included studies. **** $p < 0.0001$; ns $p > 0.05$