Supplementary Information (SI) for Lab on a Chip. This journal is © The Royal Society of Chemistry 2025

Supplementary Information



Figure S1. CLSM images**Figure S2**. CLSM images of MCF-7 cells grown on inverse 3D polymeric microfilms with without protein enrichment different for 24 h. Blue color: nucleus with DAPI; Green color: actin filaments stained with phfilaments stained with phalloidin-AF568; Grey color: bright field images of respective 2D or 3D microfilms. Merged ir3D microfilms. Merged image is an overlay of all channels. Scale bar represents 20 µm.



Figure S3. Cell volume of MCF-7 cells grown on various polymeric 2D and inverse 3D microfilms at **A**) 6 h and **B**) 24 h. PL: PLGA, PP: PLA-PLGA.



Figure S4. Comparison of cell adhesion and growth on 2D and inverse 3D polymeric microfilms conjugated with Tf, Co and BSA.



Figure S5. Fluorescence microscopy images of non-target cells, such as leukocytes, observed while processing blood samples of healthy individuals using inverse 3D PLA-PLGA-Tf microfilms. Orange color: leukocytes stained with anti-CD45 tagged with AF555; Grey color: bright field images of respective 3D microfilms. Merged image is an overlay of all channels. Scale bar represents 30 μ m.

Video files:

Video 1. 3D projections of MCF-7 cells cultured on 2D substrates obtained using CLSM, magnified view. Blue: nucleus stained with DAPI and Green: cytoplasm stained with AF568 tagged phalloidin.

Video 2. 3D projections of MCF-7 cells cultured on PLA-PLGA-Tf inverse 3D microfilms, at lower magnification. Blue: nucleus stained with DAPI and Green: cytoplasm stained with AF568 tagged phalloidin.

Video 3. 3D projections of MCF-7 cells cultured on PLA-PLGA-Tf inverse 3D microfilms, at higher magnification. Micropores housing the cells with their nucleus oriented towards the micropore opening and most of the cytoplasm inside the pore. Blue: nucleus stained with DAPI and green: cytoplasm stained with AF568 tagged phalloidin.

Video 4. 3D projections of MCF-7 cells cultured on PLA-PLGA-Tf inverse 3D microfilms, magnified view without the micropores. It was observed that the cells exhibit notable cell volume and area. Blue: nucleus stained with DAPI and green: cytoplasm stained with AF568 tagged phalloidin.

Video 5. 3D projections of MCF-7 cells cultured on PLA-PLGA-Tf inverse 3D microfilms, at lower magnification. Enhanced cell adhesion inside the spatially constricted micropores was noted. Blue: nucleus stained with DAPI and green: cytoplasm stained with AF568 tagged phalloidin.