

Supporting material 1 Different processing methods of SH

Sample name	Original weight (g)	Excipients weight (per time)		Processing method
		Wine (g)	Honey (g)	
S0	100.00	0.00	0.00	Unprocessed Raw SH
S1	100.00	24.00	50.00	Steam for 2h
S2	100.00	24.00	50.00	Steam for 4h
S3	100.00	24.00	50.00	Steam for 6h
S4	100.00	24.00	50.00	Steam for 8h
S5	100.00	24.00	50.00	Steam for 10h
S6	100.00	24.00	50.00	Steam for 12h
S7	100.00	24.00	50.00	Steam for 14h
S8	100.00	24.00	50.00	Steam for 16h
S9	100.00	24.00	50.00	Steam for 18h
C1	100.00	2.66	5.55	Steam for 2h
C2	100.00	2.66	5.55	Steam for 2h, dry, repeat twice
C3	100.00	2.66	5.55	Steam for 2h, dry, repeat three times
C4	100.00	2.66	5.55	Steam for 2h, dry, repeat four times
C5	100.00	2.66	5.55	Steam for 2h, dry, repeat five times
C6	100.00	2.66	5.55	Steam for 2h, dry, repeat six times
C7	100.00	2.66	5.55	Steam for 2h, dry, repeat seven times
C8	100.00	2.66	5.55	Steam for 2h, dry, repeat eight times
C9	100.00	2.66	5.55	Steam for 2h, dry, repeat nine times
T1	100.00	24.00	50.00	Steam for 2h
T2	100.00	12.00	25.00	Steam for 2h, dry, repeat twice
T3	100.00	8.00	16.66	Steam for 2h, dry, repeat three times
T4	100.00	6.00	12.50	Steam for 2h, dry, repeat four times
T5	100.00	4.80	10.00	Steam for 2h, dry, repeat five times
T6	100.00	4.00	8.33	Steam for 2h, dry, repeat six times
T7	100.00	3.43	7.14	Steam for 2h, dry, repeat seven times
T8	100.00	3.00	6.25	Steam for 2h, dry, repeat eight times
T9	100.00	2.66	5.55	Steam for 2h, dry, repeat nine times

Supporting material 2 Selection of the optimal processing method for SH

Processed method	Colorimeter	Fingerprint	Pharmacodynamics	Colorimeter∩ Fingerprint∩ Pharmacodynamics	S∩T∩C
S	S5, S6, S7, S8, S9	S5, S6, S7, S8, S9	S5, S6, S7, S8, S9	S5, S6, S7, S8, S9	S6, S9
T	T5, T6, T7, T8, T9	T5, T6, T9	T5, T6, T7, T8, T9	T5, T6, T9	T6, T9
C	C4, C5, C6, C7, C8, C9	C5, C6, C8, C9	C6, C7, C8, C9	C6, C8, C9	C6, C9