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eTable 2. NEWCASTLE - OTTAWA QUALITY ASSESSMENT SCALE (COHORT STUDIES)

Author, year	Selection				Comparability	Outcome			Overall quality
	Representative of cohort	Selection of cohort	Exposure ascertainment	No history of disease	Comparability of cohorts	Outcome assessment	follow-up long enough(median≥1 year)	Adequacy of follow up	
Jihye Kim 2024	1	1	1	1	2	1	1	1	9
Yanping Li 2023	0	1	1	1	2	1	1	1	8
Magda Gamba 2023	1	1	1	1	2	1	1	1	9
Alysha S. Thompson 2022	1	1	1	1	2	1	1	1	9
M Delgado-Velandia 2022	1	1	1	1	2	1	1	1	9
Yi-Yun Chen 2022	1	1	1	1	2	1	1	1	9
Matina Kouvari 2022	0	1	1	1	2	1	1	1	8
Svilena V Lazarova 2022	1	1	1	1	1	1	1	1	8
Hairong Li 2022	1	1	1	1	2	1	1	1	9
Leah J. Weston 2022	1	1	1	1	2	1	1	1	9
Dong D Wang 2022	0	1	1	1	2	1	1	1	8
Ambika Satija 2018	0	1	1	1	2	1	1	1	8
Hyunju Kim 2018	0	1	1	1	1	1	1	1	7
Lihui Zhou 2024	1	1	1	1	2	1	1	1	9
Zhilei Shan 2023	0	1	1	1	2	1	1	1	8
Megu Y. Baden 2019	0	1	1	1	2	1	1	1	8
Megu Y. Baden 2021	0	1	1	1	2	1	1	1	8
Maroto-Rodriguez 2024	1	1	1	1	1	1	1	1	8
Sotos-Prieto 2022	0	1	1	1	1	1	1	1	7
Qi 2023	1	1	1	1	1	1	1	1	8
Maroto-Rodriguez 2022	1	1	1	1	2	1	1	1	9
Wu 2023	1	1	1	1	2	1	1	1	9
Wu 2019	1	1	1	1	2	1	1	1	9
Fang 2022	1	1	1	1	1	1	1	1	8
Khongorzul Ganbat 2024	1	1	1	1	1	1	1	1	8