

SUPPLEMENTARY INFORMATION for Research Article:

Profile of steroid metabolites in human breast milk in different stages of lactation.

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I. Supplementary Methodology

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***In-house* sulfated steroid standards synthesis**

For *in-house* synthesis of qualitative (QL) sulfated standards, next steroids were purchased: 2-hydroxy-estrone (2-OH-E1), 4-hydroxy-estrone (4-OH-E1), pregnane-5 α ,3 α ,20 α -diol (PD-5 α ,3 α ,20 α), pregnane-5 β ,3 α ,20 α -diol (PD-5 β ,3 α ,20 α), 5 α -pregnan-3 α -ol-20-one (alloP), pregn-5-ene-3 β ,20 α -diol (5PD-3 β ,20 α) from Steraloids INC., (Newport, RI, USA). Sulfur trioxide pyridine complex (SO₃·py) was obtained from Sigma–Aldrich (Louis, MO, USA) and *N,N*-Dimethylformamide (DMF) was provided by Merck (Darmstadt, Germany).

The *in-house* synthesis of steroid sulfates as the ammonium salts was performed as previously described [McLeod et al., 2017] with small modifications. Briefly, 100 μ g of each steroid standard was directly dissolved in 100 μ L freshly prepared 5% solution of SO₃·py complex in DMF and incubated at room temperature for 2–12 h. The success of synthesis was confirmed by analysis of reaction using both LC–MS in scan mode and LC–MS/MS for CID studies. Afterward, 1 mL of Millipore water was added to stop the reaction and the purification of synthesized bis-sulfates was performed following earlier SPE described protocol [Waller CC et al., 2014]. Synthesized *in-house* sulfated steroids were defined as qualitative standards.

II. Supplementary Tables

Table 1S. Structures of breast milk steroid conjugated metabolites detected in BM within present study. The backbone structures of each steroid family are presented. The steroid carbons, subjects to metabolic modifications, are characterized for each conjugated metabolite in relation to steroid family and metabolic group. For individual structure of each conjugated metabolite detected in the present study, please refer to Supplementary Tables 2S.

Conjugated residues:			O HO S O O O O O Sulfate residue (S) HO C=O HO C O HO C O HO C O O O Glucuronic acid residue (G) </
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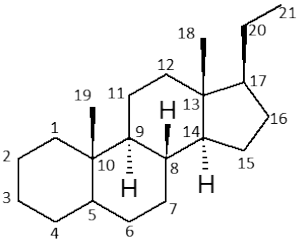
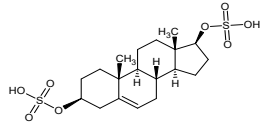
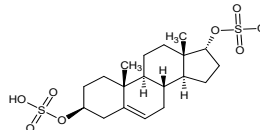
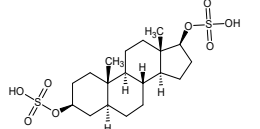
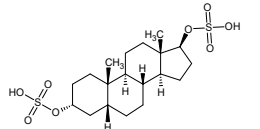
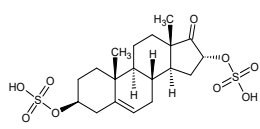
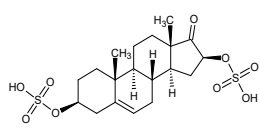
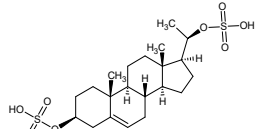
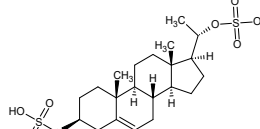
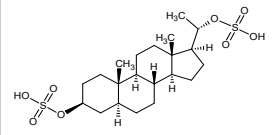
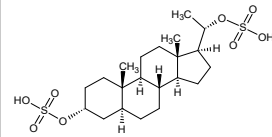
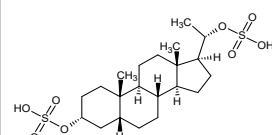
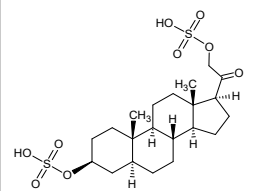
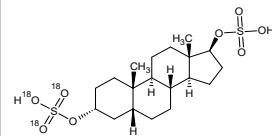
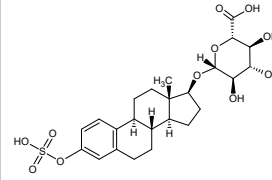
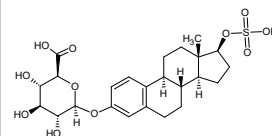
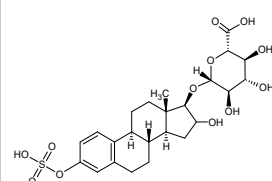
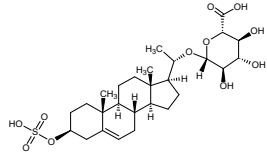
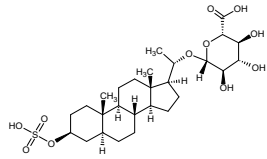
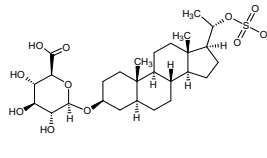
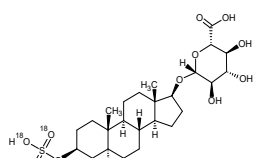
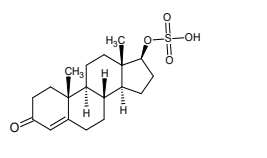
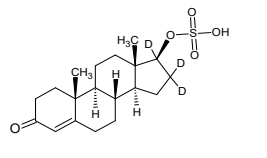
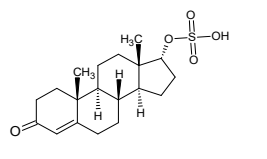
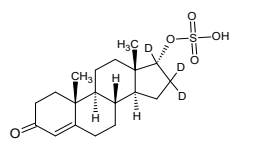
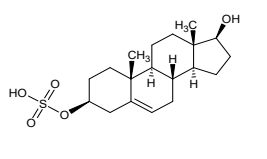
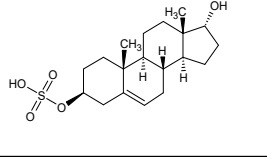
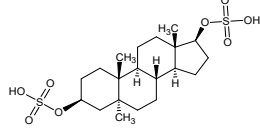
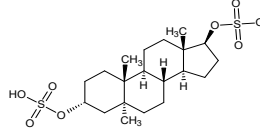
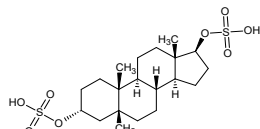
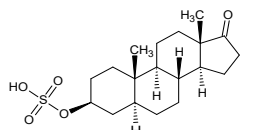
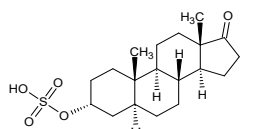
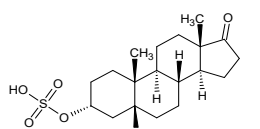
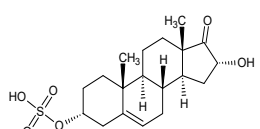
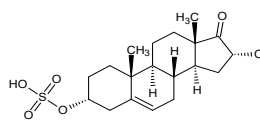
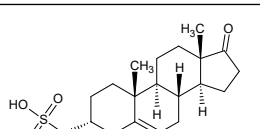
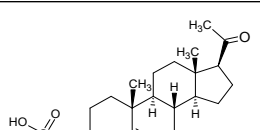
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		PD-5α3β20α-3S	-βO-S	-αH	-H	-H	-αOH	
		PD-5α3β20α-20S	-βOH	-αH	-H	-H	-αO-S	
		PD-5α3β20α-SS	-βO-S	-αH	-H	-H	-αO-S	
		PD-5α3β20α-SG	-βO-S/G	-αH	-H	-H	-αO-G/S	
	epiP	epiP-3S	-βO-S	-βH	-H	-H	=O	
	5-Pregnen (5P)		C3	C5	C16	C17	C20	
	5P	5P-S	-βO-S	Δ ⁵	-H	-H	=O	
		5PED-3β20α-3S	-βO-S	Δ ⁵	-H	-H	-αOH	
		5PED-3β20α-20S	-βOH	Δ ⁵	-H	-H	-αO-S	
5PED-3β20α-SG		-βO-S/G	Δ ⁵	-H	-H	-αO-G/S		
Corticoid Metabolites (CORT)								
	Glucocorticoid		C3	C4/C5	C11	C17	C20	C21
	E	E-21S	=O	Δ ⁴	=O	-αOH	=O	-O-S
		THE-3G	α-O-G	-βH	=O	-αOH	=O	-OH
	F	F-21S	=O	Δ ⁴	-βOH	-αOH	=O	-O-S
		F-21G	=O	Δ ⁴	-βOH	-αOH	=O	-O-G
	Mineralocorticoid		C3	C4/C5	C11	C17	C20	C21
	B	B-21S	=O	Δ ⁴	-βOH	-H	=O	-O-S
		21OH-5P-SS	-βO-S	Δ ⁵	-βOH	-H	=O	-O-S

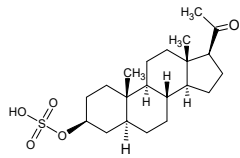
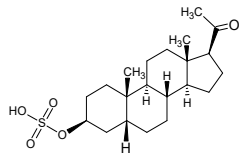
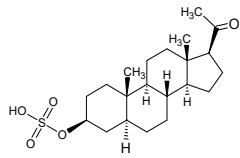
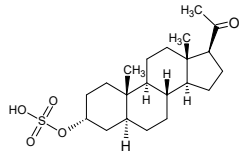
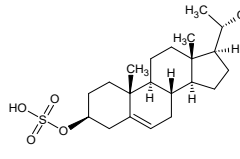
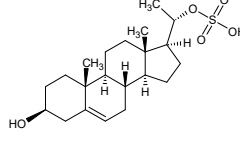
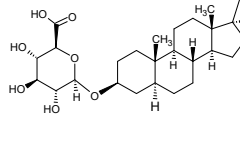
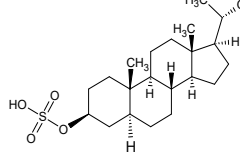
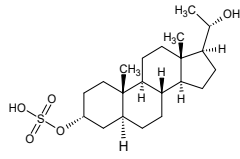
Table 2S. Structural and mass spectrometric features used for detection of conjugated steroids (QN – quantitative standards, QL – qualitatively detected and PA – putatively annotated) and corresponding internal standards (ISTD, SS – bis-sulfated, SG – sulfate-glucuronylated, S – mono-sulfated, and G – mono-glucuronylated). The origin of QN and QL standards is index-marked and disclosed in footnote of the table.

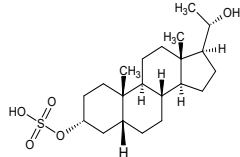
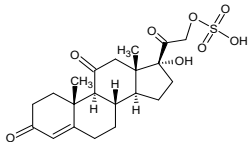
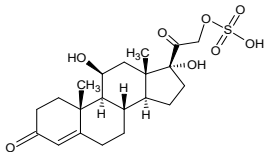
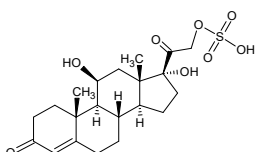
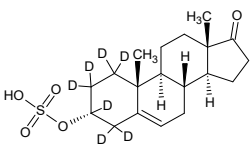
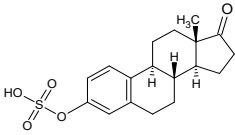
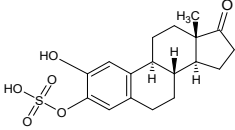
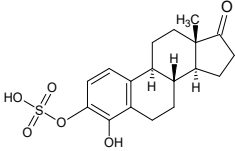
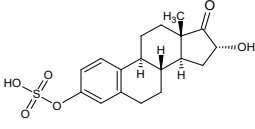
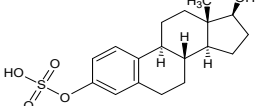
Analyte (MW)	Acronym (type of standard)	Structure	Prec (m/z)	Col (eV)	Prod (m/z)
Bis-sulfated steroids*					
Androst-5-ene-3 β ,17 β -diol bis-sulfate ⁱ (450)	5AD-3 β ,17 β -SS (QN)		224	15	351
Androst-5-ene-3 α ,17 β -diol bis-sulfate ⁱⁱ (450)	5AD-3 α ,17 β -SS (QL)		224	15	351
5 α -androstane-3 β ,17 β -diol bis-sulfate ⁱ (452)	AD-5 α 3 β 17 β -SS (QN)		225	15	353
5 β -androstane-3 α ,17 β -diol bis-sulfate ⁱ (452)	AD-5 β 3 α 17 β -SS (QN)		225	15	353
16 α -hydroxy-dehydroepiandrosterone bis-sulfate ⁱ (464)	16 α OH-DHEA-SS (QN)		231	15	367
16 β -hydroxy-dehydroepiandrosterone bis-sulfate ⁱ (464)	16 β OH-DHEA-SS (QN)		231	15	367
Pregn-5-ene-3 β ,20 β -diol bis-sulfate ⁱ (478)	5PED-3 β 20 β -SS (QN)		238	15	379
Pregn-5-ene-3 β ,20 α -diol bis-sulfate ⁱ (478)	5PED-3 β 20 α -SS (QL)		238	15	379

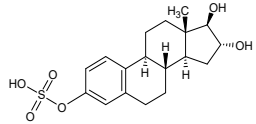
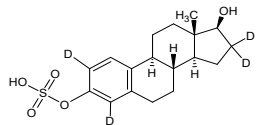
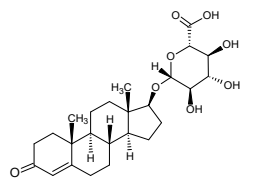
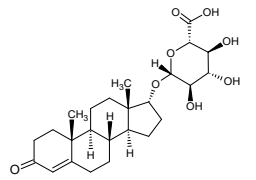
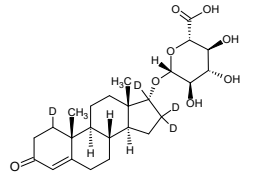
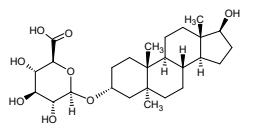
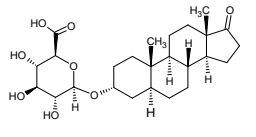
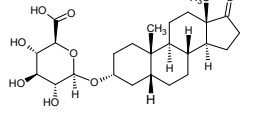
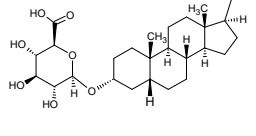
5 α -pregnane-3 β ,20 α -diol bis-sulfatei (480)	PD-5 α 3 β 20 α -SS (QN)		239	15	381
5 α -pregnane-3 α ,20 α -diol bis-sulfateii (480)	PD-5 α 3 α 20 α -SS (QL)		239	15	381
5 β -pregnane-3 α ,20 α -diol bis-sulfateii (480)	PD-5 β 3 α 20 α -SS (QL)		239	15	381
21-hydroxy-pregnenolone-bis sulfatei (492)	21OH-5P-SS (QN)		245	15	393
17-S(18O)3-5 β -androstan-3 α ,17 β -diol 3,17-bis-sulfatei (458)	ISTD-SS		228	15	359
Sulfo- glucuronylated steroids*					
Estradiol 3-sulfate-17 β -gluconidate ⁱⁱⁱ (528)	E2-3S17 β G (QN)		263	15	351
Estradiol 3-glucuronidate-17 β -sulfateiii (528)	E2-3G17 β S (QN)		263	15	351
Estriol sulfo-glucuronidate (544)	E3-SG (PA)		271	15	351

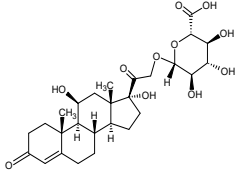
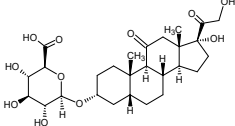
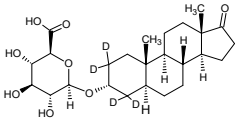
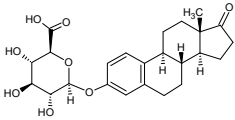
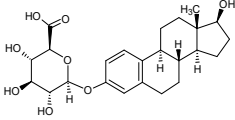
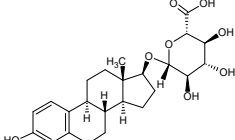
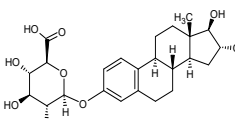
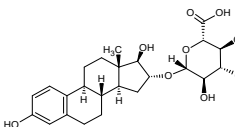
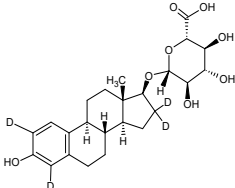
Pregn-5-ene-3 β ,20 α -diol 3 β -sulfate, 20 α -glucuronide ⁱⁱⁱ (574)	5PD-3 β 20 α -3S20G (QN)		286	15	397
5 α -pregnane-3 β ,20 α -diol, 3 β -sulfate, 20 α -glucuronide ⁱⁱⁱ (576)	PD-5 α 3 β 20 α -3S20G (QN)		287	15	399
5 α -pregnane-3 β ,20 α -diol, 3 β -glucuronide, 20 α -sulfate ⁱⁱⁱ (576)	PD-5 α 3 β 20 α -3G20S (QN)		287	15	399
5 α -androstanediol-3 β -{18O3}sulfate, 17 β -glucuronide ⁱⁱⁱ (554)	ISTD-SG		276	15	377
Mono-sulfated steroids					
Testosterone sulfate ^{iv} (368)	T-S (QN)		367	30	97
Testosterone-d3 sulfate ^{iv} (371)	ISTD-S-1		370	30	98
Epitestosterone sulfate ^{iv} (368)	epiT-S (QN)		367	30	97
Epitestosterone-d3 sulfate ^{iv} (371)	ISTD-S-2		370	30	98
Androst-5ene-3 β , 17 β -diol 3-sulfate ⁱⁱ (370)	5AED-3 β 17 β -3S (QL)		369	30	97
Androst-5ene-3 β , 17 α -diol 3-sulfate ⁱⁱ (370)	5AED-3 β 17 α -3S (PA)		369	30	97

5 α -androstane-3 β , 17 β -diol 3-sulfatei (372)	AD-5 α 3 β 17 β -3S (QN)		371	30	97
5 α -androstane-3 α , 17 β -diol 3-sulfatei (372)	AD-5 α 3 α 17 β -3S (QN)		371	30	97
5 β -androstane-3 α , 17 β -diol 3-sulfatei (372)	AD-5 β 3 α 17 β -3S (QN)		371	30	97
Epiandosterone sulfate ^v (370)	epiAN-S (QN)		369	35	97
Androsterone sulfateiv (370)	AN-S (QN)		369	35	97
Etiocholanolone sulfateiv (370)	Etio-S (QN)		369	35	97
16 α -hydroxy-dehydroepiandrosterone 3-sulfate ^{vi} (383)	16 α OH-DHEA-3S (QN)		383	30	97
16 β -hydroxy-dehydroepiandrosterone 3-sulfateii (383)	16 β OH-DHEA-3S (QL)		383	30	97
Dehydroepiandrosterone sulfatev (368)	DHEA-S (QN)		367	30	97
Pregn-5-ene-3 β -ol-20-one sulfatevi (396)	5P-S (QN)		395	30	97

5β-Pregnan-3α-ol-20-one sulfatevi (398)	P-S (QN)		397	30	97
5β-pregnan-3β-ol-20-one sulfatevi (398)	epiP-S (QN)		397	30	97
5α-pregnan-3β-ol-20-one sulfatevi (398)	EAP-S (QN)		397	30	97
5α-pregnan-3α-ol-20-one sulfateii (398)	alloP-S (QL)		397	30	97
Pregn-5-ene-3β, 20-one 3-sulfatevi (398)	5PED-3β20α-3S (QN)		397	30	97
Pregn-5-ene-3β, 20-one 20-sulfateii (398)	5PED-3β20α-20S (QL)		397	30	97
5α-pregnan-3β, 20β-diol 3-sulfatevi (400)	PD-5α3β20β-3S (QN)		399	40	97
5α-pregnan-3β, 20α -diol 3-sulfateii (400)	PD-5α3β20α-3S (QL)		399	40	97
5α-pregnan-3α, 20α -diol 3-sulfateii (400)	PD-5α3α20α-3S (QL)		399	40	97

5β-pregnan-3α, 20α -diol 3-sulfateii (400)	PD-5β3α20α-3S (QL)		399	40	97
Cortisone 21-sulfatevii (440)	E-S (QN)		439	35	97
Cortisol 21-sulfatevii (442)	F-S (QN)		441	35	97
Corticosterone 21-sulfate (426)	B-21S (QN)		425	35	97
Dehydroepiandrosterone-d7 sulfatev (374)	ISTD-S-3		373	30	98
Estrone sulfatev (350)	E1-S (QN)		349	30	269
2-hydroxyestrone 3-sulfateii (366)	2OH-E1-3S (QL)		365	30	285
4-hydroxyestrone 3-sulfateii (366)	4OH-E1-3S (QL)		365	30	285
16-hydroxyestrone 3-sulfate (366)	16OH-E1-3S (QL)		365	30	283
Estradiol 3-sulfate (352)	E2-3S (QN)		351	30	271

Estriol 3-sulfateviii (368)	E3-3S (QN)		367	35	287
Estradiol-d4 3-sulfate (355)	ISTD-S-4		354	35	274
Mono-glucuronylated steroids					
Testosterone glucuronideiv (464)	T-G (QN)		463	30	75
Epitestosterone glucuronideiv (464)	epiT-G (QN)		463	30	75
Epitestosterone-d4 glucuronideiv (468)	ISTD-G-1		467	30	75
5α-androstane-3α, 17β-diol 3- glucuronideiv (468)	AD-5α3α17β-3G (QN)		467	30	75
Androsterone glucuronideiv (466)	AN-G (QN)		465	30	75
Etiocholanolone glucuronideiv (466)	Etio-G (QN)		465	30	75
5β-pregnan-3α, 20α -diol 3- glucuronideiv (496)	PD-5β3α20α-3G (QN)		495	30	75
Pregnanediol glucuronide-1 (496)	PD-G-1 (PA)		495	30	75

Pregnanediol glucuronide-2 (496)	PD-G-2 (PA)	PD-5a3a20a-?G	495	30	75
Cortisol 21-glucuronidevii (538)	F-G (QN)		537	30	75
Tetrahydrocortisone 3-glucuronideviii (540)	THE-3G (QN)		539	30	75
Androsterone-d4 glucuronide (470)	ISTD-G-2		469	35	75
Estrone glucuronidevi (446)	E1-G (QN)		445	30	269
Estradiol 3-glucuronidevi (448)	E2-3G (QN)		447	30	271
Estradiol 17β-glucuronide (448)	E2-17βG (QN)		447	30	271
Estriol 3-glucuronideviii (464)	E3-3G (QN)		463	30	287
Estriol 16a-glucuronideviii (464)	E3-16aG (QN)		463	30	287
Estradiol-d4 17β-glucuronide (451)	ISTD-G-3		450	20	113 ^{ix}

* - bis-conjugated steroid metabolites (bis-sulfated and sulfo-glucuronidated) were detected using constant ion loss method, as described earlier [McLeod M.D. et al, 2017]. Their precursors, being dianions ($[M - 2H]^{2-}$) due to the presence of two ionizable parts on the molecule, were fragmented to generate as products mono-ions due to the loss of one ionizable part: sulfate, in case of bis-sulphates, or glucuronide, in case of sulfo-glucuronides.

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- ⁱ - custom quantitative synthesis, as described earlier [Waller CC et al., 2017]
ⁱⁱ- *in-house* qualitative synthesis, as described earlier [McLeod MD et al., 2017]
ⁱⁱⁱ - custom quantitative synthesis, as described earlier [Pranata A et al., 2018]
^{iv} - National Measurements Institute (Sydney, Australia)
^v - Sigma Aldrich (St Louis, MO, USA)
^{vi} - Steraloids (Newport RI, USA)
^{vii} - Toronto Research Chemicals (Toronto, Canada)
^{viii} - kindly provided by colleagues Dr. Lorna Gilligan and Prof. Celdric Schakelton

Table 3S Participants' data and relevant breast-feeding information.

	Colostrum (n=18)	Transion (n=17)	Mature (n=25)	Total (n=60)
Mother's age (Mean $\pm$ SD (range), years)	35.1 $\pm$ 5.0 (23 – 44)	33.8 $\pm$ 7.6 (20 – 50)	34.4 $\pm$ 7.1 (22 – 44)	34.4 $\pm$ 6.6 (20 – 50)
Gestation terms (Mean $\pm$ SD (range), weeks)	39.4 $\pm$ 1.4 (36 – 41.4)	37.6 $\pm$ 3.2 (30.4 – 42)	37.7 $\pm$ 4.6 (27 – 42)	38.2 $\pm$ 3.6 (27 – 42)
Age of infants (Mean $\pm$ SD (range), days)	4.2 $\pm$ 1.3 (1 – 6)	11.6 $\pm$ 3.8 (7 – 19)	32.7 $\pm$ 6.7 (20 – 51)	18.2 $\pm$ 13.6 (1 – 51)
Type of birth (n) On term (>37 weeks) Preterm (<37 weeks)	n = 17 n = 1	n = 14 n = 3	n = 20 n = 5	n = 51 n = 9
Type of delivery (n) Vaginal Cesarean	n = 12 n = 6	n = 10 n = 7	n = 19 n = 6	n = 38 n = 18
Sex of a newborn (n) Female Male Fraternal twins	n = 10 n = 9 n = 2	n = 12 n = 5 n = 0	n = 9 n = 16*** n = 0	n = 31 n = 31*** n = 2
Type of sample (n) Whole breast milk* Foremilk**	n = 1 n = 17	n = 6 n = 11	n = 5 n = 20	n = 12 n = 48
Time of sampling (n) Morning (7 am – 2 pm) Evening (after 2 pm)	n = 15 n = 3	n = 12 n = 5	n = 17 n = 8	n = 44 n = 16

*- an aliquot of whole milk (foremilk + hind milk) collected from one breast

**- an aliquot of foremilk collected from one breast

***- one delivery was of male twins

Table 4S. Parameters used in quantitative analysis of phase II conjugated steroids detected in breast milk samples. Calibrators, analytes with quantitative standards, and corresponding parameters of quantification which were used for relative quantification of resemble to them compounds (listed right below corresponding calibrator) are marked in bold letters.

Analyte	RT (min)	Calibrator	ISTD	Ranges (ng mL ⁻¹)	LOD (ng mL ⁻¹)	Recoveries (mean±SD, %)	Matrix Effect (%)		
							Colostrum	Transition	Mature
Bis-sulfated steroids									
5AED-3β17β-SS	6.56	5AED-3β17β-SS	ISTD-SS	0.39 - 25	0.04	105 ± 8	73	72	93
5AED-3α17β-SS*	7.43	5AED-3β17β-SS	ISTD-SS						
AD-5β3α17α-SS	8.41	AD-5β3α17α-SS	ISTD-SS	0.195 - 50	0.01	107 ± 24	142	146	219
AD-5α3β17β-SS	7.73	AD-5β3α17α-SS	ISTD-SS						
AD-SS	8.28	AD-5β3α17α-SS	ISTD-SS						
AD-5α3α17β-SS	8.22	AD-5β3α17α-SS	ISTD-SS						
AD-5β3α17β-SS	8.85	AD-5β3α17α-SS	ISTD-SS						
16βOH-DHEA-SS	5.66	16βOH-DHEA-SS	ISTD-SS	0.195 - 50	0.04	98 ± 8	177	100	93
16αOH-DHEA-SS*	6.15	16βOH-DHEA-SS	ISTD-SS						
5PED-3β20β-SS	8.68	5PD-3β20β-SS	ISTD-SS	0.16 – 41.70	0.08	98 ± 8	177	100	93
5PED-3β20α-SS*	7.78	5PD-3β20β-SS	ISTD-SS						
PD-5α3β20α-SS	7.26	PD-5α3β20α-SS	ISTD-SS	0.39 - 50	0.05	100 ± 22	50	95	135
PD-5α3α20α-SS*	7.40	PD-5α3β20α-SS	ISTD-SS						
PD-5β3α20α-SS*	8.49	PD-5α3β20α-SS	ISTD-SS						
21-OH-5P-SS*	7.40	PD-5α3β20α-SS	ISTD-SS						
Sulfo-glucuronylated steroids									
E2-3S17βG	3.27	E2-3S17βG	ISTD-SG	0.195 - 50	0.1	91 ± 8	71	68	69
E2-3G17βS	3.97	E2-3G17βS	ISTD-SG	0.195 - 50	0.1	89 ± 18	47	62	47
E3-SG**	2.99	E2-3G17βS	ISTD-SG						

5PED-3β20α-3S,20G	5.77	5PD-3β20α-3S,20G	ISTD-SG	0.195 - 50	0.05	99 $\pm$ 9	66	102	124
PD-SG_1**	5.48	5PD-3 β 20 α -3S,20G	ISTD-SG						
PD-SG_2**	6.16	5PD-3 β 20 α -3S,20G	ISTD-SG						
PD-SG_3**	7.72	5PD-3 β 20 α -3S,20G	ISTD-SG						
PD-SG_4**	7.75	5PD-3 β 20 α -3S,20G	ISTD-SG						
<i>Mono-sulfated steroids</i>									
T-S	9.87	T-S	ISTD-S_1	0.195 - 50	0.02	101 $\pm$ 3	100	107	103
epiT-S	10.29	epiT-S	ISTD-S_2	0.195 - 50	0.02	100 $\pm$ 2	93	104	100
epiAN-S	11.45	epiAN-S	ISTD-S_3	0.195 - 50	0.02	100 $\pm$ 7	78	94	110
AN-S	11.95	AN-S	ISTD-S_3	0.39 - 50	0.02	99 $\pm$ 8	143	150	137
Etio-S	12.13	Etio-S	ISTD-S_3	0.195 - 50	0.02	106 $\pm$ 13	110	149	143
DHEA-S	10.97	DHEA-S	ISTD-S_3	0.39 - 100	0.02	109 $\pm$ 4	104	100	108
16αOH-DHEA-3S	8.18	16αOH-DHEA-3S	ISTD-S_3	0.195 - 50	0.01	97 $\pm$ 7	190	62	85
16 β OH-DHEA-3S*	6.79	16 α OH-DHEA-3S	ISTD-S_3						
AD-5α3β17β-3S	10.00	AD-5α3β17β-3S	ISTD-S_3	0.195 - 50	0.02	106 $\pm$ 13	89	80	75
AD-5 α 3 α 17 β -3S	10.54	AD-5 α 3 β 17 β -3S	ISTD-S_3						
AD-5 β 3 α 17 β -3S	10.96	AD-5 α 3 β 17 β -3S	ISTD-S_3						
5AED-3 α 17 β -3S*	9.30	AD-5 α 3 β 17 β -3S	ISTD-S_3						
5AED-3 β 17 β -3S*	9.40	AD-5 α 3 β 17 β -3S	ISTD-S_3						
5P-S	13.41	5P-S	ISTD-S_3	0.195 - 50	0.02	77 $\pm$ 12	9	38	54
P-S	14.18	P-S	ISTD-S_3	0.195 - 50	0.01	89 $\pm$ 12	17	44	53
EAP-S	13.88	EAP-S	ISTD-S_3	0.195 - 50	0.01	89 $\pm$ 19	26	20	44
epiP-S	13.65	epiP-S	ISTD-S_3	0.195 - 50	0.01	86 $\pm$ 13	17	34	46

alloP-S*	14.05	epiP-S	ISTD-S_3						
PD-5α3β20β-3S	12.70	PD-5α3β20β-3S	ISTD-S_3	0.195 - 50	0.02	82 $\pm$ 17	18	63	73
5PED-3 β 20 α -3S*	10.76	PD-5 α 3 β 20 β -3S	ISTD-S_3						
5PED-3 β .20-one-3S*	11.90	PD-5 α 3 β 20 β -3S	ISTD-S_3						
PD-5 β 3 α 20 α -3S*	12.70	PD-5 α 3 β 20 β -3S	ISTD-S_3						
PD-5 α 3 β 20 α -20S*	12.36	PD-5 α 3 β 20 β -3S	ISTD-S_3						
PD-5 α 3 α 20 α -20S*	13.05	PD-5 α 3 β 20 β -3S	ISTD-S_3						
PD-5 β 3 α 20 α -20S*	13.34	PD-5 α 3 β 20 β -3S	ISTD-S_3						
PD-5 α 3 β 20 α -20S*	11.34	PD-5 α 3 β 20 β -3S	ISTD-S_3						
PD-5 α 3 α 20 α -3S*	12.60	PD-5 α 3 β 20 β -3S	ISTD-S_3						
E1-S	10.33	E1-S	ISTD-S_4	0.39 - 50	0.02	94 $\pm$ 5	69	63	65
2OH-E1-3S*	10.16	E1-S	ISTD-S_4						
4OH-E1-3S*	11.30	E1-S	ISTD-S_4						
E2-3S	9.31	E2-3S	ISTD-S_4	0.195 - 25	0.02	93 $\pm$ 2	66	58	57
E3-3S	5.05	E3-3S	ISTD-S_4	0.39 – 6.25	0.002	99 $\pm$ 3	142	58	46
B-21S	8.65	B-21S	ISTD-S_3	0.39 – 6.25	0.002	97 $\pm$ 6	272	185	158
E-21S	8.36	E-21S	ISTD-S_3	0.39 – 12.5	0.002	107 $\pm$ 5	415	155	176
F-21S	8.65	F-21S	ISTD-S_3	0.39 – 12.5	0.002	107 $\pm$ 6	450	174	185
<i>Mono-glucuronylated steroids</i>									
epiT-G	8.93	epiT-G	ISTD-G_1	0.195 - 50	0.02	107 $\pm$ 8	98	101	109
AN-G + Etio-G	9.89	Etio-G	ISTD-G_2	0.195 - 50	0.01	99 $\pm$ 2	102	110	105
PD-5β3α20α-3G	11.16	PD-5β3α20α-3G	ISTD-G_2	0.195 - 50	0.04	99 $\pm$ 14	30	75	64
PD-G_1**	10.56	PD-5 β 3 α 20 α -3G	ISTD-G_2						
PD-G_2**	11.03	PD-5 β 3 α 20 α -3G	ISTD-G_2						

F-21G	6.93	F-21G	ISTD-G_2	0.195 – 3.13	0.02	88 ± 7	299	187	77
THE-3G	6.30	THE-3G	ISTD-G_2	0.195 - 50	0.1	76 ± 13	278	80	101
E1-G	7.17	E1-G	ISTD-G_3	0.195 - 50	0.04	95 ± 4	148	120	126
E2-3G	6.33	E2-3G	ISTD-G_3	0.195 - 50	0.04	101 ± 6	121	119	108
E2-17βG	7.01	E2-17βG	ISTD-G_3	0.195 - 50	0.04	94 ± 4	121	157	114
E3-3G	2.31	E3-3G	ISTD-G_3	0.195 - 50	0.05	86 ± 7	108	87	42
E3-16αG	5.61	E3-16αG	ISTD-G_3	0.195 - 50	0.04	90 ± 11	161	146	65

*-analyte identified by available qualitative standard

**-analyte putatively annotated on the base of their LC-MS behavior

Table 55. Concentrations of endogenous phase II steroid metabolites (nmol L⁻¹) monitored in three types of breast milks from the study, presented as Mean (calculated using concentration data where zero values were transformed to half of the lowest detected concentration for each metabolite) and concentration range (min-max) detected in a number of samples (n). Differences between breast milk groups are expressed as p-value.

Phase II steroid conjugated metabolite	Colostrum (n=18)	Transition (n=17)	Mature (n=25)	p-value ⁱ
ESTR				
E1-S	38.245 (0.08 – 194.33) n = 18	5.043 (0.13 – 62.94) n = 17	1.606 (0.18 – 13.74) n = 25	0.000
2OH-E1-3S	2.638 (0.08 – 14.30) n = 18	0.135 (0.03 – 0.86) n = 12	0.305 (0.03 – 4.82) n = 20	0.000
4OH-E1-3S	1.152 (0.20 – 7.45) n = 17	0.042 (0.01 – 0.15) n = 9	0.190 (0.01 – 3.77) n = 12	0.000
E1-G	2.265 (0.05 – 13.90) n = 17	0.088 (0.02 – 0.72) n = 16	0.177 (0.01 – 3.86) n = 14	0.000
E2-3S	0.469 (0.00 – 3.27) n = 18	0.073 (0.002 – 0.64) n = 16	0.014 (0.003 – 0.07) n = 24	0.001
E2-3G	0.104 (0.00 – 0.31) n = 15	0.057 (0.00 – 0.11) n = 15	0.059 (0.00 – 0.15) n = 22	0.484
E2-17βG	0.080 (0.00 – 0.71) n = 9	0.028 (0.00 – 0.13) n = 6	0.030 (0.00 – 0.11) n = 11	0.612
E3-3S	13.922 (0.01 – 192.08) n = 18	0.541 (0.001 – 5.97) n = 17	0.025 (0.00 – 0.30) n = 25	0.000
E3-3G	1.535 (0.00 – 9.31) n = 17	0.052 (0.00 – 0.22) n = 12	0.069 (0.00 – 0.73) n = 5	0.000
E3-16αG	8.650 (0.05 – 54.36) n = 18	0.085 (0.02 – 0.41) n = 7	0.079 (0.11 – 1.40) n = 4	0.000
E3-SG	1.204 (0.01 – 9.85) n = 15	0.01 n = 1	0.03 n = 1	0.000
Total ESTR	70.264 (1.71 – 471.50)	6.150 (0.23 – 71.53)	2.560 (0.36 – 28.75)	0.000
4A				
T-S	1.276 (0.08 – 15.47) n = 17	0.121 (0.04 – 0.69) n = 11	0.114 (0.05 – 0.27) n = 23	0.000
epiT-S	2.494 (0.05 – 30.65) n = 18	0.189 (0.04 – 1.36) n = 17	0.095 (0.06 – 0.15) n = 25	0.000
epiT-G	0.214 (0.01 – 2.87) n = 12	0.017 (0.02 – 0.06) n = 8	0.014 (0.003 – 0.06) n = 14	0.081
AN-S	68.731 (0.65 – 447.34) n = 18	16.169 (0.29 – 196.70) n = 17	6.505 (0.36 – 14.46) n = 25	0.008
AN-G + Etio-G	3.154	0.410	0.434	0.035

	(0.16 – 43.09) n = 18	(0.12 – 2.35) n = 17	(0.10 – 1.42) n = 25	
AD-5 α 3 α 17 β -3S	176.664 (3.78 – 2210.76) n = 18	15.757 (3.06 – 104.85) n = 17	7.961 (3.16 – 20.40) n = 25	0.042
AD-5 α 3 α 17 β -SS	1.390 (0.12 – 7.60) n = 16	1.045 (0.10 – 1.81) n = 17	0.707 (0.19 – 3.18) n = 24	0.029
Etio-S	57.570 (0.57 – 522.82) n = 18	6.611 (1.10 – 42.17) n = 17	5.234 (0.62 – 19.15) n = 25	0.005
AD-5 β 3 α 17 β -3S	0.364 (0.30 – 2.45) n = 7	0.481 (0.37 – 1.31) n = 11	0.508 (0.12 – 1.53) n = 19	0.112
AD-5 β 3 α 17 β -SS	0.336 (0.13 – 7.6) n = 5	0.02 n = 1		0.008
epiAN-S	36.786 (1.74 – 157.28) n = 18	6.878 (1.10 – 63.42) n = 17	2.797 (1.06 – 6.23) n = 25	0.000
AD-5 α 3 β 17 β -3S	4.811 (0.29 – 21.62) n = 17	0.953 (0.40 – 3.13) n = 12	0.970 (0.32 – 2.58) n = 24	0.009
AD-5 α 3 β 17 β -SS	1.369 (0.09 – 11.31) n = 14	1.468 (0.03 – 3.82) n = 17	1.475 (0.29 – 2.75) n = 24	0.046
AD-SS	0.202 (0.11 – 1.62) n = 6	0.077 (0.02 – 0.34) n = 6	0.060 (0.04 – 0.37) n = 9	0.975
Total 4A	355.361 (14.60 – 2820.84)	50.187 (12.37 – 416.74)	26.886 (10.03 – 66.99)	0.010
5A				
DHEA-S	217.267 (8.02 – 2099.80) n = 18	42.717 (4.29 – 440.69) n = 17	18.744 (3.40 – 85.33) n = 25	0.000
16 α OH-DHEA-3S	80.290 (0.12 – 1358.11) n = 18	1.096 (0.15 – 6.05) n = 17	0.454 (0.11 – 2.37) n = 25	0.000
16 β OH-DHEA-3S	21.622 (0.02 – 362.01) n = 18	0.379 (0.00 – 3.52) n = 17	0.073 (0.02 – 0.37) n = 25	0.000
16 α OH-DHEA-SS	(0.00 – 1.29) n = 2	-	-	
16 β OH-DHEA-SS	0.727 (0.01 – 11.08) n = 15	0.031 (0.01 – 0.1) n = 11	0.026 (0.01 – 0.38) n = 10	0.005
5AED-3 β 17 β -3S	84.708 (1.44 – 814.79) n = 18	12.434 (0.55 – 135.99) n = 17	5.936 (0.34 – 32.41) n = 25	0.003
5AED-3 α 17 β -3S	6.612 (0.34 – 80.37) n = 18	0.302 (0.04 – 2.64) n = 13	0.218 (0.03 – 0.66) n = 24	0.000
5AED-3 β 17 β -SS	4.245 (0.09 – 21.57) n = 18	4.674 (0.37 – 10.52) n = 17	5.103 (0.96 – 14.33) n = 25	0.146
5AED-3 α 17 β -SS	1.409 (0.08 – 10.60) n = 15	0.190 (0.02 – 0.95) n = 16	0.255 (0.02 – 0.88) n = 25	0.133

Total 5A	416.903 (11.45 – 4738.89)	61.825 (7.45 – 596.67)	30.813 (7.17 – 109.92)	0.001
5P				
5P-S	87.940 (0.68 – 520.15) n = 18	9.530 (0.13 – 87.37) n = 17	1.181 (0.42 – 2.61) n = 25	0.000
5PED-3β20α-3S	1.032 (0.07 – 4.33) n = 18	0.150 (0.02 – 0.93) n = 16	0.123 (0.01 – 0.34) n = 25	0.000
5PED-3β20α-20S	23.131 (0.54 – 115.51) n = 18	1.236 (0.12 – 10.55) n = 17	0.562 (0.16 – 1.62) n = 25	0.000
5PED-3β20α-SS	21.935 (0.55 – 141.26) n = 18	8.093 (0.43 – 23.44) n = 17	3.909 (0.73 – 10.57) n = 25	0.009
5PED-3βS-20αG	0.022 (0.01 – 0.11) n = 8	(0.01 – 0.03) n = 2	0.003 (0.003 – 0.02) n = 4	0.018
Total 5P	134.060 (2.11 – 666.11)	19.013 (1.47 – 122.30)	5.777 (1.44 – 14.46)	0.000
4P				
alloP-S	239.851 (0.24 – 1784.18) n = 18	20.091 (0.07 – 170.04) n = 15	0.719 (0.01 – 4.14) n = 23	0.000
PD-5α3α20α-3S	2.979 (0.01 – 11.43) n = 17	0.300 (0.01 – 2.87) n = 14	0.018 (0.002 – 0.18) n = 19	0.000
PD-5α3α20α-20S	180.137 (0.59 – 612.25) n = 18	8.634 (0.09 – 38.20) n = 16	1.091 (0.04 – 10.23) n = 25	0.000
PD-G_2	52.060 (0.21 – 617.12) n = 18	1.271 (0.03 – 9.42) n = 12	0.399 (0.02 – 6.20) n = 25	0.000
PD-5α3α20α-SS	15.488 (0.86 – 147.21) n = 10	(0.14 – 2.47) n = 2		0.000
EAP-S	123.926 (0.08 – 517.34) n = 18	13.050 (0.05 – 126.02) n = 15	0.564 (0.01 – 2.43) n = 22	0.000
PD-5α3β20α-3S	4.197 (0.11 – 28.94) n = 17	0.087 (0.01 – 0.77) n = 14	0.023 (0.003 – 0.23) n = 24	0.000
PD-5α3β20α-20S	125.148 (0.51 – 579.28) n = 18	3.751 (0.07 – 26.18) n = 16	0.474 (0.04 – 4.54) n = 25	0.000
PD-5α3β20α-SS	49.518 (3.02 – 286.14) n = 16	2.470 (0.28 – 26.03) n = 8	0.260 (0.13 – 4.46) n = 4	0.000
P-S	47.947 (0.04 – 570.95) n = 17	4.123 (0.05 – 42.28) n = 13	0.137 (0.004 – 1.18) n = 18	0.000
PD-5β3α20α-3S	2.156 (0.02 – 8.63) n = 16	0.120 (0.01 – 1.38) n = 13	0.009 (0.002 – 0.04) n = 14	0.000
PD-5β3α20α-20S	33.676 (0.06 – 201.36) n = 18	2.262 (0.02 – 16.02) n = 16	0.177 (0.01 – 0.93) n = 25	0.000

PD-5β3α20α-3G	16.272 (0.47 – 135.85) n = 18	0.339 (0.03 – 1.44) n = 17	0.452 (0.08 – 2.39) n = 25	0.000
PD-5β3α20α-SS	0.169 (0.25 – 0.72) n = 2	5.07 n = 1		0.267
epiP-S	27.189 (0.03 – 188.48) n = 18	1.886 (0.10 – 20.26) n = 12	0.086 (0.01 – 0.53) n = 20	0.000
PD-G_1	0.318 (0.08 – 0.98) n = 13	0.200 (0.09 – 0.85) n = 9	0.186 (0.08 – 0.41) n = 22	0.416
PD-SG_1	0.049 (0.01 – 0.16) n = 9		0.02 n = 1	0.000
PD-SG_2	0.031 (0.01 – 0.26) n = 5		0.01 n = 1	0.010
PD-SG_3	0.233 (0.003 – 2.67) n = 8			0.000
PD-SG_4	0.062 (0.003 – 0.38) n = 6			0.000
Total 4P	921.398 (3.56 – 4785.89)	59.262 (0.20 – 453.06)	4.832 (0.42 – 37.44)	0.000
CORT				
E-21S	0.812 (0.005 – 11.88) n = 11	0.022 (0.01 – 0.21) n = 6	0.004 (0.004 – 0.02) n = 4	0.002
THE-3G	6.387 (0.61 – 44.31) n = 18	4.437 (0.31 – 15.25) n = 17	1.760 (0.58 – 9.03) n = 25	0.004
F-21S	4.161 (0.13 – 63.77) n = 16	0.226 (0.13 – 1.86) n = 4	0.117 (0.13 – 0.83) n = 6	0.000
F-21G	0.028 (0.00 – 0.10) n = 17	0.009 (0.00 – 0.05) n = 3	0.009 (0.00 – 0.07) n = 3	0.000
B-21S	0.355 (0.04 – 3.68) n = 13	0.048 (0.05 – 0.29) n = 7	0.069 (0.03 – 0.16) n = 22	0.014
21-OH-5P-SS	0.473 (0.003 – 4.12) n = 12	0.017 (0.002 – 0.06) n = 9	0.009 (0.04 – 0.04) n = 12	0.021
Total CORT	12.216 (0.66 – 126.21)	4.760 (0.36 – 15.27)	1.969 (0.58 – 10.12)	0.002
Total SS	97.262 (1.11 – 578.23)	18.713 (3.80 – 62.60)	12.017 (3.06 – 25.49)	0.001
Total SG	1.602 (0.00 – 10.72)	(0.00 - 0.03)	(0.00 - 0.03)	0.000
Total S	1720.251 (37.78 -10218.74)	175.436 (16.21 – 1588.79)	57.099 (18.04 – 135.73)	0.000
Total G	91.066 (2.82 – 804.56)	6.994 (1.21 – 18.76)	3.667 (1.59 – 16.64)	0.000
Total Phase II	1910.180	201.193	72.834	0.000

conjugates	(41.71 – 11602.65)	(32.78 – 1669.70)	(24.32 – 152.70)	
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[†] P-value – according to Krustal-Wallis no-parametrical test for independent samples performed on 0-adjusted and log-transformed concentration data.

Table 6S. Approximated amounts of daily excreted steroid phase II metabolites ($\mu\text{mol } 24\text{h}^{-1}$) during onset and full lactation periods. on the base of levels of metabolites detected in BM samples from population of lactating mothers in present study and published earlier data on BM yields [Neville. M C et al., 1988].

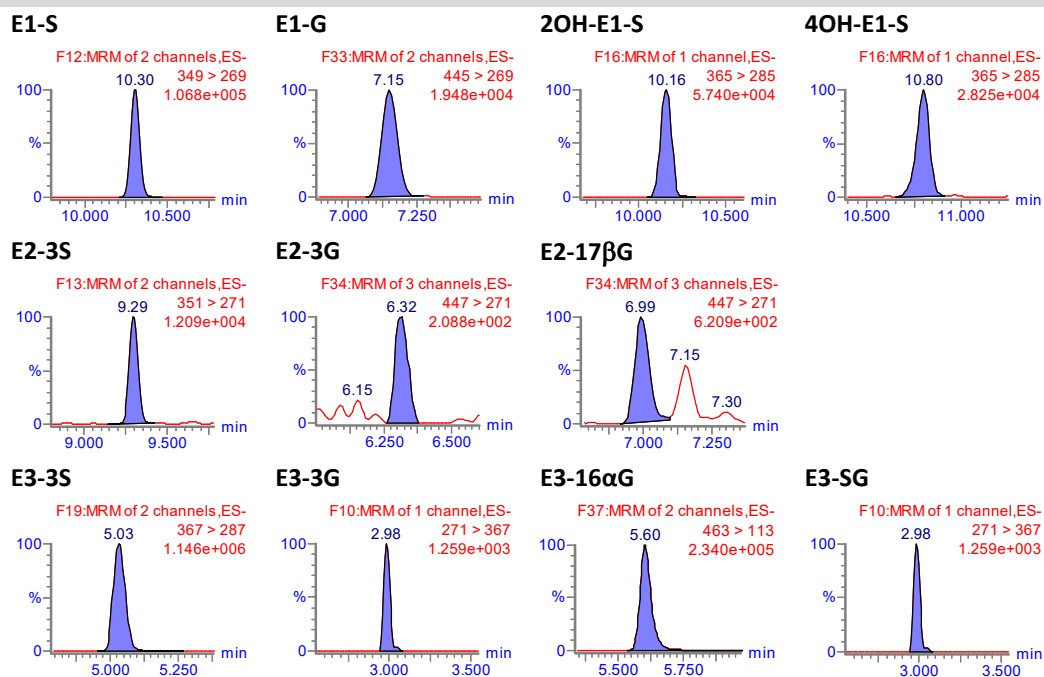
Postpartum periods (days)	BM type	N samples per group	BM daily Volume ⁱ (mL 24h ⁻¹)	Daily excreted steroid metabolites ($\mu\text{mol } 24\text{h}^{-1}$) in BM (Mean $\pm$ SD), ranges (min-max)						
				ESTR	5P	4P	5A	4A	CORT	TOTAL
1-3	C	3	211.3	19.60 $\pm$ 18.55 (1.06 – 38.16)	54.47 $\pm$ 74.87 (6.91 – 140.77)	354.71 $\pm$ 568.55 (20.02 – 1011.17)	41.50 $\pm$ 57.39 (4.91 – 107.64)	201.90 $\pm$ 341.43 (3.16 – 596.15)	2.23 $\pm$ 2.24 (0.17 – 4.61)	674.414 $\pm$ 1060.133 (56.49 – 1898.51)
4-6	C	15	567.0	37.28 $\pm$ 58.82 (0.97 – 236.73)	61.99 $\pm$ 80.46 (1.20 – 287.90)	436.44 $\pm$ 633.82 (2.19 – 2417.64)	261.38 $\pm$ 677.10 (6.50 – 2686.88)	133.45 $\pm$ 219.18 (8.33 – 877.49)	7.11 $\pm$ 17.91 (0.41 – 71.56)	937.65 $\pm$ 1643.07 (23.97 – 6578.21)
7-9	T	6	624.3	9.08 $\pm$ 17.4 (0.37 – 44.54)	19.03 $\pm$ 27.90 (1.57 – 76.35)	82.34 $\pm$ 106.51 (5.134 – 282.90)	81.79 $\pm$ 142.65 (11.57 – 372.52)	58.24 $\pm$ 99.09 (13.12 – 260.23)	4.20 $\pm$ 1.71 (1.97 – 5.99)	255.58 $\pm$ 389.312 (40.95 – 1042.54)
10-14	T	6	664.6	1.55 $\pm$ 1.65 (0.27 – 4.70)	11.26 $\pm$ 7.59 (5.56 – 25.74)	14.69 $\pm$ 16.94 (0.82 – 36.465)	22.00 $\pm$ 11.92 (9.30 – 41.52)	22.83 $\pm$ 14.67 (10.99 – 51.75)	1.33 $\pm$ 0.84 (0.29 – 2.44)	73.67 $\pm$ 46.51 (33.94 – 147.30)
15-23	T/M	7	703.0	0.50 $\pm$ 0.24 (0.19 – 0.85)	4.61 $\pm$ 2.99 (1.03 – 9.05)	9.78 $\pm$ 15.91 (0.41 – 44.49)	13.89 $\pm$ 14.05 (5.24 – 44.60)	15.30 $\pm$ 7.83 (8.73 – 31.90)	3.06 $\pm$ 3.75 (0.56 – 10.80)	47.14 $\pm$ 31.09 (23.30 – 95.06)
24-32	M	13	794.0	2.80 $\pm$ 6.06 (0.31 – 22.83)	4.35 $\pm$ 3.09 (1.14 – 11.48)	2.36 $\pm$ 3.71 (0.54 – 9.89)	24.65 $\pm$ 17.80 (5.69 – 62.30)	22.29 $\pm$ 12.94 (7.98 – 53.20)	1.83 $\pm$ 1.95 (0.53 – 8.03)	60.82 $\pm$ 34.01 (19.66 – 120.82)
33-39	M	6	726.0	1.00 $\pm$ 0.36 (0.65 – 1.53)	3.32 $\pm$ 1.73 (1.67 – 6.28)	2.36 $\pm$ 3.71 (0.54 – 9.89)	13.17 $\pm$ 5.18 (6.21 – 18.64)	17.03 $\pm$ 5.17 (11.03 – 24.92)	1.22 $\pm$ 0.58 (0.77 – 2.01)	38.10 $\pm$ 9.80 (25.49 – 47.39)
40-53	M	4	745.0	1.55 $\pm$ 2.11 (0.33 – 4.71)	5.54 $\pm$ 2.02 (3.89 – 8.07)	1.22 $\pm$ 0.35 (0.85 – 1.58)	34.61 $\pm$ 5.18 (15.25 – 81.89)	18.92 $\pm$ 3.24 (14.09 – 20.99)	1.33 $\pm$ 0.191 (1.05 – 1.49)	63.17 $\pm$ 35.03 (35.95 – 114.03)

ⁱ Volumes of BM corresponded to a mean of BM yields reported for grouped days of lactations [Neville. M C et al., 1988]

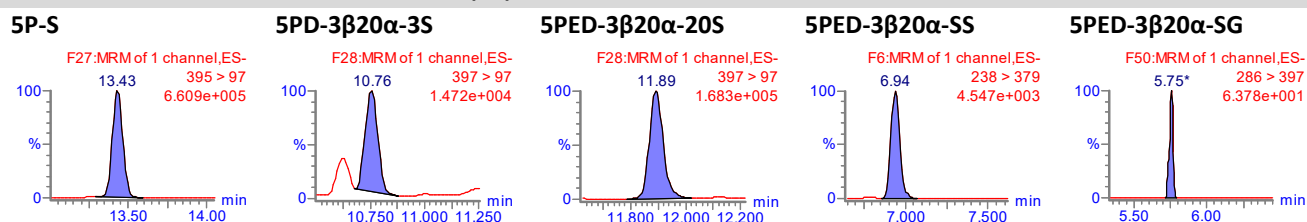
Supplementary Figures

Figure 1S

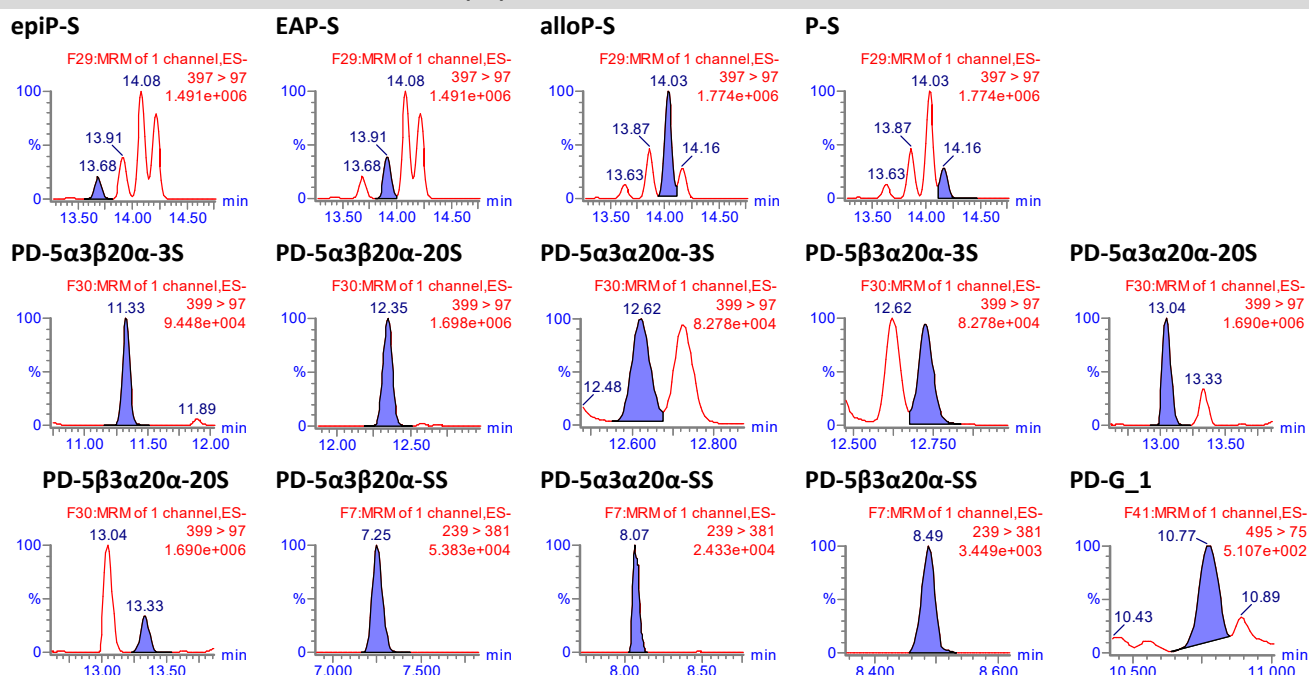
ESTROGEN METABOLITES (ESTR)

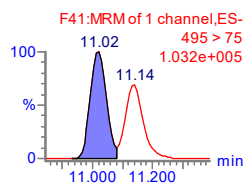
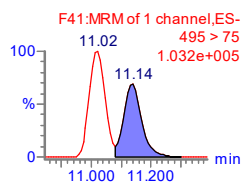
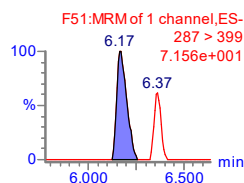
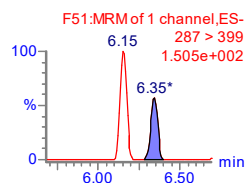
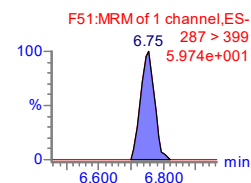
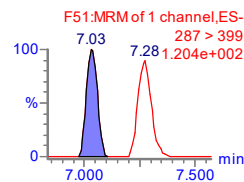
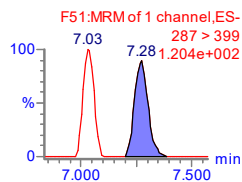
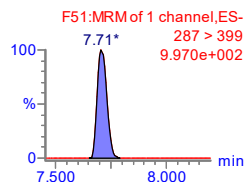
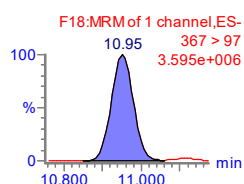
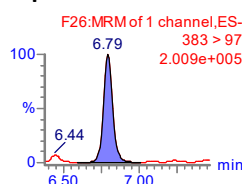
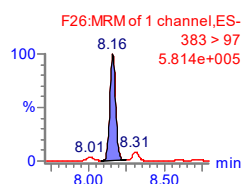
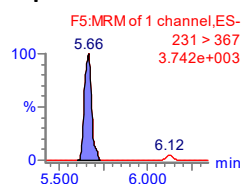
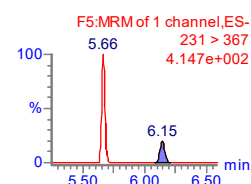
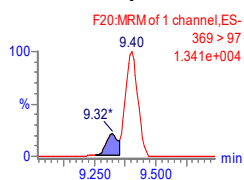
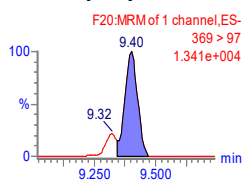
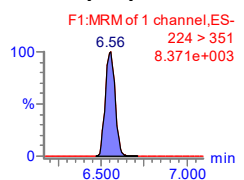
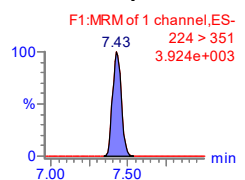
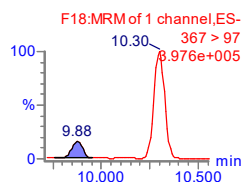
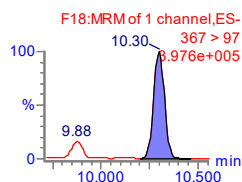
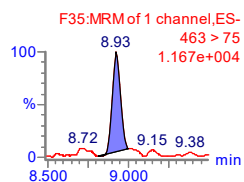
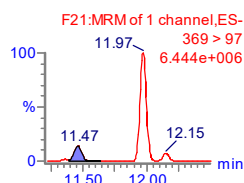
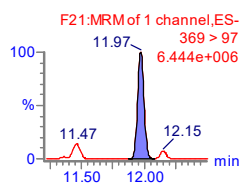
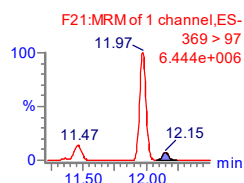
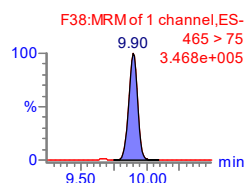
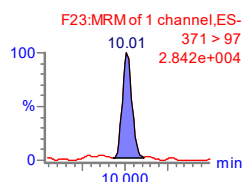
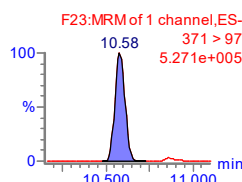
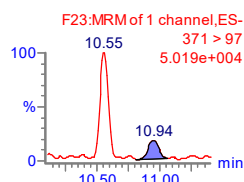
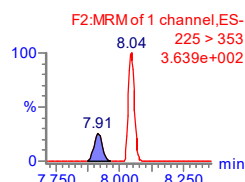
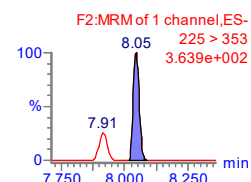
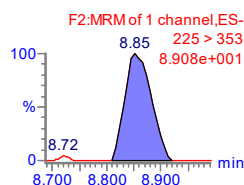


PREGNENOLONE RELATED METABOLITES (5P)



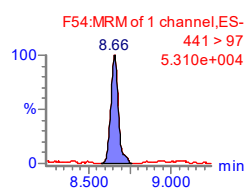
PROGESTERONE RELATED METABOLITES (4P)



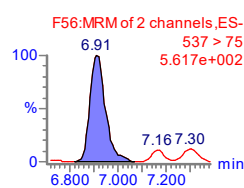
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CORTICOSTEROID METABOLITES (CORT)

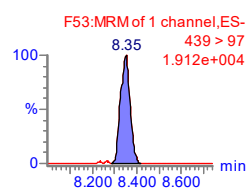
F-21S



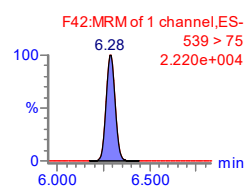
F-21G



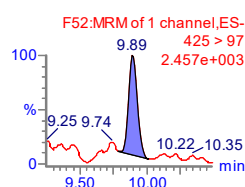
E-21S



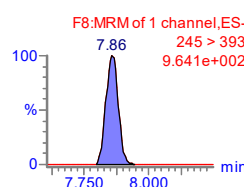
THE-3G



B-21S



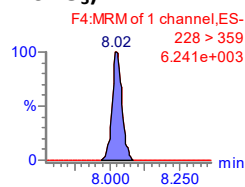
21OH-5P-SS



INTERNAL STANDARDS (ISTDs)

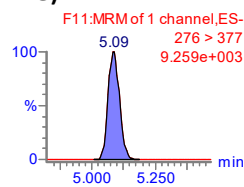
ISTD-SS

(AD-5 β 3 α 17 β -3S-17S¹⁸O₃)



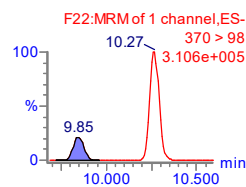
ISTD-SG

(AD-5 α 3 β 17 β -3S¹⁸O₃-17G)



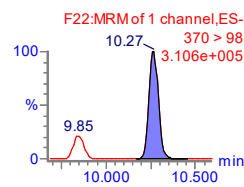
ISTD-S-1

(T-d3-S)



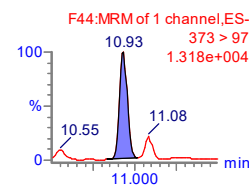
ISTD-S-2

(epiT-d3-S)



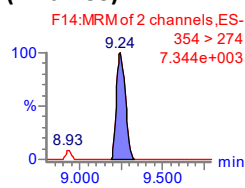
ISTD-S-3

(DHEA-d6-S)



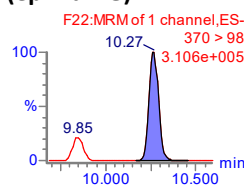
ISTD-S-4

(E2-d4-3S)



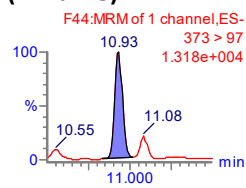
ISTD-G-1

(epiT-d4-G)



ISTD-G-2

(AN-d4-G)



ISTD-G-3

(E2-d4-17 β G)

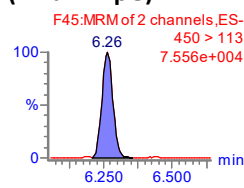


Figure 1S. Extracted chromatograms of endogenous phase II conjugated steroids detected in breast milk samples and internal standards used in the study. Metabolites are grouped by steroids families (ESTR – estrogens, 5P – pregnenolone metabolites, 4P – progesterone derived metabolites, 5A – 5-androstene metabolites, 4A – 4-androstene metabolites, and CORT – corticosteroid metabolites) and corresponding parent steroid compound (for abbreviation see Table S1), and in case of isomers are presented in order of chromatographic elution. Extracted chromatograms of used ISTDs (internal standards) are presented as separate group. * - detected only in one or a few samples.

References:

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