

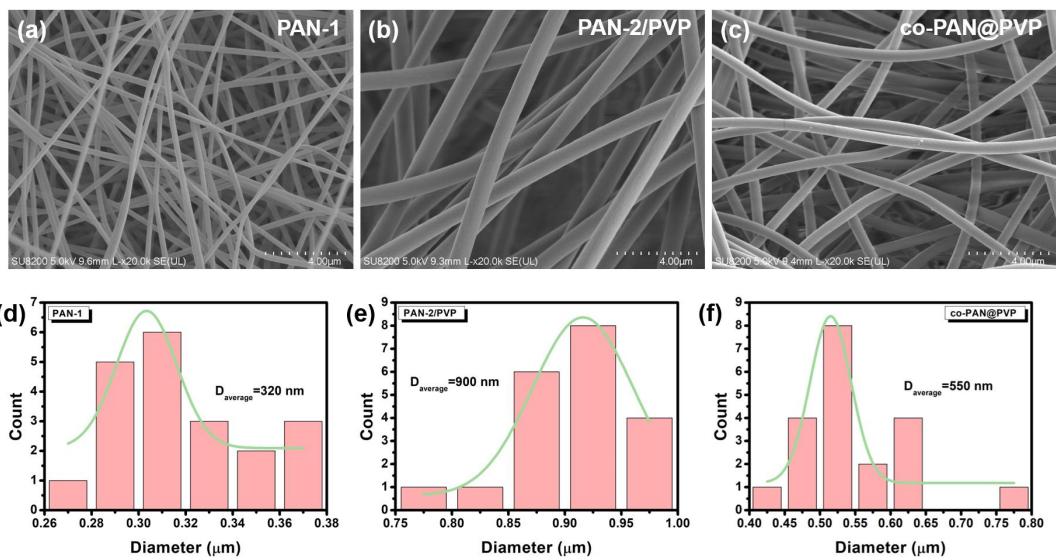
## Supplementary Information

### **Lure the “Enemy” Deep: An Innovative Biomimetic Strategy for Enhancing the Microwave Absorption Performance of Carbon Nanofibers**

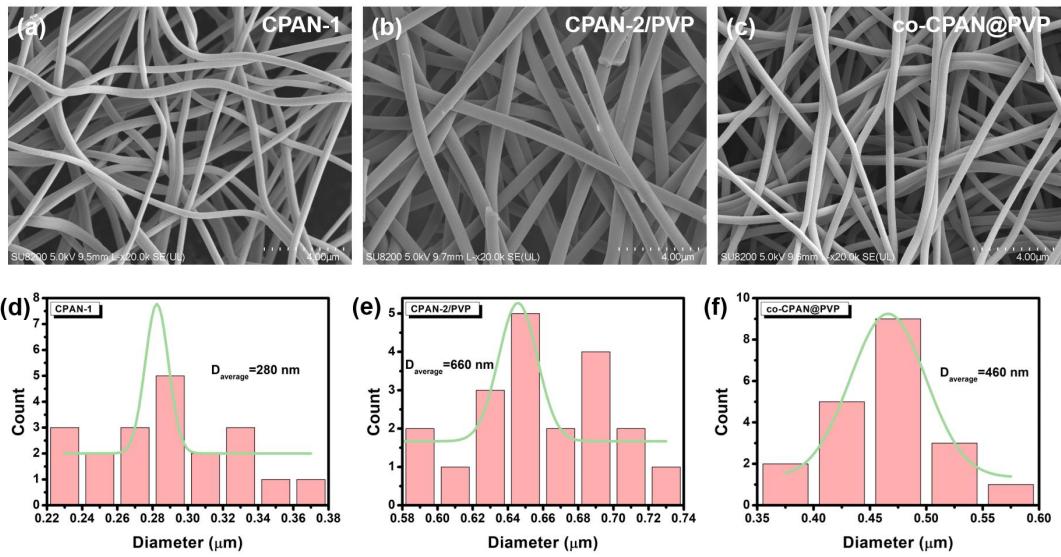
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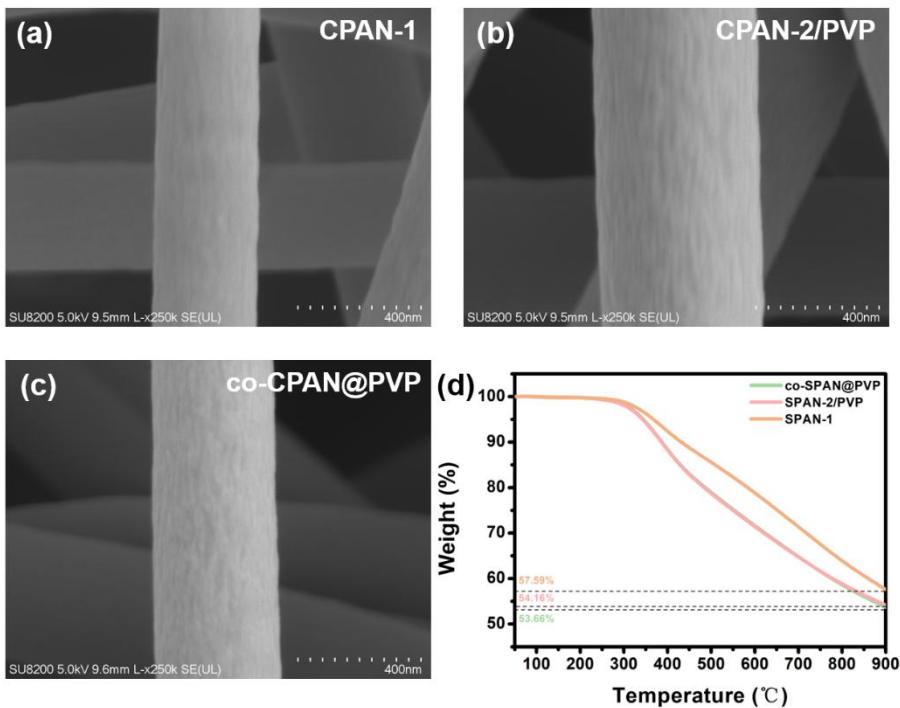


**Fig. S1** SEM images and diameter distribution of NFs: (a, d) PAN-1; (b, e) PAN-2/PVP; (c, f) co-PAN@PVP.

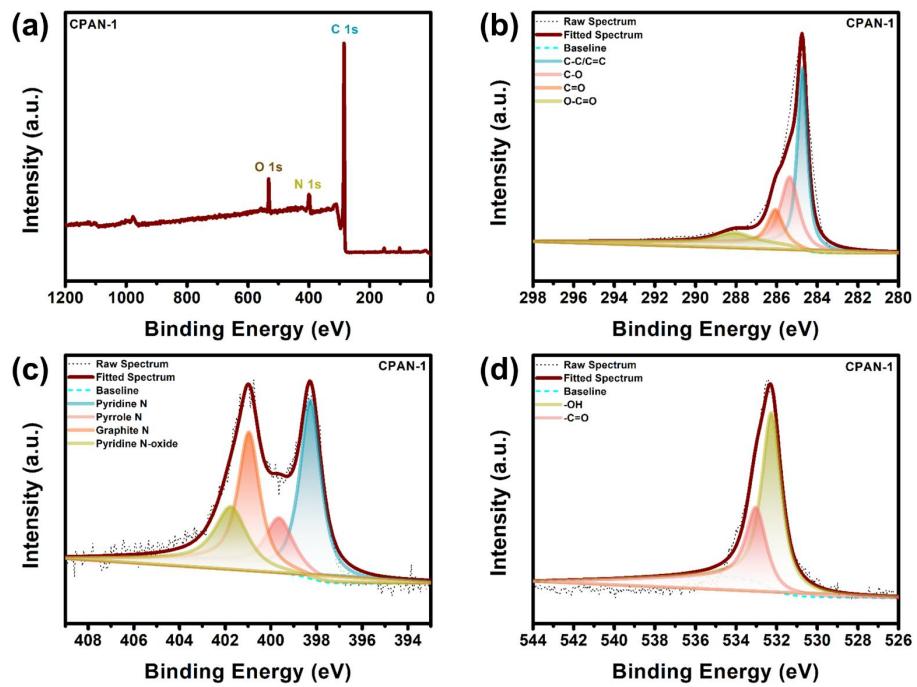


**Fig. S2** SEM images and diameter distribution of CNFs: (a, d) CPAN-1; (b, e) CPAN-2/PVP; (c, f)

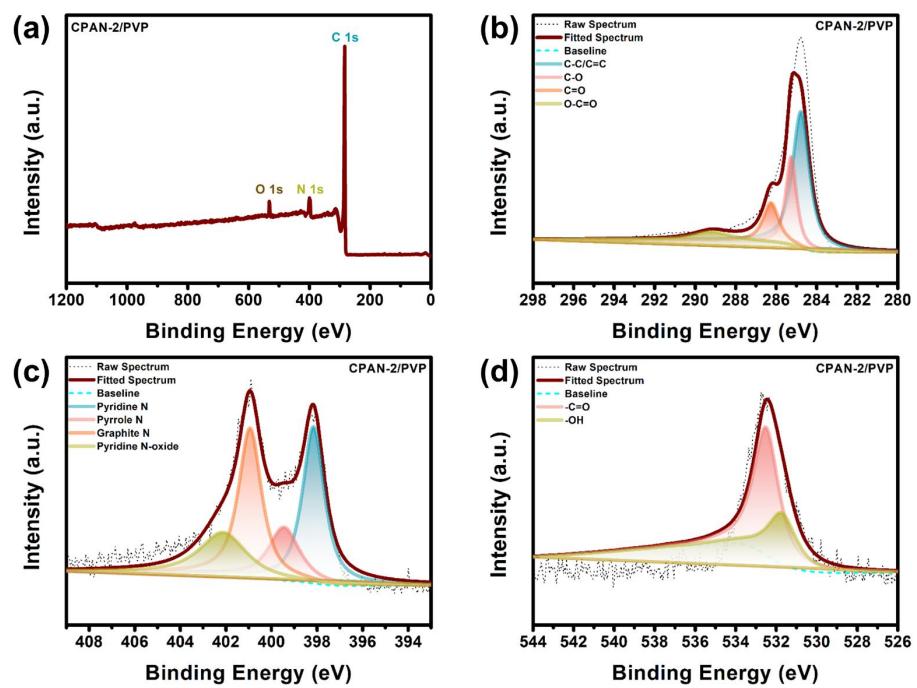
co-CPAN@PVP.



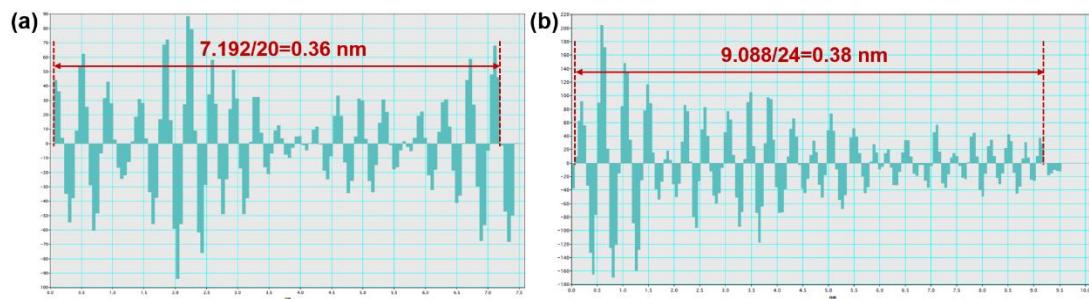
**Fig. S3** Surface morphology of CNFs: (a) CPAN-1; (b) CPAN-2/PVP; (c) co-CPAN@PVP and (d) TGA curves.



**Fig. S4** (a) XPS survey spectra and (b) C 1s, (c) N 1s, and (d) O 1s spectra of CPAN-1.



**Fig. S5** (a) XPS survey spectra and (b) C 1s, (c) N 1s, and (d) O 1s spectra of CPAN-2/PVP.



**Fig. S6** Calculation of TEM crystal plane spacing: (a) CPAN-1; (b) CPAN-2/PVP.

Table S1 Diameter shrinkage rate of NFs after carbonization

Samples	Shrinkage rate (%)
CPAN-1	12.5
CPAN-2/PVP	26.7
co-CPAN@PVP	16.4

The interlayer distance ( $d_{002}$ ) and stacking layer thickness ( $L_c$ ) of graphite grains were calculated according to formulas (S1) and (S2):<sup>1</sup>

$$d_{002} = \frac{K\lambda}{2 \sin \theta} \quad (\text{S1})$$

$$L_c = \frac{K\lambda}{\beta \cos \theta} \quad (\text{S2})$$

where K is the shape factor with a value of 0.9,  $\lambda$  is the wavelength of the CuK $\alpha$  X-ray (0.15046 nm), and  $\beta$  is the maximum half width at half maximum (FWHM) of the diffraction peak at  $2\theta$ .

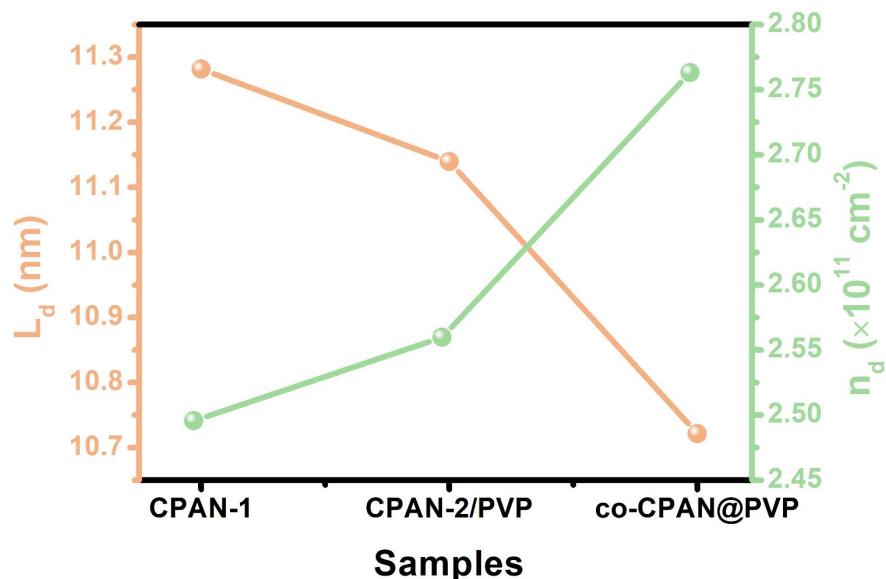
Table S2 The interlayer spacing and stacking layer thickness of CNFs

Samples	$2\theta$ (degree)	$d_{002}$ (nm)	$L_c$ (nm)
CPAN-1	21.30	0.3664	1.353
CPAN-2/PVP	21.17	0.3686	1.308
co-CPAN@PVP	20.76	0.3758	1.292

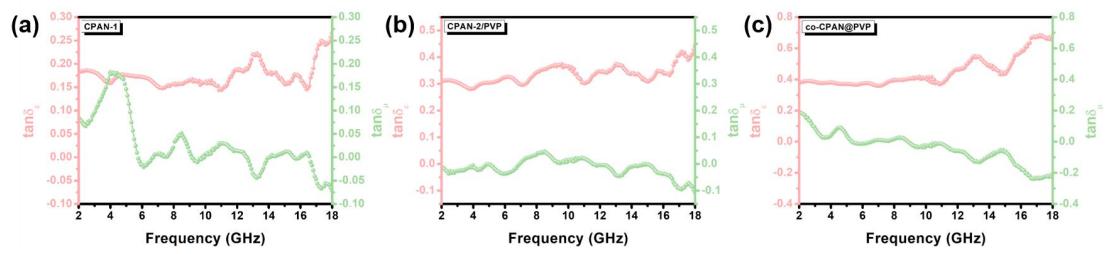
The average distance between defects ( $L_d$ ) and defect density ( $n_d$ ) of materials can be calculated as follows:<sup>2</sup>

$$L_d \text{ (nm)} = \sqrt{(1.8 \pm 0.5) \times 10^{-9} \lambda_L^4 \left(\frac{I_D}{I_G}\right)^{-1}} \quad (\text{S3})$$

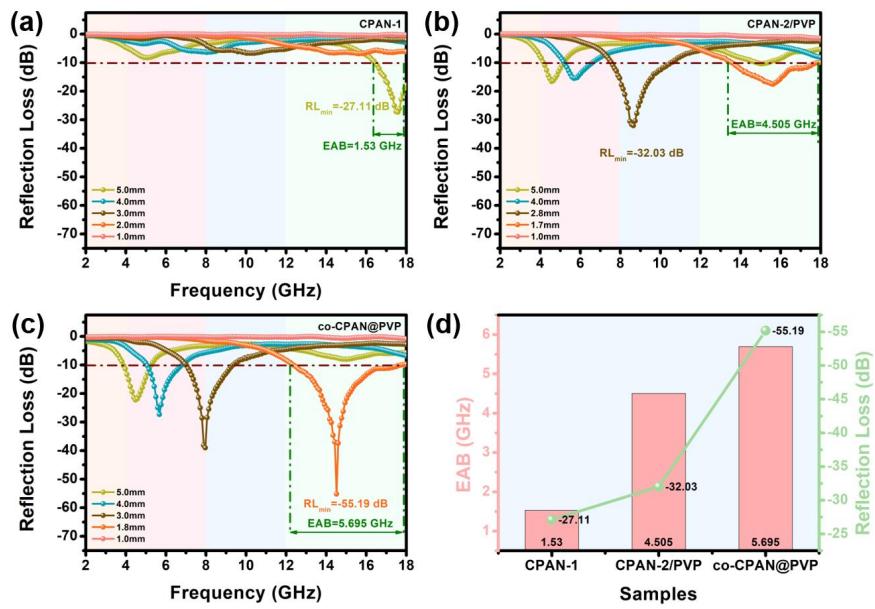
$$n_d \text{ (cm}^{-2}\text{)} = \frac{(1.8 \pm 0.5) \times 10^{22}}{\lambda_L^4} \left(\frac{I_D}{I_G}\right) \quad (\text{S4})$$



**Fig. S7** Average  $L_d$  and  $n_d$  of CNFs.

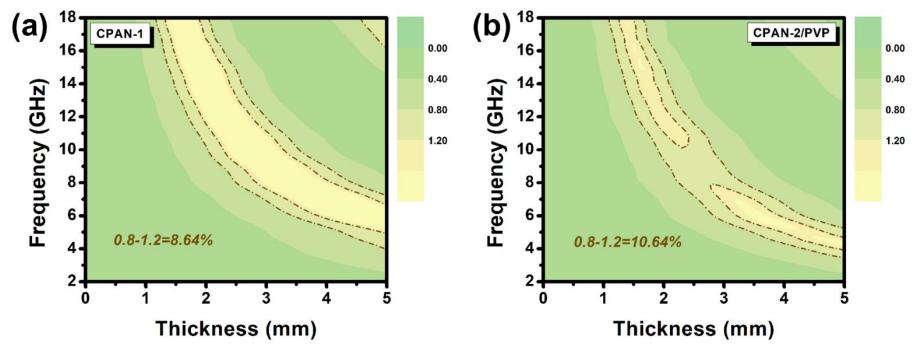


**Fig. S8** Comparison of dielectric loss and magnetic loss: (a) CPAN-1; (b) CPAN-2/PVP; (c) co-CPAN@PVP.

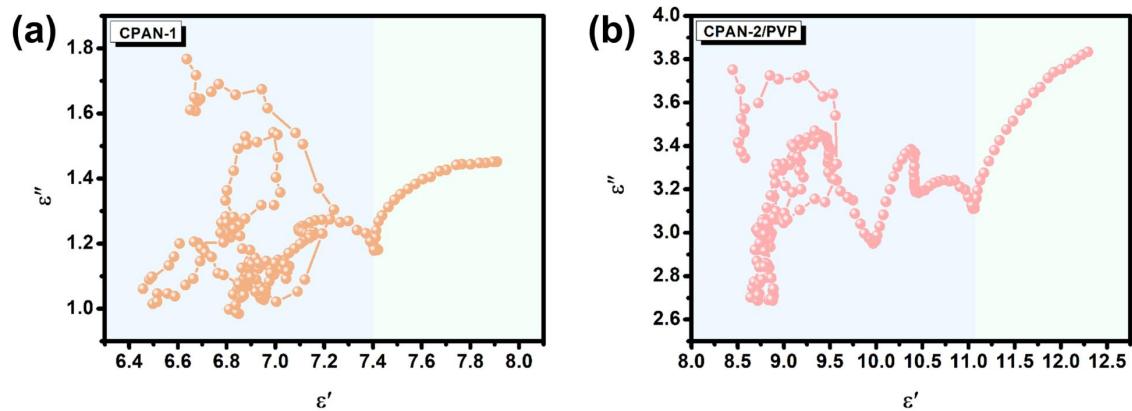


**Fig. S9** The RL<sub>min</sub> value at a given thickness of (a) CPAN-1, (b) CPAN-2/PVP and (c) co-CPAN@PVP; (d)

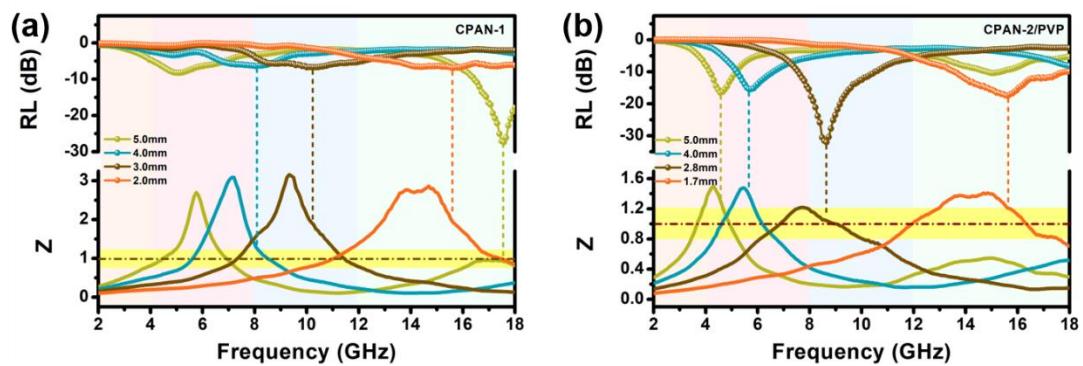
Comparison of absorption performance.



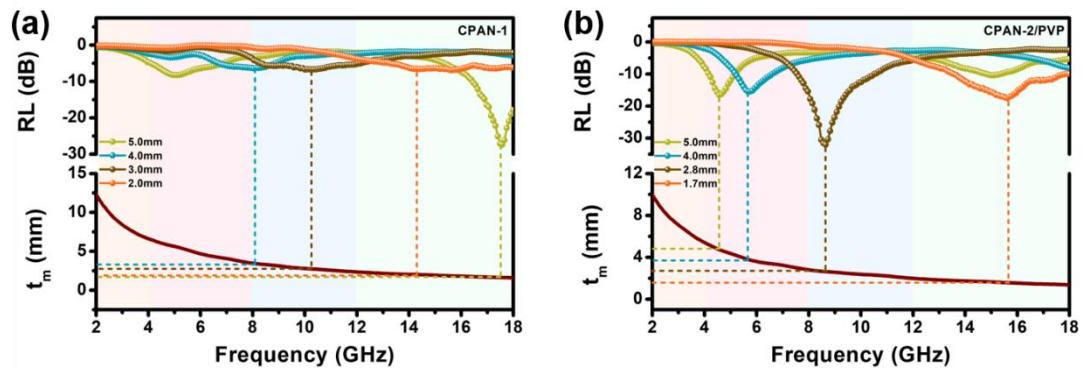
**Fig. S10** Z of (a) CPAN-1 and (b) CPAN-2/PVP.



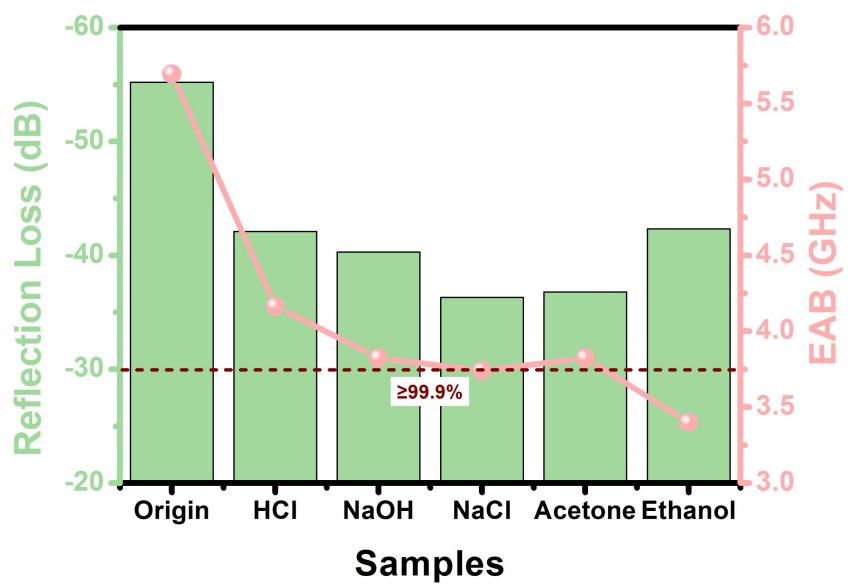
**Fig. S11** Cole-Cole curves: (a) CPAN-1; (b) CPAN-2/PVP.



**Fig. S12** RL and Z corresponding curves: (a) CPAN-1; (b) CPAN-2/PVP.



**Fig. S13** RL and  $t_m$  corresponding curves: (a) CPAN-1; (b) CPAN-2/PVP.



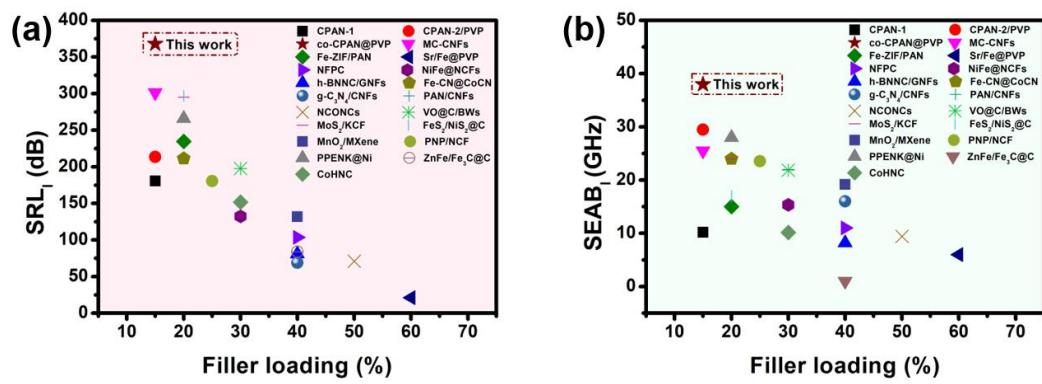
**Fig. S14** The absorption performance of co-CPAN@PVP in harsh environments.

$$SRL_l = \frac{|RL_{\min}|}{loading * d} \quad (S5)$$

$$SEAB_l = \frac{EAB}{loading * d} \quad (S6)$$

$$SRL_l = \frac{|RL_{\min}|}{loading} \quad (S7)$$

$$SEAB_l = \frac{EAB}{loading} \quad (S8)$$



**Fig. S15** Comparison of absorption performance of carbon-based MAMs in recent years.

Table S3 Comparison of MA performance of carbon-based MAMs in recent years

Samples	RL (dB)	d <sub>1</sub> (mm)	EAB (GHz)	d <sub>2</sub> (mm)	loading (wt.%)	Ref.
CPAN-1	-27.11	5	1.53	5	15	This work
CPAN-2/PVP	-32.03	2.8	4.42	1.7	15	This work
co-CPAN@PVP	-55.19	1.8	5.695	1.8	15	This work
MC-CNFs	-45.19	2.8	3.825	2.8	15	3
Fe-ZIF/PAN	-46.9	2	3	2	20	4
Sr/Fe@PVP	-12.69	3.4	3.6	2	60	5
NFPC	-41.4	1.36	4.4	1.34	40	6
NiFe@NCFs	-39.7	2	4.6	1.45	30	7
h-BNNC/GNFs	-32.28	2	3.28	2	40	8
Fe-CN@CoCN	-42.27	2.5	4.8	2.5	20	9
g-C <sub>3</sub> N <sub>4</sub> /CNFs	-27.56	2.3	6.4	2.3	40	10
PAN/CNFs	-44.73	1.76	6.6	1.76	30	11
NCONCs	-35.47	1.4	4.71	1.4	50	12
VO@C/BWs	-59.3	2.34	6.56	2.34	30	13
MoS <sub>2</sub> /KCF	-59	2.5	4.8	2.5	20	14
FeS <sub>2</sub> /NiS <sub>2</sub> @C	-59.4	3.2	3.4	2	20	15
MnO <sub>2</sub> /MXene	-52.74	2.9	7.68	2.9	40	16
PNP/NCF	-45.1	3.6	5.89	2	25	17
PPENK@Ni	-53.2	1.5	5.6	1.5	20	18
ZnFe/Fe <sub>3</sub> C@C	-33.57	1.5	4.16	1.34	40	19
CoHNC	-45.5	1.4	3.04	1.4	30	20

$$\varepsilon' = \varepsilon_\infty + \frac{\varepsilon_s - \varepsilon_\infty}{1 + \omega^2 \tau^2} \quad (\text{S9})$$

$$\varepsilon'' = \frac{\varepsilon_s - \varepsilon_\infty}{1 + \omega^2 \tau^2} \omega \tau + \frac{\sigma}{\omega \varepsilon_0} = \varepsilon_p'' + \varepsilon_c'' \quad (\text{S10})$$

where  $\omega$  is the angular frequency,  $\tau$  is the polarization relaxation time,  $\varepsilon_s$  is the static permittivity,  $\varepsilon_\infty$  stands for the dielectric permittivity at the high frequency limit and  $\sigma$  is the electric conductivity.<sup>21</sup>

$$E_a = E_1 + E_2 \quad (\text{S11})$$

$$E_1 = \pi f \varepsilon' E_0^2 + \pi f \mu' H_0^2 \quad (\text{S12})$$

$$E_2 = \pi f \varepsilon'' E_0^2 + \pi f \mu'' H_0^2 \quad (\text{S13})$$

where  $E_a$  is the absorbed incident EM energy,  $E_1$  and  $E_2$  represent the energy of storage and conversion part,  $E_0$  and  $H_0$  are the electric and magnetic field intensity amplitude of electromagnetic wave, respectively.<sup>22</sup>

$$w_s = \frac{E_1}{E_1 + E_2} \quad (\text{S14})$$

$$w_d = \frac{E_2}{E_1 + E_2} \quad (\text{S15})$$

$$w_r = \frac{E_2}{E_1} \quad (\text{S16})$$

where  $w_s$  is the electromagnetic energy storage efficiency,  $w_d$  is the conversion efficiency and  $w_r$  is the ratio of electromagnetic wave conversion to storage.

$$E_{2p} = \pi f \varepsilon_p'' E_0^2 \quad (\text{S17})$$

$$E_{2c} = \pi f \varepsilon_c'' E_0^2 \quad (\text{S18})$$

$$E_{2m} = \pi f \mu'' H_0^2 \quad (\text{S19})$$

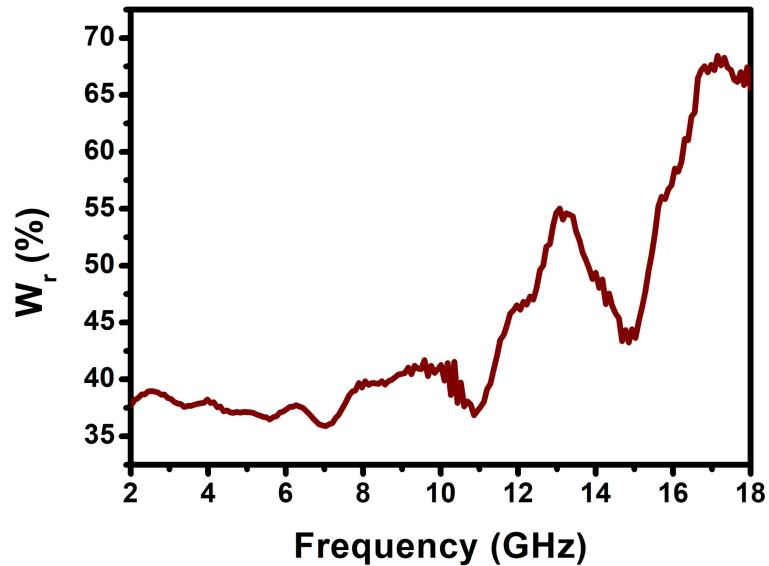
where  $E_{2p}$ ,  $E_{2c}$  and  $E_{2m}$  represent conversion energy contributed by polarization, conductive and magnetic losses.

$$w_p = \frac{E_{2p}}{E_{2c} + E_{2p} + E_{2m}} \quad (\text{S20})$$

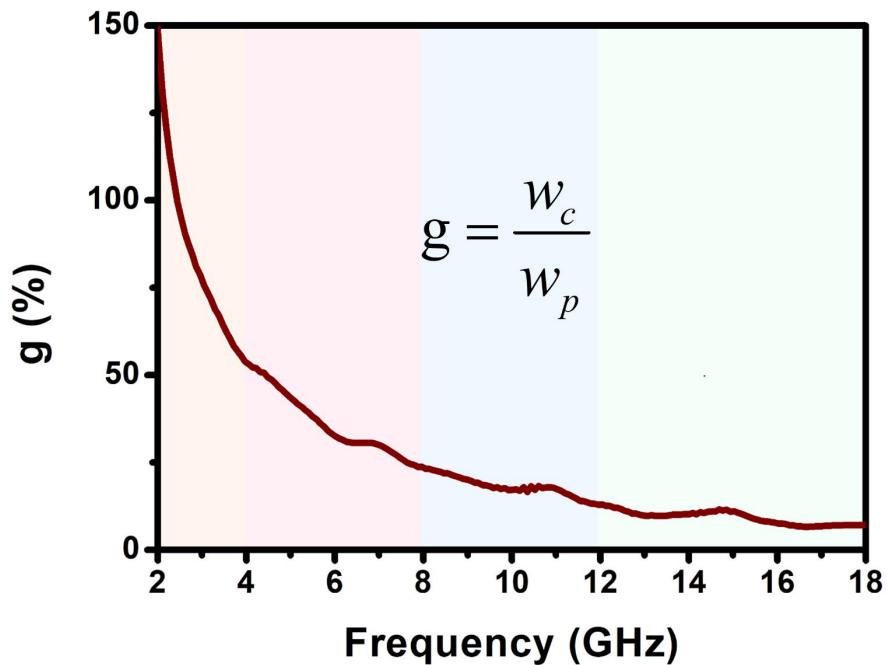
$$w_c = \frac{E_{2c}}{E_{2c} + E_{2p} + E_{2m}} \quad (\text{S21})$$

$$w_m = \frac{E_{2m}}{E_{2c} + E_{2p} + E_{2m}} \quad (\text{S22})$$

where  $w_p$ ,  $w_c$  and  $w_m$  represent the efficiency of converted EM energy by conductance, relaxation and magnetic mechanism.



**Fig. S16** Microwave conversion efficiency to storage efficiency ratio for co-CPAN@PVP.



**Fig. S17** The ratio ( $g$ ) of EM energy conversion power contributed by charge transport and relaxation ( $w_c$  and  $w_p$ ).

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