

## Supporting Information

### Fluorescent sensor for rutin hydrate based on cyanostilbene macrocycle

#### 1. General

Chemical reagents were purchased from Aladdin Reagent Company. The reaction process was detected by thin-layer chromatography and the products were purified by column chromatography on silica gel (200-300 mesh). NMR (nuclear magnetic resonance) spectra were acquired on a Bruker-ARX 400 instrument using TMS (tetramethylsilane) as an internal standard. Mass spectra (MS) were performed on a Bruker mass spectrometer. UV-vis spectra were measured on a Shimadzu UV-vis spectrometer. Fluorescence detection was performed on a Hitachi F-4500 spectrometer. Elemental analyses were analysed on Vario EL III Elemental Analyzer. The fluorescence absolute values ( $\Phi_F$ ) were estimated on an Edinburgh Instruments FLS920 Fluorescence Spectrometer with a 6-inch integrating sphere. Compound **2** was synthesised according to a previous report (Ying Gong; Shuting Fang; Yijie Zheng; Hongyu Guo; Fafu Yang. Tetra-Cyanostilbene Macrocycle: An Effective “Turn-on” Fluorescence Sensor for Oxalic Acid in Aqueous Media. *J. Photochem. Photobiol. A Chem.* 2022,435,114307).

#### 2 The experimental procedure of detecting rutin hydrate in the test paper and fruits

Pieces of neutral filter paper were immersed in DMSO-H<sub>2</sub>O (5:95) solution of **BCM** (0.1 mM) for 2 minutes. After dryness under room temperature, these papers were cut into hexagonal star pattern. Then these hexagonal papers were added with 5 drops of different guest solutions (0.1 mM). Subsequently, after dryness at air again, the fluorescence for these papers was observed under UV<sub>365nm</sub> light to obtain the fluorescence photographs. On the other hand, these papers were added with 5 drops of the solution of rutin hydrate in different concentrations (0.0 mM, 0.02 mM, 0.04 mM, 0.06 mM, 0.08 mM and 0.1 mM) (0.1 mM). Subsequently, after dryness at air again, the fluorescence for these papers was observed under UV<sub>365nm</sub> light to obtain the fluorescence photographs.

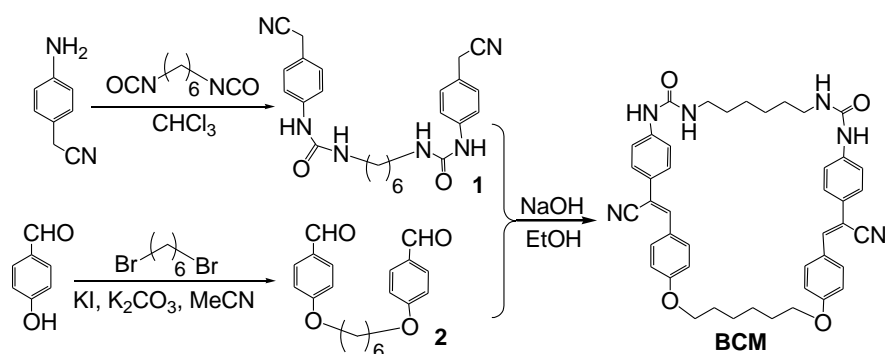
Also, three fruits (namely kiwi, apple and grape) were ground, then ultrasonically shaken, allowed to stand and filtered with DMSO-H<sub>2</sub>O (5:95) solvent. 1 mL of these solution was mixed with 1 mL of **BCM** solution (DMSO-H<sub>2</sub>O (5:95), 1.0×10<sup>-4</sup> M). The obtained mixed solution was then diluted to 10 mL by DMSO-H<sub>2</sub>O (5:95) observed by UV<sub>365nm</sub> light. Further, these solutions were examined by fluorescence spectra to evaluate the fluorescence intensity ( $\lambda_{ex} = 340$  nm,  $\lambda_{em} = 475$  nm), which was

further compared by the standard working curve (the equation in the inserted scheme in Figure 3b:  $y_0 = 4314.8-3616.4x_0$ ). The values of  $x_0$  were the concentration of rutin hydrate in these fruits solutions.

### 3 The experimental procedure of standard addition recoveries

The certain amount ( $1.0 \times 10^{-5}$  M,  $2.0 \times 10^{-5}$  M and  $3.0 \times 10^{-5}$  M) of rutin hydrate was added in the solution of three fruits (namely kiwi, apple and grape) prepared in the procedure 2. On the other hand,  $1.0 \times 10^{-4}$  M of **BCM** solution was prepared in DMSO-H<sub>2</sub>O (5:95). Then, 1.0 mL of prepared fruits solution in corresponding concentration was mixed with 1.0 mL of prepared **BCM** solution, following that the mixture was diluted to 10 mL by DMSO-H<sub>2</sub>O (5:95). As a result, the concentration of **BCM** was  $1.0 \times 10^{-5}$  M, and the added concentrations of rutin hydrate were  $1.0 \times 10^{-6}$  M,  $2.0 \times 10^{-6}$  M and  $3.0 \times 10^{-6}$  M in these solutions, respectively. The obtained solutions were then examined by fluorescence spectra to evaluate the fluorescence intensity ( $\lambda_{\text{ex}} = 340$  nm,  $\lambda_{\text{em}} = 475$  nm), which was further compared by the standard working curve (the equation in the inserted scheme in Figure 3b:  $y_1 = 4314.8-3616.4x_1$ ). The values of  $x_1$  subtracted  $x_0$  obtained in procedure 2 to give the added concentrations, which were filled as found concentration in Table 1. All data were performed by three independent experiments and the RSD were then calculated.

### 4 The synthetic process and characteristic spectra.



**Scheme S1** The synthesis of target compound **BCM**

### 5 Synthesis of compound 1

A mixture of p-aminobenzonitrile (1.0 g, 7.6 mmol), hexamethylene diisocyanate was stirred and refluxed in 45 mL of dry trichloromethane for 15 h. Thin layer chromatography analysis was used to monitor the reaction. Then the reaction mixture was cooled and 50 mL of n-hexane was added in it. The solid precipitate was formed, filtered and dried. This crude product was further recrystallized in DMSO/MeOH (V/V = 1:10) to give white solid in 90% yield. <sup>1</sup>H NMR (400 MHz, DMSO)  $\delta$ 8.46 (s, 2H, ArNHCO), 7.39 (d,  $J = 8.0$  Hz, 4H, ArH), 7.17 (d,  $J = 8.0$  Hz, 4H, ArH), 6.15 (t,  $J = 4.0$  Hz, 2H, CONH),

3.90 (s, 4H, CH<sub>2</sub>CN), 3.06 (m, 4H, NCH<sub>2</sub>), 1.42 (m, 4H, CH<sub>2</sub>), 1.30 (bs, 4H, CH<sub>2</sub>); MALDI-TOF-MS (C<sub>24</sub>H<sub>28</sub>N<sub>6</sub>O<sub>2</sub>) Calcd. For m/z= 432.23, found: 472.289 [M+Na<sup>+</sup>].

## 6 Synthesis of BCM

The mixture of compound **1** (0.432 g, 1 mmol), compound **2** (0.326 g, 1 mmol) and NaOH (0.08 g, 2 mmol) was stirred and refluxed in 40 mL of anhydrous ethanol (99.5%) solution for 24 h. Thin layer chromatography was used to monitor the progress of the reaction. After reaction, the most of solvent was removed by reduced pressure. The residue was purified by rapid column chromatography (eluent: CH<sub>2</sub>Cl<sub>2</sub>: MeOH = 5 : 1) to offer a light yellow solid in 75% yield. <sup>1</sup>H NMR (400 MHz, DMSO) δ 8.68 (s, 2H, ArNHCO), 7.84 (d, *J* = 12.0 Hz, 4H, ArH), 7.76 (s, 2H, C=CHCN), 7.54 (d, *J* = 8.0 Hz, 4H, ArH), 7.47 (d, *J* = 8.0 Hz, 4H, ArH), 7.03 (d, *J* = 12.0 Hz, 4H, ArH), 6.23 (bs, 2H, CONHC), 4.02 (bs, *J* = 8.0 Hz, 4H, OCH<sub>2</sub>), 3.05 (t, *J* = 8.0 Hz, 4H, NCH<sub>2</sub>), 1.73 (bs, 4H, CH<sub>2</sub>), 1.41 (s, 4H, CH<sub>2</sub>), 1.28 (bs, 8H, CH<sub>2</sub>). <sup>13</sup>C NMR (101 MHz, DMSO) δ 155.59, 140.55, 132.17, 131.26, 128.88, 126.45, 123.63, 120.02, 118.35, 115.33, 114.41, 107.45, 68.13, 63.03, 30.20, 26.61, 25.70, 22.48. MALDI-TOF-MS (C<sub>44</sub>H<sub>46</sub>N<sub>6</sub>O<sub>4</sub>) Calcd. For m/z= 722.358, found: 745.352 [M+Na<sup>+</sup>]. Anal. calcd for C<sub>44</sub>H<sub>46</sub>N<sub>6</sub>O<sub>4</sub>: C 73.11, H 6.41, N 11.63; found C 73.14, H 6.38, N 11.59%.

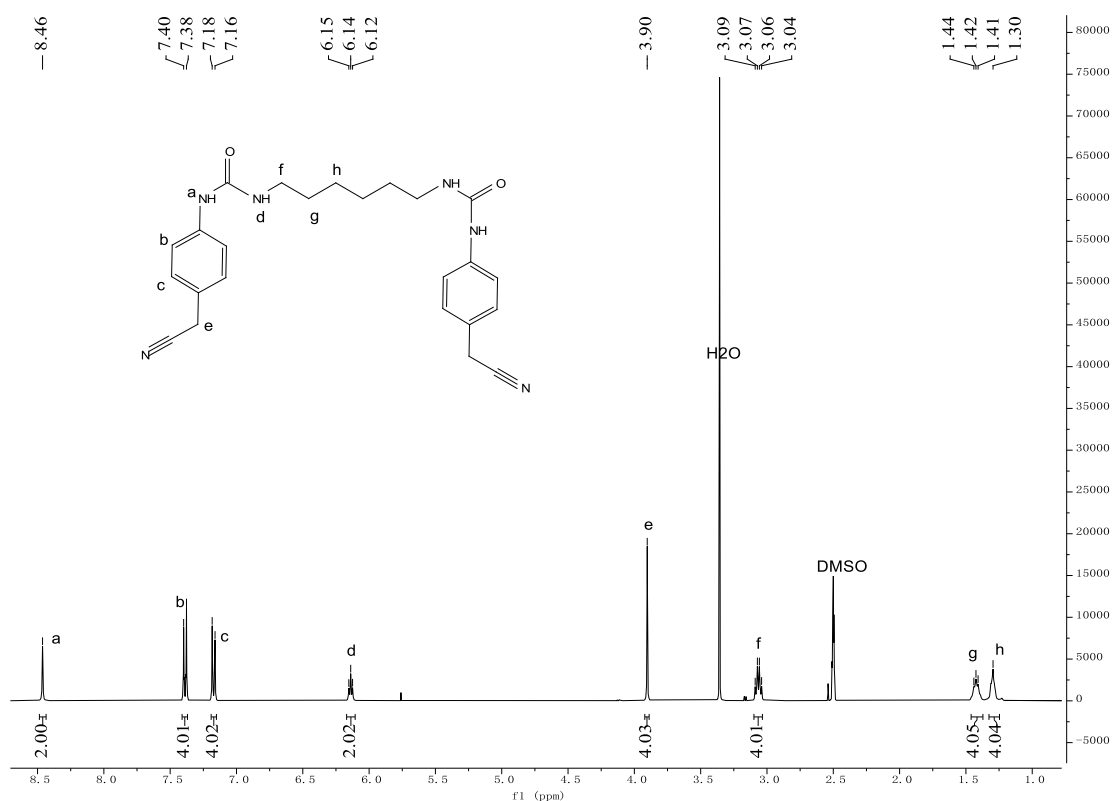


Figure S1 The <sup>1</sup>H NMR spectrum of compound **1**

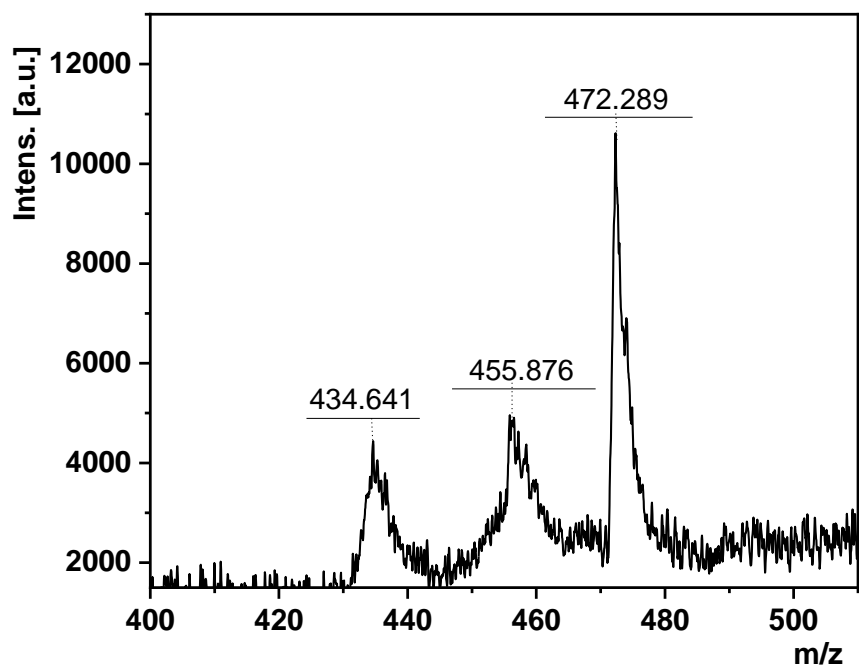


Figure S2 MALDI-TOF-MS spectrum of compound 1

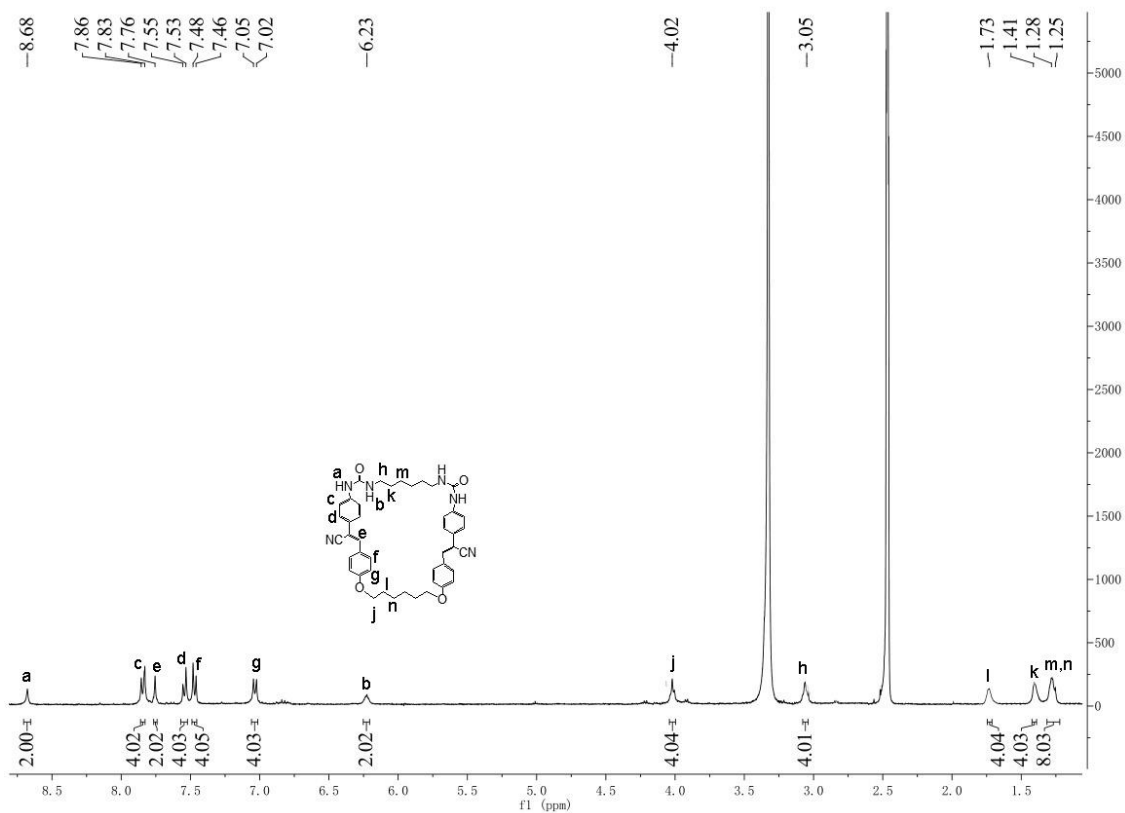


Figure S3 The  $^1\text{H}$  NMR spectrum of compound BCM

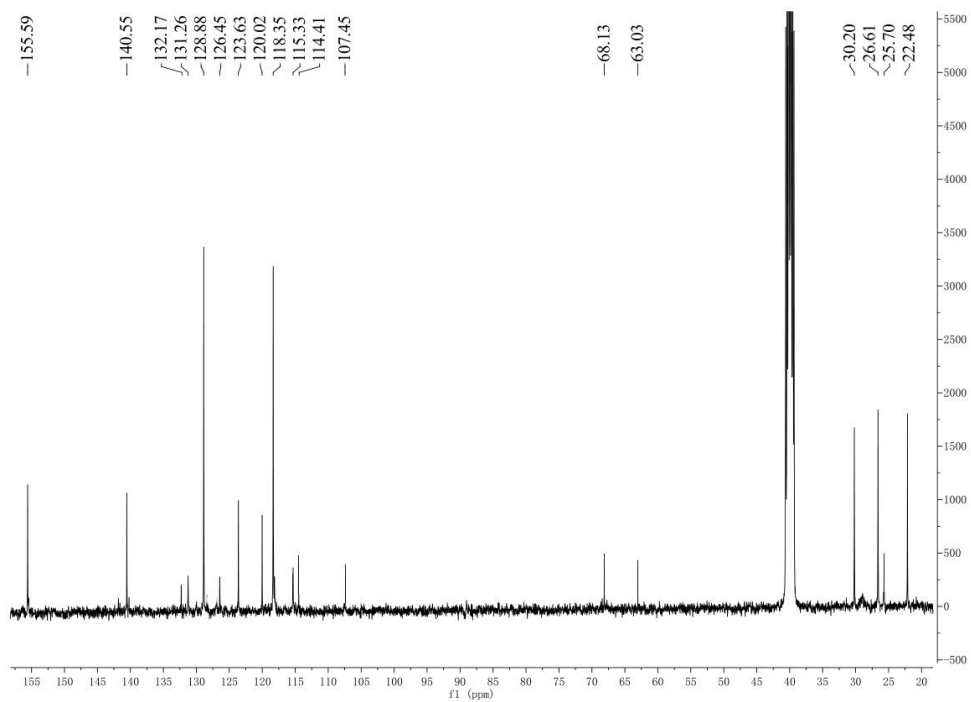


Figure S4 The  $^{13}\text{C}$  NMR spectrum of **BCM**

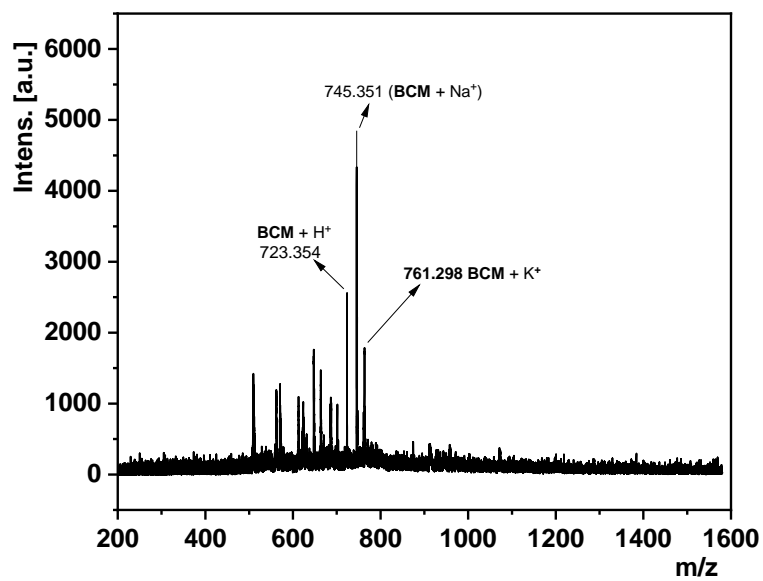


Figure S5 MALDI-TOF-MS spectrum of **BCM**

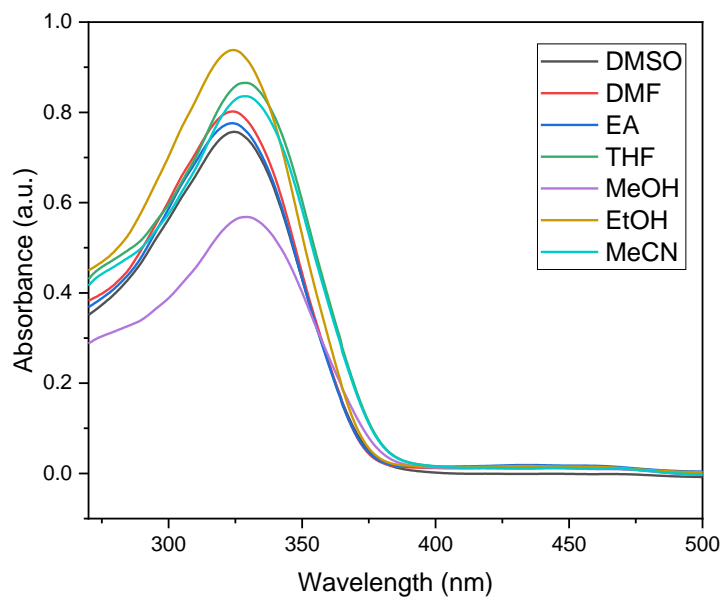


Figure S6 The UV-Vis absorption spectra of **BCM** in different solvents ( $1.0 \times 10^{-5}$  M)

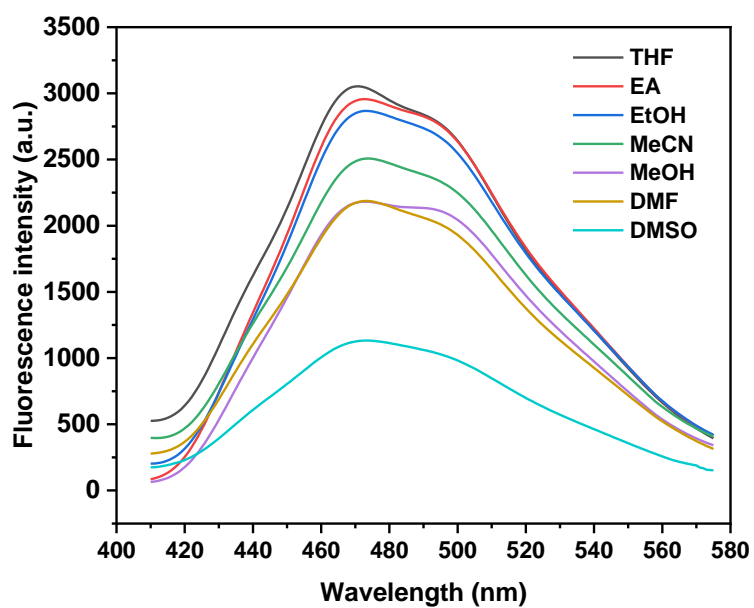


Figure S7 Fluorescence spectra of **BCM** in different solvents ( $1.0 \times 10^{-5}$  M,  $\lambda_{\text{ex}} = 340$  nm)

**Table S1:** Comparison of DL values on detecting rutin hydrate

Detection method	Linear range	LOD	Reference
Electrochemical method	0.06-1.0 $\mu\text{M}$	0.68 nM	1
Electrochemical detection of graphite modification	1.0-150 nM	0.36 nM	2
HPLC-DAD-ESI-MS	/	0.1172 $\mu\text{g/mL}$	3
HPLC	0.05-50 $\text{mg L}^{-1}$	0.023 $\text{mg L}^{-1}$	4
Solid Phase Extraction - UV-Vis Spectrophotometry	1-90 $\mu\text{M}$	0.961 $\mu\text{M}$	5
HPLC	/	7.29 - 20.29 $\mu\text{g/mL}$	6
Photoelectrochemical detection of semiconductor nanomaterials	0.001nM-100 $\mu\text{M}$	0.0007 nM	7
Quantum Dot Modified Electrodes - Photoelectrochemical Detection	0.025-50.0 $\mu\text{M}$	0.007 $\mu\text{M}$	8
Colourimetric detection	770 n M- 54.46 $\mu\text{M}$	114 nM	9
Electrochemical polymerisation modified electrode detection	/	8.31 nM	10
Nitrogen and sulphur doped fluorescent probe detection	0-40 $\text{mg/L}$	0.02 $\mu\text{M}$	11
Fixed Dye Fluorescent Probes	$2.0 \times 10^{-6}$ - $1.5 \times 10^{-4}$ M	$8.0 \times 10^{-7}$ mol/L	12
Electrochemical method	0.02-50.00 $\mu\text{M}$	0.015 $\mu\text{mol/L}$	13
Electrochemical detection of nanomaterials	$1.0225 \mu\text{A} \cdot \mu\text{M}^{-1} \cdot \text{cm}^{-2}$	0.0027 $\mu\text{M}$	14
Water-soluble nanofluorescent probes	0.05 - 400 $\mu\text{M}$	15.2 nM	15
Quantum Dot Fluorescent Probes	$5.0 \times 10^{-7}$ - $3.2 \times 10^{-5}$ M	$3.5 \times 10^{-7}$ mol/L	16

HPLC-DAD	5-400 $\mu$ g/mL	0.1-0.3 $\mu$ g/mL	17
Fluorescence and electrochemical dual mode detection	2.0-130.0 $\times 10^{-8}$ M	0.076 $\times 10^{-8}$ M	18
MIP- Electrochemical method	1-400 n M	0.36 nM	19
Nanocomposite modified electrode	0.1-15 mM	0.26 nM	20
Fluorescence sesor in this work	0.1 $\times 10^{-5}$ M - 1 $\times 10^{-4}$ M	1.16 $\times 10^{-7}$ M	This work

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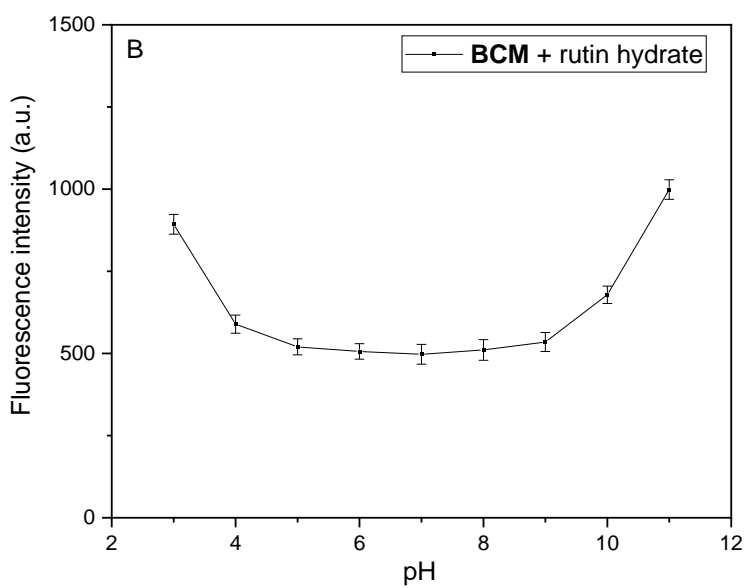
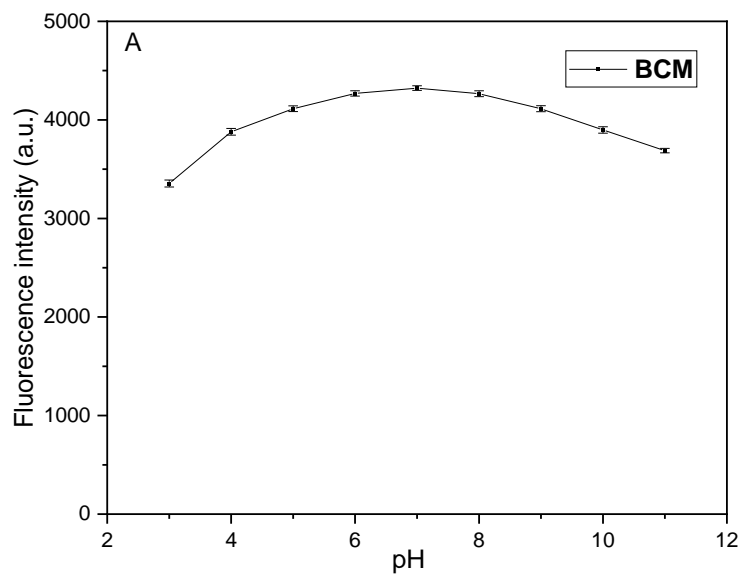


Figure S8 The influence of pH on the maximum fluorescence intensities of **BCM** (A) and **BCM + rutin hydrate** (B). ( $\lambda_{\text{ex}} = 340 \text{ nm}$ ,  $1.0 \times 10^{-5} \text{ M}$  each in DMSO- $\text{H}_2\text{O}$  (5:95))

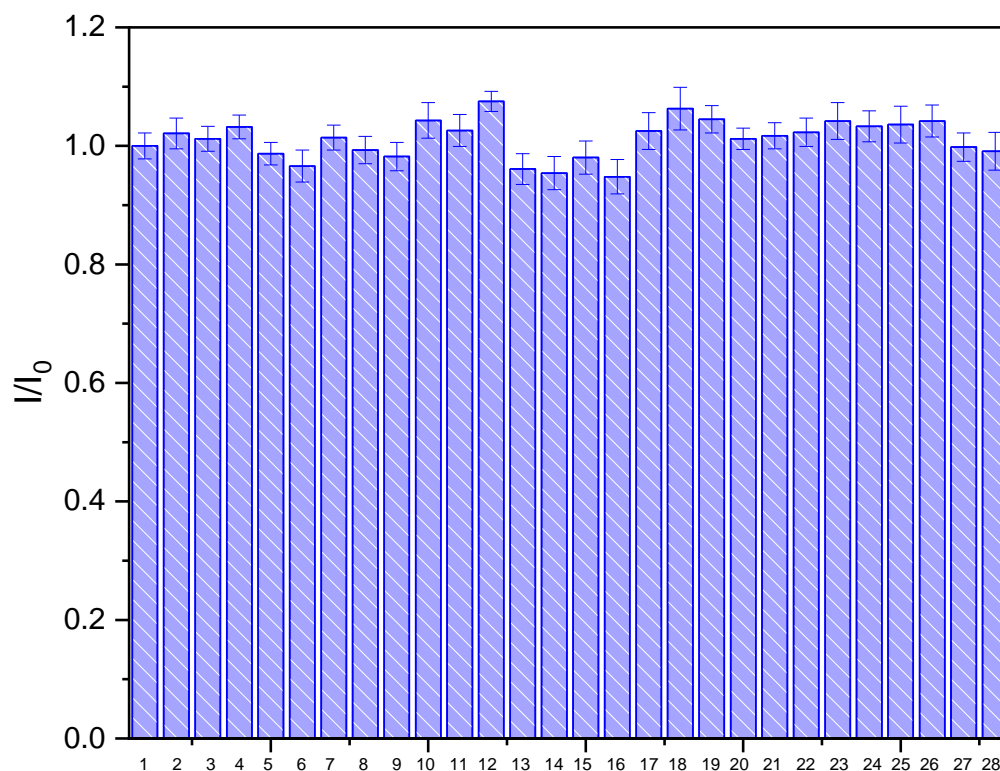


Figure S9 The interference experiments of **BCM** ( $1.0 \times 10^{-5}$  M) with rutin hydrate in presence of the interfering species ( $1 \times 10^{-5}$  M each,  $\lambda_{\text{ex}} = 340$  nm) in DMSO-H<sub>2</sub>O (5:95).  $I_0$  was the fluorescence intensity ( $\lambda_{\text{em}} = 475$  nm) of **BCM** with rutin hydrate;  $I$  was the fluorescence intensity ( $\lambda_{\text{em}} = 475$  nm) of **BCM** with rutin hydrate in presence of the interfering species. 1 = **BCM** + rutin hydrate, 2 = 1 + rutin hydrate, 3 = 1 + isonicotinic acid, 4 = 1 + niacin, 5 = 1 + thymine, 6 = 1 + adenine, 7 = 1 + VB12, 8 = 1 + VB1, 9 = 1 + rhamnose, 10 = 1 + sorbic acid, 11 = 1 + D-fructose, 12 = 1 + lactose, 13 = 1 + Vitamin A acetate, 14 = 1 + cytosine, 15 = 1 + glucose, 16 = 1 + citrate, 17 = 1 + ascorbic acid, 18 = 1 + methylman noside, 19 = 1 + amygdalin, 20 = 1 + folic acid, 21 = 1 + VC, 22 = 1 + Na<sup>+</sup>, 23 = 1 + K<sup>+</sup>, 24 = 1 + Fe<sup>3+</sup>, 25 = 1 + Mg<sup>2+</sup>, 26 = 1 + Cu<sup>2+</sup>, 27 = 1 + Ca<sup>2+</sup>, 28 = 1 + Al<sup>3+</sup>.

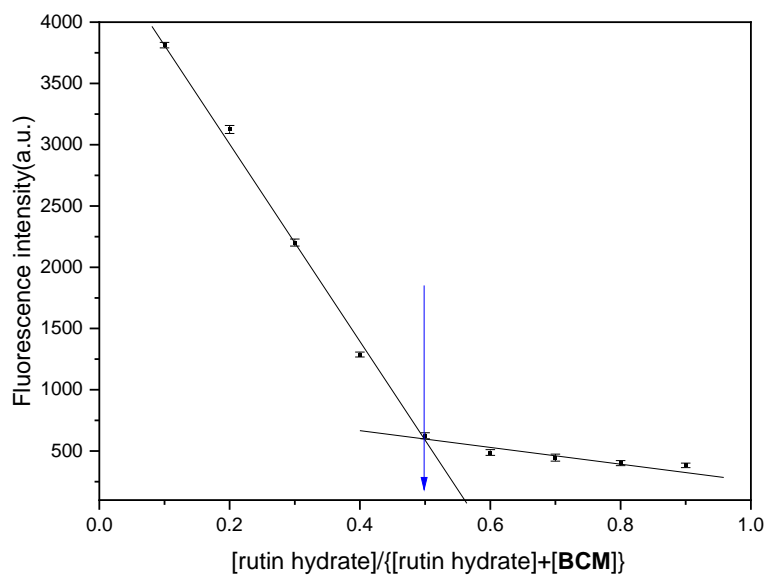


Figure S10 The Job's plot of **BCM** with rutin hydrate in DMSO-H<sub>2</sub>O (5:95) ( $\lambda_{\text{ex}} = 340 \text{ nm}$ ) (The total concentration was  $1.0 \times 10^{-5} \text{ M}$ )

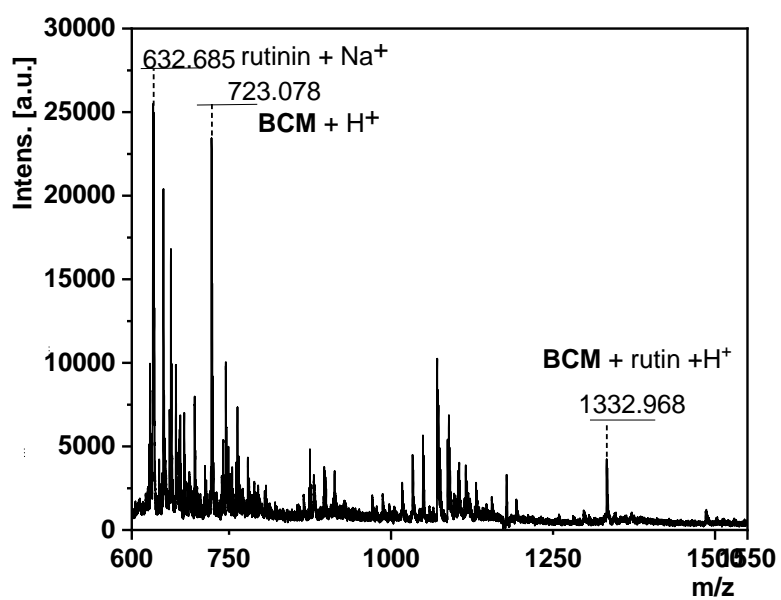


Figure S11 MALDI-TOF-MS spectrum of BCM with rutin hydrate (1:1).

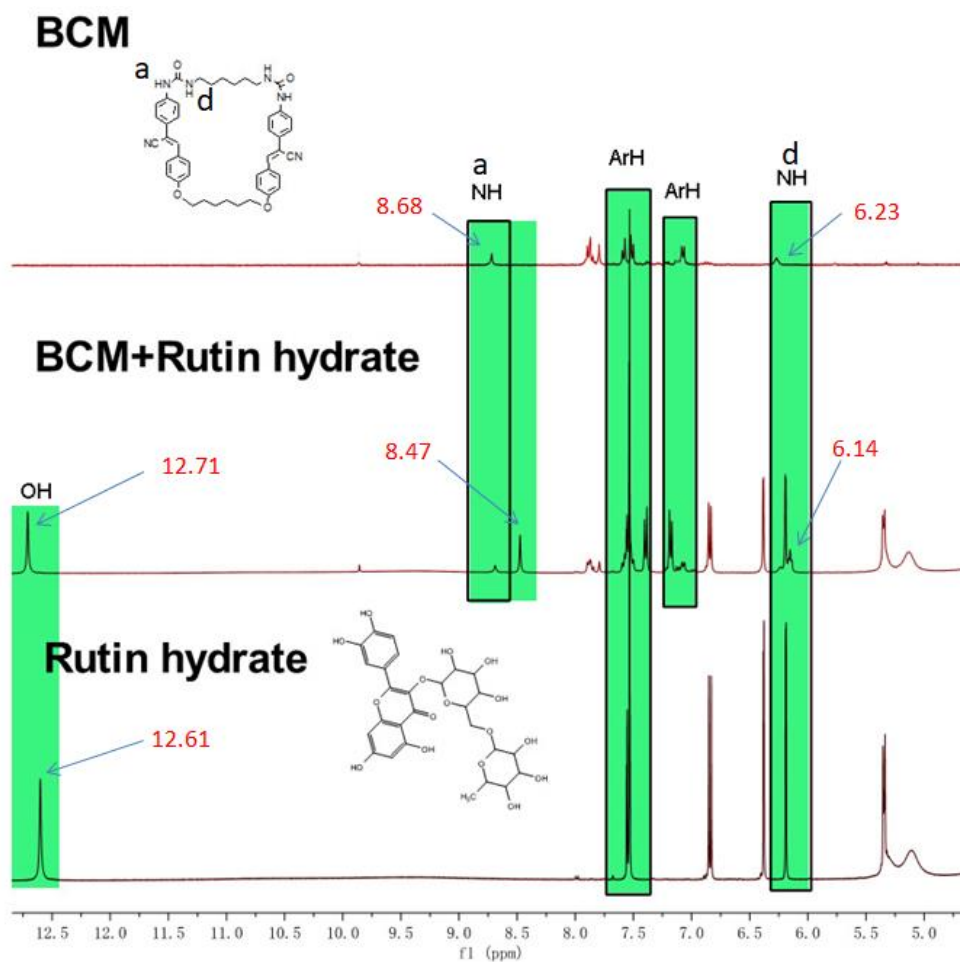


Figure S12 Comparison of  $^1\text{H}$  NMR spectra of **BCM** with rutin hydrate (1:1).

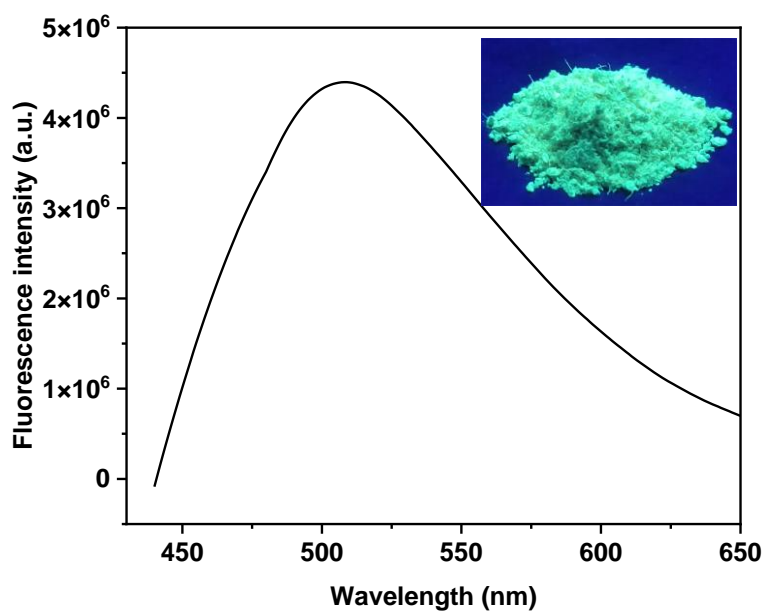


Figure S13 The fluorescence spectrum of **BCM** in solid film ( $\lambda_{\text{ex}} = 340 \text{ nm}$ )

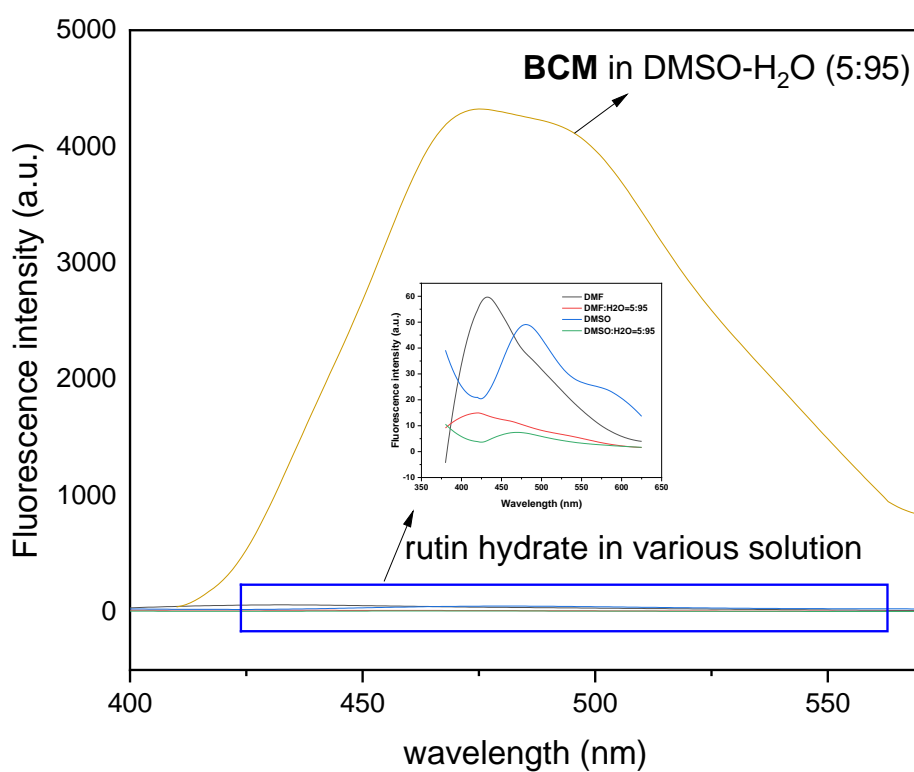
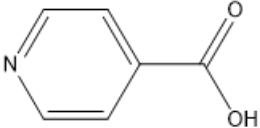
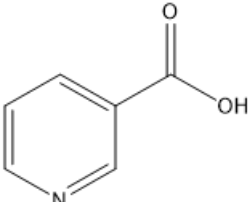
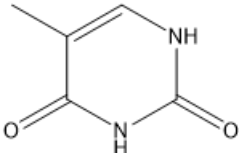
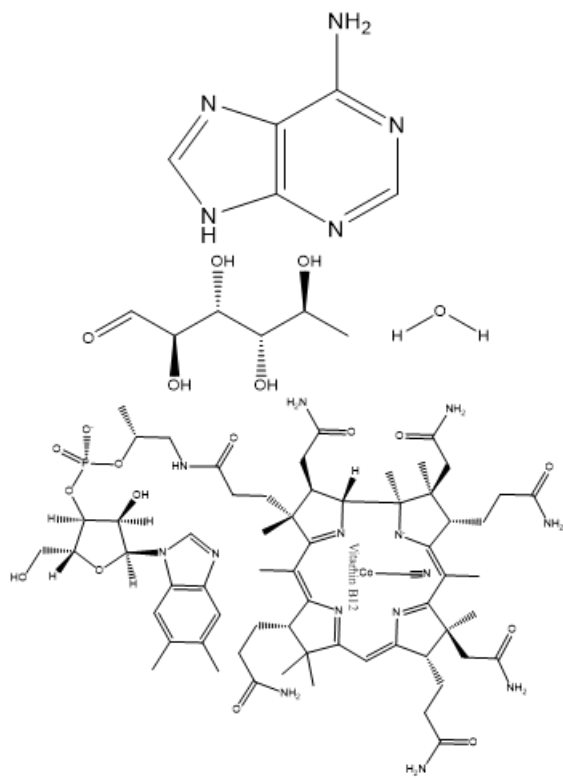


Figure S14 The comparison in fluorescence spectra of **BCM** and rutin hydrate

**Table S2** Structural formula of the guest molecules

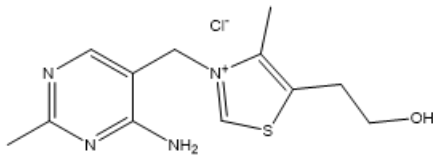
Structural formula of the guest molecule	Name of the object molecule	The guest molecule's corresponding ordinal number in Figure 2
	Isonicotinic acid	3
	Niacin	4
	Thymine	5



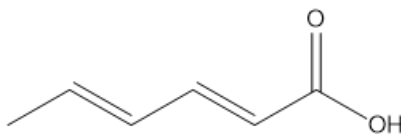
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Rhamnose 9

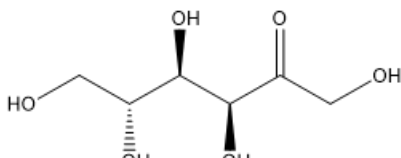
VB12 7



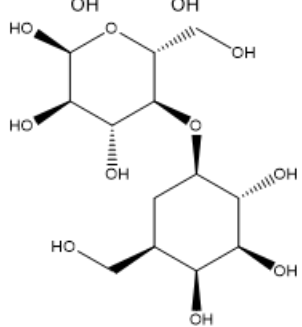
VB1 8



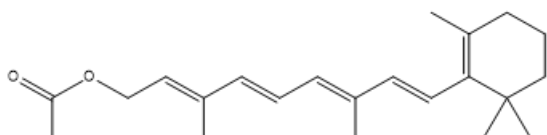
Sorbic acid 10



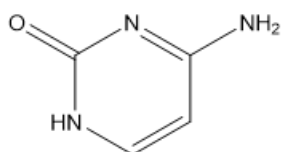
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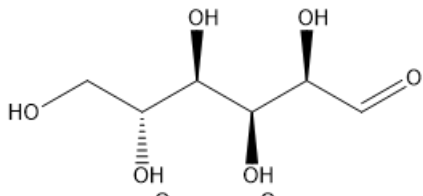
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Vitamin A acetate 13

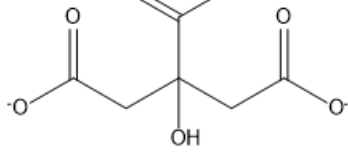


Cytosine 14



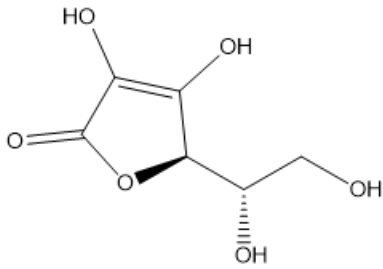
Glucose,

15



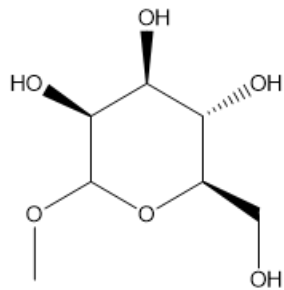
Citrate

16



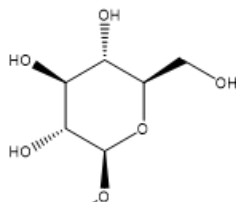
Ascorbic acid

17



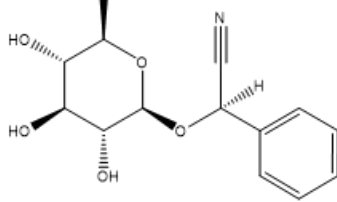
Methyl-mannoside

18



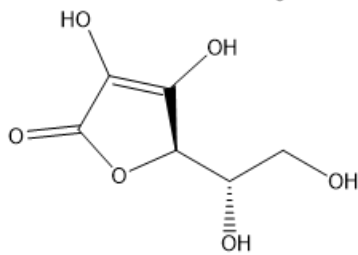
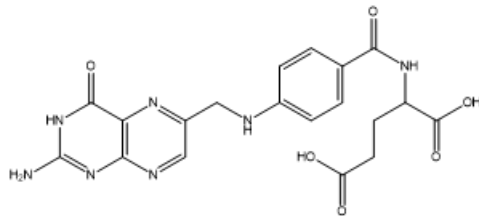
Amygdalin

19



Folic acid

20



VC

21



**Calculation for Binding constant:** The Benesi-Hildebrand formula:  $(1/(I-I_0)=1/\{K_a(I_{max}-I_0)\times c[RT]\}-1/(I_{max}-I_0))$ . The data were obtained as Figure S15, where the required binding constant is equal to the intercept divided by the slope:  $2.4 \times 10^4 \text{ M}^{-1}$ .

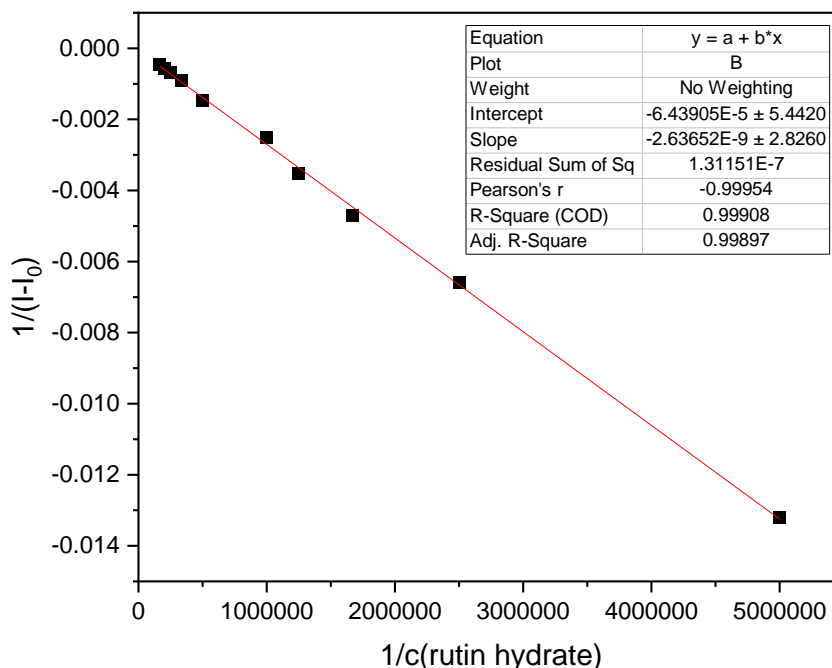


Figure S15 Benesi-Hildebrand linear analysis curve of **BCM** for rutin hydrate

**Calculation for detection limitation:** According to the interpolation graph in Fig. 3 (B), a relatively good linear relationship between the fluorescence intensity of this probe and the change of concentration, was obtained with  $R^2 = 0.99825$ . Then we tested the fluorescence intensity of five sets of blank samples and obtained the relative standard deviation of the blank solution by calculation. Based on the formula of  $LOD = K \times S_{b1} / S$  ( $K = 2$  or  $3$ ,  $K$  was set  $3$  herein,  $S_{b1}$  suggests the standard deviation of the blank solution and  $S$  means the slope of the standard curve),  $LOD$  was calculated as  $1.16 \times 10^{-7} \text{ M}$ .

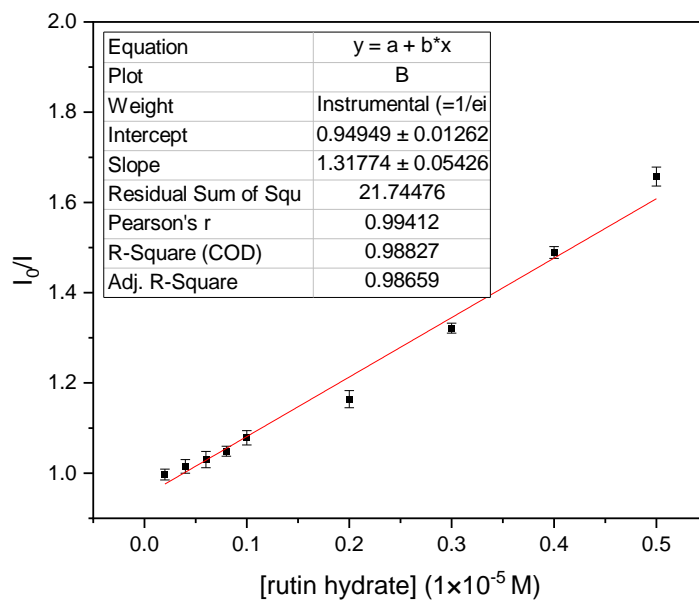


Figure S16 Stern-Volmer Quenching linear analysis curve of **BCM** for rutin hydrate

**Calculation of quenching Constant:** The Stern-Volmer Quenching Equation:  $I_0/I=1+K_{sv}[M^{n+}]$ . The data obtained are shown in Fig. S16, and the quenching constant is equal to the slope:  $1.32 \times 10^5 M^{-1}$ .