

Supplementary Table 2a: Serum IgM (influenza B/Phuket strain) and IgG (influenza B/Phuket strain) and HI assay values shown for the 4

4 gram/day						3 gram/day				
N=	32	33	33	33	33	33	30	33*	32	33
	V2	V3	V4	V5	V6	V2	V3	V4	V5	V6
IgM (AU/ml), (SD)	3794 (9101)	7727 (11339)	25899 (65476)	25382 (73768)	26230 (79769)	1466 (2041)	17582 (66611)	21323 (84721)	23178 (10278)	19695 (81083)
IgG (AU/ml), (SD)	112539 (137973)	144117 (166084)	153478 (116164)	146447 (110462)	170131 (162877)	87372 (67798)	129623 (79042)	180908 (145503)	163248 (112716)	172948 (138527)
Mean HI Assay Victoria strain (SD)	182 (248)	226 (231)	334 (325)	320 (295)	313 (273)	134 (195)	348 (472)	300 (231)	352 (290)	332 (303)
- Geometric mean	67	131	199	200	198	62	192	210	244	213
Mean HI Assay Phuket strain (SD)	40 (37)	48 (29)	58 (33)	55 (36)	55 (32)	41 (63)	58 (45)	81 (80)	75 (77)	71 (79)
- Geometric mean	28	39	50	47	48	23	44	58	55	47

grams/day and 3 grams/day group.

Abbreviations: SD=standard deviation, Ig=immunoglobulin, HI= hemagglutination inhibition. HI assay Phuket strain: Group 4g/d: V2, V3 N=24, V4 N=23, V5, V6 N=25; Group 3g/d: V2, V4 and V6 N=28, V3 and V5 N=27; *N=32 for HI assay in the 3g/d group V4.

Supplementary Table 2b: Serum IgM (influenza B/Phuket strain) and IgG (influenza B/Phuket strain) and HI assay values shown for the 2

2 gram/day						Control				
N=	29	29	29	29	29	33*	33	33	33	33
	V2	V3	V4	V5	V6	V2	V3	V4	V5	V6

grams/day and control group.

IgM (AU/ml), (SD)	1783 (3585)	23385 (55283)	33152 (75728)	28248 (63163)	23110 (49475)	2176 (3842)	7641 (13140)	14278 (29320)	12483 (25564)	12522 (25878)
IgG (AU/ml), (SD)	137973 (171522)	185968 (208835)	217830 (257760)	202266 (241050)	213092 (263273)	84262 (90087)	127918 (87180)	149240 (113339)	146636 (130692)	141374 (115532)
Mean HI Assay Victoria strain (SD)	155 (272)	327 (417)	397 (419)	338 (322)	351 (346)	162 (194)	322 (297)	339 (270)	346 (296)	339 (308)
- Geometric mean	57	144	227	206	207	81	198	234	235	230
Mean HI Assay Phuket strain (SD)	46 (33)	59 (37)	73 (46)	72 (47)	75 (68)	31 (27)	50 (41)	62 (44)	57 (36)	59 (39)
- Geometric mean	35	47	57	58	54	22	38	50	48	50

Abbreviations: SD=standard deviation. HI= hemagglutination inhibition. Ig=immunoglobulin, *N=31 for HI assay Victoria strain in control group V2, HI assay Phuket strain:

Group 2g/d: all visits N=24; Control group: all visits N=25