## Electronic Supplementary Information

## Constructing a well-wettable interface on a three-dimensional copper foam

## host with reinforced copper nanowires to stabilize zinc metal anodes

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**Fig. S1** Galvanostatic plating curves of (a) Cu foam, Cu foil, steel mesh, steel foil and Ni foam; (b) carbon cloth, graphite paper and carbon paper at the current of 3 mA cm<sup>-2</sup> with at constant areal capacity of 3 mA h cm<sup>-2</sup>. (c) Zn nucleation overpotentials of different collectors.



Fig. S2 the SEM-EDS images of the top view of Cu NW@Cu foam.



Fig. S3 Images of contact angles of the 2 M ZnSO<sub>4</sub> electrolyte droplets on (a, b) Cu NW@Cu foam and (c, d) bare

Cu foam at different time intervals.



Fig. S4 SEM images of the side wall of Cu NW@Cu foam with the areal capacity of (a) 1, (b) 2 and

(c) 4 mAh cm<sup>-2</sup> after deposition.



Fig. S5(a, b) Top-view SEM images of the Zn@Bare Cu foam after been plated a capacity of 4 mAh cm<sup>-2</sup>.



Fig. S6 SEM images of the side wall of (a, b)Bare Cu foam and (c, d)Cu NW@Cu foam with the areal capacity of 3

mAh cm<sup>-2</sup> after deposition.



Fig. S7(a-c) Enlarged voltage-time curves of Zn@Cu NW@Cu foam at different cycles curves at 1.0 mA cm<sup>-2</sup>.



**Fig. S8** Electrochemical performances of symmetric cells for (a) Zn foil and (b) Zn@Cu NW@Cu foam at 1mA cm<sup>-2</sup>. The corresponding impedance spectra of the positions in (c) before test for Zn foil, (d) after 80 h before test for Zn foil, (c) before test for Zn@Cu NW@Cu foam, (d) after 200 h before test for Zn@Cu NW@Cu foam.



Fig. S9 Cross-sectional SEM images of (e) Zn@Bare Cu foam and (f) Zn@Cu NW@Cu foam after 50 cycles for the symmetrical cells; and the corresponding top-view SEM images of (c) Zn@ Bare Cu foam and (d) Zn@Cu NW@Cu foam.



Fig. S10(a) the corresponding voltage hysteresis of Bare Cu foam is at different current densities from 0. 2 to 10  $mA cm^{-2}$ .



Fig. S11(a-b) Potential-time curves of Zn // Cu NW@Cu foam and Zn // Bare Cu foam at different current density, and (c) the nucleation potential values. cm<sup>-2</sup>.

capacities							
Sample	Deposition capacity (mAh cm <sup>-2</sup> )	M <sub>(initial)</sub> (g cm <sup>-2</sup> )	M <sub>(final)</sub> (g cm <sup>-2</sup> )	$\Delta M_{(Zn)}$ (g cm <sup>-2</sup> )			
Bare Cu foam	1.0	0.0574	0.0621	0.0047			
Bare Cu foam	2.0	0.0596	0.0648	0.0052			
Bare Cu foam	3.0	0.0572	0.0629	0.0057			
Bare Cu foam	4.0	0.0575	0.0658	0.0083			
Cu NW@Cu foam	1.0	0.0568	0.0626	0.0058			
Cu NW@Cu foam	2.0	0.0558	0.0648	0.0090			
Cu NW@Cu foam	3.0	0.0614	0.0730	0.0116			
Cu NW@Cu foam	4.0	0.0548	0.0687	0.0139			

Table S1 Comparison of the mass loading of zinc deposited on copper substrates at different areal

**Table S2** The electrochemical performance of the recently works of Zn anodes by using different

kinds	of	the	zincop	hilic	hosts	for	aqueous	ZIBs
			1				1	

Host	Current density (mA cm <sup>-2</sup> )	Capacity (mAh cm <sup>-2</sup> )	Cycling life (h)	Voltage hysteresis (mV)	Ref.
carbon fiber- graphite felt graphene	1	1	700	50	[\$1]
Ti <sub>3</sub> C <sub>2</sub> T <sub>x</sub> MXene	1	1	300	83	[S2]
3D porous copper skeleton	0.5	0.5	350	40	[83]
Cu foam	2	1	150	40	[S4]
DCP-Zn	0.5	0.1	1400	60	[S5]
3DCu	0.2	0.033	35	60	[S6]
CNT foam	3	0.5	166.7	230	[S7]
PBI-Cu	10	1	300	35	[ <b>S</b> 8]
3D ZnP/CF	1	1	3000	25.1	[89]
$Zn_{88}Al_{12}$	0.5	0.5	2000	~20	[S10]
CM@CuO	1	1	340	20	[ <b>S</b> 11]
ZnAl@Cu-mesh	1	0.25	180	67	[S12]
3D Ti-TiO <sub>2</sub>	1	1	2000	28	<b>[S13]</b>
AgNPs@CC	2	2	800	56	[S14]
N-VG@CC	0.5	0.5	150	6.2	[S15]

MGA	10	1	1050	64	[S16]
MXene@Sb	0.5	0.5	1000	~80	[S17]
PCu	10	1	120	40	[S18]
Cu NBs@NCFs	2	1	450	34.6	[S19]
TZNC	1	1	450	~50	[S20]
	1	1	3000	33.9	
Cu NW@Cu					This
foam	10	2	300	132.1	work

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Host	electrolyte	current density (mA cm <sup>-2</sup> )	Areal capacity (mAh cm <sup>-2</sup> )	Lifespan (h)	Coulombic efficiency (CE)	Ref.
3DP-FeNi	3 M ZnSO <sub>4</sub>	1	1	200	98.8%	[R1]
Cu NBs@NCFs	2 M ZnSO <sub>4</sub>	5	1	1000	98.8%	[R2]
CuZIF-L@TM	2 M ZnSO <sub>4</sub>	1	1	300	97.6%	[R3]
TZNC	2 M ZnSO <sub>4</sub>	5	1	1000	98.6%	[R4]
CnC HS	3 M	4	1	200	95%	[R5]
	$Zn(CF_3SO_3)_2$					
MXene@Sb-300	3 M	1	0.1	1500	97.2%	[R6]
	$Zn(CF_3SO_3)_2$					
N-VG@CC	2 M ZnSO <sub>4</sub>	5	2	10	95%	[ <b>R</b> 7]
3D Ti-TiO <sub>2</sub>	3 M ZnSO <sub>4</sub>	5	2	120	95.01%	[ <b>R</b> 8]
PBI-Cu	1 M ZnSO <sub>4</sub>	2	1	200		[R9]
DCP	2 M	2	1	50	97%	[R10]
	$Zn(CF_3SO_3)_2$					
ED Zn	1 M ZnSO <sub>4</sub>	1	1	100	98%	[R11]
CNT	2 M ZnSO <sub>4</sub>	2	2	30	95%-97%	[R12]
3D Porous	2 M ZnSO <sub>4</sub>	1	2	66	99.53%	[R13]
Copper Skeleton						
GF	$0.5 \text{ M} \text{ Na}_2 \text{SO}_4$	1	1	150	96.5%	[R14]
	and 0.05 M					
	$ZnSO_4$					
PCu		5	1	450	97.55%	[R15]
Cu NW@Cu						This
foam	2 M ZnSO₄	1	2	150	98%	work

 Table S3 compare the Zn||Cu asymmetric cell performance regarding to the CE, life time, and areal capacity

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**Table S4** the electrochemical performance of the recently works of Zn anodes regarding to the areal capacity

		1 5		
Cathode	Anode	Areal capacity (mAh cm <sup>-2</sup> )	Cycling capacity (mAh g <sup>-1</sup> )	Ref.
α-MnO <sub>2</sub>	3D Zn@CFs	7.85	239.4	[M1]
			(140 cycles /1C=308 mAh g <sup>-1</sup> )	
α-MnO <sub>2</sub>	Zn@CP	8.33	150	[M2]
			(150 cycles /0.75 A g <sup>-1</sup> )	
LiMn <sub>2</sub> O <sub>4</sub>	MGA@Zn	5.0	60	[M3]
(LMO)			(480 cycles /2C=296 mAh g <sup>-1</sup> )	
NVO	Zn@Cu-	5.0	162	[M4]
	Sn@SSM		(1000 cycles /2.0 A g <sup>-1</sup> )	
MnO <sub>2</sub>	C <sub>flower</sub> /Zn	1.0	(275 mA h g <sup>-1</sup> at 0.1 Ag <sup>-1</sup>	[M5]
			75 mA h g-1 at 5 A g-1)	
a-MnO <sub>2</sub>	Zn@Cu	4.0	181.8	This
	NW@Cu foam		(3000 cycles /2.0 A g <sup>-1</sup> )	work

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Sample	R <sub>s</sub>	$\mathbf{R}_{\mathbf{f}}$	R <sub>ct</sub>
Zn@Cu NW@Cu foam // MnO <sub>2</sub> -fresh	2.1	22.1	38.5
Zn@Cu NW@Cu foam // MnO <sub>2</sub> -after	5.7	33.3	99.2
20 cycles			
Zn foil // MnO <sub>2</sub> -fresh	2.9	66.6	68.2
Zn foil // MnO <sub>2</sub> -after 20 cycles	4.0	115.7	125.7

Table S5 Impedance parameters calculated from an equivalent circuit model