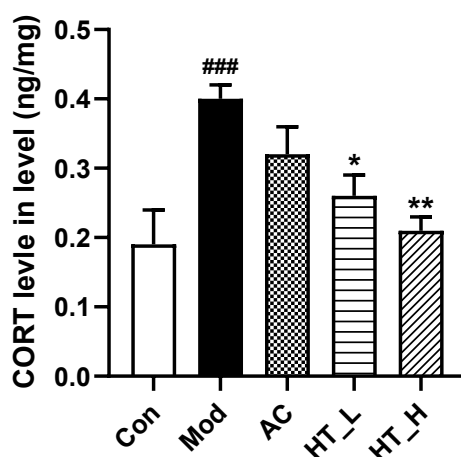


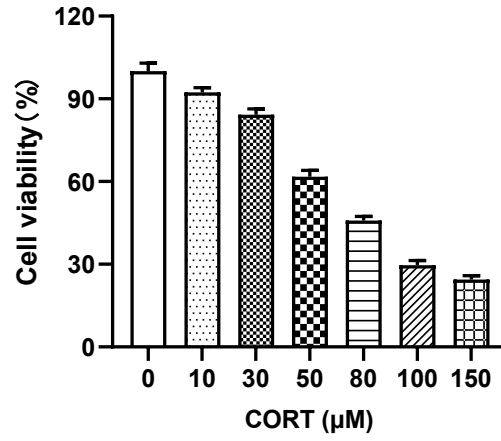
**Fig. S1** Body weight and food intake were recorded once a week during the modeling period. Data were expressed as means  $\pm$  SEM (n =8), ### $P$  < 0.001 versus control group; \*\*\* $P$  < 0.001 versus model group.

Con, control; Mod, stress-induced liver injury; AC, acetylcysteine; HT\_L, low-dose hydroxytyrosol; HT\_H, high-dose hydroxytyrosol.

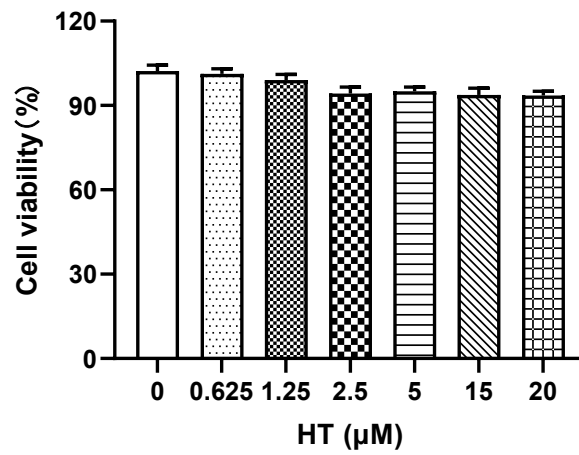


**Fig. S2** The effect of HT on liver CORT concentration. Data were expressed as means  $\pm$  SEM (n =8), ### $P$  < 0.001 versus control group; \*\* $P$  < 0.01, \* $P$  < 0.05 versus model group.

Con, control; Mod, stress-induced liver injury; AC, acetylcysteine; HT\_L, low-dose hydroxytyrosol; HT\_H, high-dose hydroxytyrosol.



**Fig. S3** Cell viability of AML-12 cells with different concentrations of CORT  
CORT, corticosterone



**Fig. S4** Cell viability of AML-12 cells with different concentrations of HT  
HT, hydroxytyrosol

**Table S1.** Chronic unpredictable stress regime

Day	Week			
	Week 1	Week 2	Week 3	Week 4
Sunday	White noise: 1 h (100 DB) Overnight stroboscope: 12 h (120 times/min)	Cage tilt: 24 h	Cage tilt: 24 h	Cage tilt: 24 h
Monday	Shock: 30 min (150 times/min)	Shock: 30 min (150 times/min)	Shock: 30 min (150 times/min)	Cold forced swimming: 5 min
Tuesday	Restraint: 1 h Overnight illumination: 12 h	White noise: 2 h (100 DB) Overnight stroboscope: 12 h (120 times/min)	Water deprivation: 24 h	Shock: 30 min (150 times/min)
Wednesday	Cold forced swimming: 5 min	Restraint: 2 h Overnight illumination: 12 h	Tail pinch: 2 min	Soiled cage: 24 h
Thursday	Soiled cage: 24 h	Soiled cage: 24 h	Soiled cage: 24 h Restraint: 2 h	Tail pinch: 2 min
Friday	Tail pinch: 2 min	Cold forced swimming: 5 min	Overnight illumination: 12 h	Food deprivation: 24 h
Saturday	Water deprivation: 24 h	Food deprivation: 24 h	Food deprivation: 24 h	Soiled cage: 24 h