Supporting Information

Bottom-up deposition lithium into 3D lithiophobic-lithiophilic host for long-

life lithium metal anodes

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Fig. S1. SEM images of the (a, b) 2- C_{TPA} , (c, d) 3D- C_{TPA} , (e, f) 2- C_{COT} , and (g, h) 3D- C_{COT} skeletons.



Fig. S2. Photographs of (a) $3D-C_{TPA}$ and (b) $3D-C_{COT}$ skeletons; Corresponding conductivities of (c) $3D-C_{TPA}$ and (d) $3D-C_{COT}$ skeletons.



Fig. S3. Optical images of lithium droplet on (a) $2-C_{TPA}$ skeleton and (b) $3D-C_{TPA}$ skeleton substrates.



Fig. S4. XRD pattern of 3D-C_{TPA} skeleton, 3D-C_{TPA}@Li anode, 3D-C_{COT} skeleton, and 3D-C_{COT}@Li anode.



Fig. S5. Top-view SEM image of the fresh bare Li anode.



Fig. S6 The XRD patterns of the symmetrical cells with (a) $3D-C_{TPA}$ @Li anode and (b) $3D-C_{COT}$ @Li anode cycled at a current density of 1 mA·cm⁻² and a capacity of 1 mAh·cm⁻².

		Li(110)	Li(200)
	Fresh	1332	74
3D-C _{TPA} @Li	10^{th}	420	25
	50 th	1203	67
	Fresh	232	1270
3D-C _{COT} @Li	10^{th}	211	1134
	50 th	495	560

Table S1 The heights of the Li(110) peak and Li(200) peak in the corresponding XRD patternsof Fig. S6.



Fig. S7. Corresponding voltage-capacity profiles at current densities of (a) 0.5 mA cm⁻², (b) 1 mA cm⁻², (c) 2 mA cm⁻², (d) 3 mA cm⁻², and (e) 5 mA cm⁻² in Fig. 2i.



Fig. S8. EIS of the 3D-C_{TPA}@Li, 3D-C_{COT}@Li, and bare Li anodes (d) before and (e) after 50 cycles.



Fig. S9. XPS survey spectra of bare Li, 3D-C_{COT}@Li, and 3D-C_{TPA}@Li anode after 50 cycles.



Fig. S10. High-resolution XPS plots of the F1s of bare Li, $3D-C_{COT}@Li$, and $3D-C_{TPA}@Li$ anode after 50 cycles.



Fig. S11. Corresponding voltage-capacity profiles of these cells at selected cycles in Fig. 5a.