

**Supplemental Table 9. Postprandial Changes in Diastolic Blood Pressure at the Beginning and at the End of the study**

Intervention	Baseline (0h)	Change after intervention			P (trend) <sup>a,b</sup>
		2h	4h	6h	
<b>Baseline</b>					
WFA (n=8)	72 (4.45)	-3.87 (2.61)	-2.25 (3.40)	-1.12(2.25)	0.321 <sup>a</sup>
AI (n=9)	79 (4.00)	-0.56 (3.30)	1.79 (2.67)	2.22 (2.90)	0.437 <sup>b</sup>
RFA (n=12)	76 (2.59)	<b>-5.92 (1.69)* †</b>	-0.33 (1.99)	-0.83 (1.55)	<b>0.056<sup>a</sup></b>
<b>6 weeks</b>					
WFA (n=8)	69 (4.13)	-3.00 (1.70)	0.37 (1.88)	5.62 (2.83)	<b>0.044<sup>b</sup></b>
AI (n=9)	74 (6.82)	-2.56 (1.76)	5.22(2.50)	4.44(2.16)	<b>0.023<sup>b</sup></b>
RFA (n=9)	74 (2.51)	-0.44 (2.17)	2.22 (2.87)	4.00 (2.59)	0.178 <sup>b</sup>

Data expressed as mean (standard error) in mmHg

Intra-treatment comparison by General Linear Model with Bonferroni correction. P for: <sup>a</sup> quadratic trend; <sup>b</sup>linear trend \* P=0.030 versus its baseline. Significant results in **bold**.

Inter-treatment comparisons by ANCOVA Model adjusted by age and sex. † P=0.101 versus Aronia