### **Electronic Supplemental Information**

# Balancing Ring And Stopper Group Size to Control the Stability of Doubly Threaded [3]Rotaxanes

Jerald E. Hertzog,<sup>a,b</sup> Guancen Liu,<sup>a</sup> Benjamin W. Rawe,<sup>b</sup> Vincent J. Maddi,<sup>a</sup> Laura F. Hart,<sup>b</sup> Jongwon Oh,<sup>b</sup> Neil D. Dolinski<sup>b</sup> and Stuart J. Rowan<sup>\*a,b,c</sup>

<sup>a</sup>Department of Chemistry, University of Chicago, Chicago, IL, 60637, USA

<sup>b</sup>Pritzker School of Molecular Engineering, University of Chicago, Chicago, IL 60637, USA

<sup>°</sup>Chemical Science and Engineering Division and Center for Molecular Engineering, Argonne National Laboratory, Lemont, IL 60434, USA

Materials and Methods	<b>S</b> 2
Synthesis of Macrocycle Components	<b>S</b> 3
Fe(II) Assembly of Pseudo[3]rotaxanes 140-48:22:Fe(II)2	<b>S</b> 6
Stoppering Procedures of Pseudo[3]rotaxanes 140-48:22:Fe(II)2	S10
Attempted Characterization of [3]Rotaxanes 544 and 648	<b>S</b> 18
Crude Characterization of [3]Rotaxanes 540, 542, 640, 642, and 644	S20
MALDI-TOF Characterization of [3]Rotaxanes 540, 542, 640, 642, and 644	S25
SEC Analysis of [3]Rotaxanes 540, 542, 640, 642, and 644	S28
<sup>1</sup> H and <sup>1</sup> H- <sup>1</sup> H COSY NMR Characterization of [3]Rotaxanes <b>5</b> <sub>40</sub> , <b>5</b> <sub>42</sub> , <b>6</b> <sub>40</sub> , <b>6</b> <sub>42</sub> , and <b>6</b> <sub>44</sub>	S34
<sup>1</sup> H- <sup>1</sup> H NOESY NMR Characterization of [3]Rotaxanes 640, 642, and 644	S42
Slippage Analysis of [3]Rotaxanes 540, 542, 640, 642, and 644	S49
<sup>1</sup> H and <sup>13</sup> C NMR Spectra of Ring Components 1 <sub>40-48</sub>	S56
References	S60

### **Materials and Methods**

#### Materials

All reagents were purchased from Sigma-Aldrich unless otherwise stated. All chemicals were used as received without further purification unless otherwise stated. Solvents for chromatography were purchased from Fisher-Scientific. Deuterated solvents and 3,5-dihydroxybenzyl alcohol were purchased from ACROS Organics. 4-Bromo-4'-tert-butylbiphenyl was purchased from TCI chemicals. *p*-Toluenesulfonyl chloride was purchased from Alfa Aesar. Iron(II) bistriflimide<sup>1</sup> and 2,6-bisbenzimidazolylpyridine ligands<sup>2</sup> were prepared following literature procedures. Tetrahydrofuran (THF) was dried over sodium and benzophenone. Dichloromethane was distilled over calcium hydride before use. Dimethylformamide (DMF) was dried with activated molecular sieves before use. Thin layer chromatography plates (1000 micron) were purchased from Analtech.

#### Instrumentation

**Matrix Assisted Laser Desorption/Ionization Mass Spectrometry (MALDI-MS)**. MALDI-TOF was measured by a Bruker Ultraflextreme MALDI-TOF-TOF spectrometer in linear (or reflectance) mode using dithranol as matrix and sodium trifluoroacetate or silver trifluoroacetate as ionizer (or no ionizer).

**Nuclear Magnetic Resonance Spectroscopy (NMR).** Room Temperature Nuclear Magnetic Resonance Spectroscopy was performed using a Bruker Ascend Avance III 500 MHz spectrometer, a Bruker Avance II+ 500 MHz spectrometer, or a Bruker DRX 400 MHz spectrometer at the University of Chicago NMR facilities. <sup>1</sup>H NMR spectra were referenced to the residual protonated solvent signal and  ${}^{13}C{}^{1}H$  NMR spectra were referenced to the deuterated solvent carbon resonance signal.

**NMR Slippage Kinetic Experiments**. Kinetic experiments were performed in Shigemi Tubes purchased from Wilmad-Labglass in CDCl<sub>3</sub> (1mM) using a Bruker AVANCE III HD 500 MHz spectrometer at the NMR facilities at the University of Chicago.

**Gel Permeation Chromatography (GPC)**. GPC measurements were performed utilizing the Soft Matter Characterization Facility at the University of Chicago. Measurements were conducted at 25°C using 3:1 THF:DMF as eluent (flow rate = 1 mL/min), using a Shimadzu autosampler, Shimadzu HPLC LC20-AD pump, 2 Agilent PLgel 5 um MIXED-D + guard SEC columns, and a Wyatt Optilab T-rEX differential refractive index detector.

#### Synthesis of Macrocycle Components

Macrocycle Components (140-48)



Figure S1. Synthesis of 1<sub>48</sub>.

A 2-necked 1 L RBF was charged with 9<sup>3</sup> (1.5 g, 2.94 mmol), Cs<sub>2</sub>CO<sub>3</sub> (3.82 g, 11.8 mmol) and DMF (620mL) under an Ar atmosphere. The mixture was heated to 75 °C and stirred while a DMF (310 mL) solution of 3,6-bis(bromomethyl)-9,9-dimethyl-9H-xanthene<sup>4</sup> (1.16g, 2.94 mmol) was added dropwise (at an approximate rate of one drop every 10 s) over 3 d. When all the solution was added the reaction was stirred for a further 24 h at 75 °C. After this time (total reaction time 4 d) the reaction mixture was cooled to RT and the solvent was removed under reduced pressure. The residue was washed in hot  $CHCl_3$  (4 × 100 mL) and the insoluble material (salts) was removed by filtration. The filtrate was collected and the solvent removed under reduced pressure. The resulting material was purified using column chromatography (TEA treated silica gel, chloroform/methanol gradient as eluent) followed by recrystallization (chloroform/methanol mixture) to yield white crystals of 148 in 21% yield (0.435g). <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>)  $\delta$  8.15 (d, J = 7.9 Hz, 4H, B), 7.87 (t, J = 7.9 Hz, 2H, A), 7.35 (d, J = 8.0 Hz, 4H, H), 7.25-7.21 (m, 8H, C+I), 7.11 (d, J = 8.1 Hz, 4H, D), 7.06 (s, 4H, G), 7.00 (dd, J = 8.9, 2.3 Hz, 4H, E), 5.24 (s, 8H, F), 4.54 (t, J = 7.5 Hz, 8H, K), 1.62 (m, 8H, L), 1.58 (s, 12H, J), 1.00 (m, 24H, M+N+O), 0.54 (m, 12H, P). <sup>13</sup>C NMR (126 MHz, CDCl<sub>3</sub>) δ 155.07, 150.55, 150.31, 150.06, 143.47, 137.86, 137.47, 131.24, 129.28, 126.60, 125.16, 121.39, 114.81, 114.77, 110.74, 104.42, 70.00, 44.95, 33.90, 32.61, 31.19, 30.10, 26.36, 22.42, 13.82. MALDI-MS: 1599.6 ([M]+Ag<sup>+</sup>).



Figure S2. Synthesis of 1<sub>44</sub>.

A 2-necked 1 L RBF was charged with  $9^3$  (1.0 g, 1.95 mmol), Cs<sub>2</sub>CO<sub>3</sub> (2.6 g, 7.8 mmol) and DMF (440 mL) under an Ar atmosphere. The mixture was heated to 75 °C and stirred while a DMF (220 mL) solution of 2,7-bis(bromomethyl)naphthalene (0.61g, 1.95 mmol) was added dropwise (at an approximate rate of one drop every 10 s) over 3 d. When all the solution was added the reaction was stirred for a further 24 h at 75 °C. After this time (total reaction time 4 d) the reaction mixture was cooled to RT and the solvent was removed under reduced pressure. The residue was washed in hot CHCl<sub>3</sub> (4 × 100 mL) and the insoluble material (salts) was removed by filtration. The filtrate was collected and the solvent removed under reduced pressure. The resulting column chromatography (TEA treated silica gel, chloroform/methanol gradient as eluent) followed by recrystallization (chloroform/methanol mixture) to yield white crystals of 1<sub>44</sub> in 20% yield (0.255g). <sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>)  $\delta$  8.10 (d, J = 7.9 Hz, 4H, B), 7.81-7.75 (m, 10H, A+C+I), 7.53 (d, J = 8.0 Hz, 4H, H), 7.24 (s, 4H, G), 7.19 (d, J = 8.9 Hz, 4H, D), 7.01 (dd, J = 8.9, 2.3 Hz, 4H, E), 5.42 (s, 8H), F, 4.48 (t, J = 7.5 Hz, 8H, J), 1.55 (m, 8H, K), 0.89 (m, 24H, L+M+N), 0.49 (m, 12H, O). <sup>13</sup>C NMR (101 MHz, CDCl<sub>3</sub>)  $\delta$  154.97, 150.20, 149.98, 143.41, 137.73, 135.83, 133.38, 132.64, 131.25, 128.44, 125.66, 125.22, 124.76, 114.70, 110.78, 104.72, 70.72, 44.89, 31.18, 29.85, 26.35, 22.43, 13.79. MALDI-MS: 1436.1 ([M]+Ag<sup>+</sup>).



Figure S3. Synthesis of 1<sub>42</sub>.

1 L RBF was charged with  $9^3$  (1.0 g, 1.95 mmol), Cs<sub>2</sub>CO<sub>3</sub> (2.6 g, 7.8 mmol) and DMF (440 mL) under an Ar atmosphere. The mixture was heated to 75 °C and stirred while a DMF (220 mL) solution of  $\alpha, \alpha'$ -Dibromo-p-xylene (0.51g, 1.95 mmol) was added dropwise (at an approximate rate of one drop every 10 s) over 3 d. When all the solution was added the reaction was stirred for a further 24 h at 75 °C. After this time (total reaction time 4 d) the reaction mixture was cooled to RT and the solvent was removed under reduced pressure. The residue was washed in hot CHCl<sub>3</sub> (4 × 100 mL) and the insoluble material (salts) was removed by filtration. The filtrate was collected and the solvent removed under reduced pressure. The resulting material was purified using column chromatography (TEA treated silica gel, chloroform/methanol gradient as eluent) followed by recrystallization (chloroform/methanol mixture) to yield white crystals of 1<sub>42</sub> in 11% yield (0.133g). <sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>)  $\delta$  8.19 (d, J = 7.9 Hz, 4H, B), 7.90 (t, J = 7.9 Hz, 2H, A), 7.37 (s, 8H, G), 7.21-7.15 (m, 8H, C+D), 6.93 (dd, J = 8.8, 2.4 Hz, 4H, E), 5.30 (s, 8H, F), 4.48 (t, J = 7.5 Hz, 8H, H), 1.55 (m, 8H, I), 0.89 (m, 24H, J+K+L), 0.49 (m, 12H, M). <sup>13</sup>C NMR (101 MHz, CDCl<sub>3</sub>)  $\delta$  154.64, 150.14, 150.02, 143.39, 137.84, 137.26, 131.26, 126.98, 125.14, 114.71, 110.69, 104.77, 70.06, 44.86, 31.16, 30.04, 26.35, 22.44, 13.74. MALDI-MS: 1228.9 ([M]+H<sup>+</sup>).



Figure S4. Synthesis of 140.

1 L RBF was charged with **9**<sup>3</sup> (1.0 g, 1.95 mmol), Cs<sub>2</sub>CO<sub>3</sub> (2.6 g, 7.8 mmol) and DMF (440 mL) under an Ar atmosphere. The mixture was heated to 75 °C and stirred while a DMF (220 mL) solution of α,α'-Dibromo-m-xylene (0.51g, 1.95 mmol) was added dropwise (at an approximate rate of one drop every 10 s) over 3 d. When all the solution was added the reaction was stirred for a further 24 h at 75 °C. After this time (total reaction time 4 d) the reaction mixture was cooled to RT and the solvent was removed under reduced pressure. The residue was washed in hot CHCl<sub>3</sub> (4 × 100 mL) and the insoluble material (salts) was removed by filtration. The filtrate was collected and the solvent removed under reduced pressure. The resulting material was purified using column chromatography (TEA treated silica gel, chloroform/methanol gradient as eluent) followed by recrystallization (chloroform/methanol mixture) to yield white crystals of 1<sub>40</sub> in 7% yield (0.085g). <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>) δ 8.19 (d, J = 7.9Hz, 4H, B), 7.92 (t, J = 7.9Hz, 2H, A), 7.46 (s, 2H, G), 7.29 (m, 6H, H+I), 7.24 (bs, 4H, C), 7.11 (d, J = 8.8Hz, 4H, D), 6.86 (dd, J = 8.8, 2.1Hz, 4H, E), 5.24 (s, 8H, F), 4.42 (t, J = 7.2Hz, 8H, J), 1.52 (bm, 8H, K), 0.88 (bm, 24H, L+M+N), 0.51 (d, J = 6.7Hz, 12H, O). <sup>13</sup>C NMR (125 MHz, CDCl<sub>3</sub>) δ 154.94, 150.20, 150.17, 143.40, 138.17, 137.90, 131.37, 128.95, 126.40, 126.00, 125.09, 115.17, 110.57, 105.66, 71.09, 44.84, 31.20, 30.05, 26.29, 22.40, 13.78. MALDI-MS: 1228.7 ([M]+H<sup>+</sup>).

### Fe(II) Assembly of Pseudo[3]rotaxanes 140-48:22:Fe(II)2

#### Assembly of Pseudo[3]rotaxane 148:22:Fe(II)2 from 148 and 2

Dissolved 25.1mg of  $1_{48}$  in 1.5mL CDCl<sub>3</sub>. Titrated thread stock solution (30mM) of 2 into solution of  $1_{48}$  until an exact 2:1 (2:1<sub>48</sub>) ratio was formed (done by monitoring both the N-CH<sub>2</sub> peaks on the alkyl groups of the bip ligands). The mixture was then diluted to a total volume to 3.5mL CDCl<sub>3</sub> (5 mM  $1_{48}$ ). A stock solution of Fe(NTF<sub>2</sub>)<sub>2</sub> (30mM in 1:1 CDCl<sub>3</sub>:d<sub>3</sub>-MeCN) was added until no free Bip peak appeared at ~2 equiv. of metal ion. The solvent was removed under vacuum resulting in a dark purple solid that was redissolved in 2mL dry 15% MeCN in CHCl<sub>3</sub>, bubbled with argon for 1 min, and allowed to stir under Ar at 45°C for 1 day to allow equilibration. Solvent was then removed under vacuum and <sup>1</sup>H-NMR was recorded using 15% d<sub>3</sub>-MeCN in CDCl<sub>3</sub>.



**Figure S6.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, Solvent: 0, 3, 9, 15, 15% d<sub>3</sub>-MeCN in CDCl<sub>3</sub> increasing upwards) of metal addition and 1 day equilibration. <sup>1</sup>H assignments from Figure S9.

#### Assembly of Pseudo[3]rotaxane 144:22:Fe(II)2 from 144 and 2

Dissolved 23.2mg of  $1_{44}$  in 1.5mL CDCl<sub>3</sub>. Titrated thread stock solution (30mM) of 2 into solution of  $1_{44}$  until an exact 2:1 (2:1<sub>44</sub>) ratio was formed (done by monitoring both the N-CH<sub>2</sub> peaks on the alkyl groups of the bip ligands). The mixture was then diluted to a total volume to 3.5mL CDCl<sub>3</sub> (5 mM  $1_{44}$ ). A stock solution of Fe(NTF<sub>2</sub>)<sub>2</sub> (30mM in 1:1 CDCl<sub>3</sub>:d<sub>3</sub>-MeCN) was added until no free Bip peak appeared at ~2 equiv. of metal ion. The solvent was removed under vacuum resulting in a dark purple solid that was redissolved in 2mL dry 15% MeCN in CHCl<sub>3</sub>, bubbled with argon for 1 min, and allowed to stir under Ar at 45°C for 1 day to allow equilibration. Solvent was then removed under vacuum and <sup>1</sup>H-NMR was recorded using 15% d<sub>3</sub>-MeCN in CDCl<sub>3</sub>.



**Figure S8.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, Solvent: 0, 3, 12, 15, 15% d<sub>3</sub>-MeCN in CDCl<sub>3</sub> increasing upwards) of metal addition and 1 day equilibration. <sup>1</sup>H assignments from Figure S11.

#### Assembly of Pseudo[3]rotaxane 142:22:Fe(II)2 from 142 and 2

Dissolved 24.8mg of  $1_{42}$  in 1.5mL CDCl<sub>3</sub>. Titrated thread stock solution (30mM) of 2 into solution of  $1_{42}$  until an exact 2:1 (2:1<sub>42</sub>) ratio was formed (done by monitoring both the N-CH<sub>2</sub> peaks on the alkyl groups of the bip ligands). The mixture was then diluted to a total volume to 4mL CDCl<sub>3</sub> (5 mM  $1_{42}$ ). A stock solution of Fe(NTF<sub>2</sub>)<sub>2</sub> (30mM in 1:1 CDCl<sub>3</sub>:d<sub>3</sub>-MeCN) was added until no free Bip peak appeared at ~2 equiv. of metal ion. The solvent was removed under vacuum resulting in a dark purple solid that was redissolved in 2mL dry 15% MeCN in CHCl<sub>3</sub>, bubbled with argon for 1 min, and allowed to stir under Ar at 45°C for 1 day to allow equilibration. Solvent was then removed under vacuum and <sup>1</sup>H-NMR was recorded using 15% d<sub>3</sub>-MeCN in CDCl<sub>3</sub>.



**Figure S10.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, Solvent: 0, 3, 9, 15, 15% d<sub>3</sub>-MeCN in CDCl<sub>3</sub> increasing upwards) of metal addition and 1 day equilibration. <sup>1</sup>H assignments from Figure S13.

#### Assembly of Pseudo[3]rotaxane 140:22:Fe(II)2 from 140 and 2

Dissolved 16.8mg of  $1_{40}$  in 1.0mL CDCl<sub>3</sub>. Titrated thread stock solution (30mM) of 2 into solution of  $1_{40}$  until an exact 2:1 (2:1<sub>40</sub>) ratio was formed (done by monitoring both the N-CH<sub>2</sub> peaks on the alkyl groups of the bip ligands). The mixture was then diluted to a total volume to 3mL CDCl<sub>3</sub> (5 mM  $1_{40}$ ). A stock solution of Fe(NTF<sub>2</sub>)<sub>2</sub> (30mM in 1:1 CDCl<sub>3</sub>:d<sub>3</sub>-MeCN) was added until no free Bip peak appeared at ~2 equiv. of metal ion. The solvent was removed under vacuum resulting in a dark purple solid that was redissolved in 1mL dry 15% MeCN in CHCl<sub>3</sub>, bubbled with argon for 1 min, and allowed to stir under Ar at 45°C for 1 day to allow equilibration. Solvent was then removed under vacuum and <sup>1</sup>H-NMR was recorded using 15% d<sub>3</sub>-MeCN in CDCl<sub>3</sub>.



**Figure S12.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, Solvent: 0, 3, 9, 15, 15% d<sub>3</sub>-MeCN in CDCl<sub>3</sub> increasing upwards) of metal addition and 1 day equilibration. <sup>1</sup>H assignments from Figure S15.

### Stoppering of Pseudo[3]rotaxanes 140-48:22:Fe(II)2

Stoppering With Stopper Component 3



Figure S13. Synthesis of dumbbell component 7.<sup>3</sup>

Reference dumbbell component 7 was synthesized following a previously published procedure.<sup>3</sup>



Figure S14. Attempted stoppering and demetallation of 1<sub>44</sub>:2<sub>2</sub>:Fe(II)<sub>2</sub> with 3 to make 5<sub>44</sub>.

**1**<sub>44</sub>:**2**<sub>2</sub>:Fe(II)<sub>2</sub> (8.8 mg, 0.0022mmol), **3** (11.4 mg, 0.013 mmol, 6eq) and sodium ascorbate (4.4 mg, 0.022 mmol, 10 eq) were added to a 4mL glass vial purged with Ar. To this mixture was added CH<sub>2</sub>Cl<sub>2</sub> (0.35 mL, conc of alkyne = 25 mM), H<sub>2</sub>O (0.25 mL), and 100µL of an aqueous stock solution of Cu(SO<sub>4</sub>)·5H<sub>2</sub>O (22 mM, 0.0022mmol, 1eq, (25mol% per alkyne)). The reaction was stirred vigorously for 18 h at RT. After this time the reaction mixture was diluted with CH<sub>2</sub>Cl<sub>2</sub> and H<sub>2</sub>O (5 mL each). The organic layer was taken and washed with H<sub>2</sub>O (2 × 5 mL). Removal of organic solvent resulted in a purple solid that was washed 3x with 5mL of 5% chloroform in hexanes to help remove leftover stopper group. The crude purple solid was redissolved in 4mL of 50:50 dichloromethane and acetonitrile and stirred slowly at room temperature. 2mL of tetrabutylammonium hydroxide solution (1M in MeOH) were added dropwise

to the stirring solution resulting in a rapid color change from purple to light brown and precipitation of demetallated product. After 15 minutes of stirring an offwhite solid was filtered off and washed with methanol (2x 10mL) to remove excess base. The frit was then washed with 2mL of CDCl<sub>3</sub> to redissolve the demetallated product and transferred to an NMR tube for immediate analysis.



Figure S15. Stoppering and demetallation of 1<sub>42</sub>:2<sub>2</sub>:Fe(II)<sub>2</sub> with 3 to make 5<sub>42</sub>.

142:22:Fe(II)2 (20.9 mg, 0.0055mmol), 3 (27.7 mg, 0.033 mmol, 6eq) and sodium ascorbate (10.6 mg, 0.055 mmol, 10 eq) were added to a 4mL glass vial purged with Ar. To this mixture was added  $CH_2Cl_2$  $(0.85 \text{ mL}, \text{ conc of alkyne} = 25 \text{ mM}), \text{ H}_2\text{O} (0.75 \text{ mL}), \text{ and } 100\mu\text{L} \text{ of an aqueous stock solution of}$ Cu(SO<sub>4</sub>)·5H<sub>2</sub>O (55 mM, 0.0055mmol, 1eq, (25mol% per alkyne)). The reaction was stirred vigorously for 18 h at RT. After this time the reaction mixture was diluted with CH<sub>2</sub>Cl<sub>2</sub> and H<sub>2</sub>O (5 mL each). The organic layer was taken and washed with  $H_2O$  (2 × 5 mL). Removal of organic solvent resulted in a purple solid that was washed 3x with 10mL of 5% chloroform in hexanes to help remove leftover stopper group. The crude purple solid was redissolved in 5mL of 50:50 dichloromethane and acetonitrile and stirred slowly at room temperature. 2mL of tetrabutylammonium hydroxide solution (1M in MeOH) were added dropwise to the stirring solution resulting in a rapid color change from purple to light brown and precipitation of demetallated product. After 15 minutes of stirring an offwhite solid was filtered off and washed with methanol (2x 10mL) to remove excess base. The frit was then washed with 5mL of CHCl<sub>3</sub> to redissolve the demetallated product and washed once with 5mL water. Solvent was removed under reduced pressure resulting in an off-white residue. Purification of  $5_{42}$  was achieved using preparative thin layer chromatography (SiO<sub>2</sub>, eluent = 94:6 CHCl<sub>3</sub>:MeOH, lowest Rf band taken ( $R_f$ =0.1-0.35) as [3]R product, macrocycle byproduct  $R_f=0.45$ , dumbbell byproduct  $R_f=0.60-0.70$ ) followed by precipitation from cold methanol to result in an off-white solid, 542 in 34% isolated yield (11.1 mg). <sup>1</sup>H-NMR (500 MHz, CDCl<sub>3</sub>) δ 8.30 (d, J = 7.9Hz, 4H), 7.98 (d, J = 7.7Hz, 4H), 7.98-7.80 (m, 6H), 7.63 (t, J = 7.7Hz, 2H), 7.55-7.45 (m, 56H), 7.42 (d, J = 8.0Hz, 24H), 7.36 (d, J = 8.2Hz, 8H), 7.34-7.28 (m, 36H), 7.20 (s, 4H), 7.18 (d, J = 8.0 Hz, 8H), 6.79-6.74 (m, 8H), 6.72-6.65 (m, 8H), 5.15 (bs, 8H), 4.72 (bq, 8H), 4.32-4.20 (m, 16H), 3.83 (bt, 8H), 3.73 (bt, 8H), 3.64 (bt, 8H), 3.54 (bt, 8H), 2.67 (bt, 8H), 1.93 (bt, 8H), 1.40 (m, 8H), 1.33 (s, 108H),



1.26 (bt, 12H), 0.85-0.72 (m, 24H), 0.58 (t, J = 7.1Hz, 12H). MALDI-MS: 5981.1 ([M]+H<sup>+</sup>), 3605.8 ([M]+H<sup>+</sup>-DB(7)), 2378.1 ([M]+H<sup>+</sup>-MC( $1_{42}$ )-DB(7)).

Figure S16. Stoppering and demetallation of 140:22:Fe(II)2 with 3 to make 540.

140:22:Fe(II)<sub>2</sub> (20.1 mg, 0.0053mmol), 3 (26.0 mg, 0.032 mmol, 6eq) and sodium ascorbate (10.2 mg, 0.053 mmol, 10 eq) were added to a 4mL glass vial purged with Ar. To this mixture was added  $CH_2Cl_2$  $(0.80 \text{ mL}, \text{ conc of alkyne} = 25 \text{ mM}), \text{ H}_2\text{O} (0.70 \text{ mL}), \text{ and } 100 \mu\text{L} \text{ of an aqueous stock solution of}$ Cu(SO<sub>4</sub>)·5H<sub>2</sub>O (53 mM, 0.0053mmol, 1eq, (25mol% per alkyne)). The reaction was stirred vigorously for 18 h at RT. After this time the reaction mixture was diluted with CH<sub>2</sub>Cl<sub>2</sub> and H<sub>2</sub>O (5 mL each). The organic layer was taken and washed with  $H_2O$  (2 × 5 mL). Removal of organic solvent resulted in a purple solid that was washed 3x with 10mL of 5% chloroform in hexanes to help remove leftover stopper group. The crude purple solid was redissolved in 5mL of 50:50 dichloromethane and acetonitrile and stirred slowly at room temperature. 2mL of tetrabutylammonium hydroxide solution (1M in MeOH) were added dropwise to the stirring solution resulting in a rapid color change from purple to light brown and precipitation of demetallated product. After 15 minutes of stirring an offwhite solid was filtered off and washed with methanol (2x 10mL) to remove excess base. The frit was then washed with 5mL of CHCl<sub>3</sub> to redissolve the demetallated product and washed once with 5mL water. Solvent was removed under reduced pressure resulting in an off-white residue. Purification of  $5_{40}$  was achieved using preparative thin layer chromatography (SiO<sub>2</sub>, eluent = 94:6 CHCl<sub>3</sub>:MeOH, lowest Rf band taken ( $R_f$ =0.1-0.35) as [3]R product, macrocycle byproduct  $R_f=0.45$ , dumbbell byproduct  $R_f=0.60-0.70$ ) followed by precipitation from cold methanol to result in an off-white solid, 540 in 42% isolated yield (13.2 mg). <sup>1</sup>HNMR (500 MHz, CDCl<sub>3</sub>) δ 8.33 (d, J = 7.8Hz, 4H), 8.01 (d, J = 7.7Hz, 4H), 7.97 (t, J = 7.8Hz, 2H), 7.91 (s, 4H), 7.77 (t, J = 7.7Hz, 2H), 7.55-7.45 (m, 56H), 7.42 (d, J = 8.0Hz, 24H), 7.36 (d, J = 8.3Hz, 8H), 7.34-7.28 (m, 36H), 7.22 (s, 4H), 7.15 (d, J = 8.4 Hz, 8H), 6.88 (d, J = 8.8 Hz, 4H), 6.78-6.69 (m, 12H), 6.63 (d, J = 8.4 Hz, 8H), 5.00 (bs, 8H), 4.73 (bq, 8H), 4.31 (bt, 8H), 4.22 (bt, 8H), 3.77 (bm, 16H), 3.60 (bt, 8H), 3.47 (bt, 8H), 2.69 (bt, 8H), 1.95 (bt, 8H), 1.44 (m, 8H), 1.33 (s, 108H), 1.26 (bt, 12H), 0.89-0.75 (m, 24H), 0.58 (t, J = 7.0Hz, 12H). MALDI-MS: 5981.9 ([M]+H<sup>+</sup>), 3605.1 ([M]+H<sup>+</sup>-DB(7)), 2377.9 ([M]+H<sup>+</sup>-MC(1<sub>40</sub>)-DB(7)).

Stoppering With Stopper Component 4



Figure S17. Synthesis of dumbbell component 8. (ref)

Reference dumbbell component 8 was synthesized following a previously published procedure.<sup>3</sup>



Figure S18. Attempted stoppering and demetallation of  $1_{44}$ :  $2_2$ : Fe(II)<sub>2</sub> with 4 to make  $6_{48}$ .

**1**<sub>48</sub>:**2**<sub>2</sub>:Fe(II)<sub>2</sub> (11.0 mg, 0.0027 mmol), **4** (28.6 mg, 0.016 mmol, 6eq) and sodium ascorbate (5.2 mg, 0.027 mmol, 10 eq) were added to a 4mL glass vial purged with Ar. To this mixture was added CH<sub>2</sub>Cl<sub>2</sub> (0.43 mL, conc of alkyne = 25 mM), H<sub>2</sub>O (0.33 mL), and 100µL of an aqueous stock solution of Cu(SO<sub>4</sub>)·5H<sub>2</sub>O (27mM, 0.0027mmol, 1eq, (25mol% per alkyne)). The reaction was stirred vigorously for 18 h at RT. The reaction mixture was then diluted with CH<sub>2</sub>Cl<sub>2</sub> and H<sub>2</sub>O (5 mL each). The organic layer was collected and washed with H<sub>2</sub>O (2 × 5 mL). Removal of organic solvent resulted in a purple solid that was washed 3x with 5mL of 10% chloroform in hexanes to help remove leftover stopper group. The crude purple solid was redissolved in 3mL of 50:50 dichloromethane and acetonitrile and stirred slowly at room temperature. 0.5mL of tetrabutylammonium hydroxide solution (1M in MeOH) was added dropwise to the stirring solution resulting in a rapid color change from purple to light brown and precipitation of demetallated product. After 15 minutes of stirring, an off-white solid was filtered off and washed with methanol (2x 10mL). The frit was then washed with 2mL of CDCl<sub>3</sub> to redissolve the demetallated product and analyzed immediately via 1H-NMR spectroscopy and MALDI-TOF mass spectrometry.



Figure S19. Stoppering and demetallation of 144:22:Fe(II)2 with 4 to make 644.

144:22:Fe(II)2 (15.8 mg, 0.004 mmol), 4 (43.1 mg, 0.024 mmol, 6eq) and sodium ascorbate (8.0 mg, 0.04 mmol, 10 eq) were added to a 4mL glass vial purged with Ar. To this mixture was added  $CH_2Cl_2$  (0.65 mL, conc of alkyne = 25 mM), H<sub>2</sub>O (0.55 mL), and 100 $\mu$ L of an aqueous stock solution of Cu(SO<sub>4</sub>)·5H<sub>2</sub>O (40mM, 0.004mmol, 1eq, (25mol% per alkyne)). The reaction was stirred vigorously for 18 h at RT. The reaction mixture was then diluted with CH<sub>2</sub>Cl<sub>2</sub> and H<sub>2</sub>O (5 mL each). The organic layer was collected and washed with  $H_2O$  (2 × 5 mL). Removal of organic solvent resulted in a purple solid that was washed 3x with 5mL of 10% chloroform in hexanes to help remove leftover stopper group. The crude purple solid was redissolved in 5mL of 50:50 dichloromethane and acetonitrile and stirred slowly at room temperature. 1mL of tetrabutylammonium hydroxide solution (1M in MeOH) was added dropwise to the stirring solution resulting in a rapid color change from purple to light brown and precipitation of demetallated product. After 15 minutes of stirring, an off-white solid was filtered off and washed with methanol (2x 10mL). The frit was then washed with 5mL of CHCl<sub>3</sub> to redissolve the demetallated product and washed once with 5mL water. Solvent was removed under reduced pressure resulting in an off-white residue. Purification of  $6_{44}$ was achieved using preparative thin layer chromatography (SiO<sub>2</sub>, eluent = 94:6 CHCl<sub>3</sub>:MeOH, lowest Rf band taken ( $R_f=0.15-0.30$ ) as [3]R product, macrocycle byproduct  $R_f=0.4$ , dumbbell byproduct  $R_f=0.65$ -0.75) followed by precipitation from cold methanol to result in an off-white solid, 644 in 75% isolated yield (29.5 mg). <sup>1</sup>H-NMR (500 MHz, CDCl<sub>3</sub>) δ 8.25 (d, J = 7.8Hz, 4H), 7.98 (d, J = 7.8Hz, 4H), 7.91 (s, 4H), 7.85 (t, J = 7.9Hz, 2H), 7.67 (t, J = 7.9Hz, 2H), 7.63 (d, J = 8.5Hz, 4H), 7.55-7.45 (m, 108H), 7.42 (d, J = 8.5Hz, 48H), 7.37 (d, J = 8.6 Hz, 8H), 7.31-7.28 (m, 52H), 7.21-7.15 (m, 20H), 6.84-6.70 (m, 28H), 6.66 (d, J = 8.6 Hz, 8H), 6.47 (bs, 4H), 6.34 (bd, 8H), 5.29 (bs, 8H), 5.15 (s, 8H), 4.62 (bq, J = 7.2 8H), 4.30 (bt, 8H) 4.12-4.00 (m, 32H), 3.88-3.76 (m, 32H), 3.58 (bt, 8H), 2.47 (bt, 8H), 1.70 (bt, 8H), 1.36 (m, 8H), 1.33 (s, 216H), 1.18 (t, J = 7.2Hz, 12H), 0.89 -0.69 (m, 24H), 0.50 (t, J = 7.0Hz, 12H). MALDI-MS: 9,782.3  $([M]+H^+)$ , 5,554.5  $([M]+H^+-DB(8))$ , 4,226.9  $([M]+H^+-MC(1_{44})-DB(8))$ .



Figure S20. Stoppering and demetallation of 1<sub>42</sub>:2<sub>2</sub>:Fe(II)<sub>2</sub> with 4 to make 6<sub>42</sub>.

 $1_{42}$ :  $2_2$ : Fe(II)<sub>2</sub> (18.2 mg, 0.0047 mmol), 4 (50.1 mg, 0.029 mmol, 6eq) and sodium ascorbate (9.3 mg, 0.047 mmol, 10 eq) were added to a 4mL glass vial purged with Ar. To this mixture was added  $CH_2Cl_2$  $(0.76 \text{ mL}, \text{ conc of alkyne} = 25 \text{ mM}), H_2O$  (0.66 mL), and 100µL of an aqueous stock solution of Cu(SO<sub>4</sub>)·5H<sub>2</sub>O (47mM, 0.0047mmol, 1eq, (25mol% per alkyne)). The reaction was stirred vigorously for 18 h at RT. The reaction mixture was then diluted with CH<sub>2</sub>Cl<sub>2</sub> and H<sub>2</sub>O (5 mL each). The organic layer was collected and washed with  $H_2O$  (2 × 5 mL). Removal of organic solvent resulted in a purple solid that was washed 3x with 5mL of 10% chloroform in hexanes to help remove leftover stopper group. The crude purple solid was redissolved in 5mL of 50:50 dichloromethane and acetonitrile and stirred slowly at room temperature. 1mL of tetrabutylammonium hydroxide solution (1M in MeOH) was added dropwise to the stirring solution resulting in a rapid color change from purple to light brown and precipitation of demetallated product. After 15 minutes of stirring, an off-white solid was filtered off and washed with methanol (2x 10mL). The frit was then washed with 5mL of CHCl<sub>3</sub> to redissolve the demetallated product and washed once with 5mL water. Solvent was removed under reduced pressure resulting in an off-white residue. Purification of  $6_{42}$  was achieved using preparative thin layer chromatography (SiO<sub>2</sub>, eluent = 94:6 CHCl<sub>3</sub>:MeOH, lowest Rf band taken ( $R_f=0.1-0.3$ ) as [3]R product, macrocycle byproduct  $R_f=0.4$ , dumbbell byproduct  $R_{f}=0.65-0.75$ ) followed by precipitation from cold methanol to result in an off-white solid,  $6_{42}$ in 73% isolated yield (33.5 mg). <sup>1</sup>H-NMR (500 MHz, CDCl<sub>3</sub>)  $\delta$  8.28 (d, J = 7.8Hz, 4H), 7.92 (d, J = 7.8Hz, 4H), 7.90-7.84 (m, 6H), 7.56-7.44 (m, 106H), 7.42 (d, J = 8.5 Hz, 48H), 7.32-7.28 (m, 56H), 7.22-7.18 (m, 28H), 6.98 (s, 4H), 6.81 (d, J = 8.9 Hz, 16H), 6.76-6.70 (m, 8H), 6.53 (d, J = 8.2 Hz, 8H), 6.48 (bs, 4H), 6.41 (bd, J = 2.0 Hz, 8H), 5.25 (bs, 8H), 5.14 (bs, 8H), 4.71 (bq, 8H), 4.25 (bt, 8H), 4.12-4.02 (m, 32H), 3.89-3.79 (m, 32H), 3.53 (bt, 8H), 2.49 (bt, 8H), 1.73 (bt, 8H), 1.36 (m, 8H), 1.33 (s, 216H), 1.26 (t, J = 7.2H, 12H), 0.90-0.70 (m, 24H), 0.47 (t, J = 6.9Hz, 12H). MALDI-MS: 9.682.1 ([M]+H<sup>+</sup>), 5.455.8  $([M]+H^+-DB(8)), 4,226.8 ([M]+H^+-MC(1_{42})-DB(8)).$ 



Figure S21. Stoppering and demetallation of 140:22:Fe(II)2 with 4 to make 640.

 $1_{42}$ :  $2_2$ : Fe(II)<sub>2</sub> (18.2 mg, 0.0047 mmol), 4 (51.7 mg, 0.030 mmol, 6eq) and sodium ascorbate (9.5 mg, 0.048 mmol, 10 eq) were added to a 4mL glass vial purged with Ar. To this mixture was added CH<sub>2</sub>Cl<sub>2</sub>  $(0.75 \text{ mL}, \text{ conc of alkyne} = 25 \text{ mM}), H_2O (0.65 \text{ mL}), \text{ and } 100\mu\text{L}$  of an aqueous stock solution of Cu(SO<sub>4</sub>)·5H<sub>2</sub>O (47mM, 0.0047mmol, 1eq, (25mol% per alkyne)). The reaction was stirred vigorously for 18 h at RT. The reaction mixture was then diluted with CH<sub>2</sub>Cl<sub>2</sub> and H<sub>2</sub>O (5 mL each). The organic layer was collected and washed with  $H_2O$  (2 × 5 mL). Removal of organic solvent resulted in a purple solid that was washed 3x with 5mL of 10% chloroform in hexanes to help remove leftover stopper group. The crude purple solid was redissolved in 5mL of 50:50 dichloromethane and acetonitrile and stirred slowly at room temperature. 1mL of tetrabutylammonium hydroxide solution (1M in MeOH) was added dropwise to the stirring solution resulting in a rapid color change from purple to light brown and precipitation of demetallated product. After 15 minutes of stirring, an off-white solid was filtered off and washed with methanol (2x 10mL). The frit was then washed with 5mL of CHCl<sub>3</sub> to redissolve the demetallated product and washed once with 5mL water. Solvent was removed under reduced pressure resulting in an off-white residue. Purification of  $6_{40}$  was achieved using preparative thin layer chromatography (SiO<sub>2</sub>, eluent = 94:6 CHCl<sub>3</sub>:MeOH, lowest Rf band taken ( $R_f=0.1-0.3$ ) as [3]R product, macrocycle byproduct  $R_f=0.4$ , dumbbell byproduct  $R_{f}=0.65-0.75$ ) followed by precipitation from cold methanol to result in an off-white solid,  $6_{40}$ in 70% isolated yield (31.7 mg). <sup>1</sup>H-NMR (500 MHz, CDCl<sub>3</sub>) δ 8.30 (d, J = 7.8Hz, 4H), 7.96 (d, J = 7.8Hz, 4H), 7.91 (t, J = 7.8Hz, 2H), 7.85 (s, 4H), 7.73 (t, J = 7.8Hz, 2H), 7.55-7.44 (m, 104H), 7.42 (d, J = 8.5 Hz, 48H), 7.34 (d, J = 8.1Hz, 8H), 7.32-7.28 (m, 50H), 7.22-7.16 (m, 26H), 7.08 (s, 4H), 6.88-6.74 (m, 24H), 6.53 (d, J = 7.8 Hz, 8H), 6.48 (bs, 4H), 6.41 (bd, 8H), 5.21 (bs, 8H), 5.00 (bs, 8H), 4.68 (bq, 8H), 4.25 (bt, 8H), 4.08 (bt, 16H), 4.01 (bt, 16H), 3.88-3.77 (m, 32H), 3.55 (bt, 8H), 2.49 (bt, 8H), 1.77 (bt, 8H), 1.38 (m, 8H), 1.33 (s, 216H), 1.26 (t, 12H), 0.92-0.75 (m, 24H), 0.57 (t, J = 7.2Hz, 12H). MALDI-MS: 9,682.8  $([M]+H^+)$ , 5,456.6  $([M]+H^+-DB(8))$ , 4,227.5  $([M]+H^+-MC(1_{40})-DB(8))$ .

### Attempted Characterization of [3]Rotaxanes 544 and 648

Attempted characterization of [3]Rotaxane 648



**Figure S22.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, CDCl<sub>3</sub>) of the demetallated crude reaction mixture from the stoppering of **1**<sub>48</sub>**:2**<sub>2</sub>**:**Fe(II)<sub>2</sub> with **4**. Top NMR spectrum corresponds to crude reaction mixture and bottom four spectra correspond to indicated components and starting materials for comparison.



Figure S23. Maldi-TOF analysis (Dithranol, no salt) of the of the demetallated crude reaction mixture from the stoppering of  $1_{48}:2_2:Fe(II)_2$  with 4.





**Figure S24.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, CDCl<sub>3</sub>) of the demetallated crude reaction mixture from the stoppering of **1**<sub>44</sub>**:2**<sub>2</sub>**:**Fe(II)<sub>2</sub> with **3**. Top NMR spectrum corresponds to crude reaction mixture and bottom four spectra correspond to indicated components and starting materials for comparison.



Figure S25. Maldi-TOF analysis (Dithranol, no salt) of the of the demetallated crude reaction mixture from the stoppering of  $1_{44}$ : $2_2$ :Fe(II)<sub>2</sub> with 3.

## Crude <sup>1</sup>H-NMR Characterization of [3]Rotaxanes 540-42 and 640-44

Crude <sup>1</sup>H-NMR of [3]Rotaxanes 640-44



**Figure S26.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, CDCl<sub>3</sub>) of the demetallated crude reaction mixture from the stoppering of **1**<sub>44</sub>**:2**<sub>2</sub>:Fe(II)<sub>2</sub> with **4**. Top NMR spectrum corresponds to crude reaction mixture and bottom four spectra correspond to indicated components and starting materials for comparison. Red boxes indicate interlocked product and expansion provides integral for crude interlocked conversion.



**Figure S27.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, CDCl<sub>3</sub>) of the demetallated crude reaction mixture from the stoppering of **1**<sub>42</sub>:**2**<sub>2</sub>:Fe(II)<sub>2</sub> with **4**. Top NMR spectrum corresponds to crude reaction mixture and bottom four spectra correspond to indicated components and starting materials for comparison. Red boxes indicate interlocked product and expansion provides integral for crude interlocked conversion.



**Figure S28.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, CDCl<sub>3</sub>) of the demetallated crude reaction mixture from the stoppering of **1**<sub>40</sub>:**2**<sub>2</sub>:Fe(II)<sub>2</sub> with **4**. Top NMR spectrum corresponds to crude reaction mixture and bottom four spectra correspond to indicated components and starting materials for comparison. Red boxes indicate interlocked product and expansion provides integral for crude interlocked conversion.

Crude <sup>1</sup>H-NMR of [3]Rotaxanes 540-42



**Figure S29.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, CDCl<sub>3</sub>) of the demetallated crude reaction mixture from the stoppering of **1**<sub>42</sub>**:2**<sub>2</sub>**:**Fe(II)<sub>2</sub> with **3**. Top NMR spectrum corresponds to crude reaction mixture and bottom four spectra correspond to indicated components and starting materials for comparison.



**Figure S30.** Partial <sup>1</sup>H-NMR overlay (500 MHz, 25°C, CDCl<sub>3</sub>) of the demetallated crude reaction mixture from the stoppering of **1**<sub>40</sub>**:2**<sub>2</sub>**:**Fe(II)<sub>2</sub> with **3**. Top NMR spectrum corresponds to crude reaction mixture and bottom four spectra correspond to indicated components and starting materials for comparison.

# MALDI-TOF Characterization of [3]Rotaxanes 540-42 and 640-44

MALDI-TOF Analysis of [3]Rotaxanes 640-44



Figure S31. Maldi-TOF analysis (Dithranol, no salt) of purified [3]rotaxane 644 with expansion showing reflection mode analysis of the [3]rotaxane peak.



Figure S32. Maldi-TOF analysis (Dithranol, no salt) of purified [3]rotaxane  $6_{42}$  with expansion showing reflection mode analysis of the [3]rotaxane peak.



Figure S33. Maldi-TOF analysis (Dithranol, no salt) of purified [3]rotaxane  $6_{40}$  with expansion showing reflection mode analysis of the [3]rotaxane peak.



MALDI-TOF Analysis of [3]Rotaxanes 540-42

Figure S34. Maldi-TOF analysis (Dithranol, no salt) of purified [3]rotaxane 5<sub>42</sub> with expansion showing reflection mode analysis of the [3]rotaxane peak.



Figure S35. Maldi-TOF analysis (Dithranol, no salt) of purified [3]rotaxane  $5_{40}$  with expansion showing reflection mode analysis of the [3]rotaxane peak.

# SEC Analysis of [3]Rotaxanes 540-42 and 640-44

SEC Analysis of [3]Rotaxanes 640-44



Figure S36. GPC chromatogram of (eluent 3:1 THF:DMF) of purified 644, 8, and 144 at 25°C.



Figure S37. GPC chromatogram of (eluent 3:1 THF:DMF) of purified 642, 8, and 142 at 25°C.



Figure S38. GPC chromatogram of (eluent 3:1 THF:DMF) of purified 640, 8, and 140 at 25°C.



#### SEC Analysis of [3]Rotaxanes 540-42

Figure S39. GPC chromatogram of (eluent 3:1 THF:DMF) of purified  $5_{42}$ , 8, and  $1_{42}$  at 25°C. Samples spent approximately 3 hours in solution between purification and sample prep resulting in a small amount of noninterlocked product observed in the baseline.



**Figure S40.** GPC chromatogram of (eluent 3:1 THF:DMF) of purified **5**<sub>40</sub>, **8**, and **1**<sub>40</sub> at 25°C. Samples spent approximately 3 hours in solution between purification and sample prep resulting in a small amount of noninterlocked product observed in the baseline.

# <sup>1</sup>H and <sup>1</sup>H-<sup>1</sup>H COSY NMR Characterization of [3]Rotaxanes 5<sub>40-42</sub> and 6<sub>40-44</sub>

<sup>1</sup>H and <sup>1</sup>H-<sup>1</sup>H COSY NMR Characterization of [3]Rotaxanes 640-44



**Figure S41.** Full <sup>1</sup>H-NMR (500 MHz, 25°C, CDCl<sub>3</sub>) of doubly threaded [3]rotaxane **6**<sub>44</sub>. Peak assignments correspond to those given in top of figure.



Figure S42. Full <sup>1</sup>H<sup>-1</sup>H COSY (5mM, 500 MHz, 25°C, CDCl<sub>3</sub>) of 6<sub>44</sub>. Select <sup>1</sup>H annotations correspond to labels in Figure S41.



**Figure S43.** Full <sup>1</sup>H-NMR (500 MHz, 25°C, CDCl<sub>3</sub>) of doubly threaded [3]rotaxane **6**<sub>42</sub>. Peak assignments correspond to those given in top of figure.



Figure S44. Full <sup>1</sup>H<sup>-1</sup>H COSY (5mM, 500 MHz, 25°C, CDCl<sub>3</sub>) of **6**<sub>42</sub>. Select <sup>1</sup>H annotations correspond to labels in Figure S43.



**Figure S45.** Full <sup>1</sup>H-NMR (500 MHz, 25°C, CDCl<sub>3</sub>) of doubly threaded [3]rotaxane **6**<sub>40</sub>. Peak assignments correspond to those given in top of figure.



Figure S46. Full <sup>1</sup>H<sup>-1</sup>H COSY (5mM, 500 MHz, 25°C, CDCl<sub>3</sub>) of 6<sub>40</sub>. Select <sup>1</sup>H annotations correspond to labels in Figure S45.

<sup>1</sup>H and <sup>1</sup>H-<sup>1</sup>H COSY NMR Characterization of [3]Rotaxanes 540-42



**Figure S47.** Full <sup>1</sup>H-NMR (500 MHz, 25°C, CDCl<sub>3</sub>) of doubly threaded [3]rotaxane **5**<sub>42</sub>. Peak assignments correspond to those given in top of figure.



Figure S48. Full <sup>1</sup>H<sup>-1</sup>H COSY (5mM, 500 MHz, 25°C, CDCl<sub>3</sub>) of 5<sub>42</sub>. Select <sup>1</sup>H annotations correspond to labels in Figure S47.



**Figure S49.** Full <sup>1</sup>H-NMR (500 MHz, 25°C, CDCl<sub>3</sub>) of doubly threaded [3]rotaxane **5**<sub>40</sub>. Peak assignments correspond to those given in top of figure.



Figure S50. Full <sup>1</sup>H<sup>-1</sup>H COSY (5mM, 500 MHz, 25°C, CDCl<sub>3</sub>) of 5<sub>40</sub>. Select <sup>1</sup>H annotations correspond to labels in Figure S49.



Figure S51. Partial <sup>1</sup>H-NMR Overlay (500 mHz, CDCl<sub>3</sub>, 25°C) of a) [3]rotaxanes 5<sub>40</sub> and 6<sub>40</sub> and their free components 1<sub>40</sub>, 7, and 8 and b) [3]rotaxanes 5<sub>42</sub> and 6<sub>42</sub> and their free components 1<sub>42</sub>, 7, and 8.

# <sup>1</sup>H-<sup>1</sup>H NOESY NMR Characterization of [3]Rotaxanes 640-44

<sup>1</sup>H-<sup>1</sup>H NOESY NMR Characterization of [3]Rotaxanes 640-44



Figure S52. Full <sup>1</sup>H<sup>-1</sup>H NOESY (1mM, 500 MHz, 5°C, CDCl<sub>3</sub>) of 6<sub>44</sub>. Select <sup>1</sup>H annotations correspond to labels in Figure S41.



**Figure S53.** Full NOESY spectrum (1mM, 500 MHz, 5°C, CDCl<sub>3</sub>) of 2:1 solution of **8**:1<sub>44</sub> (noninterlocked control). Select <sup>1</sup>H annotations correspond to labels in Figure S41.



Figure S54. Full <sup>1</sup>H<sup>-1</sup>H NOESY (1mM, 500 MHz, 5°C, CDCl<sub>3</sub>) of 6<sub>42</sub>. Select <sup>1</sup>H annotations correspond to labels in Figure S43.



**Figure S55.** Full NOESY spectrum (1mM, 500 MHz, 5°C, CDCl<sub>3</sub>) of 2:1 solution of **8**:1<sub>42</sub> (noninterlocked control). Select <sup>1</sup>H annotations correspond to labels in Figure S43.



Figure S56. Full <sup>1</sup>H<sup>-1</sup>H NOESY (1mM, 500 MHz, 5°C, CDCl<sub>3</sub>) of 6<sub>40</sub>. Select <sup>1</sup>H annotations correspond to labels in Figure S45.



**Figure S57.** Full NOESY spectrum (1mM, 500 MHz, 5°C, CDCl<sub>3</sub>) of 2:1 solution of **8**:1<sub>40</sub> (noninterlocked control). Select <sup>1</sup>H annotations correspond to labels in Figure S45.



Figure S58. Chemical structure of 6<sub>46</sub>, 6<sub>44</sub>, 6<sub>42</sub>, and 6<sub>40</sub> with arrows showing intercomponent NOEs found in each [3]rotaxane.

### Slippage Analysis of [3]Rotaxanes 540-42 and 640-44

Kinetic experiments were modeled after previously published work detailing the slippage of  $6_{46}$  which was based on initial work by Sauvage and coworkers.<sup>5</sup> A 1mM sample of freshly purified [3]rotaxane  $6_{40}$ ,  $6_{42}$ ,  $6_{44}$ ,  $5_{40}$ , or  $5_{42}$  was prepared in a 5 mm Bruker Shigemi NMR tube. This tube was sealed, stored at room temperature (25°C), and its <sup>1</sup>H-NMR spectrum was recorded after 3 days, 7 days, 10 days, 14 days, 17 days, and finally 21 days. For the rotaxane  $5_{42}$  a quicker sampling time of 4 hours of slippage and then once a day for 1 week was used.

The resulting kinetic data was analyzed according to the following method. The downfield doublet corresponding to the proton labeled B in the dumbbell of each [3]rotaxane (See Fig 3) was used to determine the amount of [3]R left in each sample as the shift between free and interlocked species was diagnostic and clean of other peaks. The free B doublet is in the region 8.34-8.38ppm and the interlocked B doublet is in the region 8.22-8.34ppm (slight shift depending on specific [3]rotaxane, see Fig 4 + 5). Let C<sub>0</sub> be the initial concentration of [3]rotaxane and C be the concentration of [3]rotaxane at timepoint *t*. The absolute integral intensity of B that is interlocked (I<sub>3[R]</sub>) divided by the sum of the absolute integral intensities of B that is free and interlocked (I<sub>DB</sub> + I<sub>3[R]</sub>) multiplied by 100% gives the percent of [3]R remaining in the sample. Dividing this percent rotaxane remaining by the initial rotaxane percent present is equivalent to C/C<sub>0</sub> for each timepoint of slippage. Following standard first-order kinetics the kinetic parameters were determined.

Slippage Analysis of of [3]Rotaxanes 644 and 540-42



**Figure S59.** Partial <sup>1</sup>H-NMR overlay (1mM, 500 MHz, CDCl<sub>3</sub>, 25°C) of 3 trials of 3-week room temperature slippage experiments of **6**<sub>44</sub>. Examples integrals in bottom right corner of figure display integral values used in trial 1 of kinetic measurements.



**Figure S60.** Partial <sup>1</sup>H-NMR overlay (1mM, 500 MHz, CDCl<sub>3</sub>, 25°C) of 3 trials of 3-week room temperature slippage experiments of **5**<sub>40</sub>. Examples integrals in bottom right corner of figure display integral values used in trial 1 of kinetic measurements.



**Figure S61.** Partial <sup>1</sup>H-NMR overlay (1mM, 500 MHz, CDCl<sub>3</sub>, 25°C) of 3 trials of 3-week room temperature slippage experiments of **5**<sub>42</sub>. Examples integrals in bottom right corner of figure display integral values used in trial 1 of kinetic measurements.



Figure S62. Kinetic first-order plot of three trials of slippage of each [3] rotaxane  $6_{44}$  and  $5_{40-42}$ .

Slippage Analysis of of [3]Rotaxanes 640-42



**Figure S63.** Partial <sup>1</sup>H-NMR overlay (1mM, 500 MHz, CDCl<sub>3</sub>, 25°C) of 3 trials of 3-week room temperature slippage experiments of **6**<sub>40</sub>. Time between measurements indicated on left side.



Figure S64 Partial <sup>1</sup>H-NMR overlay (1mM, 500 MHz, CDCl<sub>3</sub>, 25°C) of 3 trials of 3-week room temperature slippage experiments of 6<sub>42</sub>. Time between measurements indicated on left side.





Figure S66. <sup>13</sup>C-NMR (126 MHz, 25°C, CDCl<sub>3</sub>) of ring component 1<sub>40</sub>.



Figure S68. <sup>13</sup>C-NMR (126 MHz, 25°C, CDCl<sub>3</sub>) of ring component 1<sub>42</sub>.



Figure S70. <sup>13</sup>C-NMR (126 MHz, 25°C, CDCl<sub>3</sub>) of ring component 1<sub>44</sub>.



Figure S72. <sup>13</sup>C-NMR (126 MHz, 25°C, CDCl<sub>3</sub>) of ring component 1<sub>48</sub>.

### References

- (1) Sibi, M. P.; Petrovic, G. Enantioselective Radical Reactions: The Use of Metal Triflimides as Lewis Acids. *Tetrahedron Asymmetry* **2003**, *14* (19), 2879–2882. https://doi.org/10.1016/S0957-4166(03)00543-3.
- (2) McKenzie, B. M.; Miller, A. K.; Wojtecki, R. J.; Johnson, J. C.; Burke, K. A.; Tzeng, K. A.; Mather, P. T.; Rowan, S. J. Improved Synthesis of Functionalized Mesogenic 2,6-Bisbenzimidazolylpyridine Ligands. *Tetrahedron* 2008, 64 (36), 8488–8495. https://doi.org/10.1016/j.tet.2008.05.075.
- Hertzog, J. E.; Maddi, V. J.; Hart, L. F.; Rawe, B. W.; Rauscher, P. M.; Herbert, K. M.; Bruckner, E. P.; de Pablo, J. J.; Rowan, S. J. Metastable Doubly Threaded [3]Rotaxanes with a Large Macrocycle. *Chem. Sci.* 2022, 5333–5344. https://doi.org/10.1039/d2sc01486f.
- (4) Wojtecki, R. J.; Wu, Q.; Johnson, J. C.; Ray, D. G.; Korley, L. S. T. J.; Rowan, S. J. Optimizing the Formation of 2,6-Bis(N-Alkyl-Benzimidazolyl)Pyridine-Containing [3]Catenates through Component Design. *Chem. Sci.* **2013**, *4* (12), 4440–4448. https://doi.org/10.1039/c3sc52082j.
- (5) Prikhod'ko, A. I.; Sauvage, J. P. Passing Two Strings through the Same Ring Using an Octahedral Metal Center as Template: A New Synthesis of [3]Rotaxanes. J. Am. Chem. Soc. 2009, 131 (19), 6794–6807. https://doi.org/10.1021/ja809267z.