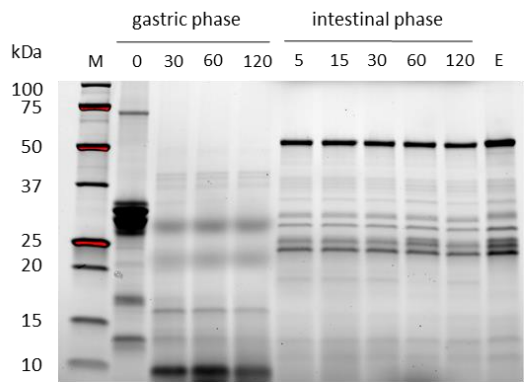
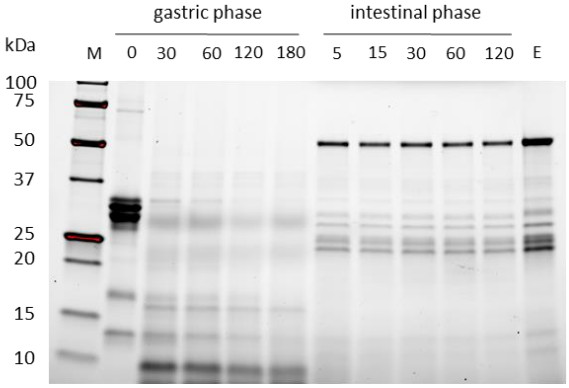
Table S1: DH values (%) from OPA. Same letter = differences are not significant ($p \leq 0.05$), lowercase letters = time comparison for the same sample, uppercase letters = model comparison for the same dairy product.

Temps (min)	**Skyr - Young**	**Skyr - Old**	**WBD - Young**	**WBD - Old**
G 30	7.9 ± 0.3 ^{a} A	5.9 ± 0.3 ^{a} B	8.4 ± 1.1 ^{a} A	3.2 ± 0.3 ^{a} B
G 60	9.3 ± 0.5 ^{b} C	7.5 ± 0.3 ^{b} A	9.3 ± 0.6 ^{a} C	5.1 ± 1.0 ^{b} D
G 120	11.2 ± 0.3 ^{c} D	9.0 ± 0.4 ^{c} C	10.1 ± 2.0 ^{a} E	5.9 ± 0.9 ^{b} F
G 180		10.1 ± 0.6 ^{d} C		6.4 ± 0.8 ^{b} G
I5	65.1 ± 4.7 ^{d} E	61.8 ± 4.1 ^{e} E	56.0 ± 4.4 ^{b} H	51.3 ± 3.0 ^{c} H
I15	67.8 ± 1.3 ^{d,e} E	67.3 ± 4.5 ^{e,f} E	60.1 ± 2.9 ^{b} I	58.4 ± 0.3 ^{d} H,I
I30	75.5 ± 10.5 ^{d,e,f} E,F	68.2 ± 5.3 ^{e,f,g} E	63.1 ± 7.5 ^{b,c} I	61.2 ± 3.4 ^{d,e} H,I
I60	82.6 ± 7.1 ^{f} F,G	73.4 ± 3.2 ^{f,g,h} F	67.4 ± 2.9 ^{c} J	64.5 ± 2.9 ^{e} I,J
I120	83.6 ± 3.5 ^{f} G	78.7 ± 5.0 ^{h} F,G	70.8 ± 2.8 ^{c} J	71.5 ± 0.5 ^{f} J

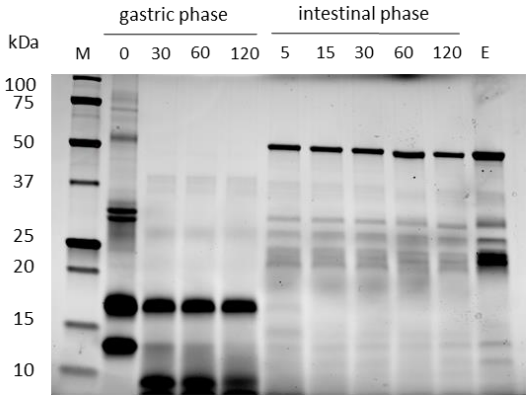
Figure S1: SDS-PAGE patterns of Skyr and WBD digestion in young and older adult conditions. Images are representative of the three repetitions measured for each condition. M = molecular weight standards, E = enzymatic blank sample.



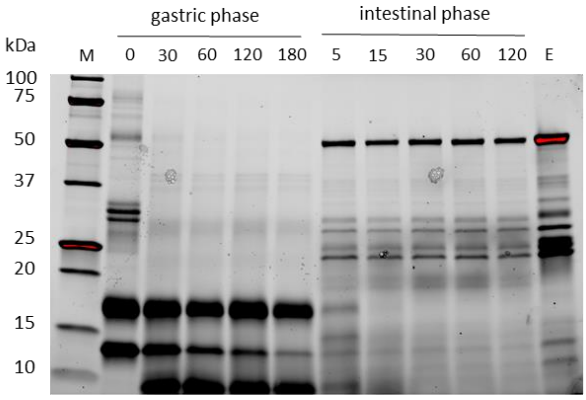
SKYR - YOUNG



SKYR - OLD



WBD - YOUNG



WBD - OLD

Figure S2: Venn diagrams showing the relationships, in number of peptides, between both models of digestion for each product and each phase of digestion.