## Oat protein isolate-*Pleurotus ostreatus* β-glucan conjugate nanoparticles bound

## to β-carotene effectively alleviate immunosuppression by regulating gut

## microbiota

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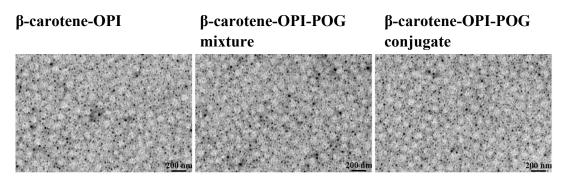
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Figure S1. TEM images of  $\beta$ -carotene nanoparticles stabilized by OPI, OPI-POG



mixture and OPI-POG conjugate before digestion (the scale bar represents 200 nm).

**Figure S2**. Venn diagrams of 80 OTUs altered by  $\beta$ -carotene, OPI-POG conjugate nanoparticles, and  $\beta$ -carotene-OPI-POG conjugate nanoparticles.  $\uparrow$  indicates increased by  $\beta$ -carotene, OPI-POG conjugate nanoparticles, and  $\beta$ -carotene-OPI-POG conjugate nanoparticles.  $\downarrow$  indicates decreased by  $\beta$ -carotene, OPI-POG conjugate nanoparticles. Red font:  $\beta$ -carotene, OPI-POG conjugate nanoparticles, and  $\beta$ -carotene-OPI-POG conjugate nanoparticles. Red font:  $\beta$ -carotene, OPI-POG conjugate nanoparticles, and  $\beta$ -carotene-OPI-POG conjugate nanoparticles. The set of th

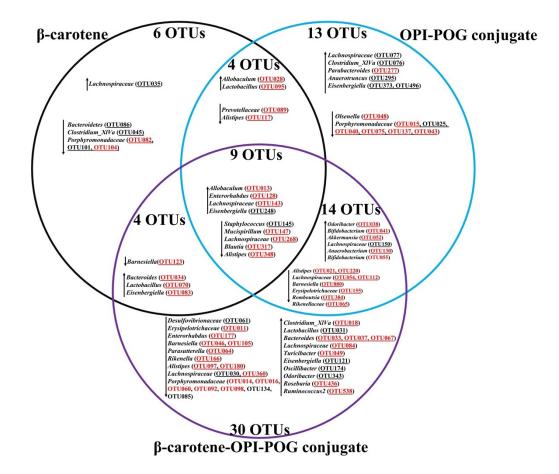


Table S1. Procedure of reversed phase HPLC for determining  $\beta$ -carotene and

Equipment	(1) Alliance HPLC System equipped with 2998 PDA Detector	
	(E2695, Waters, Milford, MA)	
	(2) A COSMOSIL Cholester packed column ( $250 \times 4.6 \text{ mm ID}, 5$	
	$\mu$ m) with a Cholester guard column (10 × 4.6 mm ID, 5 $\mu$ m)	
Mobile phase	(1) Solvent A: 84% methanol:	
	14% acetonitrile: 2% ultra-pure grade water, v/v/v	
	(2) Solvent B: dichloromethane	
Gradient program	Solvent A: 80%-45% in 15 min, 45% for 5 min, 45%-80% in 5min,	
	held at 80% for 3 min until injection of the next sample.	
Injection volume	20 μL	
Flow rate	1 mL/min	
Column temperature	10 °C	
Detection wavelength	PDA detector, $\beta$ -carotene (450 nm), retinol and retinyl palmitate (340	
	nm).	

retinoids content

Table S2. Procedure of s	gas chromatography	for determining SCFAs content
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Equipment	Agilent HP-INNOWAX capillary column (30 m $\times$ 0.25 mm $\times$ 0.25
	μm)
	a flame ionization detector
Procedure	
Flow rate of	19 mL/min
nitrogen	
Program	① at 100°C for 1 min
	② at 180°C (5 °C/min) for 4 min
Injection volume	1.0 μL
Makeup gas	air: 260 mL/min
	hydrogen: 30 mL/min
	nitrogen: 30 mL/min