

**Key structural factors and intermolecular interactions underlying the formation, functional properties and behaviour in the gastrointestinal tract *in vitro* of the liposomal form of nutraceuticals coated with whey proteins and chitosan**

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Values of refractive index increments ( $dn/dc$ ) required for data processing were measured for the samples using a differential refractometer Shimadzu (Shimadzu, Kyoto, Japan) at  $\lambda = 633$  nm.

**Table S1**

Values of refractive index increments ( $dn/dc$ )

Sample	$dn/dc \times 10^3$ (m <sup>3</sup> /kg)
before the enzymatic hydrolysis (acetate buffer: 25°C, I=0.001M)	
[WPI-(PC-FO-D3-GABA-CEO)] (pH 7.0)	0.19 ± 0.01
[WPI-(PC-FO-D3-GABA-CEO)]-CHIT (pH 5.1)	0.17 ± 0.01
<i>in vitro</i> stomach (SGF, pH 3.0, 37°C, I = 0.128 M)	
{[WPI-(PC-FO-D3-GABA-CEO)]-CHIT} <sup>HYDR</sup>	0.25 ± 0.02
<i>in vitro</i> small intestine (SIF, pH 7.0, 37°C, I = 0.266M, 10 mM bile salts): a supernatant	
{[WPI-(PC-FO-D <sub>3</sub> -GABA-CEO)]-CHIT} <sup>HYDR</sup>	0.30 ± 0.02