

## Appendix A. Supplementary data

*for*

### Identification and characterization of microplastics released during actual use of disposable cups using laser direct infrared imaging

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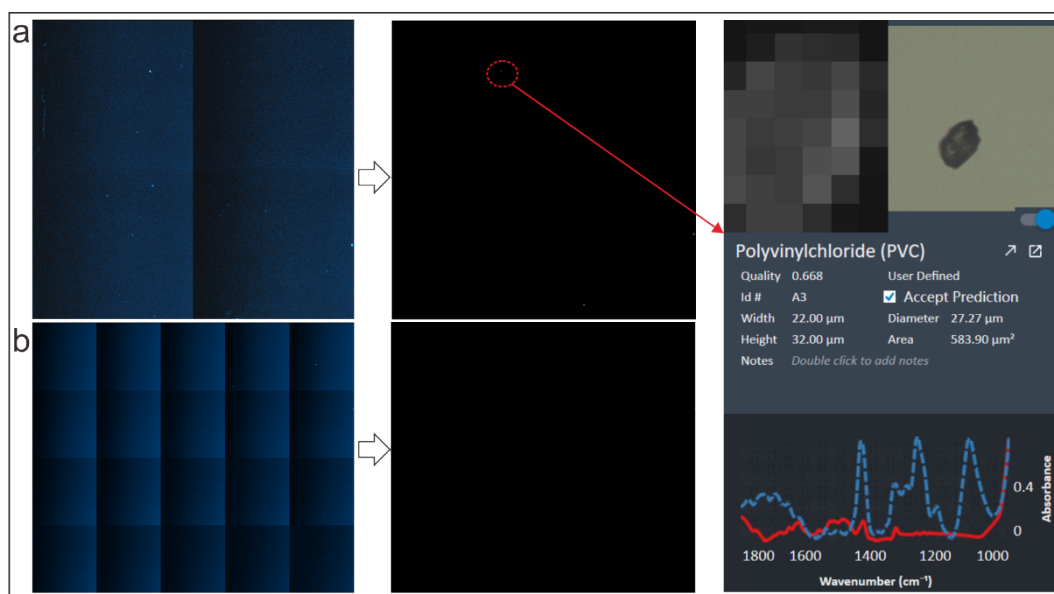
Fig. S8 IR spectra of MPs released at different water temperatures.

Fig. S9 AFM image of untreated PP plastic cup surface after being kept at 4°C for 15 min.

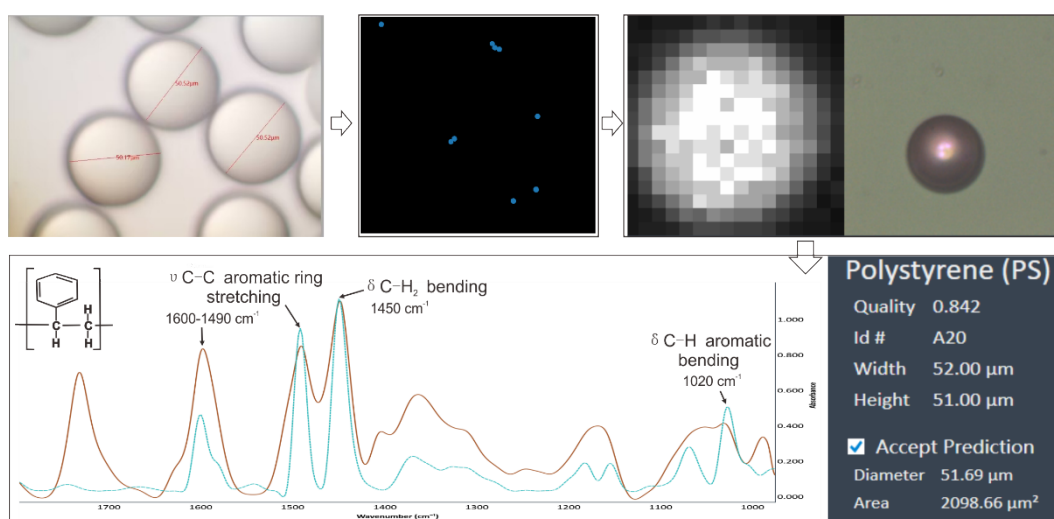
Table S1 Recovery test on PS particles.

Table S2 Estimation of daily exposure to MPs.

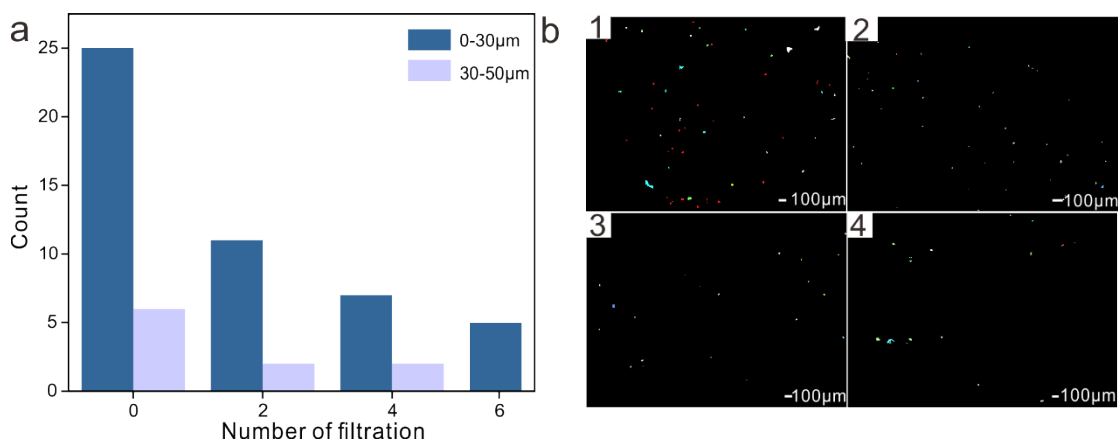
Table S3 Summary and comparison of MPs release from disposable cups.



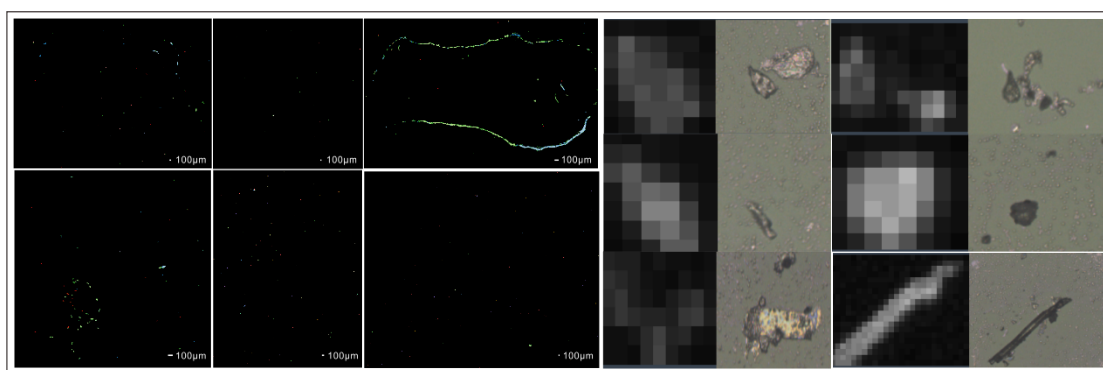
**Fig. S1** Optical and LDIR images of ethanol, Mirr-IR low-E glass slides after cleaning.



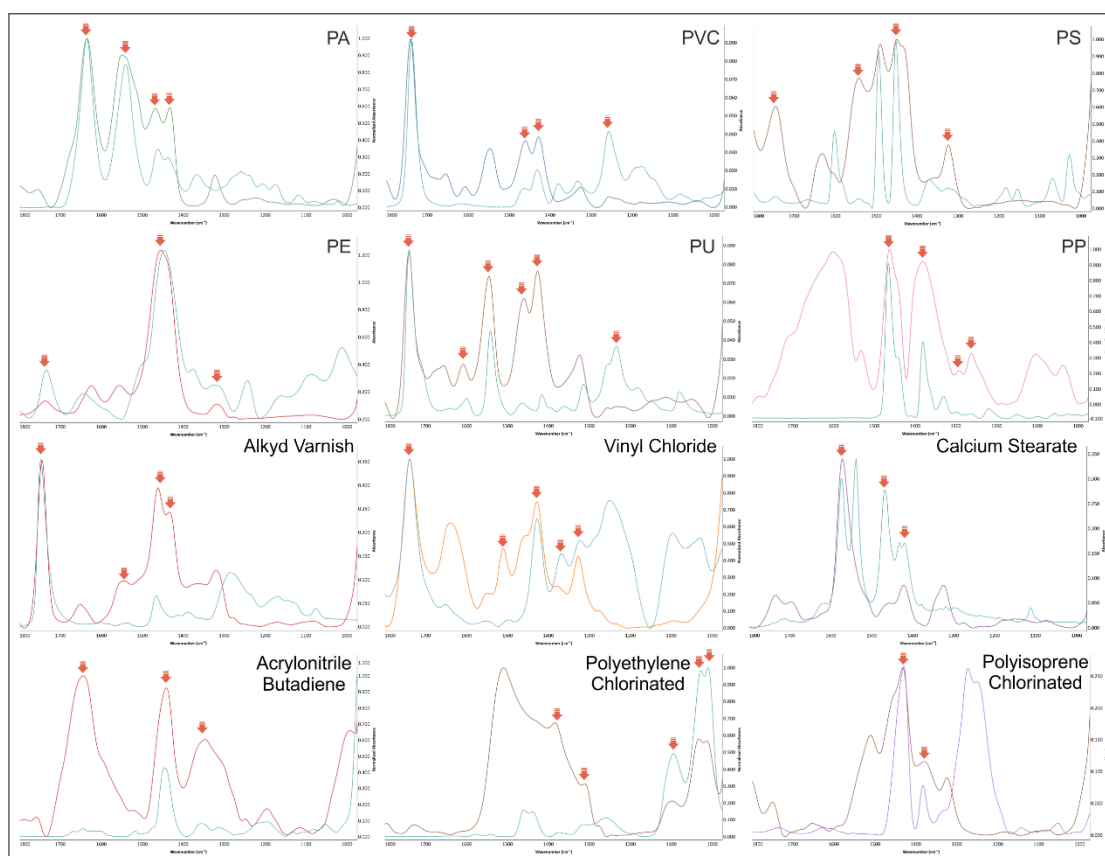
**Fig. S2** TEM, IR imaging images, IR spectrum matching and optical images of PS standard particles (50  $\mu\text{m}$ ).



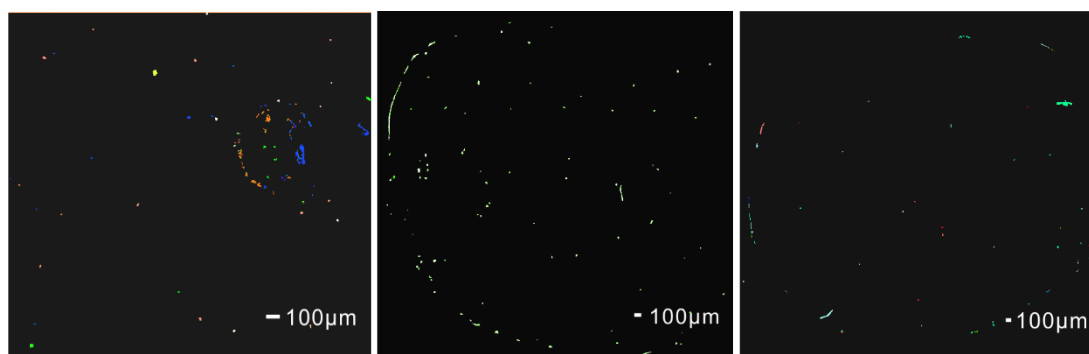
**Fig. S3** Size distribution and IR imaging images of MPs with different filtration times.

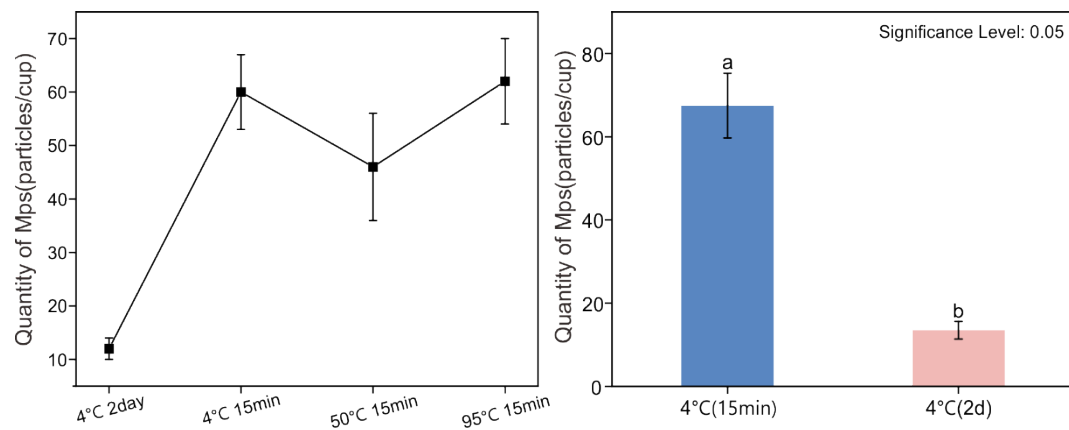


**Fig. S4** Different plastic cups in the color-highlighted images of particles after LDIR identification (left) and the IR and optical images of particles (right).

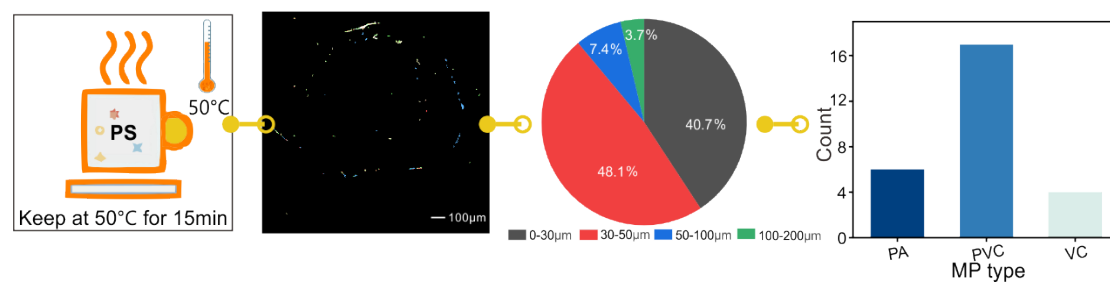


**Fig.S5** The matching identification of the IR spectrum of particles filtered from water in disposable cups with the spectra in the spectral library.

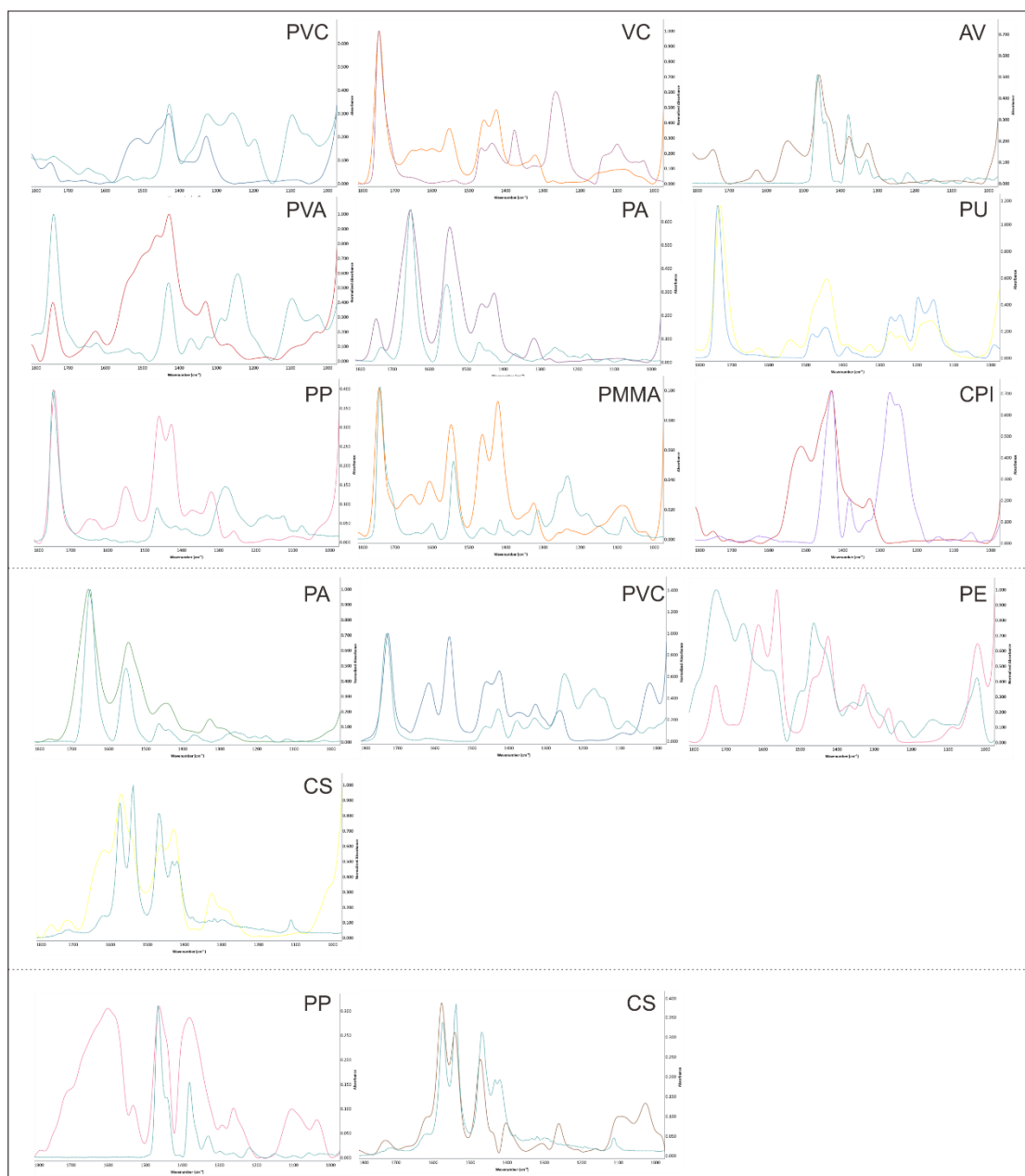




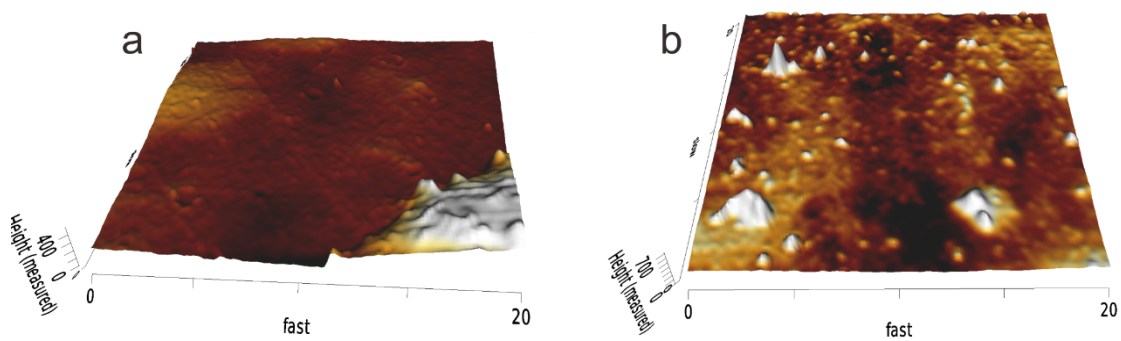
**Fig. S6** The influence of temperature on the release of MP in PP plastic cups.



**Fig. S7** Size distribution and composition of MPs released by PS plastic cups at 50°C for 15 min.



**Fig. S8** IR spectra of MPs released at different water temperatures, including (top) maintaining at 4°C for 15 min, (middle) maintaining at 50°C for 15 min, and (bottom) maintaining at 4°C for 48h.



**Fig. S9** AFM image of untreated PP plastic cup surface (a) after being kept at 4°C for 15 min (b).

**Table S1**

Recovery test on PS particles.

	Count
Actual particles	60
Theoretical particles	79
Recovery (%)	86.1

**Table S2**

Estimation of daily exposure to MPs.

Bulk material	MPs release (particle/L)	Daily exposure
PP	980	294
PS	1340	402

**Table S3**

Summary and comparison of MPs release from disposable cups, including study results.

Material	Release factor	Conditions	Method	MPs quantity	MPs size	MPs types
PP	Residence	95°C 5min/30min	Identification:	723-1489/L	< 50 µm	—
PET	time Shaking	120r 5min/30min	FTIR			
PE <sup>1</sup>	Temperatures	5°C/60°C	Quantification: SEM			
PE	Temperatures	10°C/40°C/70°C/95°C	Identification:	2718, 2720, 2629 /L	< 20 µm	—
PP	Contained	Soda/water/Carbonat	Raman			
PS <sup>2</sup>	liquid	ed beverage	Quantification: SEM			
PE <sup>3</sup>	Temperatures	100°C 15min	Identification: FTIR Quantification: Fluorescence	102+21.1 × 10 <sup>6</sup> /mL	25000µm	—
This work	Cup materials	95°C 15min				
PP	Temperatures	4°C/50°C/95°C	LDIR	980-1340/L	< 30 µm	PA, PVC,
PS	Contained liquid	Tea/pure water				VC, PP, PS.....

**Reference**

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- 2 H. Chen, L. Xu, K. Yu, F. Wei, M. Zhang, *Sci. Total Environ*, 2023, **854**, 158606.
- 3 V. P. Ranjan, A. Joseph, S. Goel, *J. Hazard. Mater* 2021, **404**, 124118.