

Table 1.4 (cont)												
NEFA, <i>mmoL/L</i>	0.48 ± 0.30	0.027 (-0.07; 0.12)	0.47 ± 0.31	0.053 (-0.04; 0.15)	0.38 ± 0.13	-0.056 (-0.15; 0.04)	0.026 (-0.11;0.12)	0.699	-0.083 (-0.22;0.05)	0.227	-0.109 (-0.24;0.02)	0.108
ApoA1, <i>mg/dL</i>	137 ± 18.1	-4.80 (-8.9;-0.67)	145 ± 23.0	-4.23 (-8.9;-0.37)	138 ± 20.4	-6.49 (-11;-2.3)	0.372 (-5.4;6.2)	0.900	-1.69 (-7.6;4.2)	0.573	-2.06 (-7.9;3.8)	0.486
ApoB, <i>mg/dL</i>	114 ± 19.5	-0.424 (-4.2; 3.4)	118 ± 20.1	-2.12 (-5.9; 1.6)	111 ± 21.2	0.140 (-3.8; 4.0)	-1.69 (-7.1;3.7)	0.536	0.564 (-4.9;6.0)	0.869	2.26 (-3.1;7.7)	0.410
ApoA1/ ApoB ratio	1.24 ± 0.25	-0.025 (-0.07; 0.02)	1.27 ± 0.32	-0.025 (-0.07; 0.02)	1.28 ± 0.27	-0.057 (-0.10;-0.01)	0.001 (-0.06;0.06)	0.982	-0.032 (-0.1;0.03)	0.330	-0.033 (-0.1;0.03)	0.312

Post-int, post-treatment values. Change, change from baseline. HDL, high density lipoproteins; LDL, low density lipoproteins; VLDL, very low density lipoproteins; TG, triglycerides; NEFA, non-esterified fatty acids; Apo, apolipoproteins. Data expressed as mean ± standard deviation or mean (95% Confidence Interval, CI). ANCOVA Model adjusted by sex and age. Significant differences depicted in **bold** and borderline ones in *italic bold*.