

Supplemental Table 8. Postprandial Changes in Systolic Blood Pressure at the Beginning and at the End of the study

Intervention	Baseline (0h)	Change after intervention			P (trend) ^{a,b}
		2h	4h	6h	
Baseline					
WFA (n=8)	119 (7.10)	-4.37 (4.42)	-6.00 (3.96)	-3.00 (2.23)	0.231 ^a
AI (n=9)	132 (5.67)	-2.89 (3.49)	-1.33 (3.68)	-0.22(6.80)	0.862 ^a
RFA (n=12)	131 (3.84)	-11.2 (2.37)* †	-5.08 (5.31)	-2.75 (2.18)	0.036^a
6 weeks					
WFA (n=8)	112 (7.10)	0.87 (2.88)	2.00 (3.96)	8.00 (4.12)	0.133 ^b
AI (n=9)	125 (6.82)	-2.68 (3.89)	5.67(3.43)	3.89(4.00)	0.162 ^b
RFA (n=9)	123 (4.07)	-1.56 (4.14)	3.44 (4.59)	6.33 (4.01)	0.113 ^b

Data expressed as mean (standard error) in mmHg

Intra-treatment comparison by General Linear Model with Bonferroni correction. P for: ^a quadratic trend; ^blinear trend * P=0.004 versus its baseline. Significant results in **bold**.

Inter-treatment comparisons by ANCOVA Model adjusted by age and sex. † P=0.094 versus Aronia