### Supplementary Information for "Time-resolved enantiomer-exchange probed by using the orbital angular momentum of X-ray light"

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#### S-I. TRANSIENT ABSORPTION SIGNALS

We begin the derivation of transient absorption at any pump-probe time delay T from [1]

$$S(T) = -\frac{2}{\hbar} \operatorname{Im} \int_{t_0}^{+\infty} \mathrm{d}t \mathrm{d}\boldsymbol{r} \left\langle \mathbf{j}(\boldsymbol{r}, t) \cdot \mathbf{A}^*(\boldsymbol{r}, t) \right\rangle$$
(S1)

under the light-matter interaction Hamiltonian<sup>[2]</sup>

$$H_{\rm int} = -\int d\boldsymbol{r} \,\,\mathbf{j}(\boldsymbol{r}) \cdot \mathbf{A}(\boldsymbol{r}, t), \tag{S2}$$

in which  $\mathbf{j}(\mathbf{r})$  is the current density operator and  $\mathbf{A}(\mathbf{r},t) = \mathbf{A}(\mathbf{r})A(t)$  is the electromagnetic vector potential of the light. In Eq. (S1),  $\mathbf{j}(\mathbf{r},t) \cdot \mathbf{A}^*(\mathbf{r},t)$  is written in interaction picture as

$$\mathbf{j}(\boldsymbol{r},t) \cdot \mathbf{A}^{*}(\boldsymbol{r},t) = U^{\dagger}(t,t_{0})\mathbf{j}(\boldsymbol{r}) \cdot \mathbf{A}^{*}(\boldsymbol{r},t)U(t,t_{0}),$$
(S3)

and

$$\langle \mathbf{j}(\boldsymbol{r},t) \cdot \mathbf{A}^{*}(\boldsymbol{r},t) \rangle = \langle \psi_{I}(t) | \mathbf{j}(\boldsymbol{r},t) \cdot \mathbf{A}^{*}(\boldsymbol{r},t) | \psi_{I}(t) \rangle.$$
(S4)

Let  $\psi(t_0) = \psi_0$ , under linear response we have

$$|\psi_{I}(t)\rangle = |\psi_{0}\rangle + \left(\frac{-\mathrm{i}}{\hbar}\right) \int_{t_{0}}^{t} \mathrm{d}t' \mathrm{d}\mathbf{r}' U^{\dagger}(t', t_{0}) (-\mathbf{j}(\mathbf{r}') \cdot \mathbf{A}(\mathbf{r}', t')) U(t', t_{0}) |\psi_{0}\rangle.$$
(S5)

Then the transient absorption can be written as

$$S(T) = -\frac{2}{\hbar} \operatorname{Im} \int_{t_0}^{+\infty} dt \int_{t_0}^{t} dt' \int d\mathbf{r} d\mathbf{r'} \mathbf{A}^*(\mathbf{r}, t) \\ \times \left(\frac{-\mathrm{i}}{\hbar}\right) \Big[ \mathbf{A}(\mathbf{r'}, t') \langle \psi_0 | U^{\dagger}(t, t_0) \mathbf{j}(\mathbf{r}) U(t, t_0) U^{\dagger}(t', t_0) (-\mathbf{j}(\mathbf{r'})) U(t', t_0) | \psi_0 \rangle \\ - \mathbf{A}^*(\mathbf{r'}, t') \langle \psi_0 | U^{\dagger}(t', t_0) (-\mathbf{j}(\mathbf{r'})) U(t', t_0) U^{\dagger}(t, t_0) \mathbf{j}(\mathbf{r}) U(t, t_0) | \psi_0 \rangle \Big]$$

$$= -\frac{2}{\hbar^2} \operatorname{Re} \int_{t_0}^{+\infty} dt \int_{t_0}^{t} dt' \int d\mathbf{r} d\mathbf{r'} \mathbf{A}^*(\mathbf{r}, t) \\ \times \Big[ \mathbf{A}(\mathbf{r'}, t') \langle \psi_0 | U^{\dagger}(t, t_0) \mathbf{j}(\mathbf{r'}) U(t, t') \mathbf{j}(\mathbf{r'}) U(t, t_0) | \psi_0 \rangle \Big].$$
(S6)

After the substitution of  $\tau = t - t'$  and  $dt' = -d\tau$ , we have

$$S(T) = -\frac{2}{\hbar^2} \operatorname{Re} \int_{t_0}^{+\infty} \mathrm{d}t \int_0^{t-t_0} \mathrm{d}\tau \int \mathrm{d}\mathbf{r} \mathrm{d}\mathbf{r}' \mathbf{A}^*(\mathbf{r}, t) \\ \times \Big[ \mathbf{A}(\mathbf{r}', t-\tau) \langle \psi_0 | U^{\dagger}(t, t_0) \mathbf{j}(\mathbf{r}) U(\tau) \mathbf{j}(\mathbf{r}') U(t-\tau, t_0) | \psi_0 \rangle \\ - \mathbf{A}^*(\mathbf{r}', t-\tau) \langle \psi_0 | U^{\dagger}(t-\tau, t_0) \mathbf{j}(\mathbf{r}') U^{\dagger}(\tau) \mathbf{j}(\mathbf{r}) U(t, t_0) | \psi_0 \rangle \Big].$$
(S7)

$$d_{ij} = \left\langle \varphi_i(\boldsymbol{r}) | \mathbf{A}(\boldsymbol{r}) \cdot \mathbf{j}(\boldsymbol{r}) | \varphi_j(\boldsymbol{r}) \right\rangle, \qquad (S8)$$

using the Born-Oppenheimer approximation

After defining

$$|\psi(\boldsymbol{r},\boldsymbol{q},t)\rangle = \sum_{e} c_{e}(t) |\chi_{e}(\boldsymbol{q},t)\rangle |\varphi_{e}(\boldsymbol{r},\boldsymbol{q})\rangle$$
(S9)

for separating the nuclei and electron wavefunction, expanding  $U(\tau)$  in core states, and inserting  $t_0 \to -\infty$ , we can rewrite Eq. (S7) as

$$S(T) = -\frac{2}{\hbar^2} \operatorname{Re} \int_{-\infty}^{+\infty} dt \int_{0}^{+\infty} d\tau e^{-i\omega_{ee'}t} A^*(t) \times \sum_{ee'c} \left[ A(t-\tau)c_{e'}^*(t)c_e(t-\tau) \langle \chi_{e'}(t) | d_{ce'}^* U_{cc}(\tau) d_{ce} | \chi_e(t-\tau) \rangle e^{i\omega_e \tau} -A^*(t-\tau)c_{e'}^*(t-\tau)c_e(t) \langle \chi_{e'}(t-\tau) | d_{ce'}^* U_{cc}^{\dagger}(\tau) d_{ec}^* | \chi_e(t) \rangle e^{-i\omega_{e'}\tau} \right],$$
(S10)

where  $\omega_{e(e')} = E_{e(e')}/\hbar$ ,  $\omega_{ee'} = \omega_e - \omega_{e'}$ , and we also used  $U(t, t_0) |\psi_0\rangle = \sum_e c_e e^{-i\omega_e t} |\chi_e\rangle |\varphi_e\rangle$ . Then we consider a Gaussian type light wave packet whose center at pump-probe time delay T

$$A(t) = A_0 \mathscr{A}(t) \mathrm{e}^{-\mathrm{i}\omega t}, \ \mathscr{A}(t) = \frac{1}{\sqrt{2\pi\xi}} \exp\left[-\frac{(t-T)^2}{2\xi^2}\right],$$
(S11)

and introduce the step function

$$\theta(\tau) = \begin{cases} 1 & \tau > 0 \\ 0 & \tau < 0 \end{cases}$$

to change the integral lower limit of  $\tau$  to  $-\infty$  with

$$\theta(\tau)U_{cc}(\tau)e^{i\omega_{e}\tau} = \theta(\tau)\exp[-i(\omega_{c}-\omega_{e})\tau], \omega_{c} = E_{c}/\hbar$$

$$= -\frac{1}{2\pi i}\int_{-\infty}^{+\infty}\frac{\mathrm{d}\Omega}{\Omega-\omega_{ce}+i\Gamma_{c}}\exp(-i\Omega\tau), \omega_{ce} = \omega_{c}-\omega_{e}.$$
(S12)

We can rewrite Eq. (S10) as

$$S(\omega,T) = \frac{1}{\pi\hbar^2} \sum_{ee'c} \operatorname{Im} \int_{-\infty}^{+\infty} \mathrm{d}\Omega \int_{-\infty}^{+\infty} \mathrm{d}t \int_{-\infty}^{+\infty} \mathrm{d}\tau e^{-\mathrm{i}\omega_{ee'}t} e^{-\mathrm{i}\Omega\tau} \left[ \mathscr{A}^*(t)c_{e'}^*(t) \left\langle \chi_{e'}(t) \right| \frac{d_{ce'}^*d_{ce}}{\Omega + \omega - \omega_{ce} + \mathrm{i}\Gamma_c} \left| \chi_e(t-\tau) \right\rangle c_e(t-\tau) \mathscr{A}(t-\tau) - \mathscr{A}^*(t-\tau)c_{e'}^*(t-\tau) \left\langle \chi_{e'}(t-\tau) \right| \frac{d_{ce'}^*d_{ec}^*}{\Omega - \omega - (\omega_c + \omega_{e'}) + \mathrm{i}\Gamma_c} \left| \chi_e(t) \right\rangle c_e(t) \mathscr{A}^*(t) \mathrm{e}^{\mathrm{i}(2\omega)t} \right]$$
(S13)

The third line in Eq.(S13) should be ignored. First of all, we define a time domain function  $f_e(t) = \mathscr{A}(t)c_e(t) |\chi_e(t)\rangle$ and then the time domain integral of the third line in Eq.(S13) can be written as

$$\int_{-\infty}^{+\infty} \left[ \int_{-\infty}^{+\infty} f_{e'}^*(t-\tau) f_e(t) \mathrm{e}^{-\mathrm{i}(\omega_{ee'}-2\omega)t} \mathrm{d}t \right] \mathrm{e}^{-\mathrm{i}\Omega\tau} \mathrm{d}\tau$$
(S14)

after defining

$$\mathcal{F}[f(t)](\omega) = \int_{-\infty}^{+\infty} f(t) \mathrm{e}^{-\mathrm{i}\omega t} \mathrm{d}t.$$

By using the cross-correlation and frequency-shift property, Eq.(S14) can be written as

$$\mathcal{F}[f_e(t)]^*(\Omega) \cdot \mathcal{F}[f_{e'}(t)] \left(\Omega + \omega_{ee'} - 2\omega\right). \tag{S15}$$

Since

$$\mathcal{F}[\mathscr{A}(t)](\omega) = \exp\left(-\frac{\xi^2 \omega^2}{2}\right) \mathrm{e}^{-\mathrm{i}\omega T},\tag{S16}$$

the Fourier transform of  $f_{e(e')}(t)$  also gives Gaussian similar result with a full width at half maximum (FWHM) of  $2\sqrt{2\ln 2}/\xi \sim 2 \text{ eV}$ . So, to guarantee the nonvanishing of Eq.(S15), there are limitations of  $\Omega \sim 0$  and  $\omega \sim \omega_{ee'}/2$ . But the limitations will result a large denominator of third line of Eq.(S13) since the core state energy  $\omega_c$  is always much larger than valence state energy  $\omega_{e(e')}$ , which will give a vanishing contribution to total signal. By throwing away the the third line of Eq.(S13) and redefining the Fourier transform (FT) as

$$\mathcal{F}[f(t)](\omega) = \int_{-\infty}^{+\infty} f(t) \mathrm{e}^{\mathrm{i}\omega t} \mathrm{d}t$$

The transient absorption can be finally written as

$$S_{\rm abs}(\omega,T) = \frac{1}{\pi\hbar^2} \sum_{ee'c} \operatorname{Im} \int \mathrm{d}\boldsymbol{q} d_{ce'}^* d_{ce} \int_{-\infty}^{+\infty} \mathrm{d}\Omega \frac{\mathcal{F}[f_{e'}(t)]^*(\Omega + \omega_{ee'})\mathcal{F}[f_e(t)](\Omega)}{\Omega + \omega - \omega_{ce} + \mathrm{i}\Gamma_c},\tag{S17}$$

which is mentioned in the main text.

# S-II. EXPNADING THE LAGUERRE-GAUSSIAN BEAM AND THE TRANSITION CURRENT DENSITY IN HERMITE-GAUSSIAN BASIS

In general, the size of the molecule is much smaller than the range of the beam. Since we choose  $w_0 = 60$  nm in our simulation, we can do the approximation in the Laguerre-Gaussian (LG) beam as  $w(z) \to w_0$ ,  $R(z) \to \infty$ ,  $\frac{z}{z_R} \to 0$ , and the LG beam is simplified to

$$\mathrm{LG}_{lp}(r,\phi,z) = \frac{1}{w_0} \sqrt{\frac{2p!}{\pi(p+|l|)!}} \exp\left(-\frac{r^2}{w_0^2}\right) \left(\frac{\sqrt{2}r}{w_0}\right)^{|l|} L_p^{|l|} \left(\frac{2r^2}{w_0^2}\right) \mathrm{e}^{\mathrm{i}l\phi} \mathrm{e}^{\mathrm{i}kz}.$$
(S18)

There are examples of the spatial profiles of the LG beams with  $l = \pm 1$  shown in Fig. 1 of main text, as well as compared with circularly polarized light.

For the definition of the Laguerre polynomials

$$L_{p}^{l}(x) = \frac{e^{x}x^{-l}}{p!} \frac{\mathrm{d}^{p}}{\mathrm{d}x^{p}} (\mathrm{e}^{-x}x^{p+l}),$$
(S19)

and the Hermite polynomials

$$H_t(x) = (-1)^t \exp\left(x^2\right) \left(\frac{\mathrm{d}}{\mathrm{d}x}\right)^t \exp\left(-x^2\right),\tag{S20}$$

we can write the follow expansion[3]:

$$\mathcal{L}_{lp}(x,y) \equiv e^{il\phi} r^{|l|} L_p^{|l|}(r^2)$$

$$= \frac{(-1)^p}{2^{2p+|l|} p!} \sum_{u=0}^p \sum_{v=0}^{|l|} i^{\operatorname{sgn}(l)v} {p \choose u} {|l| \choose v} H_{2u+|l|-v}(x) H_{2p-2u+v}(y),$$
(S21)

in which sgn() is the sign function. The LG beam is finally written as

$$\mathrm{LG}_{lp}(x,y,z) = \frac{1}{w_0} \sqrt{\frac{2p!}{\pi(p+|l|)!}} \exp\left(-\frac{x^2+y^2}{w_0^2}\right) \mathcal{L}_{lp}\left(\frac{\sqrt{2}x}{w_0},\frac{\sqrt{2}y}{w_0}\right) \mathrm{e}^{\mathrm{i}kz},\tag{S22}$$

and the vector potential of LG beam reads

$$\mathbf{A}(\boldsymbol{r},l) = \mathrm{LG}_{lp}(x,y,z) \frac{\hat{\mathbf{e}}_x + \mathrm{i}\sigma\hat{\mathbf{e}}_y}{\sqrt{1+|\sigma|}},\tag{S23}$$

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where  $\sigma = 0, +1, -1$  corresponds to linearly polarized, left circularly polarized, and right circularly polarized light.

Next we consider the transition current density. First the electronic wavefunctions are expanded in Gaussian basis as

$$\varphi_{\mu}(\boldsymbol{r}) = \sum_{A} c_{\mu A} \sum_{a} \beta_{a} G_{ijk}(\boldsymbol{r}_{A}, a), A \equiv \{\boldsymbol{r}_{A}, \{a, \beta_{a}, i, j, k\}\},$$
(S24)

in which

$$G_{ijk}(\boldsymbol{r}, a, \boldsymbol{A}) = G_{ijk}(a, \boldsymbol{r}_A) = x_A^i y_A^j z_A^k \exp\left(-ar_A^2\right), \begin{cases} a > 0\\ \boldsymbol{r}_A = \boldsymbol{r} - \boldsymbol{A}\\ i \ge 0, j \ge 0, k \ge 0 \end{cases}$$
(S25)

is the Cartesian Gaussian-type orbitals (CGTO), and  $c_{\mu A}$  are the expansion coefficients on different Gaussian center A with various CGTO parameters. Second the CGTO can be separated into three Cartesian directions

$$G_{ijk}(a, \boldsymbol{r}_A) = G_i(a, x_A)G_j(a, y_A)G_k(a, z_A)$$
(S26)

with one-dimension CGTO (1d-CGTO)

$$G_i(a, x_A) = x_A^i \exp\left(-ax_A^2\right)$$
  
$$\frac{\partial G_i(a, x_A)}{\partial x} = -2aG_{i+1}(a, x_A) + iG_{i-1}(a, x_A)$$
  
(S27)

and the product of two 1d-CGTO can be expanded in Gaussian-Hermite functions as

$$\Omega_{ij}(x;a,b,A_x,B_x) \equiv G_i(a,x_A)G_j(b,x_B) = \sum_{t=0}^{i+j} E_t^{ij}\Lambda_t(p,x_P)$$
(S28)

in which p = a + b,  $P_x = (aA_x + bB_x)/p$ ,  $E_t^{ij}$  are the expansion coefficients, and  $\Lambda_t(p, x_P)$  is the Gaussian-Hermite function reads

$$\Lambda_t(p, x_P) \equiv \left(\frac{\partial}{\partial P_x}\right)^t \exp\left(-px_P^2\right)$$
  
=  $p^{t/2} H_t(p^{1/2} x_P) \exp\left(-px_P^2\right).$  (S29)

So, the transition current density

$$\boldsymbol{j}_{\mu\nu}(\boldsymbol{r}) \equiv \frac{e\hbar}{2m_{\rm ei}} \left[ \varphi^*_{\mu}(\boldsymbol{\nabla}\varphi_{\nu}) - (\boldsymbol{\nabla}\varphi^*_{\mu})\varphi_{\nu} \right]$$
(S30)

can be written as

$$\begin{aligned} \boldsymbol{j}_{\mu\nu} &= \frac{1}{2\mathrm{i}} [\varphi_{\mu}(\boldsymbol{\nabla}\varphi_{\nu}) - (\boldsymbol{\nabla}\varphi_{\mu})\varphi_{\nu}] = \frac{1}{2\mathrm{i}} \sum_{AB} c_{\mu A} c_{\nu B} \sum_{ab} \beta_{a} \gamma_{b} \Big\{ \\ & \left[ lG_{i}(a,x_{A})G_{l-1}(b,x_{B}) - 2bG_{i}(a,x_{A})G_{l+1}(b,x_{B}) - iG_{i-1}(a,x_{A})G_{l}(b,x_{B}) + 2aG_{i+1}(a,x_{A})G_{l}(b,x_{B}) \right] \\ & \times G_{j}(a,y_{A})G_{m}(b,y_{B})G_{k}(a,z_{A})G_{n}(b,z_{B})\hat{\mathbf{e}}_{x} + \\ & \left[ mG_{j}(a,y_{A})G_{m-1}(b,y_{B}) - 2bG_{j}(a,y_{A})G_{m+1}(b,y_{B}) - jG_{j-1}(a,y_{A})G_{m}(b,y_{B}) + 2aG_{j+1}(a,y_{A})G_{m}(b,y_{B}) \right] \\ & \times G_{i}(a,x_{A})G_{l}(b,x_{B})G_{k}(a,z_{A})G_{n}(b,z_{B})\hat{\mathbf{e}}_{y} + \\ & \left[ nG_{k}(a,z_{A})G_{n-1}(b,z_{B}) - 2bG_{k}(a,z_{A})G_{n+1}(b,z_{B}) - kG_{k-1}(a,z_{A})G_{n}(b,z_{B}) + 2aG_{k+1}(a,z_{A})G_{n}(b,z_{B}) \right] \\ & \times G_{i}(a,x_{A})G_{l}(b,x_{B})G_{j}(a,y_{A})G_{m}(b,y_{B})\hat{\mathbf{e}}_{z} \Big\}. \end{aligned}$$

By using the multiplication theorem of Hermite polynomials

$$H_s(\lambda x) = s! \sum_{t=0}^{\lfloor s/2 \rfloor} \frac{(\lambda^2 - 1)^t \lambda^{s-2t}}{t!(s - 2t)!} H_{s-2t}(x)$$
(S32)

and the overlap integals between Hermite Gaussians<sup>[4]</sup>

$$\int \Lambda_m(a, x_A) \Lambda_n(b, x_B) \mathrm{d}x = (-1)^n \left(\frac{\pi}{a+b}\right)^{1/2} \Lambda_{m+n}(\frac{ab}{a+b}, B_x - A_x), \tag{S33}$$

the light-matter interaction quantity defined in Eq. (S8) is finally written as

$$\begin{aligned} d_{\mu\nu} &= \int \boldsymbol{A}(\boldsymbol{r};\sigma,q,L,w_{0},\kappa) \cdot \boldsymbol{j}_{\mu\nu}(\boldsymbol{r}) \mathrm{d}\boldsymbol{r} = \frac{1}{2\mathrm{i}} \frac{1}{w_{0}} \sqrt{\frac{2q!}{\pi(q+|L|)!}} \frac{(-1)^{q}}{2^{2q+|L|}q!} \sum_{AB} c_{\mu A} c_{\nu B} \sum_{ab} \beta_{a} \gamma_{b} \\ &\left[ \sum_{t=0}^{k+n} E_{Zt}^{kn} I_{t}(p,P_{z},\kappa) \right] \sum_{u=0}^{q} \sum_{v=0}^{|L|} \mathrm{i}^{\mathrm{sgn}(L)v} \begin{pmatrix} q\\ u \end{pmatrix} \begin{pmatrix} |L|\\ v \end{pmatrix} \\ & \\ \left[ \sum_{t=0}^{i+l+1} \left( lE_{Xt}^{i,l-1} - 2bE_{Xt}^{i,l+1} - iE_{Xt}^{i-1,l} + 2aE_{Xt}^{i+1,l} \right) I_{2u+|L|-v,t}(p,P_{x},w_{0}) \right] \\ &\times \left[ \sum_{t=0}^{j+m} E_{Yt}^{jm} I_{2q-2u+v,t}(p,P_{y},w_{0}) \right] \\ &+ \mathrm{i}\sigma \left[ \sum_{t=0}^{j+m+1} \left( mE_{Yt}^{j,m-1} - 2bE_{Yt}^{j,m+1} - jE_{Yt}^{j-1,m} + 2aE_{Yt}^{j+1,m} \right) I_{2q-2u+v,t}(p,P_{y},w_{0}) \right] \\ &\times \left[ \sum_{t=0}^{i+l} E_{Xt}^{il} I_{2u+|L|-v,t}(p,P_{x},w_{0}) \right] \\ &\times \left[ \sum_{t=0}^{i+l} E_{Xt}^{il} I_{2u+|L|-v,t}(p,P_{x},w_{0}) \right] \\ \end{aligned}$$

in which the LG beam is  $LG_{Lq}$ ,  $\kappa$  is the wavevector of LG light,  $w_0$  is the beam waist,  $\sigma$  is the LG light polarization, the integral  $I_{st}$  in x-y plane is

$$I_{st}(p, P_x, w_0) \equiv \int \exp\left(-\frac{x^2}{w_0^2}\right) H_s\left(\frac{\sqrt{2}x}{w_0}\right) \Lambda_t(p, x_P) dx$$

$$= \left(\frac{\pi}{w_0^{-2} + p}\right)^{1/2} \left(\sqrt{2}w_0\right)^s s! (-1)^t \sum_{u=0}^{\lfloor s/2 \rfloor} \left(\frac{1}{2w_0^2}\right)^u \frac{1}{u!(s-2u)!} \Lambda_{s+t-2u}\left(\frac{p}{1+pw_0^2}, P_x\right),$$
(S35)

and the integral  $I_t$  in z direction is

$$I_t(p, P_z, \kappa) \equiv \int \Lambda_t(p, z_P) e^{i\kappa z} dz$$
  
=  $\sqrt{\pi} p^{\frac{t-1}{2}} e^{i\kappa P_z} e^{-\frac{\kappa^2}{4p}} \left(\frac{i\kappa}{\sqrt{p}}\right)^t.$  (S36)

#### S-III. NUCLEAR WAVEPACKET DYNAMICS

The out-of-plane bending motion of the CHO group at the 1170 cm<sup>-1</sup> normal mode (orange arrows in Fig. 2(a) of main text) is used to construct an one-dimensional nuclear degrees of freedom for our effective Hamiltonian. All quantities, including the potential surfaces of the electronic states and transition dipole moments between valence and core-excited states were evaluated at a total of 351 nuclear grid points. The interaction with the pump-pulse is numerically included in the propagation scheme, by using a 10-fs FWHM Gaussian laser pump in resonance with the  $S_0 \rightarrow S_1$  transition,

$$\mathcal{E}_{\rm pu}(t) = a_{\rm pu} e^{-\frac{(t-t_0)^2}{2\sigma^2}} \cos(\omega_{\rm pu}(t-t_0))$$
(S37)

where  $a_{\rm pu} = 4.875 \times 10^{-2}$  au is the electric field amplitude.  $\omega_{\rm pu} = 5.85$  eV is the central frequency corresponding to the energy gap between the ground state and the S<sub>1</sub> state at the Franck-Condon point, and  $\sigma = 10$  fs is the temporal



FIG. S1. The wavepacket snapshots of the ground state  $S_0$  (bottom panel) and the valence excited state  $S_1$  (top panel).

duration of the pump pulse. The nuclear wavepacket is then propagated by numerically solving the time-dependent Schrodinger equation on the one-dimensional nuclear grid[5]:

$$i\hbar\frac{\partial}{\partial t}\psi = \boldsymbol{H}\psi = \left[\boldsymbol{T} + \boldsymbol{V} - \boldsymbol{\mu}\boldsymbol{\varepsilon}(t)\right]\psi,\tag{S38}$$

T is the kinetic energy operator of the nuclei, V is the potential energy operator, and  $\mu \varepsilon(t)$  describes the light-matter interaction. In our simulation, the propagation of nuclear wavepackets on core-exited states are neglected. The Chebychev propagation[5] with a 0.048 fs time step is employed to propagate this wavepacket until the final time of 458.79 fs. Some wavepacket snapshots are shown in Fig. S1.

# S-IV. TIME-RESOLVED HELICAL DICHROISM (TR-HD) AND TIME-RESOLVED CIRCULAR-HELICAL DICHROISM (TR-CHD) FOR ALL HELICAL INDEX *l*

In our simulation, we choose p = 0 in the LG beam  $LG_{lp}$ , and we give all simulation results of tr-HD and tr-CHD with l = 1 to 4 in the following figures.



FIG. S2. The tr-HD (top panels) and tr-CHD (bottom panels) signals for l = 1 by probing C, N, and O. Left three panels: contributed by ground state S<sub>0</sub>. Right three panels: contributed by valence excited state S<sub>1</sub>

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FIG. S3. The tr-HD (top panels) and tr-CHD (bottom panels) signals for l = 2 by probing C, N, and O. Left three panels: contributed by ground state S<sub>0</sub>. Right three panels: contributed by valence excited state S<sub>1</sub>



FIG. S4. The tr-HD (top panels) and tr-CHD (bottom panels) signals for l = 3 by probing C, N, and O. Left three panels: contributed by ground state S<sub>0</sub>. Right three panels: contributed by valence excited state S<sub>1</sub>



FIG. S5. The tr-HD (top panels) and tr-CHD (bottom panels) signals for l = 4 by probing C, N, and O. Left three panels: contributed by ground state S<sub>0</sub>. Right three panels: contributed by valence excited state S<sub>1</sub>