Dietary pattern	β value	95% CI	P value
Healthy pattern	0.18	(-0.17, 0.54)	0.3093
Traditional pattern	-3.57	(-3.84, -3.30)	< 0.0001
Animal foods pattern	0.45	(0.21, 0.68)	< 0.01
Sweet foods pattern	0.30	(0.05, 0.54)	< 0.05
Tea-alcohol pattern	0.57	(0.34, 0.80)	< 0.0001

Supplementary Table 1. Dietary pattern scores and estimated glomerular filtration rate

The models were adjusted for age, sex, education level, marital status, smoking status, drinking status, physical activity, overweight/obesity, hypertension, diabetes, hyperlipidemia, total energy.

Dietary pattern	β value	95% CI	P value
Healthy pattern	2.02	(-0.23, 4.27)	0.0781
Traditional pattern	-6.64	(-8.34, -4.94)	< 0.0001
Animal foods pattern	3.96	(2.47, 5.45)	< 0.0001
Sweet foods pattern	6.70	(5.15, 8.26)	< 0.0001
Tea-alcohol pattern	4.05	(2.57, 5.53)	< 0.0001

The models were adjusted for age, sex, education level, marital status, smoking status, drinking status, physical activity, overweight/obesity, hypertension, diabetes, hyperlipidemia, total energy.