

*Supplementary information*

**Host-guest geometry in paramagnetic cavitands elucidated by  
<sup>19</sup>F electron-nuclear double resonance**

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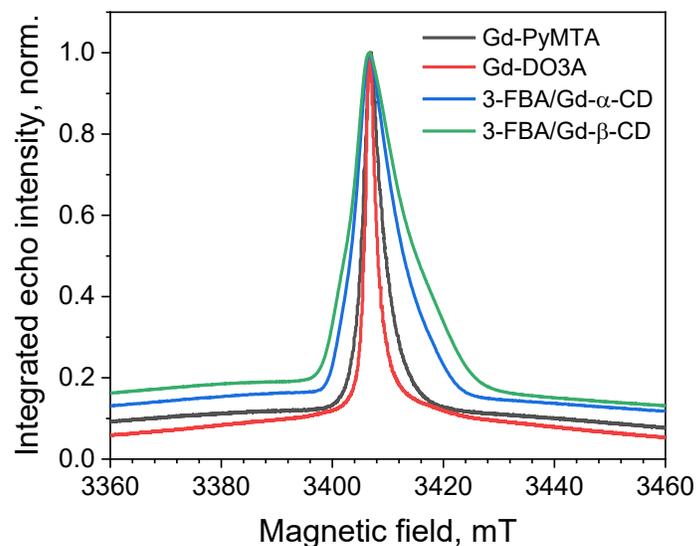
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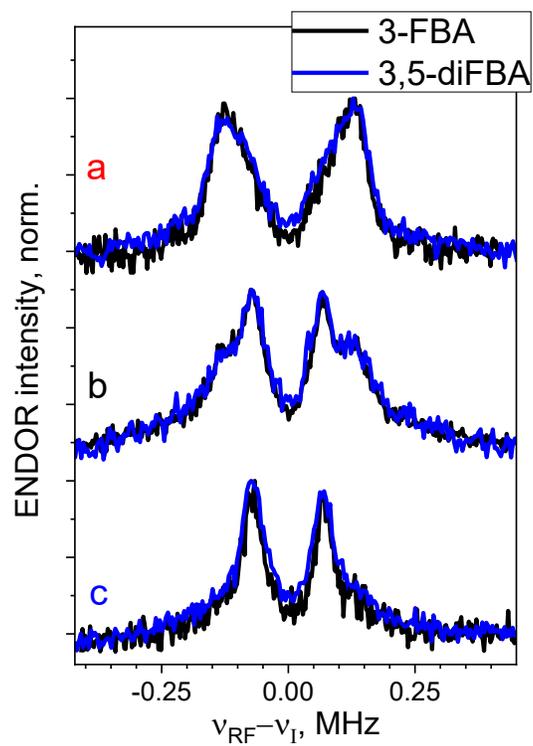
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## S1. ED-EPR spectra of Gd- $\alpha,\beta$ -CD compared with those of Gd(III) spin labels



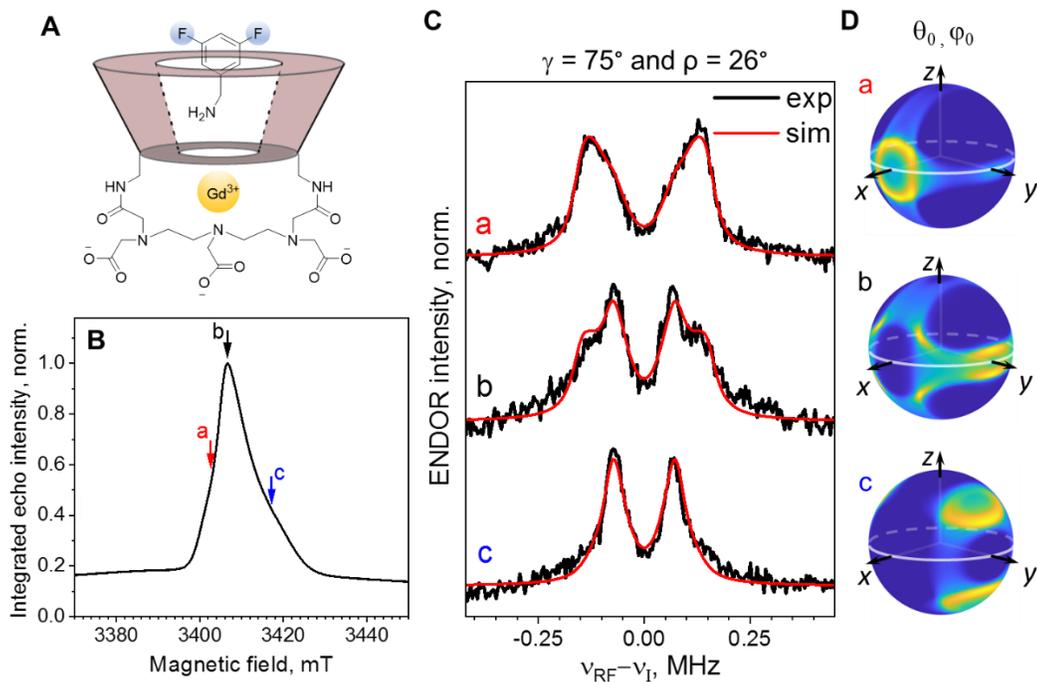
**Figure S1.** Comparison of the W-band widths of central transitions (CTs) of conventionally used Gd(III) spin labels (Gd-DO3A: BrPSPy-DO3A-Gd(III) complex,<sup>S1</sup> Gd-PyMTA: Gd-F PyMTA ruler<sup>S2</sup>) with 3-FBA/Gd- $\alpha$ -CD and 3-FBA/Gd- $\beta$ -CD reported in the present work.

## S2. Comparison of $^{19}\text{F}$ ENDOR spectra of 3-FBA and 3,5-diFBA guests in Gd- $\beta$ -CD

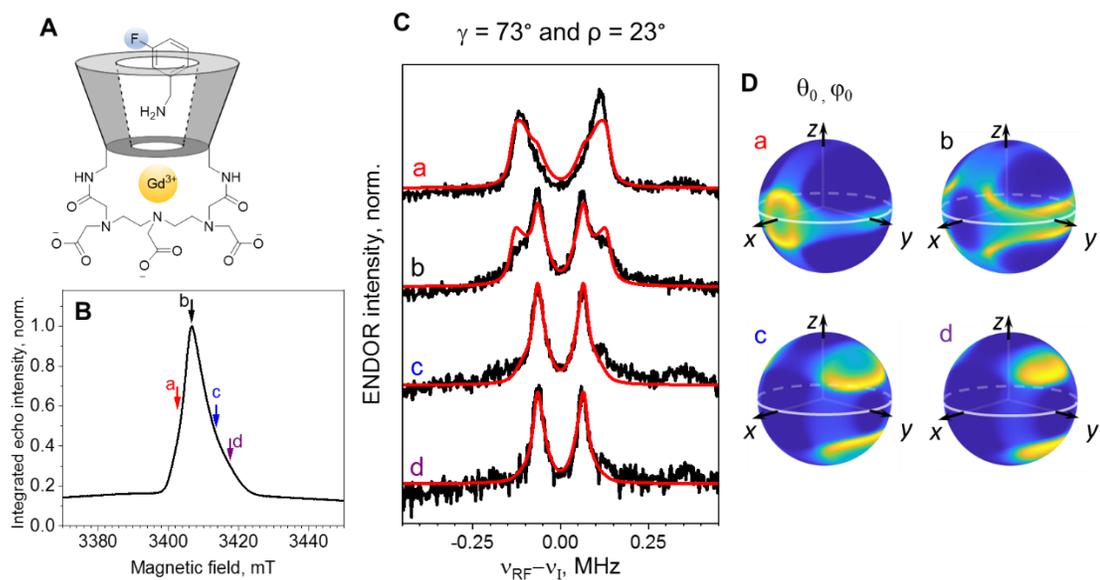


**Figure S2.** Comparison of the  $^{19}\text{F}$  Mims ENDOR spectra of 3-FBA (black lines) and 3,5-diFBA (blue lines) in Gd- $\beta$ -CD, obtained at magnetic field positions a, b, c, as specified in **Fig. 3B** (*main text*).

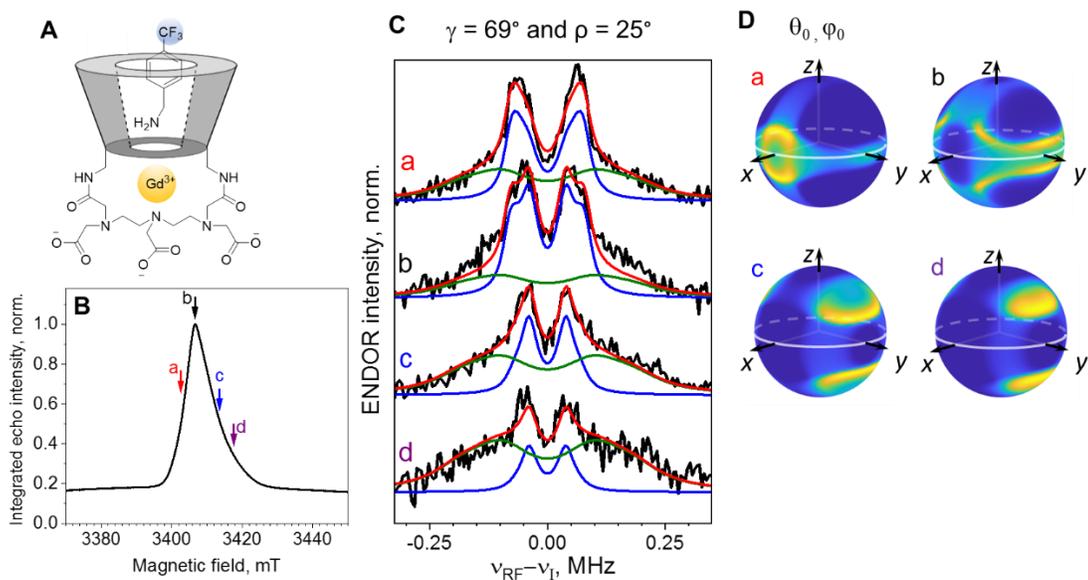
### S3. Field dependent $^{19}\text{F}$ ENDOR spectra of different systems and their simulation



**Figure S3.** (A) A schematic illustration of 3,5-diFBA/Gd- $\beta$ -CD. (B) The CT region of the ED-EPR spectrum (10K), with the positions at which ENDOR spectra were recorded. (C) Experimental  $^{19}\text{F}$  ENDOR spectra recorded at  $-4$  mT (a),  $0$  mT (b) and  $+11$  mT (c) (black) and their simulations (red). (D) Heat plots showing the selected orientations  $\theta_0, \varphi_0$  at  $-4$  mT,  $0$  and  $11$  mT. The inter-pulse delay  $\tau = 1 \mu\text{s}$  was used in the Mims sequence.

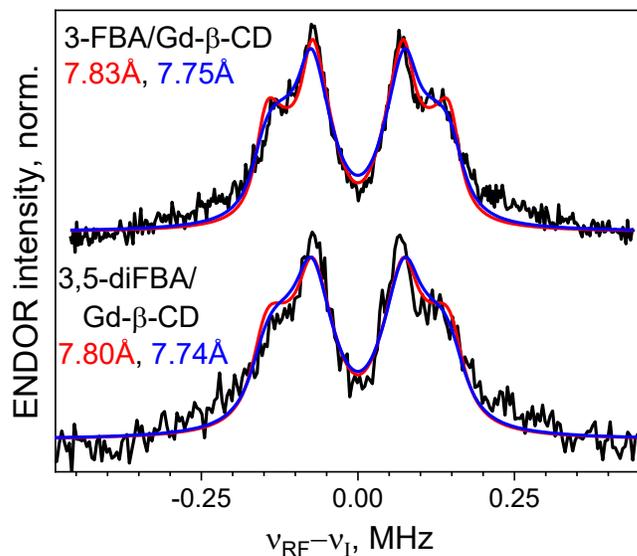


**Figure S4.** (A) A schematic illustration of 3-FBA/Gd- $\alpha$ -CD. (B) The CT region of the ED-EPR spectrum (10K), with the positions at which ENDOR spectra were recorded. (C) Experimental <sup>19</sup>F ENDOR spectra recorded at -4 mT (a), 0 mT (b), +7 mT (c) and +11 mT (d) (black) and their simulations (red). (D) Heat plots showing the selected orientations  $\theta_0, \varphi_0$  at -4 mT, 0, 7 mT and 11 mT. The interpulse delay  $\tau = 1 \mu\text{s}$  was used in the Mims sequence.



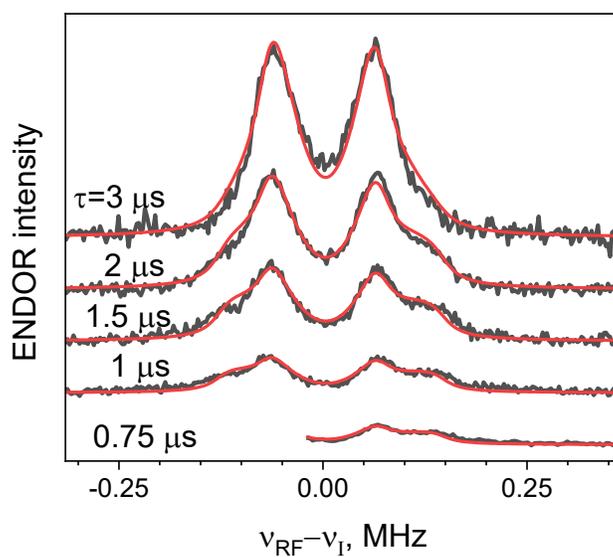
**Figure S5.** (A) A schematic illustration of 4-CF<sub>3</sub>BA/Gd- $\alpha$ -CD. (B) The CT region of the ED-EPR spectrum (10K), with the positions at which ENDOR spectra were recorded. (C) Experimental <sup>19</sup>F ENDOR spectra recorded at -4 mT (a), 0 mT (b), +7 mT (c) and +11 mT (d) (black) and their simulations (red). (D) Heat plots showing the selected orientations  $\theta_0, \varphi_0$  at -4 mT, 0, +7 and +11 mT. The inter-pulse delay  $\tau = 1 \mu\text{s}$  was used in the Mims sequence.

#### S4. Comparison of simulation approaches with/without taking into account orientation selection



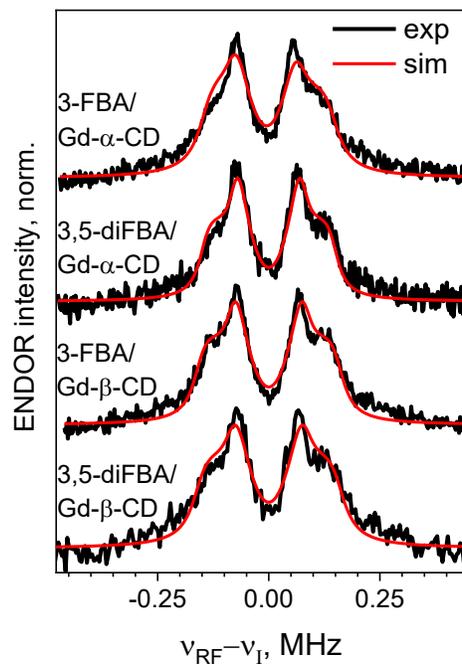
**Figure S6.** ENDOR spectra of 3-FBA/Gd- $\beta$ -CD (top) and 3,5-diFBA/Gd- $\beta$ -CD (bottom) recorded at the field position corresponding to the maximum intensity of EPR spectrum (black lines), best-fit simulations with orientation selection using the orientation distribution from ED-EPR spectral simulation (red lines), best-fit simulation in the absence of orientation selection (blue lines). Gd-F distances obtained using each of the approaches are given in corresponding colors.

**S5. Joint simulation of ENDOR spectra of 3,5-diFBA/Gd- $\alpha$ -CD recorded with different  $\tau$  values**

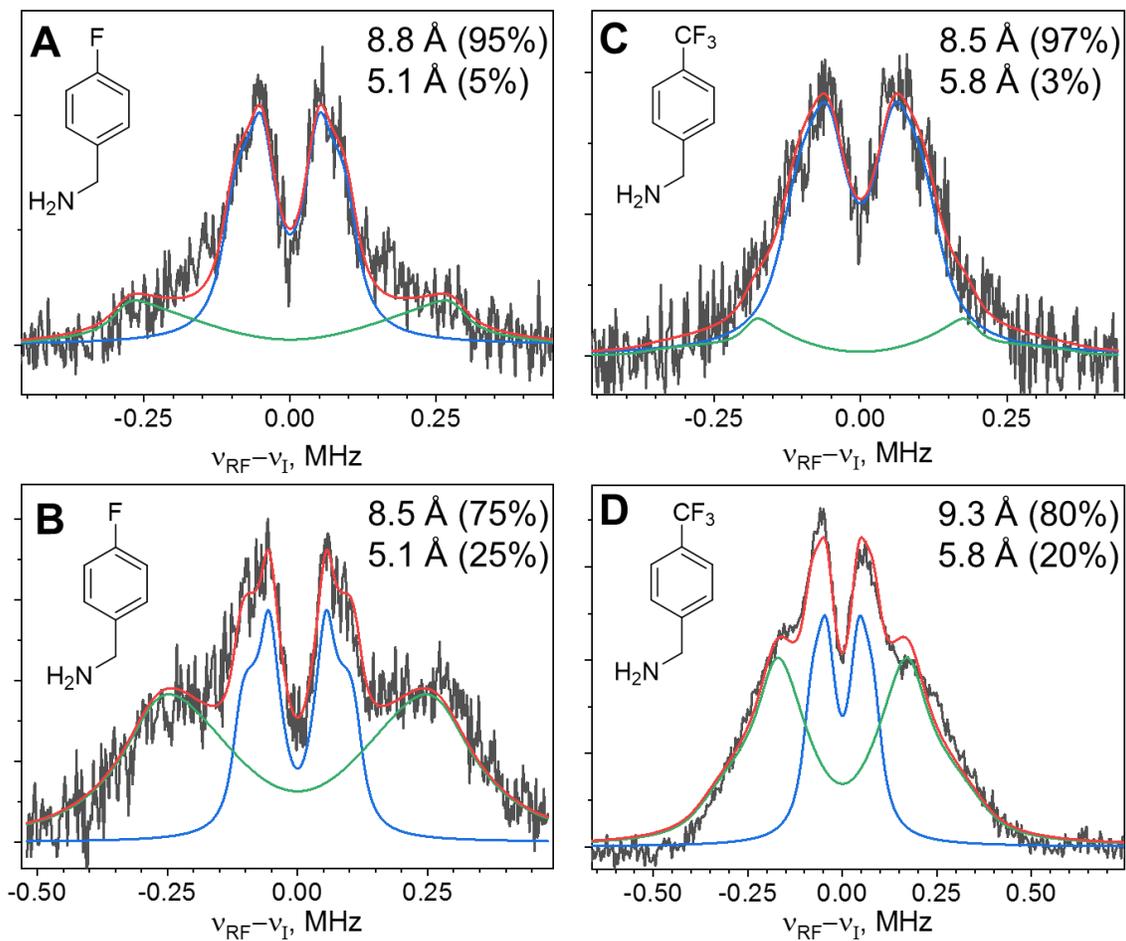


**Figure. S7.** ENDOR spectra of 3,5-diFBA/Gd- $\alpha$ -CD recorded with different values of the inter-pulse delay  $\tau$  in the Mims ENDOR sequence (black) and the corresponding simulations (red). The simulation parameters are listed in **Table 2** (*main text*).

**S6.  $^{19}\text{F}$  ENDOR spectra recorded at the maximum of EPR spectra for all the systems and their simulation**



**Figure S8.** Experimental (black) and simulated (red)  $^{19}\text{F}$  ENDOR spectra of 3-FBA,3,5-diFBA/Gd- $\alpha,\beta$ -CD recorded at the field position corresponding to the maximum of the EPR spectrum of Gd(III). Simulations are done in the assumption of the absence of orientation selection.



**Figure S9.** Experimental (black) and simulated (red) ENDOR spectra of 4-FBA (**A,B**) and 4-CF<sub>3</sub>BA (**C,D**) in Gd- $\alpha$ -CD (upper panels) and Gd- $\beta$ -CD (lower panels). The corresponding Gd-F distances and relative populations of the major (blue) and minor (green) contributions are specified in the figure. In these simulations, we assumed identical Gd-F distance for all F atoms in the CF<sub>3</sub>. This is a valid assumption for distance larger than 10 Å.<sup>S3</sup> The relatively large integral intensity of the minor populations in panels (**B**) and (**D**) stems from the dramatic increase of ENDOR efficiency with decreasing Gd-F distance  $r$ . According to eqs. (2) and (7) of the *main text*, the  $\sim 1/r^6$  dependence of ENDOR efficiency holds when  $a \cdot \tau \ll 1$ . For  $\tau = 1 \mu\text{s}$ , as used for the presented spectra, this holds up for  $a \ll 1$  MHz, thus is applicable in this case.

## Supplementary References

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- S2. A. Bogdanov, V. Frydman, M. Seal, L. Rapatskiy, A. Schnegg, W. Zhu, M. Iron, A. M. Gronenborn and D. Goldfarb, *J. Am. Chem. Soc.*, 2024, **146**, 6157-6167.
- S3. M. Judd, E. H. Abdelkader, M. Qi, J. R. Harmer, T. Huber, A. Godt, A. Savitsky, G. Otting and N. Cox, *Phys. Chem. Chem. Phys.*, 2022, **24**, 25214-25226.