

Supplementary Information

MS analyses

Table S1. Mass spectrometric analysis of γ -oryzanol components.

Compound	m/z (-)	Retention vol (mL)	Relative abundance (%)
CAF	601.79	6.2	58
24MCAF	615.80	6.95	58
SF	589.76	7.3	23
CampF	575.76	8.3	27

Molecular docking

Table S2. Amino acids constituting the predicted binding interfaces to human HMGR. Discriminating amino acids are coloured in red.

Compound	Amino acids of the binding interface														
Cycloartenyl ferulate	His488	Ser520	Leu521			Ala525	Gly566	Arg627	Ala654	Met657	Asn658	Met659	Gly806	Gly807	Asn810
24-methyleneCF	His488	Ser520	Leu521	Met523			Gly566	Arg627	Ala654	Met657	Asn658	Met659	Gly806	Gly807	Asn810
β -sitosteril ferulate	His488	Ser520		Met523	Gly524	Ala525	Gly566	Arg627	Ala654	Met657	Asn658	Met659	Gly806	Gly807	Asn810
Campesteril ferulate	His488	Ser520		Met523	Gly524	Ala525	Gly566	Arg627	Ala654	Met657	Asn658	Met659	Gly806	Gly807	Asn810

Cell viability assessment

HepG2 cells were treated for 24 h with increasing concentrations of γ -oryzanol (ORY), CAF and 24MCAF and the MTT assay was performed to evaluate cell viability. No visible signs of toxicity were detected in HepG2 cells treated with even with the highest concentrations of γ -oryzanol used. Conversely, isolated CAF and 24MCAF displayed significant toxicity yet at 10 $\mu\text{g}/\text{mL}$.

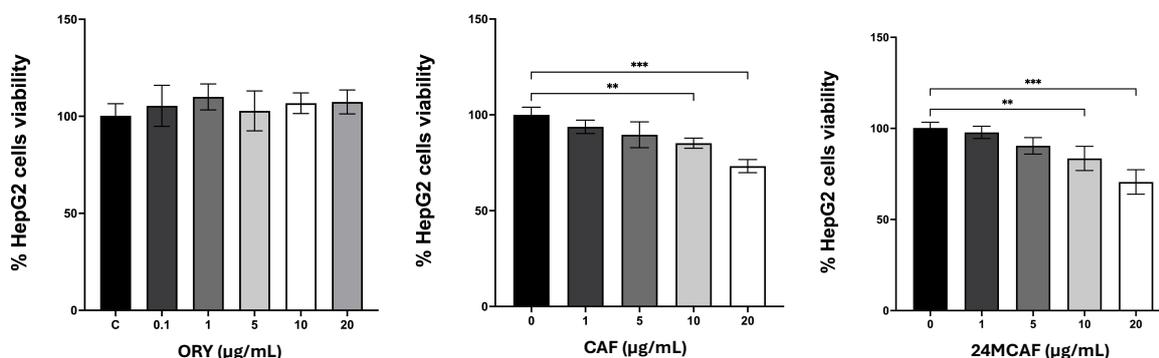


Figure S1. HepG2 cells viability upon γ -oryzanol, CAF and 24MCAF treatment. Cells were seeded on 96 well plates and treated as described in the Material and Methods section. The MTT assay was performed to check for cell viability. Asterisks indicate data points statistically significant with respect to the control (**p<0.01, ***p<0.001).

Cholesterol quantification

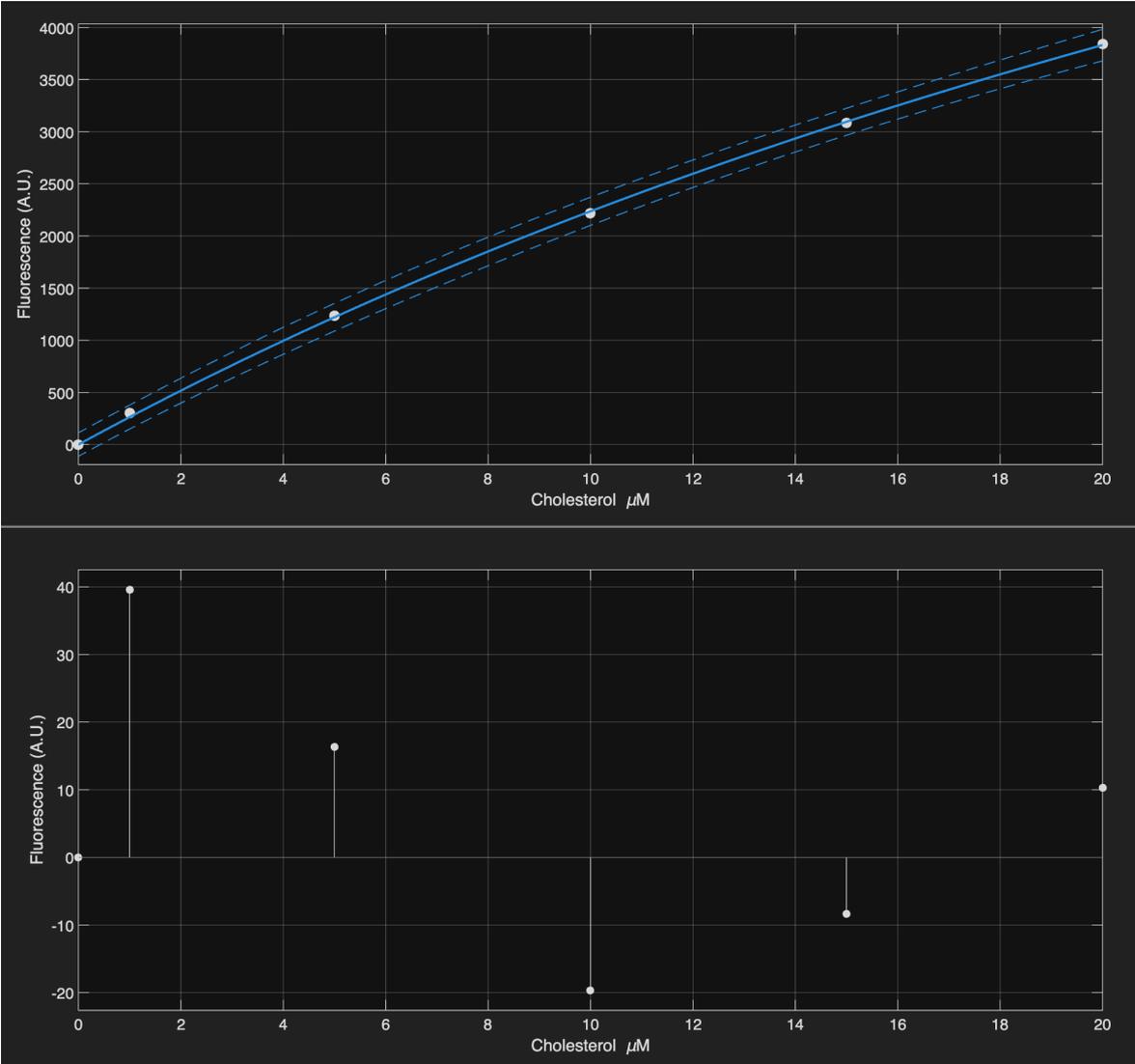
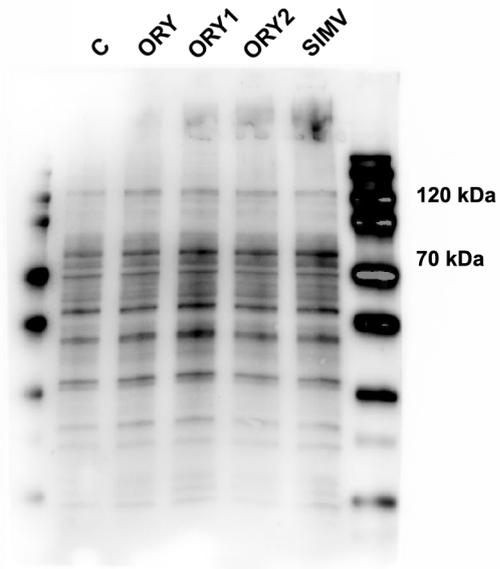


Figure S2. Cholesterol calibration curve (Upper panel) and residuals plot (Lower panel).

Uncropped western blotting images

Figure 6 of the manuscript (part1)

SREBP2 mature (70 kDa) and precursor (120 kDa) forms.



LDLR

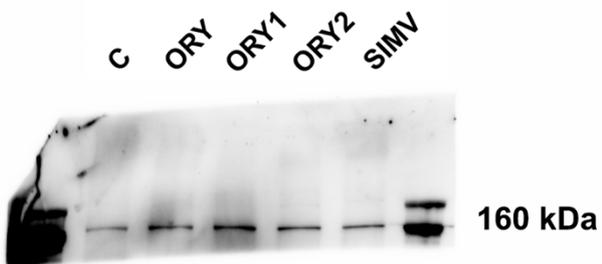
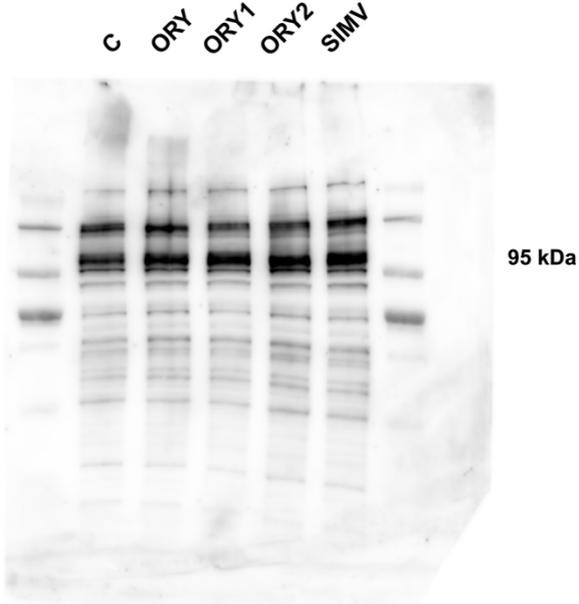


Figure 6 of the manuscript (part2)

HMGCR



β -Actin

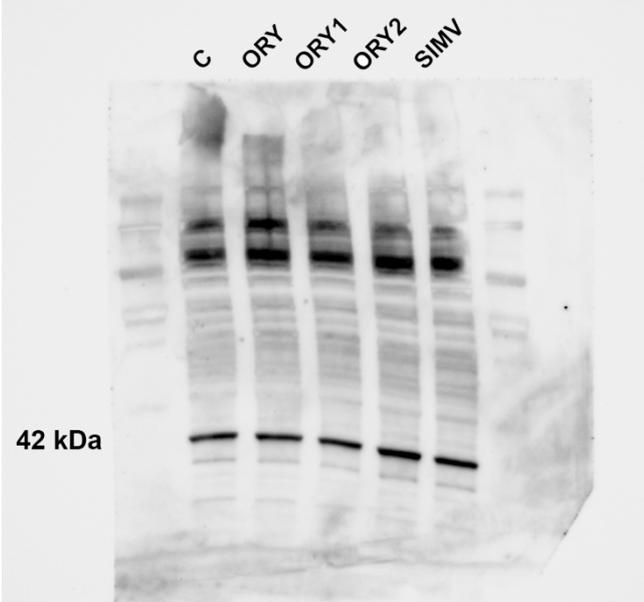
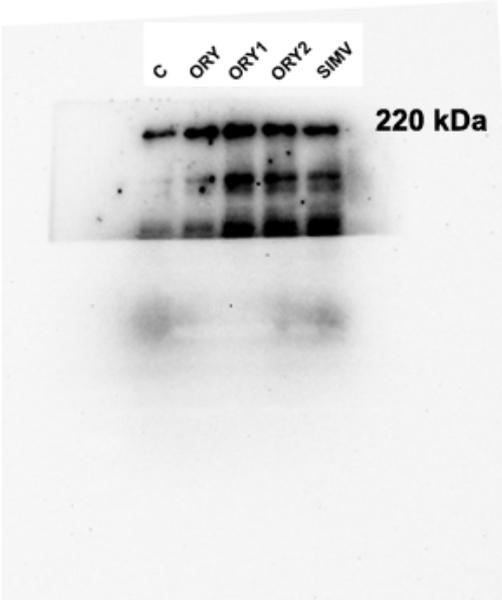


Figure 7 of the manuscript (part1)

ABCA1



ABCG1

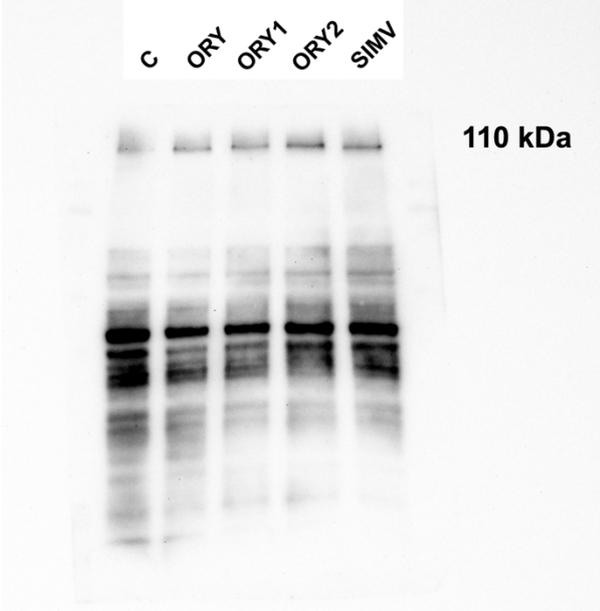
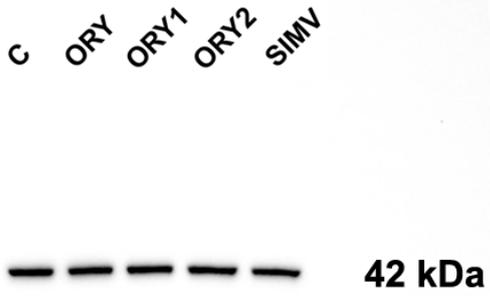


Figure 7 of the manuscript (part2)

β -Actin



CYP7A1 (58 kDa) and β -Actin (42 kDa)

