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**Supplementary Table 1.** Prebiotic index calculated for control and MNP considering the relative abundance of different bacterial groups analyzed by fluorescence *in situ* hybridization (FISH) combined with multiparametric flow cytometry in an *in vitro* static fermentation.

Samples	Prebiotic score	
	24 h	48 h
CTL	$-1.98 \pm 0.04^{\mathrm{Ba}}$	$-9.12 \pm 0.02^{Aa}$
MNP	$35.54\pm0.05^{Ab}$	$65.18\pm0.07^{\mathrm{Bb}}$

<sup>(</sup>CTL): Control, (MNP): Milnutri Profutura®.

A–B: Different superscript capital letters in the same row for the same cultivation media denotes differences ( $p \le 0.05$ ), based on Student's t-test. a-b: different superscript small letters in the same column at the same time interval denotes difference ( $p \le 0.05$ ) among cultivation media, based on Tukey's test.