

Supplemental Table 12. Changes in Glucose, Insulin, and HOMA after 6 weeks of treatment

Variable	Treatment						Changes among treatments					
	WFA (n=41)		AI (n=40)		RFA (n=43)		AI vs WFA		RFA vs WFA		RFA vs AI	
	Post-int	Change	Post-int	Change	Post-int	Change	Mean (95%CI)	P	Mean (95%CI)	P	Mean (95%CI)	P
Glucose, <i>mg/dL</i>	88 ± 7.3	-1.47 (-4.5;1.6)	89 ± 10.0	-4.36 (-7.4; -1.3)	86 ± 15.6	-1.03 (-4.1; 2.1)	-2.88 (-7.2;1.4)	0.187	0.440 (-3.9;4.8)	0.842	3.32 (-0.99;7.6)	0.130
Insulin, <i>μU/mL</i>	8.41 ± 5.6	0.084 (-1.6; 1.8)	7.06 ± 3.3	0.920 (-0.75; 2.6)	8.68 ± 10.5	-0.368 (-2.1;1.4)	0.836 (-1.6;3.2)	0.495	-0.452 (-2.9;2.0)	0.720	-1.29 (-3.7;1.1)	0.299
HOMA- IR	1.84 ± 1.3	-0.018 (-0.59; 0.55)	1.88 ± 0.99	0.260 (-0.29;0.81)	2.03 ± 3.3	-0.012 (-0.71; 0.47)	0.279 (-0.52;1.1)	0.489	-0.103 (-0.92;0.72)	0.804	-0.382 (-1.2;0.42)	0.349

Post-int, post-treatment values. Change, change from baseline. Data expressed as mean ± standard deviation or mean (95% Confidence Interval, CI. ANCOVA Model adjusted by sex and age. Significant differences depicted in **bold** .