

Table S1 Ingredients of Apple Polyphenols Extract

	Ingredient	Content (%)
Polyphenols	Total	80.1
	Chlorogenic acid	15.2
	Phlorizin	6.55
	Procyanidin B2	4.05
	Epicatechin	3.13
	Catechin	1.36
	Phloretin	1.07
	Quercetin	0.29
	Caffeic acid	0.05
	Ellagic acid	0.05
	Rutin	0.04
Others	48.29	
Other components	Total	19.9
	Moisture	2.98
	Protein	1.89
	Glucose	1.07
	Total fiber	0.85
	Others	13.1