Table S3. MR estimates of associations between seventeen dietary habits and Barrett's Esophagus risk.

Exposures	MR methods	OR (95%CI)	p value
Alcohol intake frequency	MR Egger	1.43(0.29, 6.97)	0.66
	Weighted median	2.13(1.43, 3.18)	$2.23*10^{-4}$
	IVW	2.14(1.58, 2.91)	$1.11*10^{-6}$
Processed meat intake	MR Egger	2.32(0, 6736.28)	0.82
	Weighted median	1.77(0.53, 5.94)	0.36
	IVW	2.60(0.94, 7.02)	0.07
Poultry intake	MR Egger	$0.003(1.79 \times 10^{-18}, 4.26 \times 10^{12})$	0.76
	Weighted median	1.61(0.39, 6.55)	0.51
	IVW	1.28(0.40, 4.11)	0.68
Beef intake	MR Egger	$0.38(4.67 \times 10^{-4}, 316.41)$	0.79
	Weighted median	0.42(0.12, 1.46)	0.17
	IVW	0.34(0.12, 0.93)	0.04
Non-oily fish intake	MR Egger	$6.08 \times 10^{11}(2.14 \times 10^{4}, 1.73 \times 10^{19})$	0.20
	Weighted median	29.80(2.33, 380.31)	0.01
	IVW	9.65(0.26, 358.23)	0.22
Oily fish intake	MR Egger	2.40(0.31, 18.41)	0.41
	Weighted median	0.85(0.45, 1.61)	0.62
	IVW	0.72(0.47, 1.23)	0.15
Pork intake	MR Egger	$1.5 \times 10^{-4}(2.61 \times 10^{-18}, 8.59 \times 10^{9})$	0.64
	Weighted median	1.48(0.19, 11.25)	0.71
	IVW	2.84(0.46, 18.12)	0.27
Lamb/mutton intake	MR Egger	12.91(0.19, 865.20)	0.25
	Weighted median	0.89(0.31, 2.52)	0.83
	IVW	0.81(0.37, 1.78)	0.60
Bread intake	MR Egger	0.35(0.01, 9.33)	0.55
	Weighted median	0.33(0.12, 0.92)	0.03
	IVW	0.37(0.16, 0.86)	0.02
Cheese intake	MR Egger	0.74(0.03, 16.06)	0.85
	Weighted median	0.65(0.31, 1.33)	0.23
	IVW	0.57(0.32, 1.03)	0.06
Cooked vegetable intake	MR Egger	$703.13(6.79 \times 10^{-5}, 7.29 \times 10^{9})$	0.45
	Weighted median	18.49(4.63, 73.95)	$3.69*10^{-5}$
	IVW	20.21(7.43, 54.96)	$3.90*10^{-9}$
Tea intake	MR Egger	1.05(0.47, 2.31)	0.91
	Weichted median	1.30(0.82, 2.05)	0.26
	IVW	1.30(0.91, 1.85)	0.16
Fresh fruit intake	MR Egger	$0.19(7.67 \times 10^{-3}, 4.61)$	0.32
	Weighted median	0.23(0.07, 0.76)	0.02
	IVW	0.28(0.11, 0.71)	0.01

Cereal intake	MR Egger	0.88(0.09, 8.49)	0.91
	Weighted median	0.48(0.24, 0.96)	0.04
	IVW	0.67(0.41, 1.12)	0.12
Salad/raw vegetable intake	MR Egger	$0.60(7.07 \times 10^{-6}, 5 \times 10^{4})$	0.93
	Weighted median	0.22(0.03, 1.68)	0.14
	IVW	0.15(0.02, 0.89)	0.04
Coffee intake	MR Egger	$9.8 \times 10^{-3}(1.38 \times 10^{-5}, 6.95)$	0.20
	Weighted median	1.19(0.34, 4.14)	0.78
	IVW	0.71(0.29, 1.79)	0.47
Dried fruit intake	MR Egger	$0.15(2.87 * 10^{-5}, 792.81)$	0.67
	Weighted median	0.47(0.14, 1.51)	0.20
	IVW	0.26(0.10, 0.65)	0.004