

Supplement Fig. 1.

Survival rate (A) and biofilm formation index (B) of *L. plantarum* JB-1 under acid stress, oxidative stress, and bile salt stress after 0 and 10 mg/mL PME pre-stress respectively

Note: Lowercase letters indicate significant differences ($p < 0.05$) between PME-0 and PME-10 under the same stress and stress time. Capital letters represent PME-0 or PME-10, and there is a significant difference ($p < 0.05$) between different stress times under the same stress

