

**Supplemental Table 25. Changes in Cell adhesion Molecules after 6 weeks of treatment**

<b><sup>a</sup>VCAM-1, µg/mL</b>	0.605 (0.47-0.77)	-0.031 (-0.18;0.22)	0.539 (0.46-0.72)	-0.115 (-0.29;0.14)	0.554 (0.46-0.68)	0.029 (-0.11;0.14)	-0.084 (-0.11;0.06)	0.060 (-0.08;0.06)	0.144 (0.18;00)
	P=0.961			<b><i>P=0.073</i></b>		P=0.586	P=0.143	P=0.742	<b><i>P=0.088</i></b>

Post-int, post-treatment values. Change, change from baseline. ICAM-1, intercellular adhesion molecule 1; VCAM-1, vascular cell adhesión molecule 1. Data expressed as mean ± standard deviation, mean (95% Confidence Interval, CI) or <sup>a</sup>median (25<sup>th</sup> – 75<sup>th</sup> percentile). ANCOVA Model adjusted by sex and age, or <sup>a</sup>Wilcoxon and Man Whitney tests. Significant differences depicted in **bold** and borderline ones in *italic bold*.