

Supplementary Table 4 Associations of all-cause, CVD or cancer-specific mortality with PDI after excluding deaths in the first 3-years of follow up

	All-cause	CVD	Cancer
Q1	Reference	Reference	Reference
Q2	0.94 (0.90-0.98)	1.01 (0.93-1.10)	0.98 (0.90-1.05)
Q3	0.89 (0.85-0.93)	0.92 (0.85-0.99)	0.91 (0.84-0.98)
Q4	0.86 (0.82-0.90)	0.89 (0.81-0.97)	0.93 (0.85-1.01)
Q5	0.83 (0.80-0.87)	0.87 (0.80-0.95)	0.89 (0.82-0.97)

CVD, cardiovascular disease; PDI, plant-based diet index.

* Adjusted for arm, age, sex, and total energy intake, race/ethnicity, education, marital status, smoking, alcohol drinking, BMI, histories of diabetes and hypertension at baseline.