

Supporting Information

Investigation of enzyme and serum protein protective effects, along with molecular docking studies of mixed ligand ruthenium(II) polypyridyl complexes

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Content

- 1. NMR data for compounds.**
- 2. FTIR Spectra of Compounds.**
- 3. Docking data of ligands and complexes with different enzymes.**
- 4. IC₅₀ curves of Ru-based complexes and different ligands for the enzyme pepsin, trypsin and lipase.**
- 5. Crystallographic data for complex Ru1.**

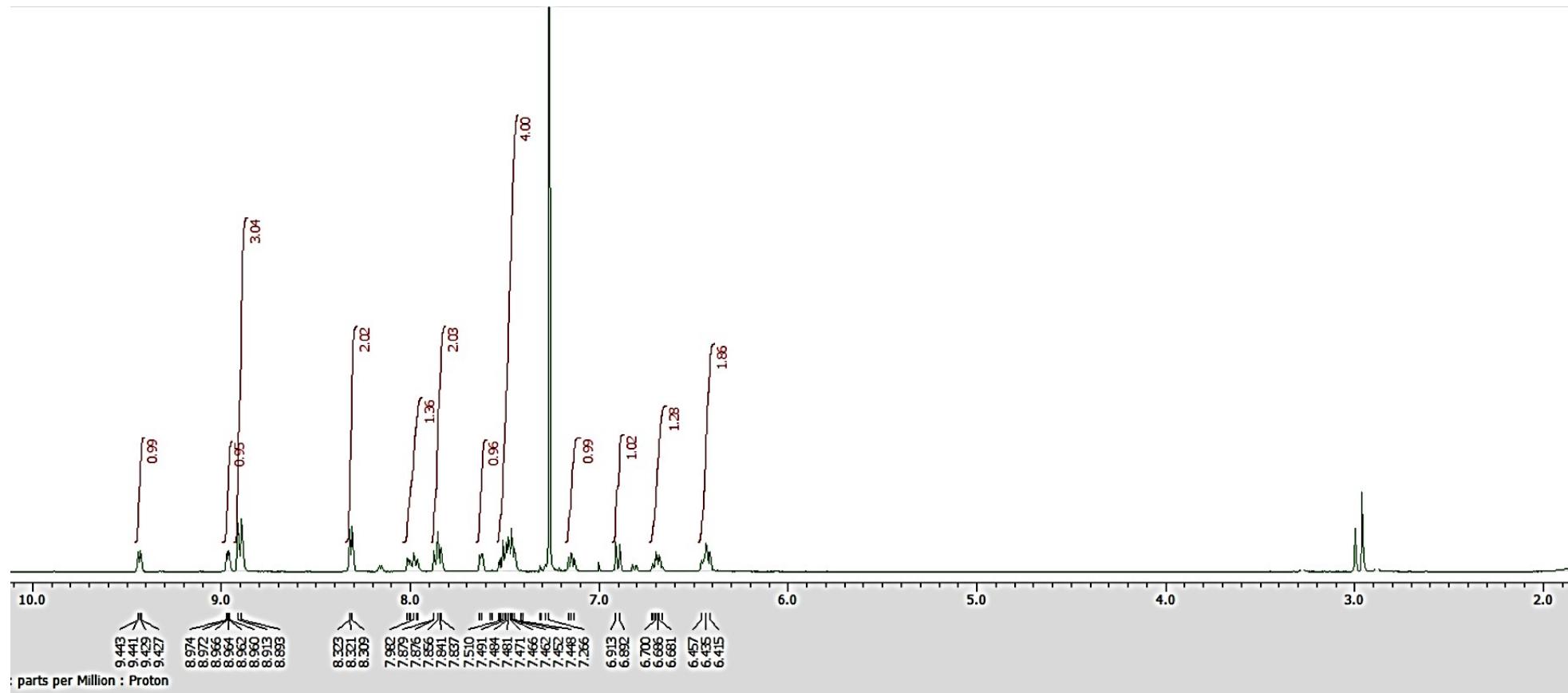


Fig. S1.¹H NMR spectrum of [Ru(η^2 -N,S-mpy)(η^1 -S-mpy)(tptz)] (**Ru1**) in CDCl₃ at 298K.

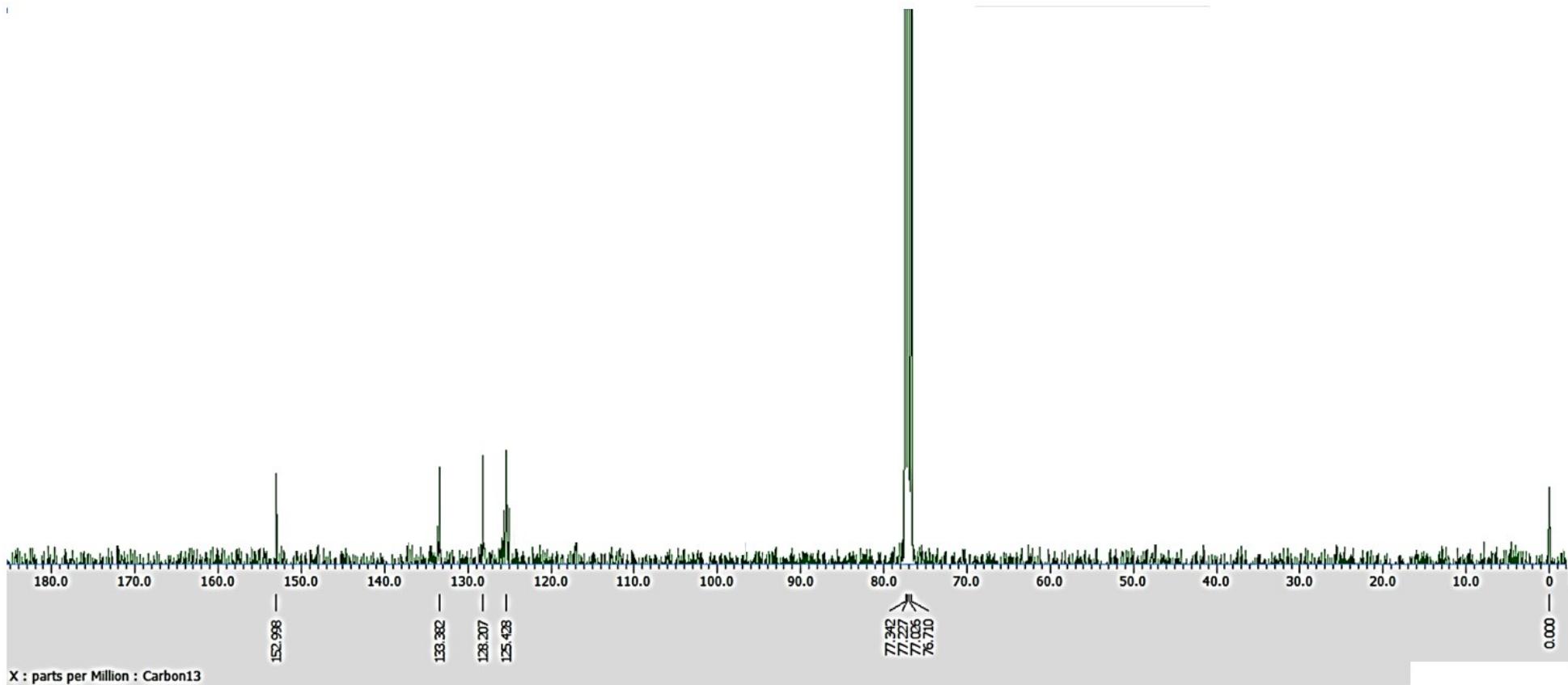


Fig. S2. ^{13}C NMR spectrum of $[\text{Ru}(\text{mpy})_2(\text{tptz})]$ (**Ru1**) in CDCl_3 at 298K.

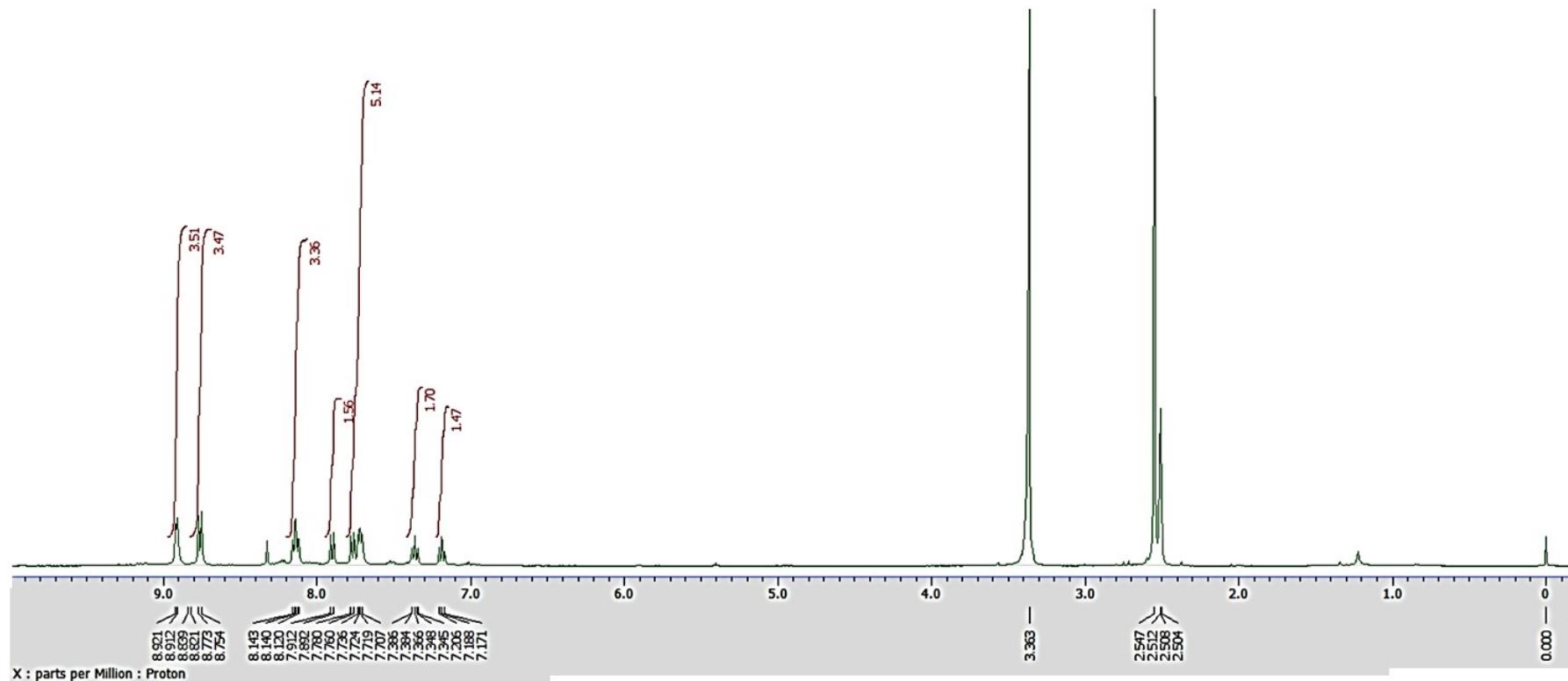


Fig. S3.¹H NMR spectrum of [Ru(η^2 -N,S-mbtz)(η^1 -S-mbtz)(tptz)] (**Ru2**) in DMSO-*d*₆ at 298K.

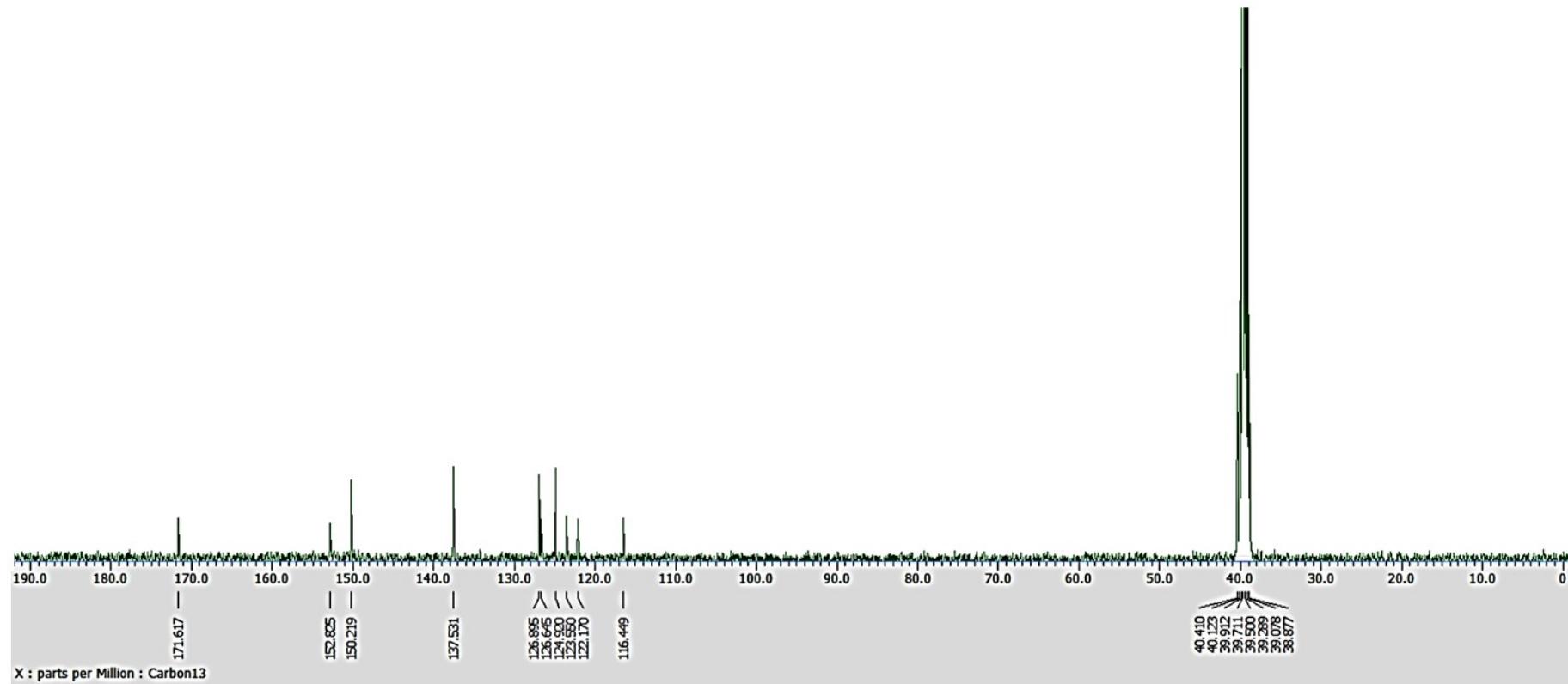


Fig. S4.¹³C NMR spectrum of [Ru(η^2 -N,S-mbtz)(η^1 -S-mbtz)(tptz)] (**Ru2**) in DMSO-*d*₆ at 298K.

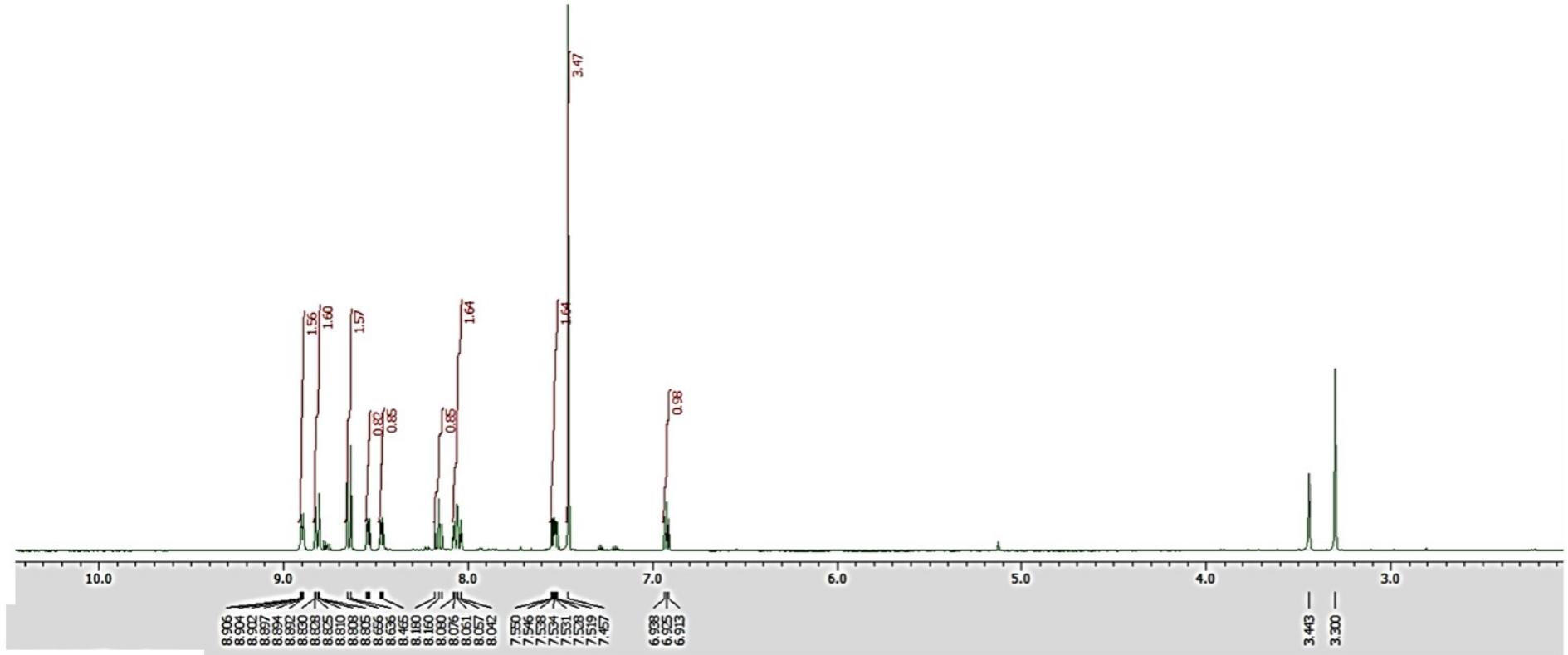


Fig. S5.¹H NMR spectrum of [Ru(η^2 -N,S-mpt)(η^1 -S-mpt)(tpy)] (**Ru3**) in CDCl₃ at 298K.

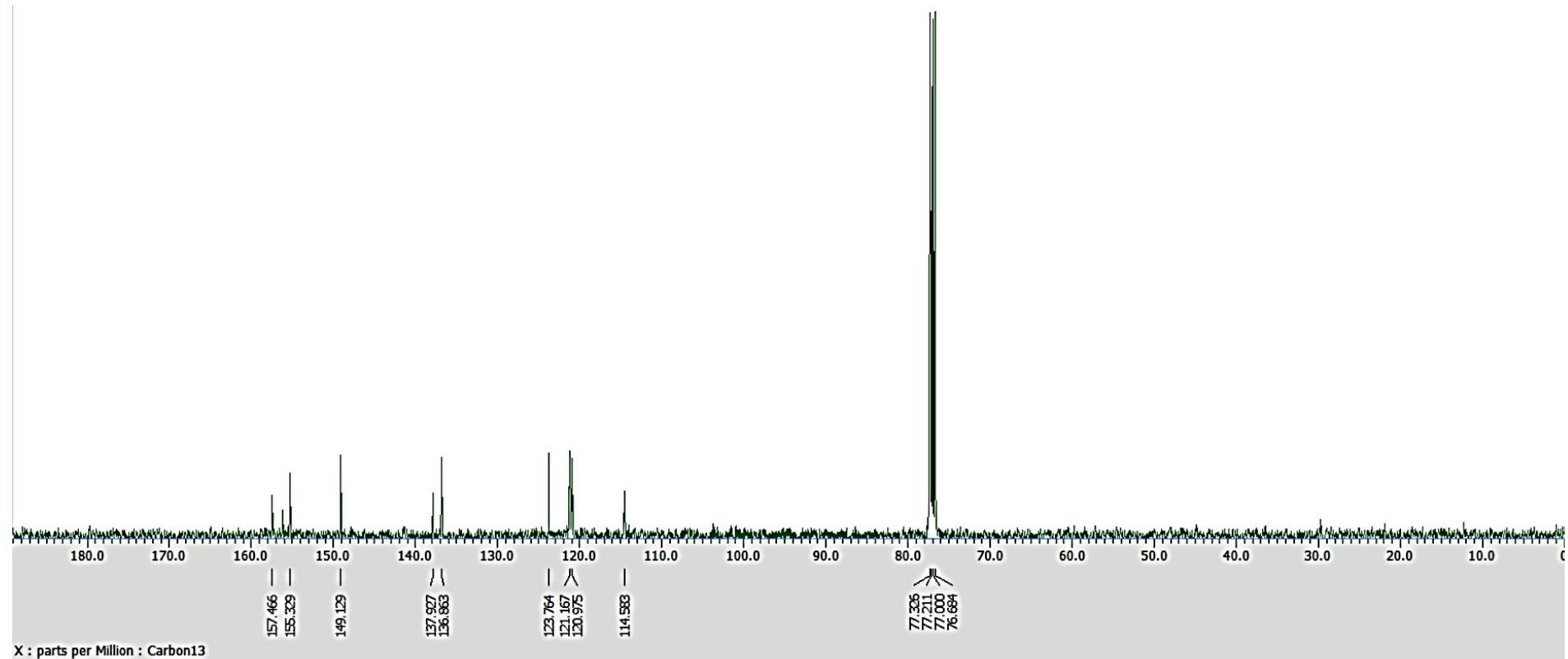


Fig. S6.¹³C NMR spectrum of [Ru(η^2 -N,S-mpt)(η^1 -S-mpt)(tpy)] (**Ru3**) CDCl₃ at 298K.

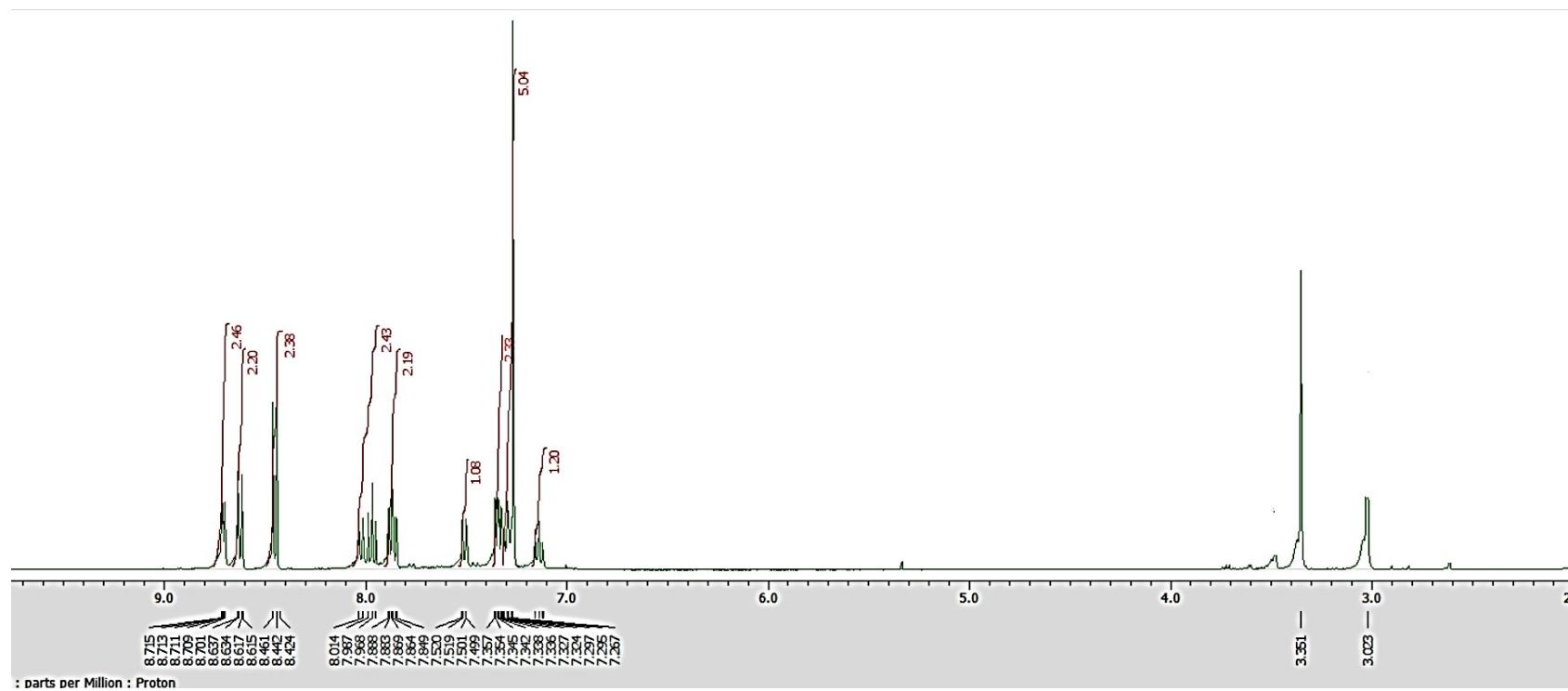


Fig. S7.¹H NMR spectrum of [Ru(η^2 -N,S-mbtz)(η^1 -S-mbtz)(tpy)] (**Ru4**) in CDCl₃ at 298K.

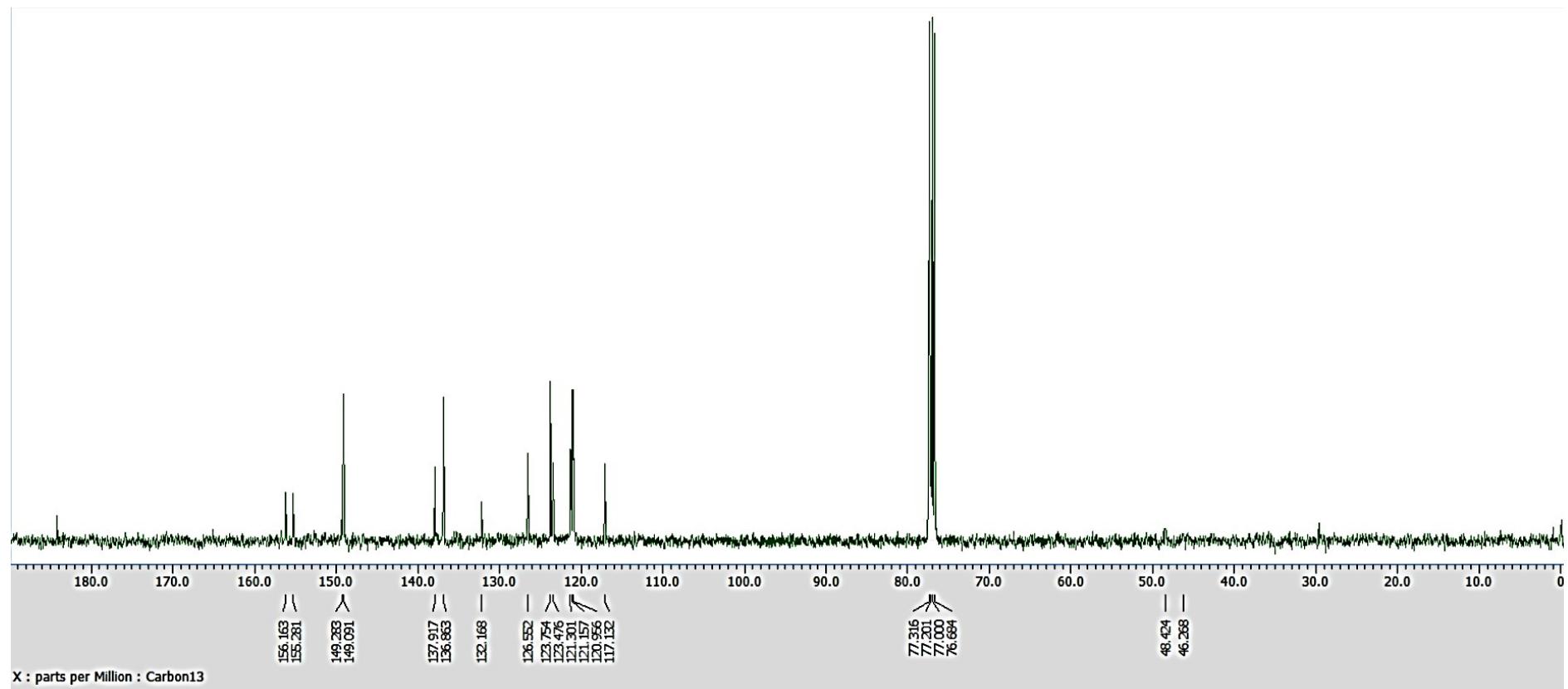


Fig. S8.¹³C NMR spectrum of [Ru(η^2 -N,S-mbtz)(η^1 -S-mbtz)(tpy)] (**Ru4**) in CDCl₃ at 298K.

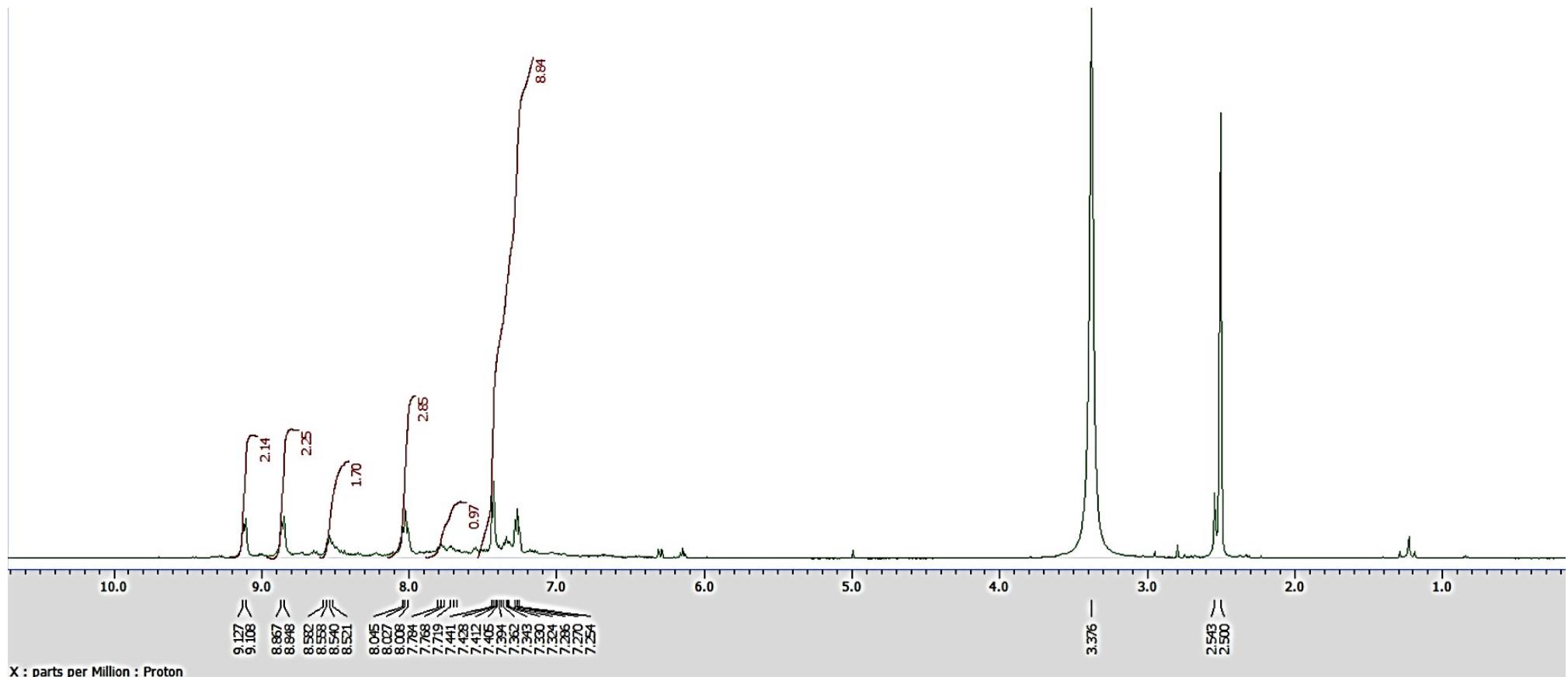


Fig. S9.¹H NMR spectrum of [Ru(η^2 -N,S-mpy)(η^1 -S-mpy)(tpy)] (**Ru5**) in DMSO-d₆ at 298K.

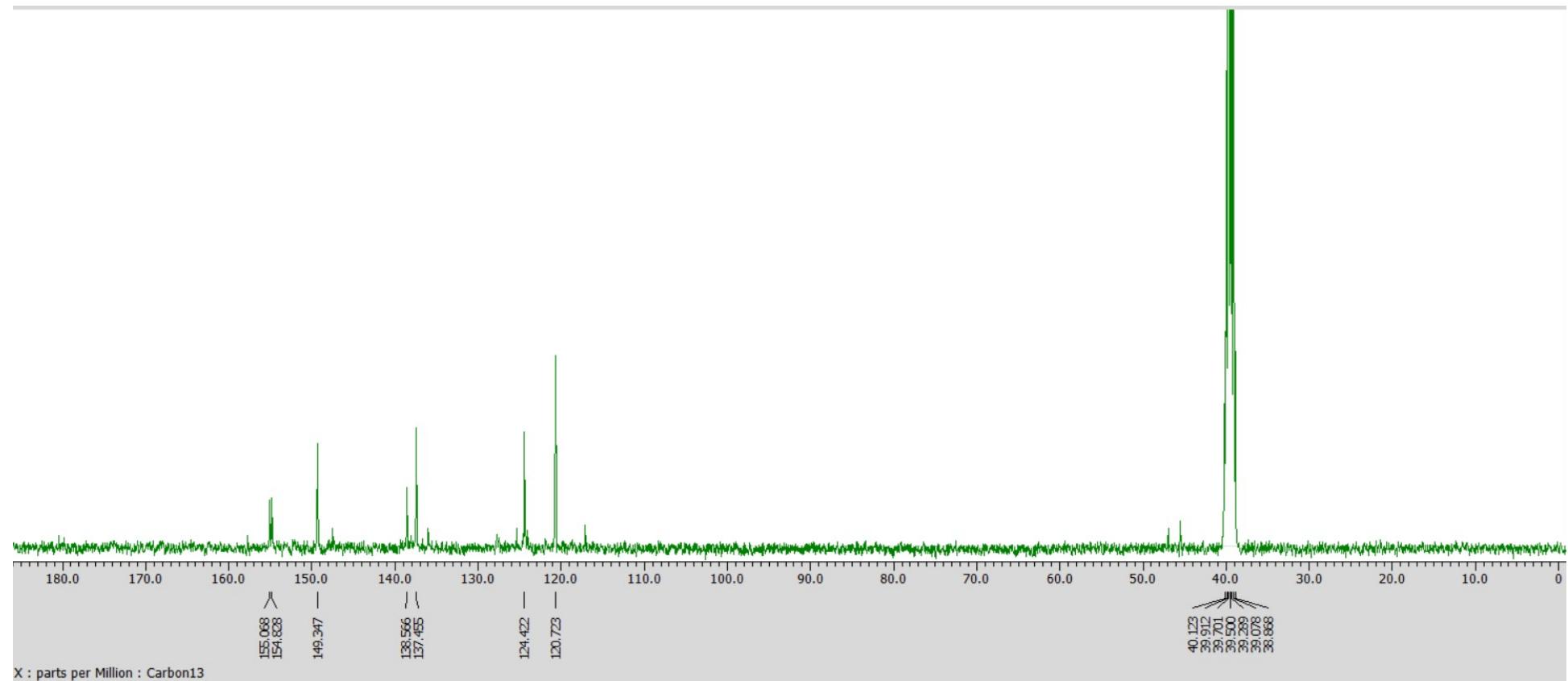


Fig. S10.¹³C NMR spectrum of [Ru(η^2 -N,S-mpy)(η^1 -S-mpy) (tpy)] (**Ru5**) in DMSO-*d*₆ at 298K.

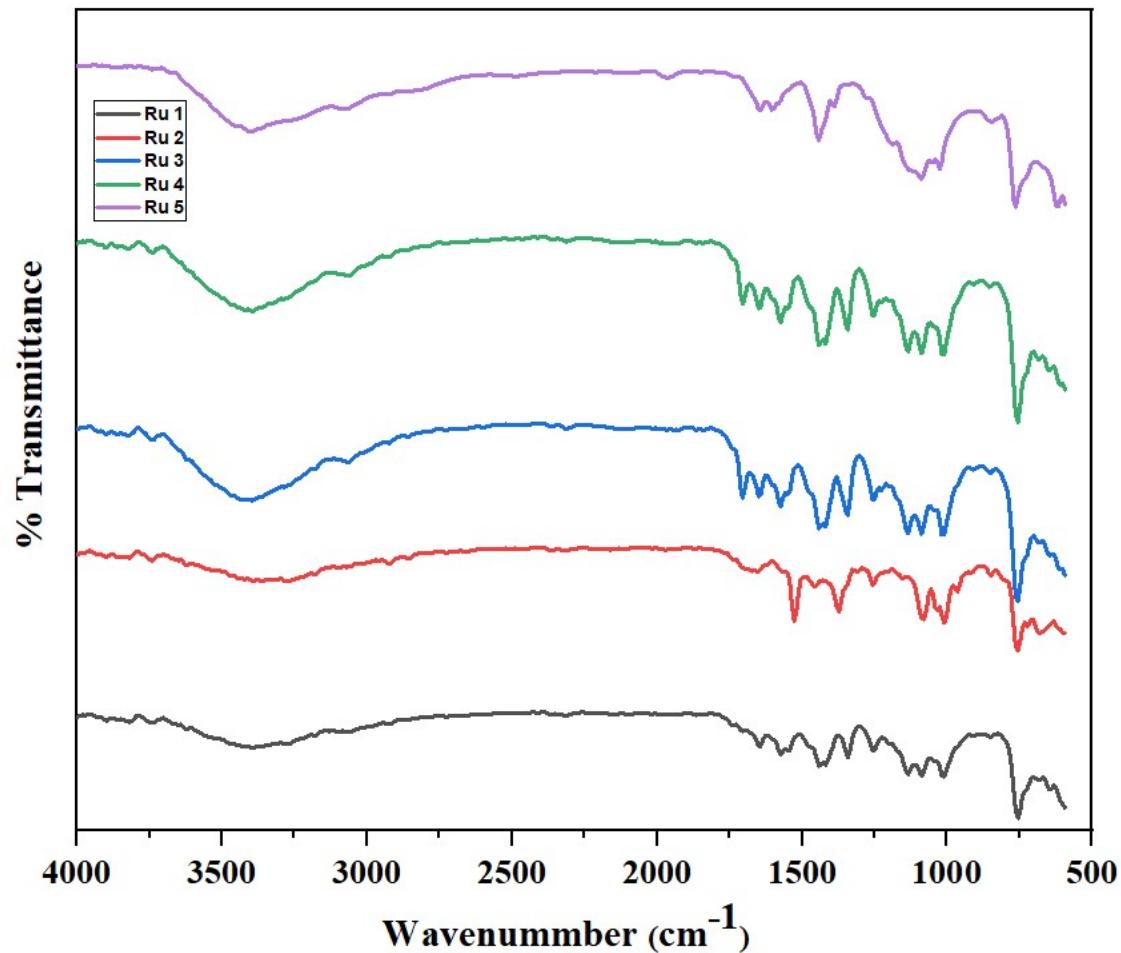


Fig. S11. IR spectrum of complexes **Ru1-Ru5** at 298K.

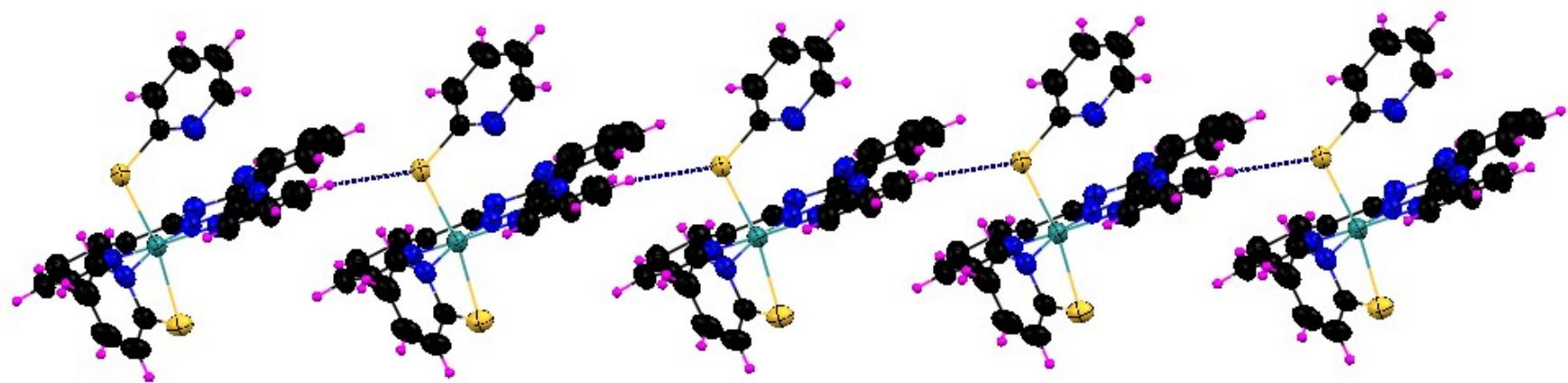


Fig. S12. Single helical motif in **Ru1** resulting from intermolecular C–H···S interactions.

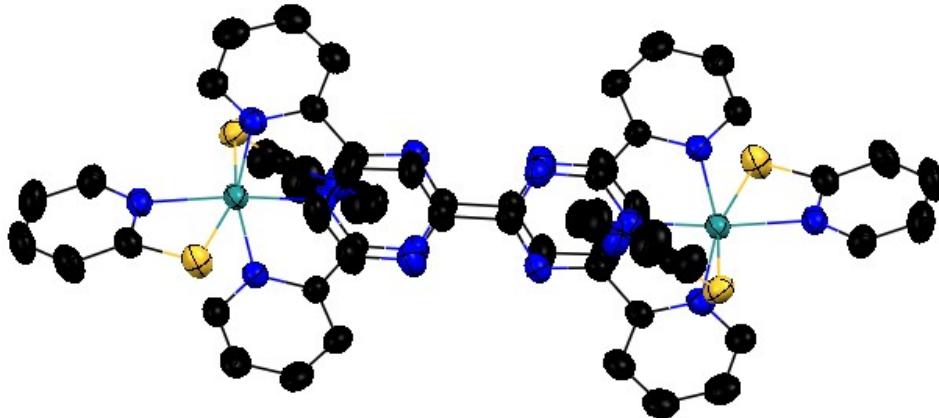
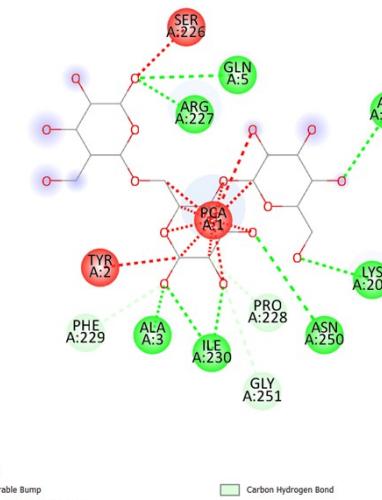
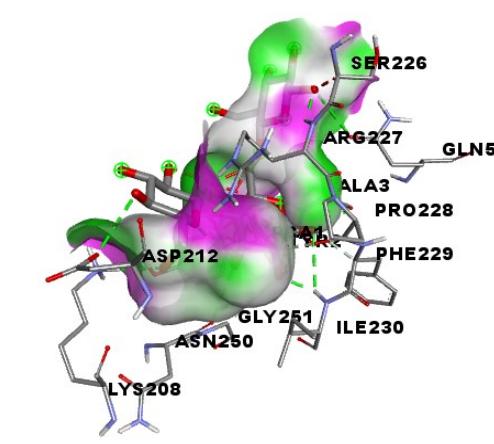
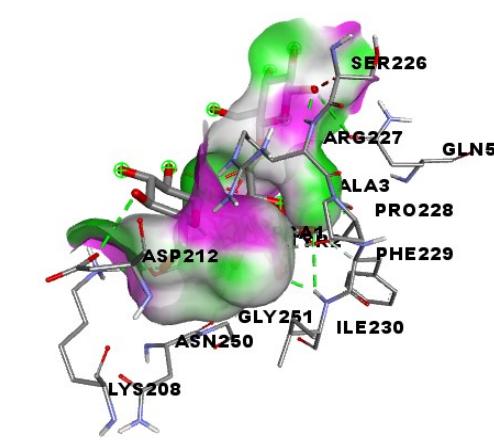
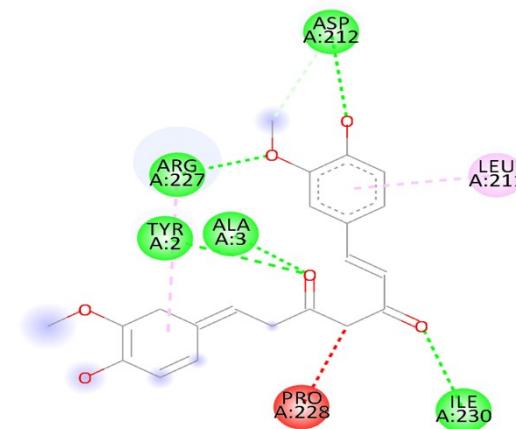
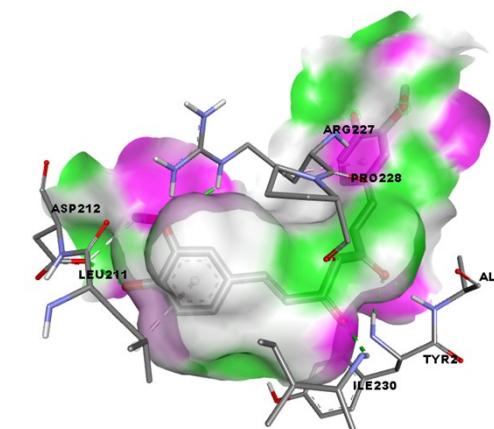
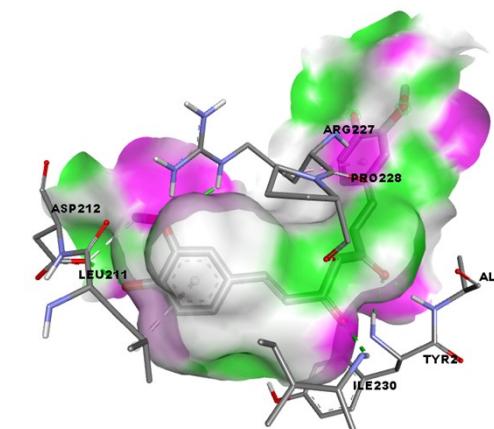
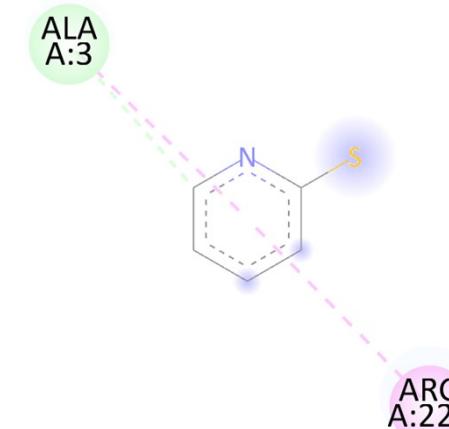
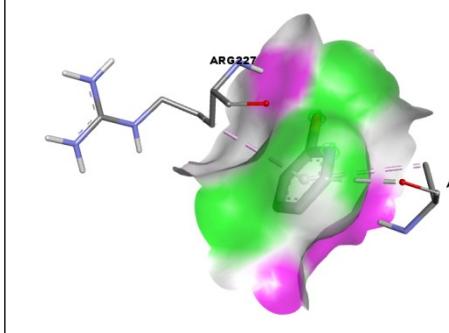
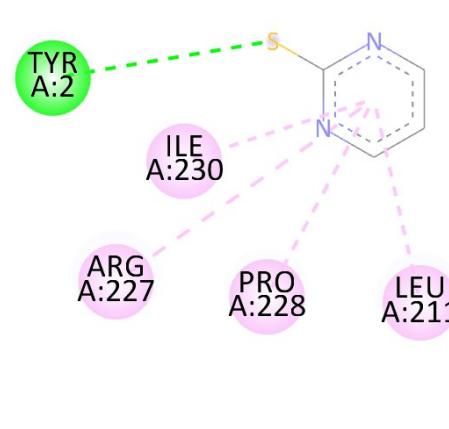
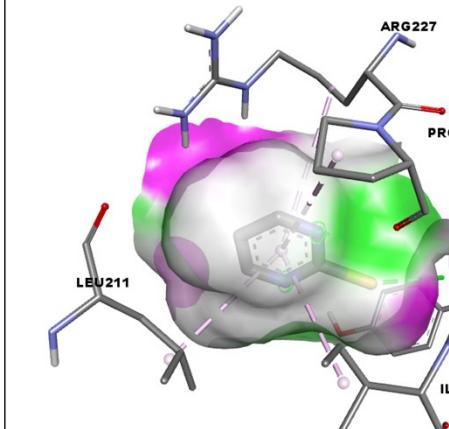


Fig. S13. Face to Face and Edge to Face π - π stacking interactions in **Ru1**.

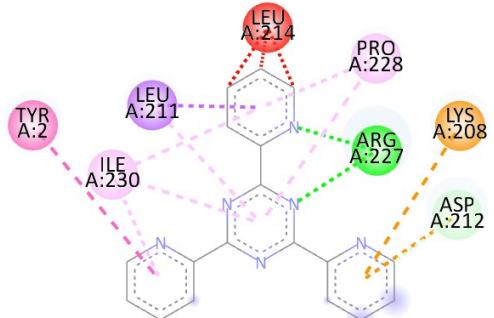
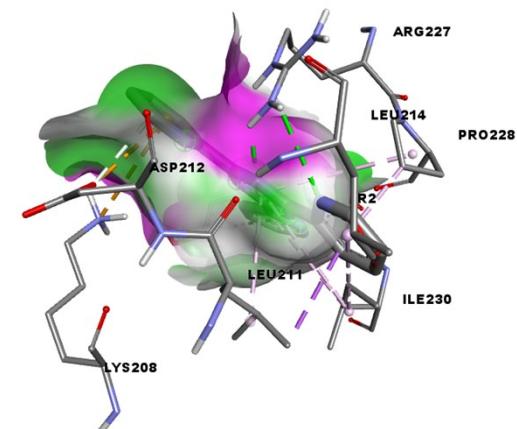
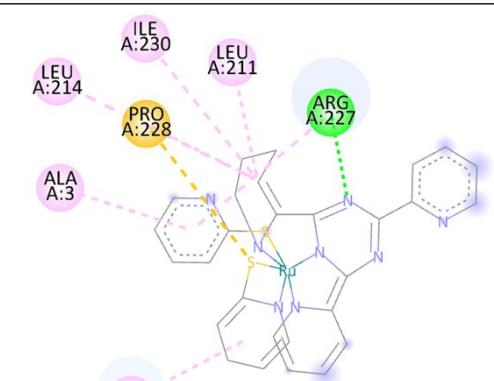
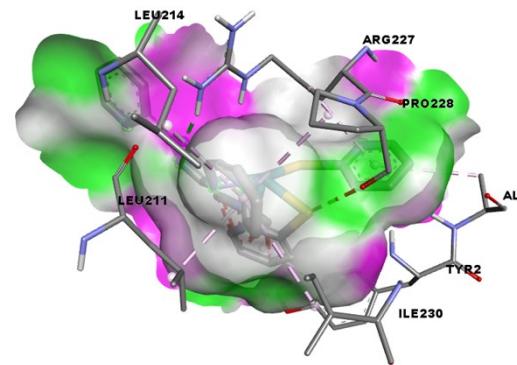
Table S1. Docking data of ligands and complexes with different enzymes.

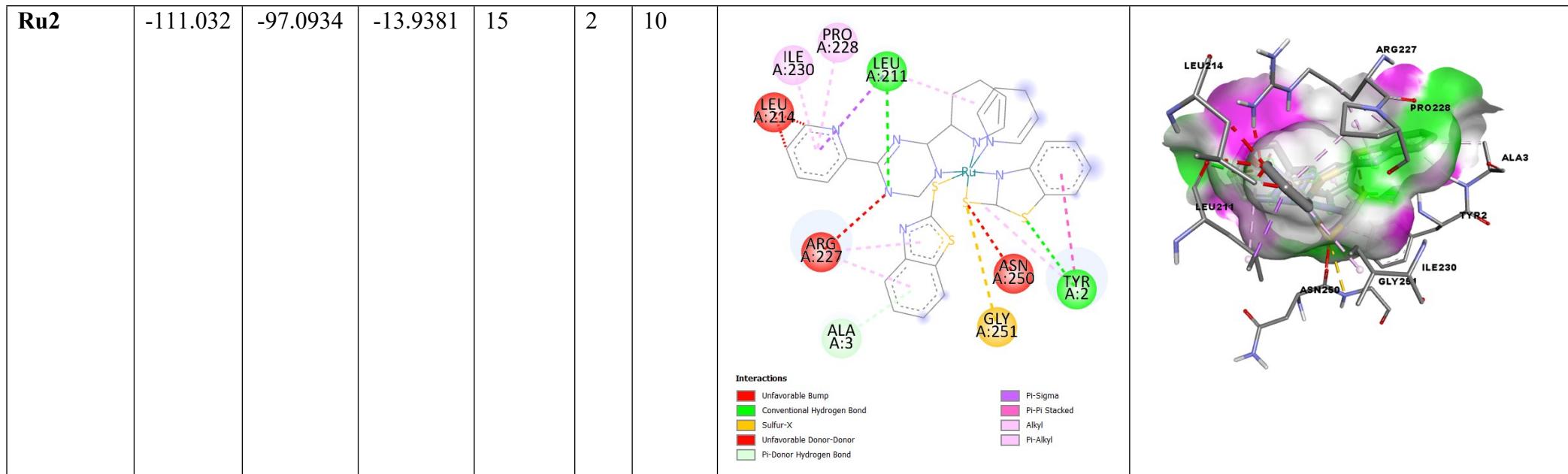
Ligand	Energy (Kcal/mol)			Total no. of interactions	2D image	3D image
	Total	VDW	H- bond			
Amylase						

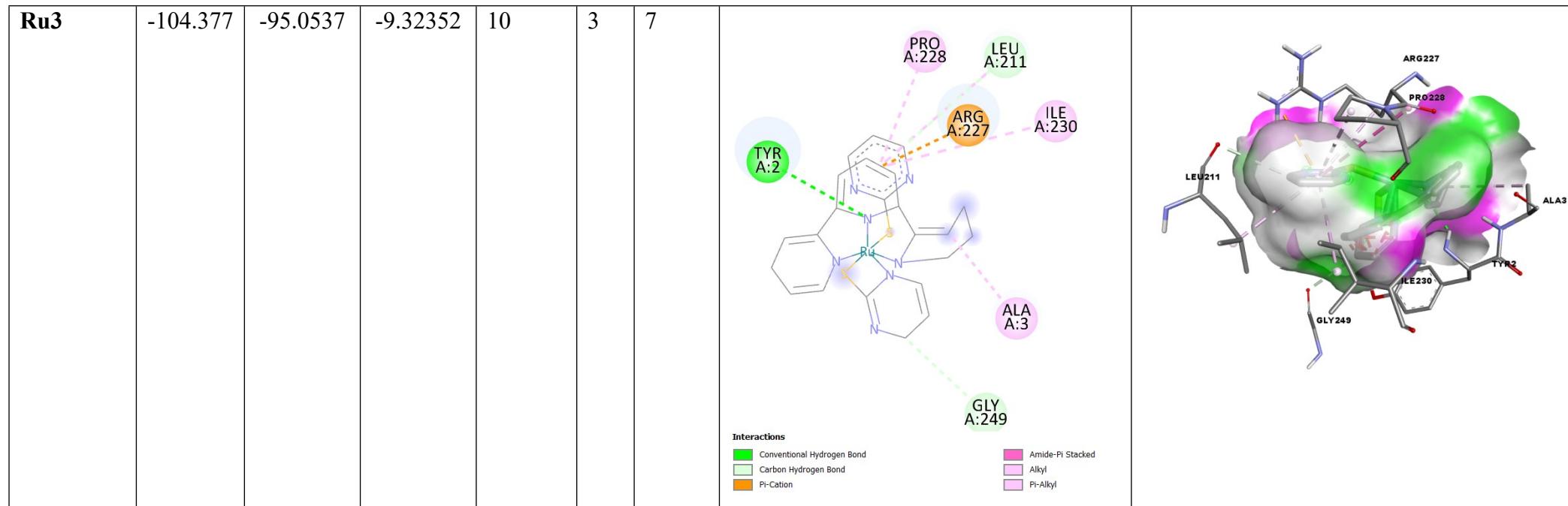
Starch	-103.978	-58.911	-45.066	12	12	0	 <p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump (Red) Conventional Hydrogen Bond (Green) 	
Curcumin	-95.3669	-71.4793	-23.8876	9	7	2	 	

MPY	-41.5854	-31.1001	-10.4853	3	1	2	 <p>Interactions</p> <ul style="list-style-type: none"> Carbon Hydrogen Bond (green dashed line) Pi-Alkyl (pink dashed line) 	
MPT	-43.1972	-36.1972	-7	5	1	4	 <p>Interactions</p> <ul style="list-style-type: none"> Conventional Hydrogen Bond (green dashed line) Pi-Alkyl (pink dashed line) 	

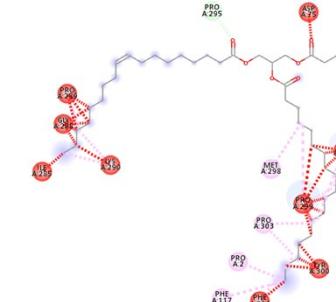
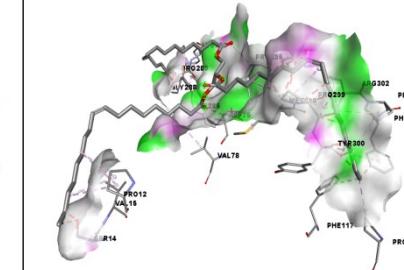
MBTZ	-49.5214	-46.0214	-3.5	8	2	6	<p>Interactions</p> <ul style="list-style-type: none"> Conventional Hydrogen Bond Pi-Pi T-shaped Pi-Alkyl 	
TPY	-82.9624	-67.3116	-15.6508	10	1	8	<p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump Pi-Donor Hydrogen Bond Pi-Sigma Pi-Alkyl Pi-Lone Pair 	

TPTZ	-99.9655	-81.7204	-18.2451	13	3	8	 <p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump Conventional Hydrogen Bond Carbon Hydrogen Bond Pi-Cation Pi-Anion Pi-Sigma Pi-Pi T-shaped Pi-Alkyl 	
Ru1	-112.995	-105.457	-7.53777	9	1	7	 <p>Interactions</p> <ul style="list-style-type: none"> Conventional Hydrogen Bond Sulfur-X 	





Ru4	-101.462	-98.962	-2.5	13	1	10	<p>Interactions</p> <ul style="list-style-type: none"> Conventional Hydrogen Bond (green) Pi-Sulfur (yellow) Pi-Pi T-shaped (pink) <p>Alkyl (light purple)</p> <p>Pi-Alkyl (darker purple)</p>	
Ru5	-93.6391	-91.1391	-2.5	7	2	5	<p>Interactions</p> <ul style="list-style-type: none"> Pi-Cation (orange) Pi-Donor Hydrogen Bond (light green) <p>Alkyl (light purple)</p> <p>Pi-Alkyl (darker purple)</p>	

Ligand	Energy (Kcal/mol)			Total no. of interactions	No. of H-bonds	No. of Hydrophobic bonds	2D image	3D image
	Total	VDW	H- bond					
Olive oil	-79.737	-56.107	-23.629	21	1	20	 <p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump (red) Carbon Hydrogen Bond (green) Alkyl (pink) Pi-Alkyl (light pink) 	

Orlistat	-85.796	-63.415	-22.380	18	3	15	<p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump (Red) Conventional Hydrogen Bond (Green) Carbon Hydrogen Bond (Light Green) Pi-Sigma (Purple) Alkyl (Pink) Pi-Alkyl (Light Purple) 	
MPY	-45.3098	-38.3098	-7	2	1	1	<p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump (Red) Pi-Donor Hydrogen Bond (Light Green) Pi-Alkyl (Pink) 	

MPT	-45.2622	-35.9828	-9.27941	3	0	3	<p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump (red) Pi-Pi T-shaped (pink) Pi-Alkyl (light green) 	
MBTZ	-57.3685	-51.0175	-6.35096	3	0	2	<p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump (red) Pi-Sigma (purple) Pi-Sulfur (yellow) Pi-Alkyl (light green) 	

TPY	-82.3868	-70.8311	-11.55	6	1	5	<p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump Conventional Hydrogen Bond Carbon Hydrogen Bond Pi-Sigma Pi-Pi T-shaped Amide-Pi Stacked Pi-Alkyl 	
TPTZ	-98.8317	-87.5853	-11.2464	10	3	7	<p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump Conventional Hydrogen Bond Carbon Hydrogen Bond Pi-Sigma Pi-Pi T-shaped Amide-Pi Stacked Pi-Alkyl 	

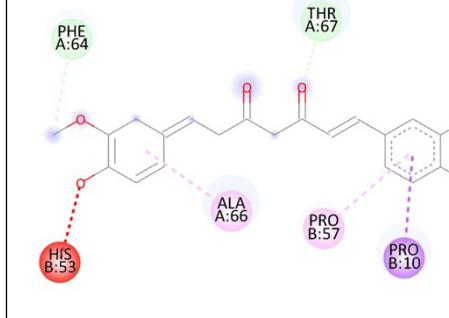
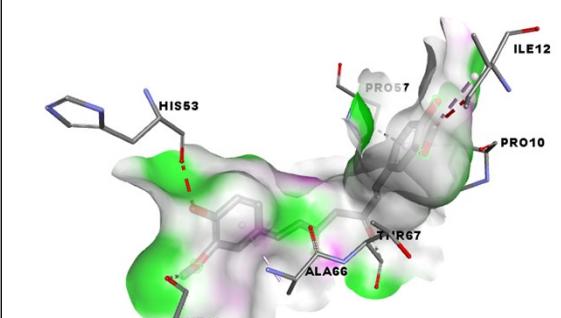
Ru1	-92.5807	-88.849	-3.73155	8	1	5	<p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump Sulfur-X Pi-Donor Hydrogen Bond Pi-Sigma Pi-Alkyl 	
Ru2	-96.2066	-83.0782	-13.1284	9	2	5	<p>Interactions</p> <ul style="list-style-type: none"> Conventional Hydrogen Bond Carbon Hydrogen Bond Sulfur-X Pi-Alkyl 	

Ru3	-84.3377	-65.2409	-19.0968	8	4	4		
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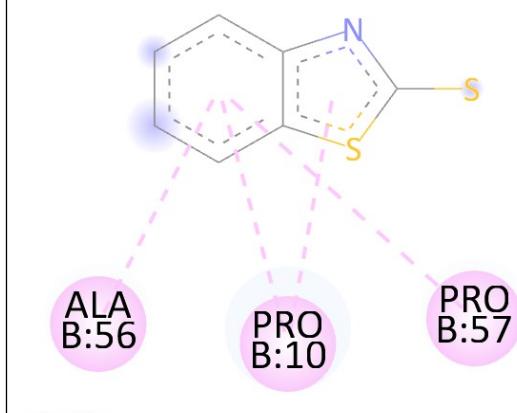
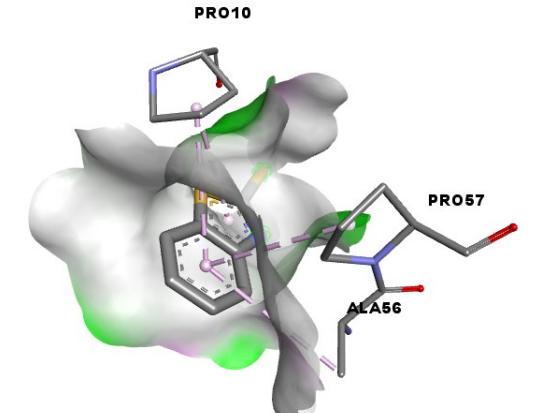
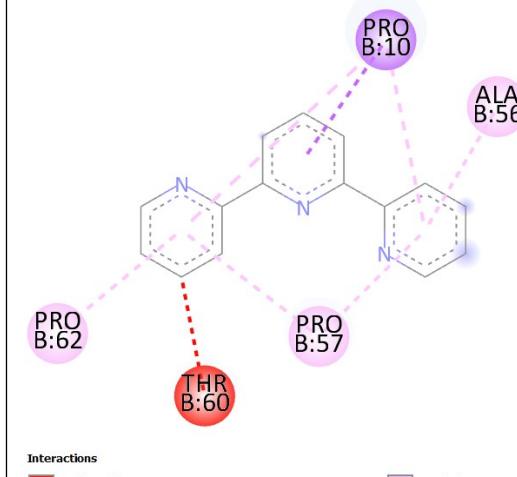
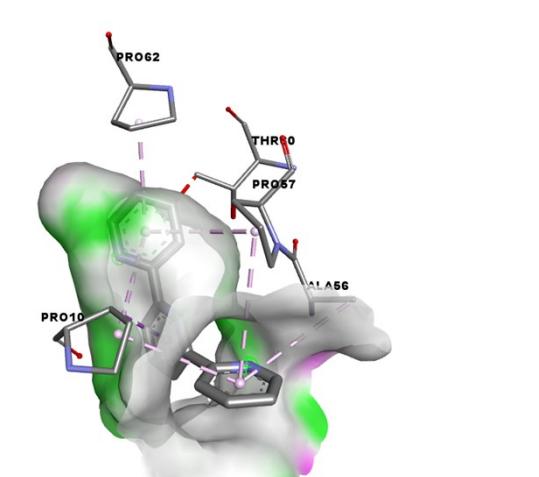
Interactions

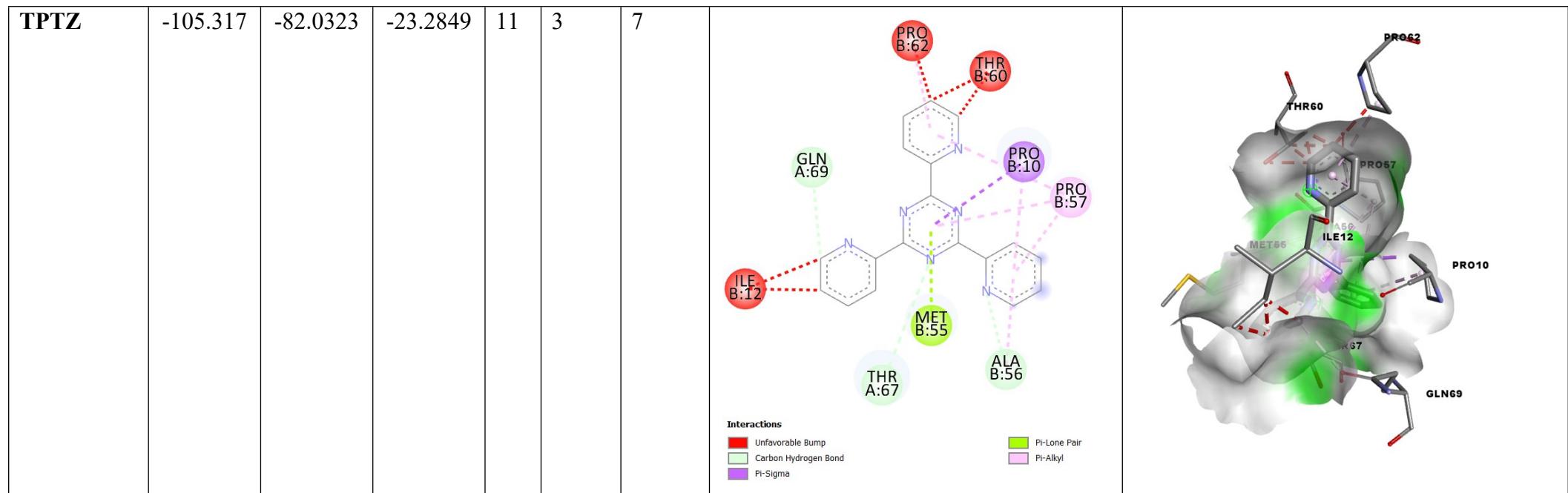
- Unfavorable Bump
- Conventional Hydrogen Bond
- Carbon Hydrogen Bond
- Pi-Sigma
- Alkyl
- Pi-Alkyl

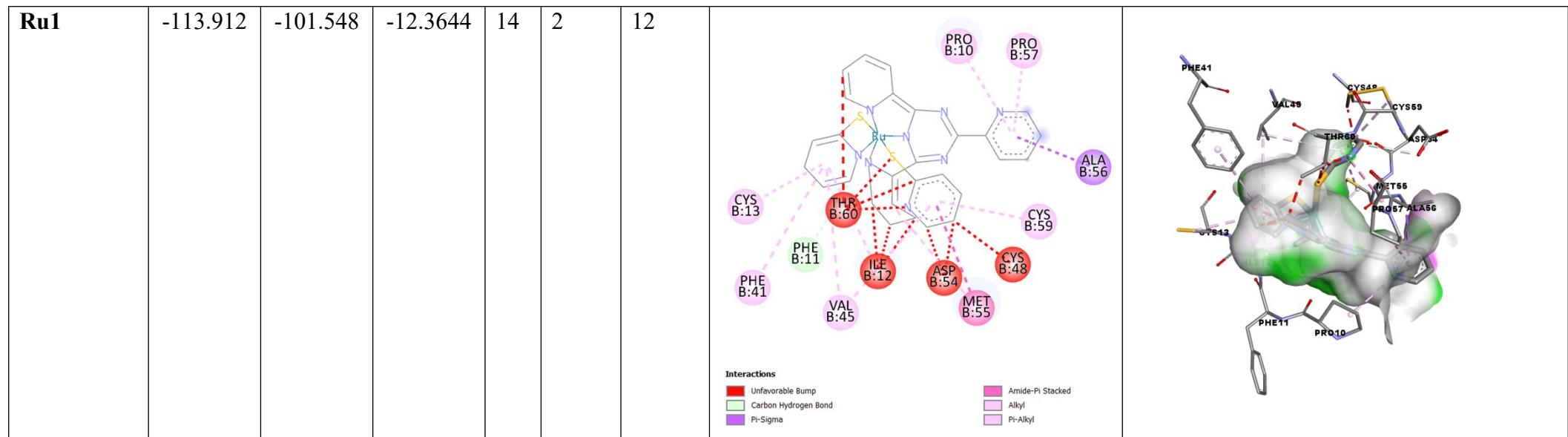
Ru4	-88.1961	-85.8076	-2.38855	13	3	5	<p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump Carbon Hydrogen Bond Pi-Cation Pi-Anion Pi-Sigma Pi-Sulfur Alkyl Pi-Alkyl 	
Ru5	-80.9755	-73.99	-6.98552	6	0	5	<p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump Sulfur-X Alkyl Pi-Alkyl 	

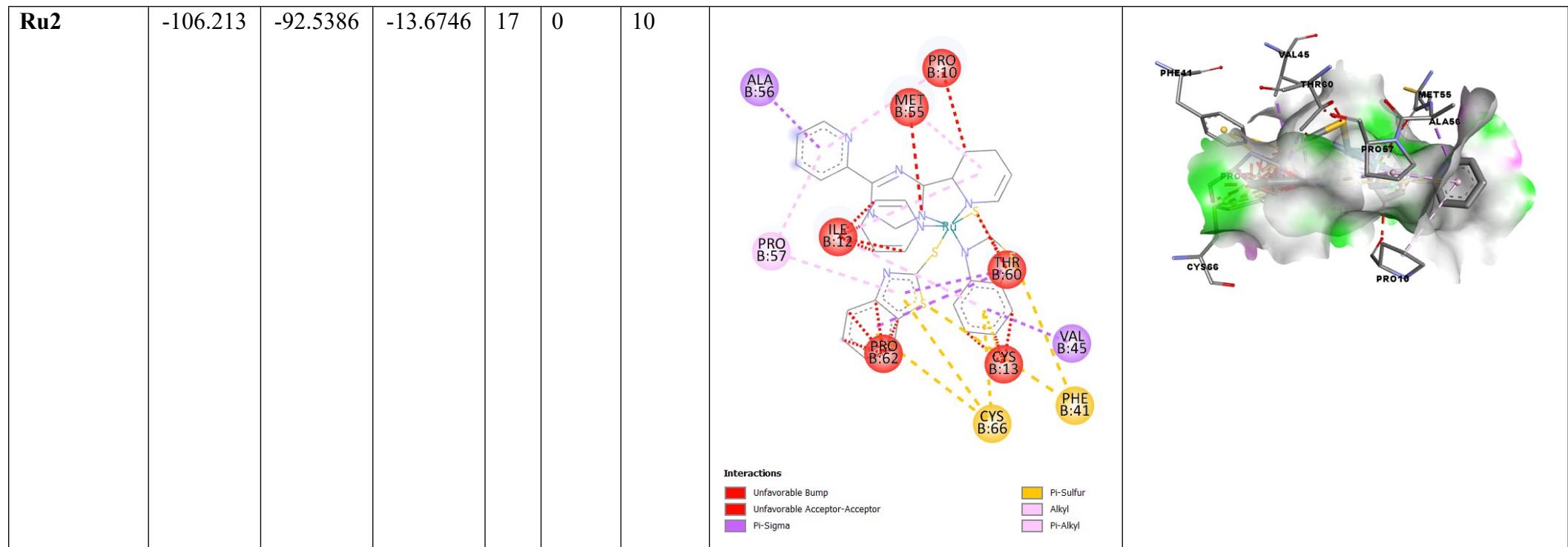
Ligand	Energy (Kcal /mol)			Total no. of interactions	No. of H-bonds	No. of Hydrophobic bonds	2D image	3D image
	Total	VDW	H-bond					
Curcumin	-98.564	-75.434	-23.129	5	3	2	 Interactions <ul style="list-style-type: none"> ■ Unfavorable Bump ■ Carbon-Hydrogen Bond ■ Pi-Sigma ■ Alkyl/Pi-Alkyl 	

MPY	-40.9173	-37.4173	-3.5	3	1	2	<p>MET B:55</p> <p>PRO B:10</p> <p>PRO B:57</p> <p>Interactions</p> <ul style="list-style-type: none"> Conventional Hydrogen Bond Unfavorable Acceptor-Acceptor Pi-Alkyl 	<p>MET55</p> <p>PRO57</p> <p>PRO10</p>
MPT	-44.8596	-37.8596	-7	3	1	2	<p>PRO B:57</p> <p>GLN A:69</p> <p>PRO B:10</p> <p>Interactions</p> <ul style="list-style-type: none"> Carbon Hydrogen Bond Pi-Alkyl 	<p>PRO10</p> <p>PRO57</p> <p>GLN69</p>

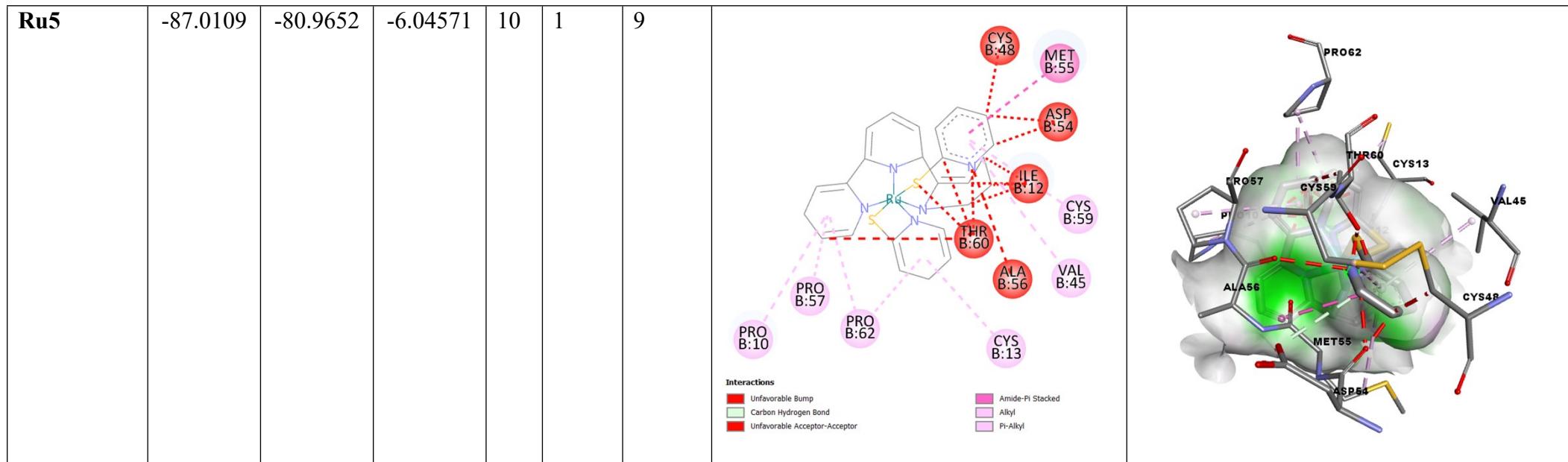
MBTZ	-52.1587	-48.6587	-3.5	4	0	4	 <p>Interactions</p> <ul style="list-style-type: none"> Pi-Alkyl 	
TPY	-85.0769	-74.7123	-10.364	7	0	7	 <p>Interactions</p> <ul style="list-style-type: none"> Unfavorable Bump Pi-Sigma 	

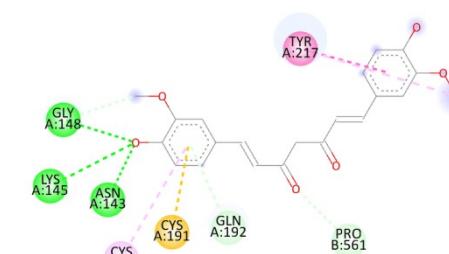
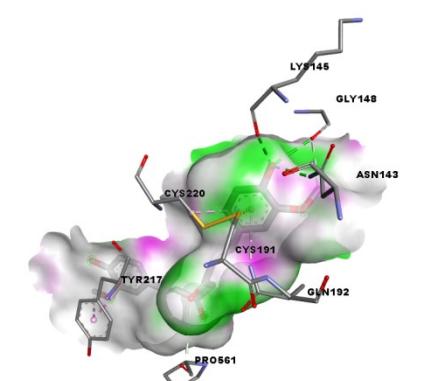


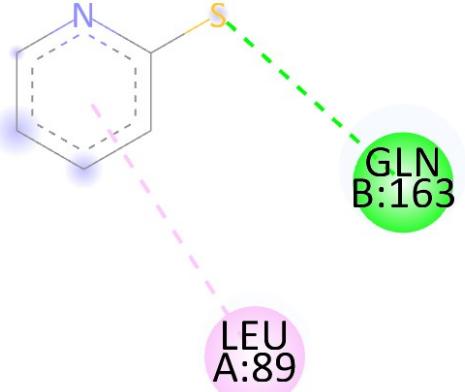
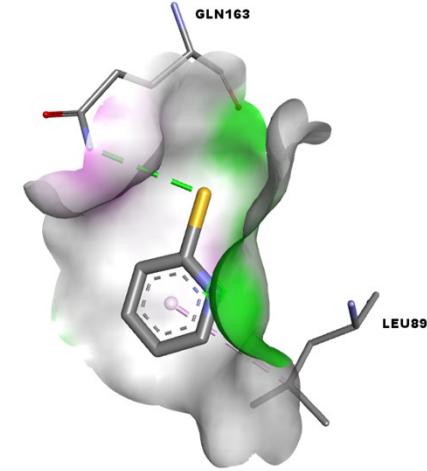
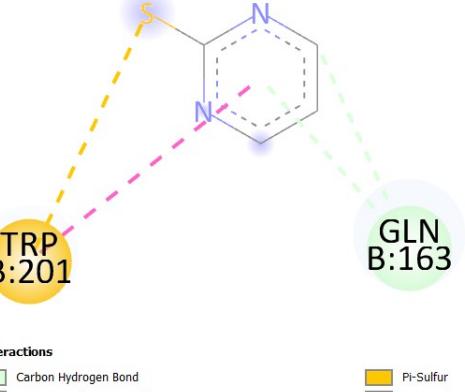
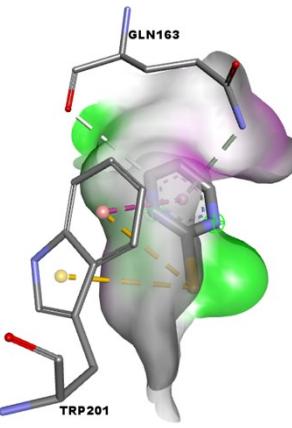




Ru3	-90.9276	-78.7789	-12.1487	5	0	5	<p>Interaction types:</p> <ul style="list-style-type: none"> Unfavorable Bump (red) Pi-Sigma (purple) Pi-Alkyl (pink) Alkyl (light purple) 	
Ru4	-88.998	-85.498	-3.5	13	0	13	<p>Interaction types:</p> <ul style="list-style-type: none"> Unfavorable Bump (red) Carbon Hydrogen Bond (green) Pi-Sigma (purple) Pi-Alkyl (pink) Pi-Sulfur (yellow) Alkyl (light purple) 	



Ligand	Energy (Kcal/mol)			Total no. of interactions	No. of H-bonds	No. of Hydropophobic bonds	2D image	3D image
	Total	VDW	H-bond					
Trypsin								
Curcumin	-106.636	-86.6059	-20.03	6	5	1		

MPY	-43.4387	-36.4387	-7	2	1	1	 <p>Interactions</p> <ul style="list-style-type: none"> Conventional Hydrogen Bond (Green) Pi-Alkyl (Pink) 	
MPT	-44.3987	-37.3996	-6.9991	5	2	1	 <p>Interactions</p> <ul style="list-style-type: none"> Carbon Hydrogen Bond (Light Green) Pi-Donor Hydrogen Bond (Light Green) Pi-Sulfur (Yellow) Pi-Pi T-shaped (Pink) 	

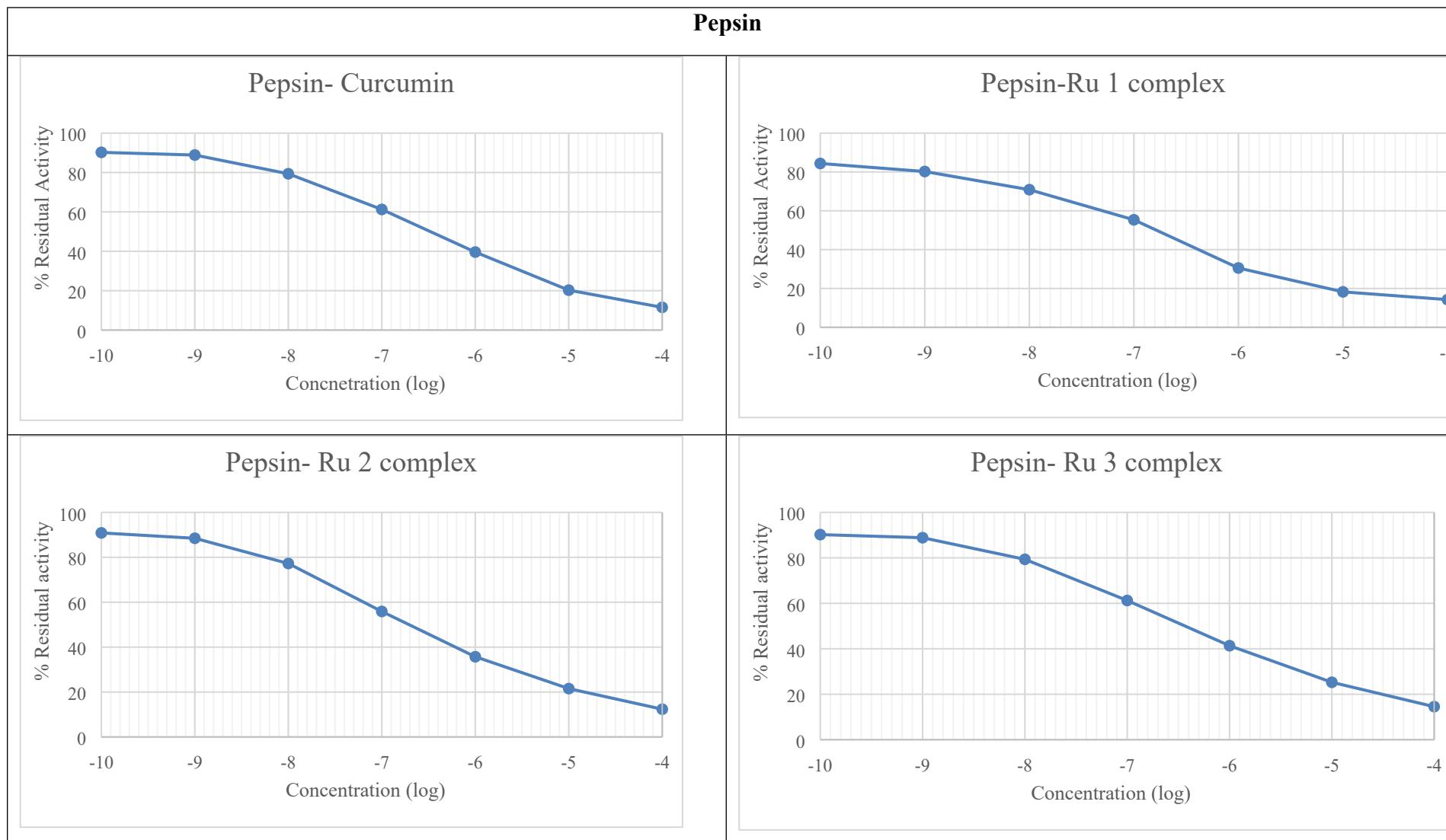
MBTZ	-53.2579	-49.7579	-3.5	8	4	4	<p>Interactions</p> <ul style="list-style-type: none"> Pi-Donor Hydrogen Bond (green dashed line) Pi-Sigma (purple dashed line) Pi-Pi T-shaped (pink dashed line) 	
TPY	-86.0795	-75.5795	-10.5	7	2	5	<p>Interactions</p> <ul style="list-style-type: none"> Carbon Hydrogen Bond (green dashed line) Pi-Donor Hydrogen Bond (green dashed line) Pi-Sigma (purple dashed line) Pi-Pi T-shaped (pink dashed line) Pi-Alkyl (light pink dashed line) 	

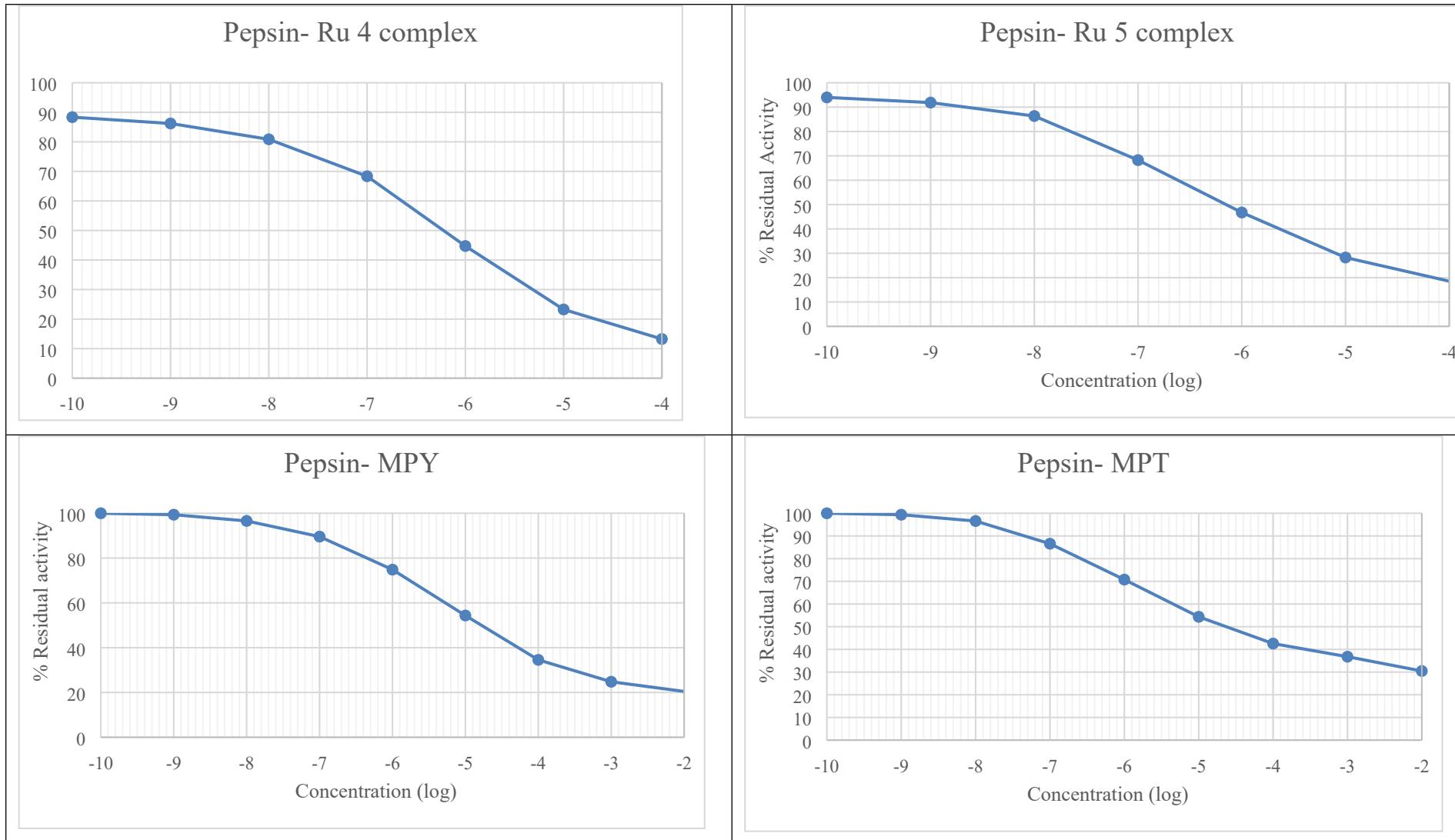
TPTZ	-97.4857	-85.6194	-11.8663	8	3	5	<p>Interactions</p> <ul style="list-style-type: none"> Carbon Hydrogen Bond Pi-Donor Hydrogen Bond Pi-Pi Stacked Pi-Pi T-shaped Pi-Alkyl 	
Ru1	-99.1708	-82.9575	-16.2133	4	2	1	<p>Interactions</p> <ul style="list-style-type: none"> Conventional Hydrogen Bond Carbon Hydrogen Bond Pi-Sulfur Pi-Alkyl 	

Ru2	-109.9	-104.454	-5.44594	7	3	4	<p>Interactions:</p> <ul style="list-style-type: none"> Unfavorable Bump (red) Pi-Sigma (purple dashed) Pi-Donor Hydrogen Bond (green dashed) Pi-Alkyl (pink dashed) 	
Ru3	-92.8516	-85.0167	-7.83485	2	0	2	<p>Interactions:</p> <ul style="list-style-type: none"> Alkyl (pink dashed) Pi-Alkyl (purple dashed) 	

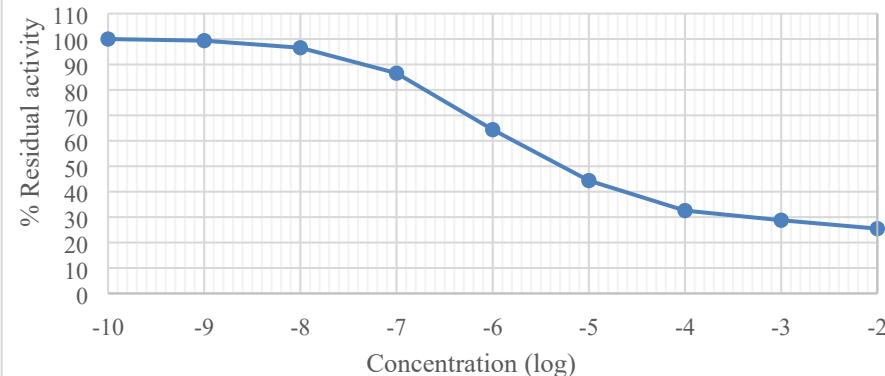
Ru4	-93.3025	-87.8408	-5.46175	6	2	3		
Ru5	-84.4582	-84.4582	0	8	1	6		

Table S2. IC₅₀ curves of Ru-based complexes and different ligands for the enzyme pepsin, trypsin and lipase.

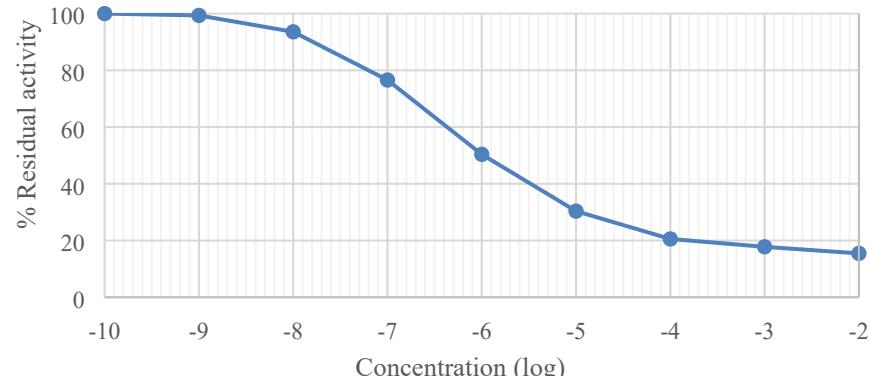




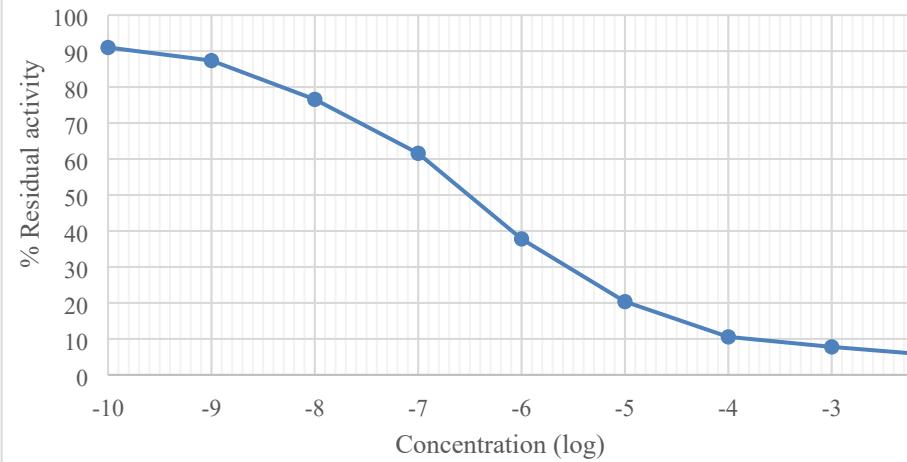
Pepsin- MBTZ



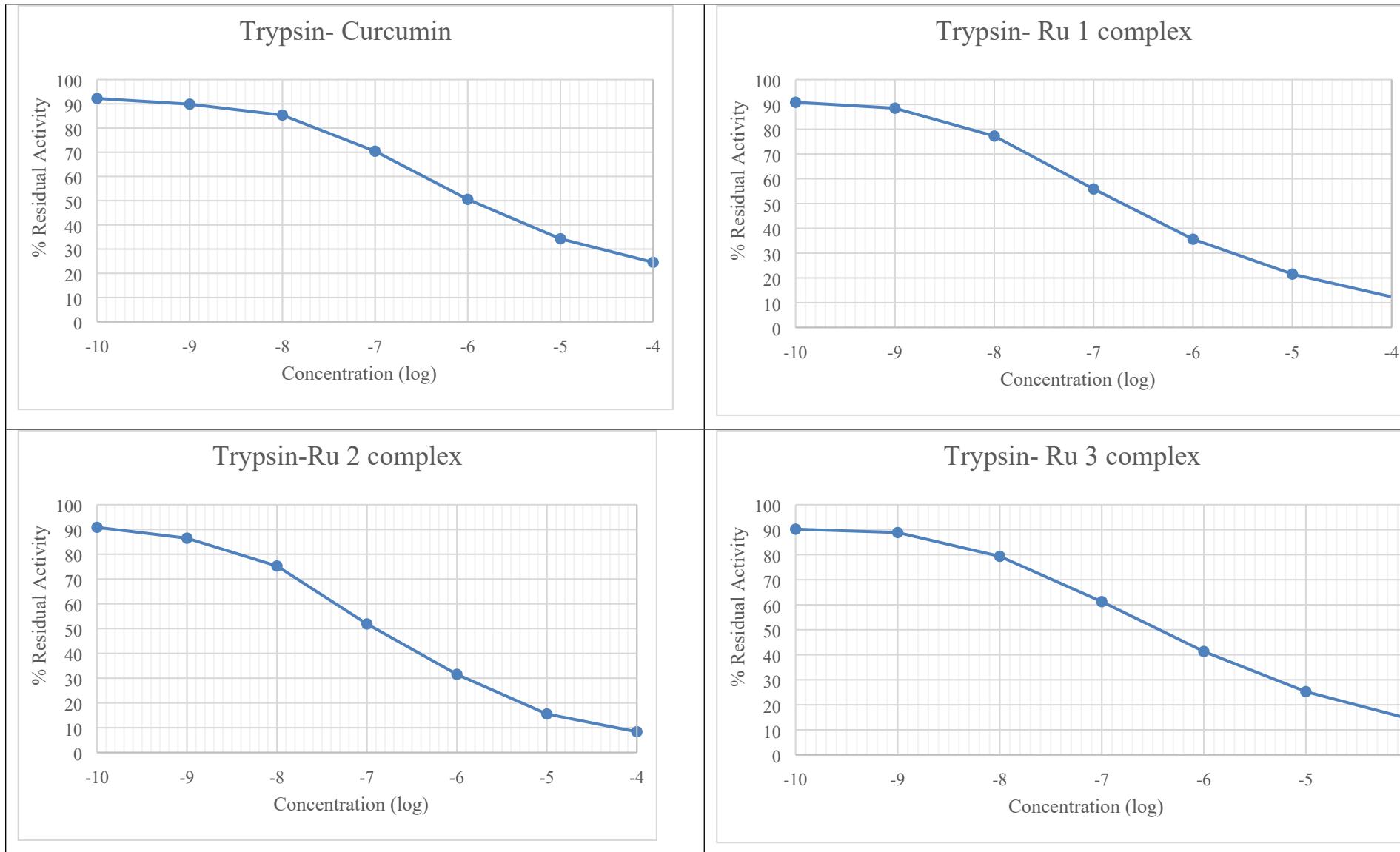
Pepsin- TPY

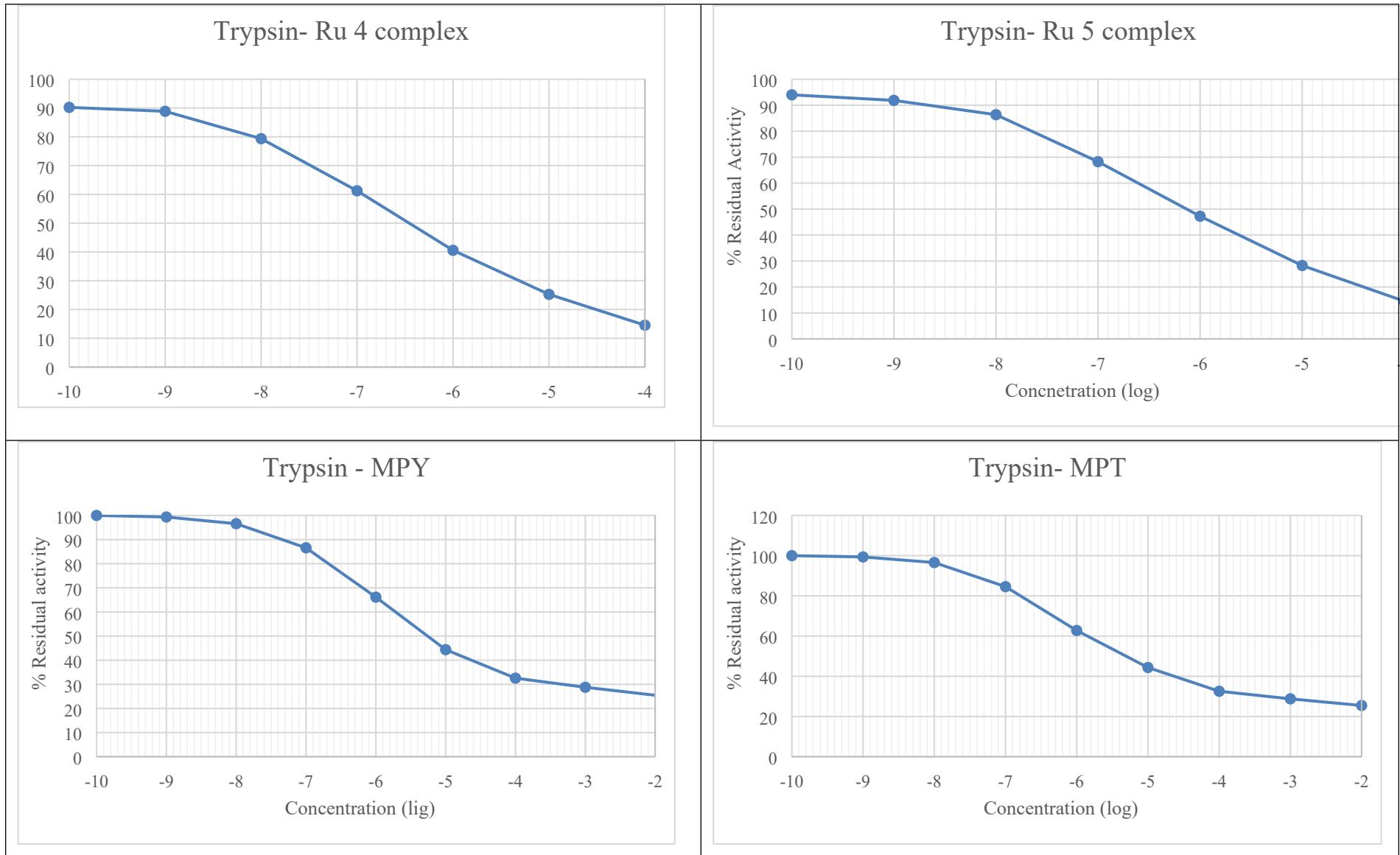


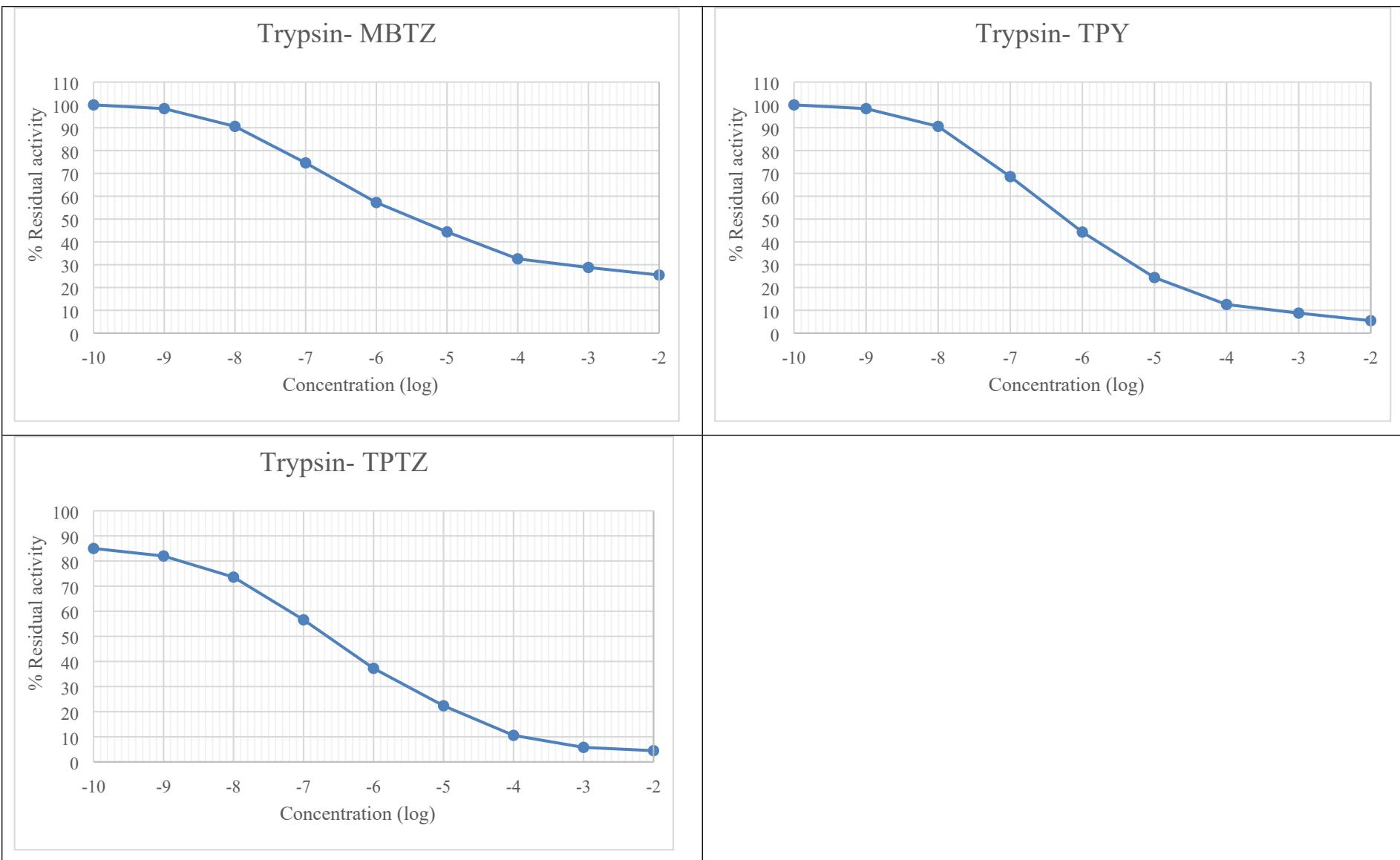
Pepsin- TPTZ



Trypsin

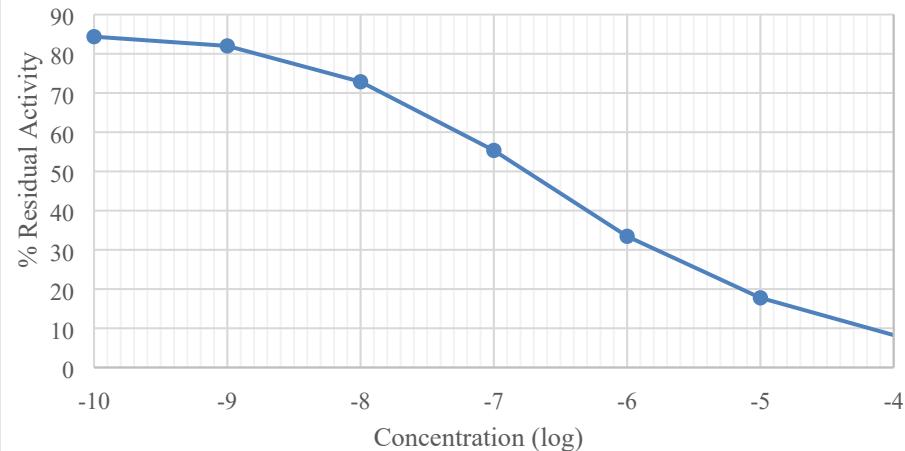




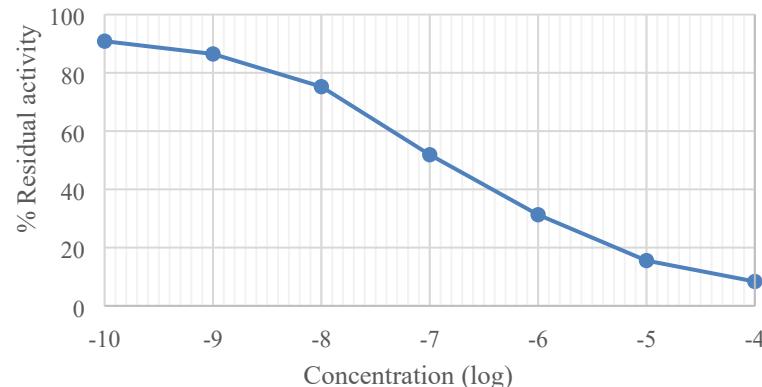


Lipase

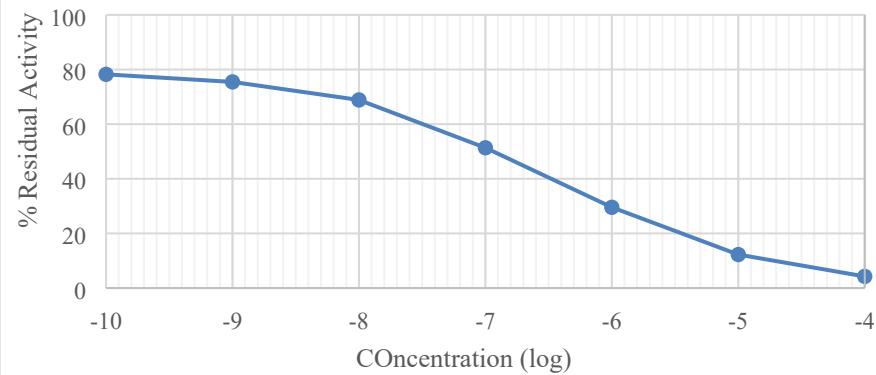
Lipase- Orlistat



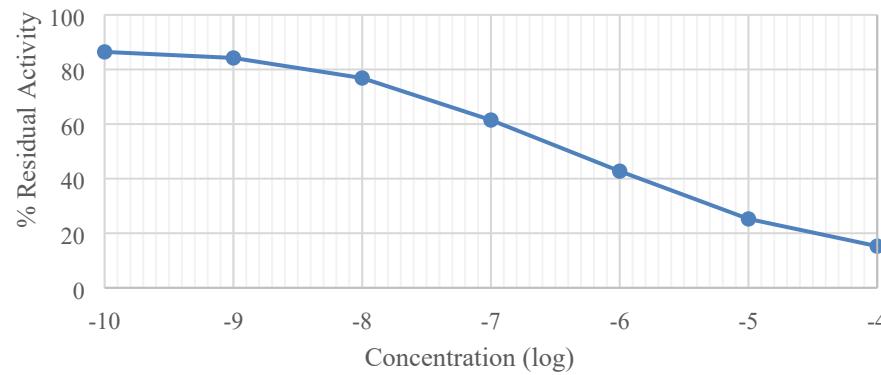
Lipase- Ru 1 complex

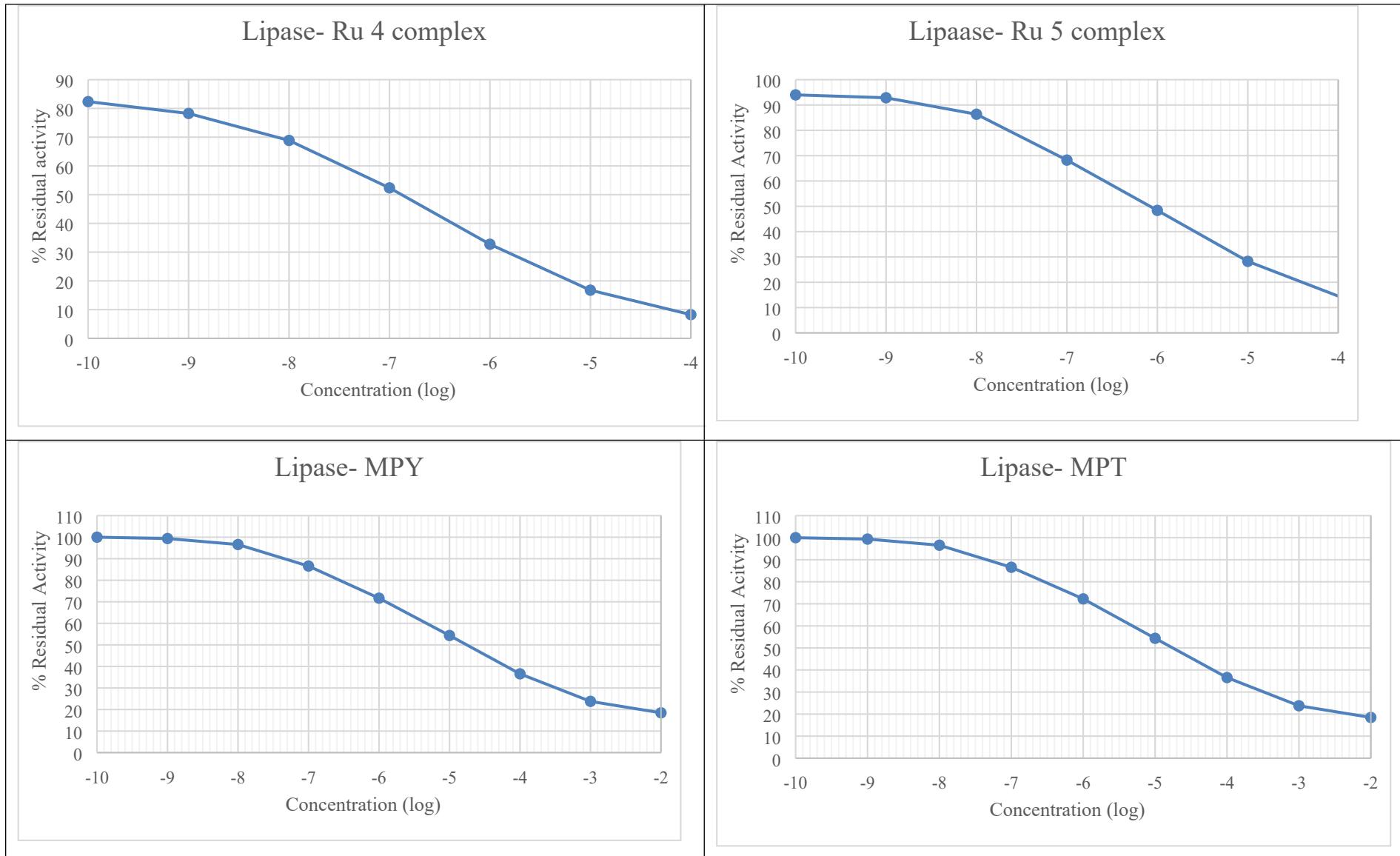


Lipase- Ru 2 complex



Lipase- Ru 3 complex





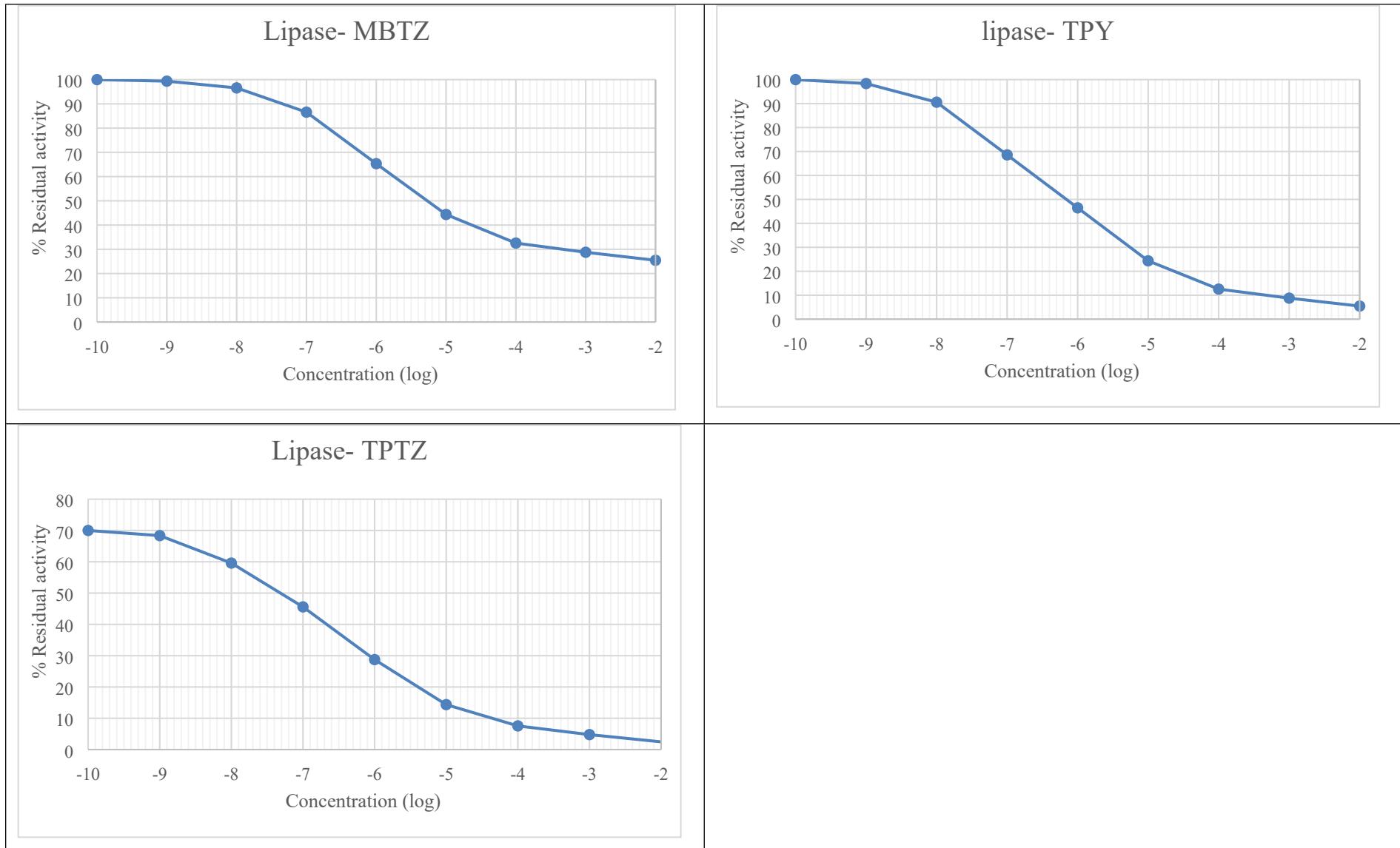


Table S3. Crystallographic data for the complex **Ru1**.

Empirical formula	$C_{28} H_{20} N_8 Ru S_2$	
Formula weight	633.71	
Temperature	293(2) K	
Wavelength	0.71073 Å	
Crystal system	Monoclinic	
Space group	$P2_1/n$	
Unit cell dimensions	$a = 17.4346(3)$ Å	$\alpha = 90^\circ$.
	$b = 8.91820(10)$ Å	$\beta = 105.318(2)^\circ$.
	$c = 17.5800(2)$ Å	$\gamma = 90^\circ$.
Volume	$2636.32(7)$ Å ³	
Z	4	
Density (calculated)	1.597 Mg/m ³	
Absorption coefficient	0.788 mm ⁻¹	
F(000)	1280	
Crystal size	0.3 x 0.15 x 0.1 mm ³	
Theta range for data collection	1.918 to 25.500°.	
Index ranges	$-21 \leq h \leq 21, -10 \leq k \leq 10, -21 \leq l \leq 21$	
Reflections collected	38260	
Completeness to theta = 25.242°	100.0 %	
Absorption correction	Semi-empirical from equivalents	
Max. and min. transmission	1.0000 and 0.9033	
Refinement method	Full-matrix least-squares on F^2	
Data / restraints / parameters	4903 / 0 / 352	

Goodness-of-fit on F ²	1.085
Final R indices [I>2sigma(I)]	R1 = 0.0261, wR2 = 0.0687
R indices (all data)	R1 = 0.0309, wR2 = 0.0711
Largest diff. peak and hole	0.710 and -0.354 e. \AA^{-3}

Table S4. Stability of complexes.

Sample	Sample Code	%Pepsin Inhibition at 1×10^{-6} M			
		0 week	1 st week	2 nd week	3 rd week
Control	Curcumin	60.40±1.2	59.40±1.9	60.40±1.6	61.40±2.2
	Orlistat	-	-	-	-
	MPY	25.66±0.8	24.56±1.4	26.75±0.9	25.12±1.8
	MPT	29.24±1.4	27.24±1.1	29.74±1.4	28.14±1.6
	MBTZ	35.62±2.1	33.62±2.0	34.12±1.5	35.74±2.4
	TPY	49.62±1.6	47.62±1.4	47.22±0.9	49.62±1.4
	TPTZ	62.21±2.4	60.21±2.1	61.41±1.6	62.21±2.6
	Ru1	69.46±2.0	67.46±2.4	68.56±1.4	68.46±2.1
	Ru2	64.28±1.8	62.28±1.7	63.22±1.2	65.78±1.8
	Ru3	58.64±0.6	57.64±1.5	56.28±2.4	59.74±0.4
	Ru4	55.26±1.1	54.86±1.4	53.24±1.2	55.26±1.4
	Ru5	53.26±2.0	53.18±2.2	51.44±1.4	53.26±2.2

Sample	Sample Code	% Trypsin Inhibition at 1×10^{-6} M			
		0 week	1 st week	2 nd week	3 rd week
Control	Curcumin	49.11±2.0	48.74±2.2	47.24±2.1	50.64±2.1
	Orlistat	-	-	-	-
	MPY	32.86±1.4	32.56±1.1	31.86±1.9	30.24±1.5
	MPT	36.24±1.1	37.14±1.4	35.24±1.4	34.84±1.5
	MBTZ	43.56±1.8	41.56±1.6	42.76±1.9	44.76±1.7
	TPY	53.42±1.6	54.52±1.7	52.72±1.5	51.52±1.5
	TPTZ	60.15±2.1	61.45±2.4	61.75±2.4	59.75±2.2
	Ru1	63.38±0.6	63.28±0.8	62.38±1.8	61.37±1.8
	Ru2	68.20±1.4	67.16±1.6	66.46±1.6	69.88±1.4
	Ru3	57.48±2.0	57.38±2.4	56.68±2.4	58.68±2.2
	Ru4	57.28±1.8	58.17±2.0	56.47±1.4	59.47±1.2
	Ru5	51.46±0.6	51.28±1.6	50.78±1.8	52.47±1.4

Sample	Sample Code	%Lipase inhibition at 1×10^{-6} M			
		0 week	1 st week	2 nd week	3 rd week
Control	Curcumin			-	
	Orlistat	66.45±1.0	65.14±1.7	64.15±2.0	64.11±1.1
	MPY	28.32±1.2	27.13±1.1	26.22±1.9	28.34±1.4
	MPT	27.76±0.5	26.17±0.8	25.16±0.8	27.70±1.5
	MBTZ	34.68±1.8	33.18±1.6	32.61±1.7	34.80±2.8
	TPY	53.52±1.4	52.12±1.2	51.55±1.6	53.05±1.6
	TPTZ	71.26±0.8	70.16±0.9	70.27±0.5	71.20±1.8
	Ru1	68.72±1.6	67.12±1.1	66.44±1.4	68.64±1.7
	Ru2	70.36±0.7	69.16±0.4	68.55±0.9	70.16±1.6
	Ru3	57.26±1.5	56.16±1.6	55.27±1.3	57.18±1.2
	Ru4	67.26±2.1	66.16±2.8	65.15±2.2	67.45±2.0
	Ru5	51.62±1.8	50.12±1.5	49.16±1.1	51.50±1.1

Sample	Sample Code	% α -amylase activation at 1×10^{-5} M
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		0 week	1 st week	2 nd week	3 rd week
Control	Curcumin	24.25±1.2	23.05±1.4	22.25±1.8	26.23±1.1
	Orlistat	-	-	-	-
	MPY	16.76±2.6	15.26±2.0	17.44±2.4	18.36±2.2
	MPT	19.42±1.9	20.82±1.4	18.25±1.0	20.17±1.3
	MBTZ	28.42±2.6	29.32±2.4	27.28±2.0	30.12±2.4
	TPY	34.76±1.7	35.26±1.6	33.16±1.6	36.18±1.5
	TPTZ	42.86±2.3	41.66±2.1	40.22±2.2	44.69±2.6
	Ru1	64.75±1.1	65.35±1.8	62.25±1.6	66.50±1.7
	Ru2	58.26±1.8	59.46±1.7	56.16±1.4	60.12±1.8
	Ru3	57.84±2.7	58.22±2.1	56.47±2.6	60.47±2.0
	Ru4	55.78±1.5	54.36±1.2	53.18±1.4	57.45±1.4
	Ru5	48.64±1.2	47.24±1.0	46.28±1.1	49.44±1.1

Compounds	Solubility (g/L)
Omeprazole	56
Pantoprazole	30
Curcumin	74
Orlistat	19
Ru1	333
Ru2	142
Ru3	249
Ru4	198
Ru5	166.6
Tpy	55.55
Mpt	45.4
Mbtz	98
Tbtz	62.5
mpy	97