Supplementary Information (SI) for Food & Function.
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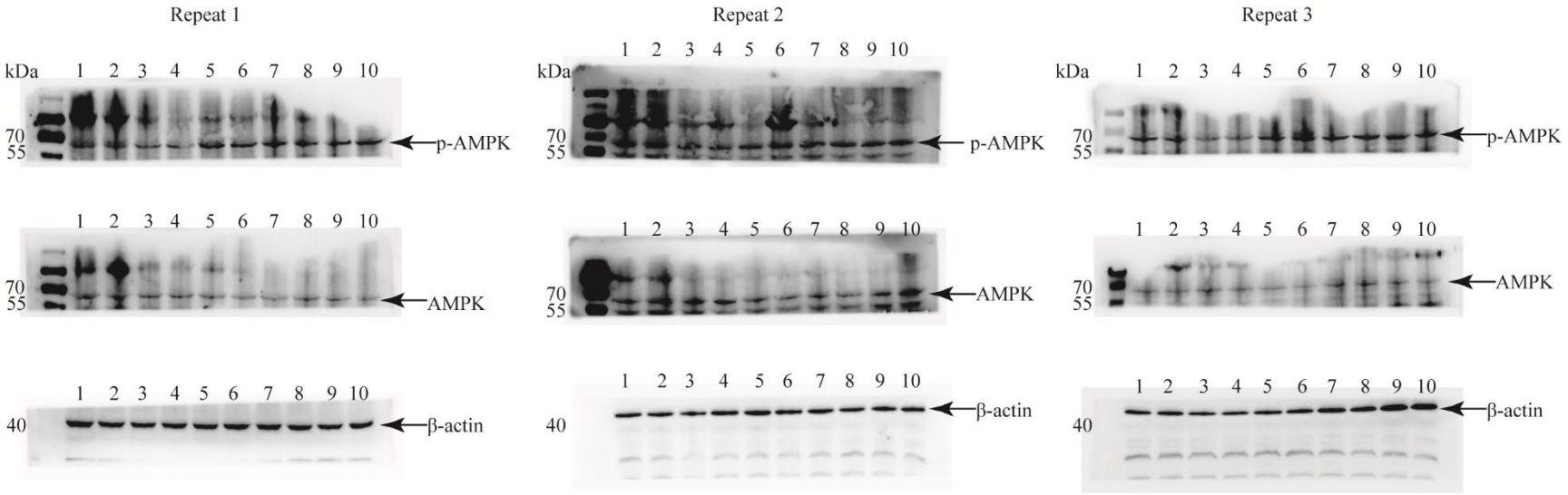
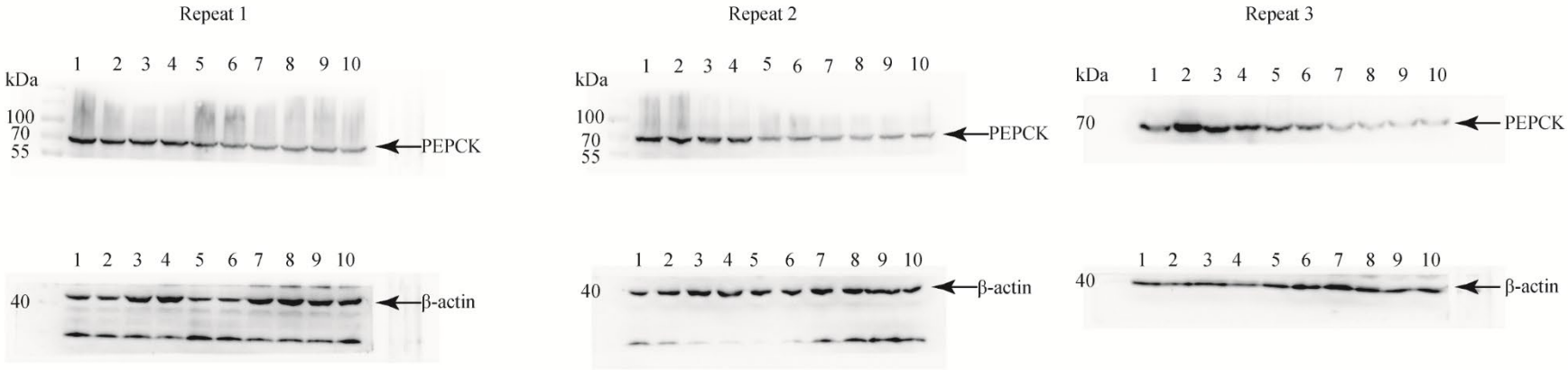


1 and 2: NC
3 and 4: DC
5 and 6: Met
7 and 8: ig-exo
9 and 10: ip-exo



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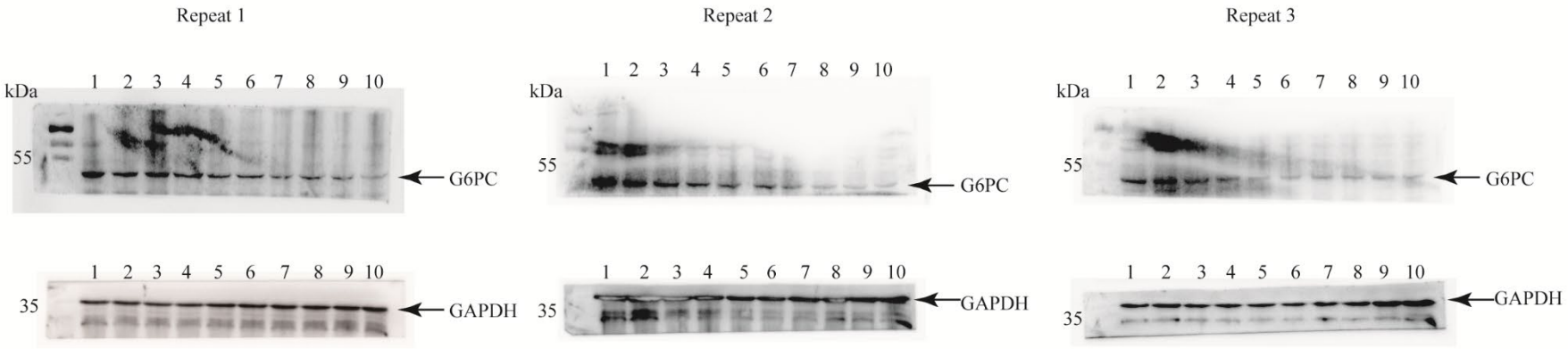

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