

Supplementary Material 2

Quality Assessment

Reference	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Quality
Observational studies															
Djoussé et al. 2004	Yes	Yes	No	No	Yes	No	No	NA	Yes	No	Yes	NR	NA	No	Fair
Maugeri et al. 2020	Yes	Yes	No	Yes	Yes	No	No	Yes	Yes	No	Yes	NR	NA	No	Fair
Mayer, Simon, and Rosolová 2001	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes	No	Yes	NR	NA	No	Fair
McLernon et al. 2012	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes	No	Yes	NR	NA	No	Fair
Moreno-Llamas and De la Cruz-Sánchez 2023	Yes	CD	Yes	Yes	Yes	CD	CD	Yes	Yes	No	Yes	NR	NA	No	Fair
Nova et al. 2019	Yes	Yes	No	Yes	Yes	No	No	Yes	Yes	No	Yes	NR	NA	No	Fair
Sluik et al. 2014	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	Yes	NR	NA	Yes	Fair
Sluik et al. 2016	Yes	Yes	No	Yes	No	No	No	No	Yes	No	Yes	NR	NA	Yes	Fair
Vicente-Castro et al. 2023	Yes	Yes	No	Yes	Yes	No	No	Yes	Yes	No	No	NR	Yes	No	Fair
Interventional studies															
Addolorato et al. 2008	No	NR	No	No	NR	Yes	NR	NR	NR	Yes	Yes	NR	Yes	NR	Poor
Beulens et al. 2005	Yes	NR	NR	NR	NR	Yes	Yes	Yes	NR	NR	Yes	NR	Yes	Yes	Fair
Bleich et al. 2001	No	NA	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	NR	Yes	Yes	Fair
Romeo et al. 2006	Yes	Yes	No	NR	NR	Yes	Yes	NR	Yes	Yes	NR	NR	-	-	Fair
Romeo et al. 2008	Yes	Yes	No	NR	NR	Yes	Yes	NR	Yes	Yes	NR	NR	-	-	Fair
Trius-Soler et al. 2022	No	NA	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Fair
van der Gaag et al. 2000	Yes	NR	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	NR	Yes	Yes	Fair

CD: cannot determine; NA: not applicable; NR: not reported