Supplementary Information (SI) for Sustainable Food Technology. This journal is © The Royal Society of Chemistry 2025

Supplementary Information

Table S1 Prominent OES spectrum peaks for plasma jet reactor with 90:10 Ar: Air gas feed

Ion	Wavelength, λ (nm)
$ m N_2$	379
N_2	399
$ m N_2$	405
Ar	696
Ar	750
Ar	763
Ar	772
Ar	800
Ar	811
Ar	826
Ar	841

Table S2. Colorimetry results of DW-FBPI gels

	L*		a*		b*	
Gelling	Control	Treated	Control	Treated	Control	Treated
Conditions						
95°C - 30 min	73.92 ±	79.32 ± 0.8^{b}	0.18 ±	-0.59 ±	19.28 ±	17.77 ±
	0.67ª		1.15 ^a	0.16 ^a	0.92ª	0.57 ^a
85°C - 30 min	78.62 ±	78.55 ± 0.50^{a}	-0.87 ±	-0.71 ±	15.79 ±	16.16 ±
	0.62ª		0.34^{a}	0.39^{a}	0.68^{a}	1.08 ^a
85°C - 1 h	77.69 ±	78.13 ± 0.25^{a}	-0.84 ±	-0.83 ±	16.07 ±	17.12 ±
	0.70^{a}		0.43ª	0.17^{a}	0.56^{a}	1.36 ^a
80°C - 1 h	78.26	77.57 ± 0.36^{a}	-0.45 ±	-0.55 ±	16.05 ±	15.85 ±
	$\pm 1.87^{a}$		0.39^{a}	0.20^{a}	0.92ª	0.08^{a}

Values are expressed as the mean \pm the standard deviation of three replicates. 1-way ANOVA was completed with the Tukey Test as post-hoc test. The alphabetical subscript (a,b) within each row and section indicates the values that are significantly different between control and treated (p<0.05).

Table S3. ΔE values of DW-FBPI and DES-FBPI gels

Sample	Gelling Conditions	Control	Treated	ΔE
DW-FBPI	95°C - 30 min			5.73 ± 1.28
DW-FBPI	85°C - 30 min			1.69 ± 0.93
DW-FBPI	85°C - 1 h			0.74 ± 0.36
DW-FBPI	80°C - 1 h			1.56 ± 0.41
DES-FBPI	80°C - 1 h			2.44 ± 0.94
DES-FBPI	79°C - 1 h			1.73 ± 1.10

Table S4. Colorimetry results of DES-FBPI gels

	L*		a*		b*	
Gelling	Control	Treated	Control	Treated	Control	Treated
Conditions						
80°C - 1h	69.8 ±	67.5 ± 1.3^{a}	-0.06 ±	-0.18 ±	13.6 ±	12.7 ±
	0.8ª		0.22ª	0.31 ^a	0.4^{a}	0.4 ^b
79°C - 1h	71.4 ±	71.2 ± 1.5^{a}	-1.19 ±	-1.17 ±	14.9 ±	14.9 ±
	1.2ª		0.32a	0.19^{a}	0.7^{a}	0.5^{a}

Values are expressed as the mean \pm the standard deviation of three replicates. 1-way ANOVA was completed with Tukey Test as post-hoc test. The alphabetical subscript (a,b) within each columnar section indicates the values that are significantly different between control and treated (p<0.05).

Table S5. Water holding capacity of DW-FBPI and DES-FBPI gels heated at various temperatures

Sample	Gelling Conditions	Treated (%)	Control (%)
DW-FBPI	85°C 1 h	$88.7 \pm 4.5^{a, A}$	$85.4 \pm 3.6^{a, A}$
DW-FBPI	80°C 1 h	$94.0 \pm 3.6^{a, B}$	93.6 ± 1.1 ^{a, B}
DES-FBPI	95°C 30 min	82.0 ± 3.3 a, A	77.3 ± 2.5 a, A
DES-FBPI	85°C 30 min	91.5 ± 1.9 a, B	$89.7 \pm 6.0^{a,B}$
DES-FBPI	80°C 1 h	$99.0\pm0.0^{a,A}$	98.6 ± 0.1 ^{a, A}
DES-FBPI	79°C 1 h	$99.0\pm0.0^{\rm a,A}$	$99.2 \pm 0.6^{a, A}$

Values are expressed as the mean \pm the standard deviation of three replicates. 2-way ANOVA was completed with the Tukey Test as post-hoc test. The first alphabetical subscript (a,b) within each columnar section indicates the values that are significantly different between control and treated (p<0.05). The second alphabetical subscript (A, B) indicates a significant difference between gelling conditions. (p<0.05)

Table S6 Power law parameters from equations (4) and (5) from treated DW-FBPI gels

Temperature	Gelling	Sample	G _o ' (kPa)	n _o '	G _o " (kPa)	n _o "
	time					
95°C	30 min	Treated	7.02 ±	0.115 ±	1.56 ±	0.111 ±
			2.28 ^{a, A}	0.003 ^{a, A}	0.49 ^{a, A}	$0.007^{b, B}$
	30 min	Control	4.16 ±	0.114 ±	0.87 ±	0.119 ±
			0.47 ^{b, A}	0.004 ^{ab, A}	0.11 ^{b, A}	0.006 ^{ab, I}
85°C	30 min	Treated	2.53 ±	0.106 ±	0.51 ±	0.123 ±
			0.94 ^{b, B}	0.002 ^{b, B}	0.18 ^{b, B}	0.001 ^{ab, A}
	30 min	Control	2.86 ±	0.105 ±	0.57 ±	0.124 ±
			1.10 ^{b,B}	0.006 ^{b, B}	0.20 ^{b, B}	0.004 ^{a, A}
85°C	1 h	Treated	3.16 ±	0.106 ±	0.62 ±	0.123 ±
			0.39a*, A	0.002 ^{a, A}	0.08a, A	0.002 ^{aA}
	1 h	Control	2.46±	0.105 ±	0.49 ±	0.125 ±
			0.08 ^{b*} , A	$0.01^{a, A}$	0.01 ^{b, A}	0.005^{aA}

80°C	1 h	Treated	1.19 ±	0.120 ±	0.28 ±	0.137 ±
			0.23 ^{c*, B}	0.001 ^{b, B}	0.05 ^{c, B}	0.003^{bB}
	1 h	Control	1.36 ±	0.122 ±	0.32 ±	0.139 ±
			0.09c*, B	$0.003^{b, B}$	0.02 ^{c, B}	0.003^{bB}

Values are expressed as the mean \pm the standard deviation of three replicates. 2-way ANOVA was completed with Tukey Test as post-hoc test. The first alphabetical subscript (a,b) within each column indicates the values that are significantly different (p<0.05). The second alphabetical subscript (A,B) indicates a significant difference between gel temperatures. (p<0.05)

Table S7 Power law parameters from equations (4) and (5) from treated DES-FBPI gels heated for 1 h

Sample	Gelling	G _o ' (kPa)	n _o '	G _o " (kPa)	n _o "	
	Conditions					
Treated – 30	80°C	1.03 ± 0.20^{a}	0.120 ±	0.22 ± 0.04^a	0.149 ±	
min PAW			0.006^{a}		0.005a	
Control	80°C	$1.03\pm0.44^{\rm a}$	0.122 ±	0.23 ± 0.09^{a}	0.153 ±	
			0.003^{a}		0.006ª	
Treated – 8	79°C	0.61 ± 0.09^a	0.153 ±	0.16 ± 0.02^a	0.172 ±	
min PAW			0.006^{a}		0.002ª	
Control	79°C	0.39 ± 0.04^{b}	0.151 ±	0.10 ± 0.02^{b}	0.170 ±	
			0.004 ^b		0.002 ^b	

Values are expressed as the mean \pm the standard deviation of three replicates. 1-way ANOVA was completed with Tukey Test as post-hoc test. The alphabetical subscript (a,b) within each column indicates the values that are significantly different between control and treated (p<0.05).

Table S8 Measured shape data of treated DW-FBPI 3D printed structures.

Gel	Treatment	Bottom: Top	Bottom: Top	Bottom Area	Bottom Area after
Temperature		Ratio	Ratio, after 24 h		24 h
(°C)					
85°C for 1 h	Control	1.16 ± 0.08^a	$1.17\pm0.08^{\rm a}$	9.866 ± 0.591ª	9.618 ± 0.715^{a}
	Treated	1.13 ± 0.01^{a}	$1.17\pm0.03^{\mathrm{a}}$	9.626 ± 0.522^{a}	9.674 ± 0.412^{a}
85°C for 30	Control	1.16 ± 0.04^a	1.17 ± 0.04^a	9.886 ± 0.925^{a}	9.687 ± 0.582^{a}
min	Treated	$1.14\pm0.03^{\mathrm{a}}$	$1.19\pm0.02^{\rm a}$	10.009 ± 0.526^{a}	9.956 ± 0.457^{a}
80°C for 1 h	Control	$1.20\pm0.03^{\rm a}$	$1.20\pm0.03^{\rm a}$	10.208 ± 0.305^{a}	$9.900 \pm 0.140^{\rm a}$
	Treated	1.20 ± 0.05^{a}	$1.18\pm0.03^{\rm a}$	$9.879 \pm 0.546^{\mathrm{a}}$	10.091 ± 0.586^{a}

Values are expressed as the mean \pm the standard deviation of three replicates. 1-way ANOVA was completed with Tukey Test as post-hoc test. The alphabetical subscript (a,b) within each gel temperature indicates the values that are significantly different between control and treated (p<0.05).

Table S9 Measured shape data of treated DES-FBPI 3D printed structures.

Treatment	Bottom: Top	Bottom: Top	Bottom Area	Bottom Area after
	Ratio	Ratio, after 24		24 hours
		hours		
Control	$1.17\pm0.03^{\rm a}$	$1.24\pm0.04^{\rm a}$	8.413 ± 0.584^{a}	8.416 ± 0.370^{a}
Treated	$1.17\pm0.05^{\rm a}$	1.25 ± 0.04^{a}	8.468 ± 0.754^{a}	$8.650 \pm 0.561^{\rm a}$
Control	1.31 ± 0.06^a	1.43 ± 0.13^{a}	8.766 ± 0.343^{a}	9.001 ± 0.563^{a}
Treated	1.33 ± 0.06^a	1.39 ± 0.11^{a}	8.668 ± 0.743^{a}	$8.665 \pm 0.448^{\mathrm{a}}$
	Control Control	Ratio	$\begin{tabular}{cccccccccccccccccccccccccccccccccccc$	Ratio Ratio, after 24 hours

Values are expressed as the mean \pm the standard deviation of three replicates. 1-way ANOVA was completed with Tukey Test as post-hoc test. The alphabetical subscript (a,b) within each gel temperature indicates the values that are significantly different between control and treated (p<0.05).