

## Supporting Information

### In-situ Growth of ZnO Nanostructures on the Pores and Surface of Soft 3D Structures for Energy Storing, Conversion and Bioinspired Sensing

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Table ST1. Comparison of reported works on multifunctional devices

No.	Materials	Functions	Energy storage performance	Sensing performance	Energy conversion	References
1	PDMS foam/MWCNT/ZnO flexible electrode device	Energy storage, Capacitive pressure sensing and Energy conversion	Specific capacitance: 0.57 F g <sup>-1</sup> at 2.1 mA g <sup>-1</sup> ;	Sensitivity: 2.95 %/kPa; Response time: ~1 s, Recovery time: 2.8 s	Current ~2 mA at 39.2 kPa	This Work
2	Flexible piezoelectric nanogenerator as a self-charging supercapacitor device	Energy storage and energy conversion	Specific capacitance: 21 F g <sup>-1</sup> at 5 mV s <sup>-1</sup>	-	Current ~ 1.1 μA at 49 kPa	[1]
3	PPy/ATA	Energy storage and pressure sensing	Specific capacitance: 345.7 mF/cm <sup>2</sup> @ 0.5 mA/cm <sup>2</sup>	Sensitivity: 0.841/kPa, response: 0.15s	-	[2]
4	Zn-Co MOFs@MXene	Energy storage and strain sensing	144.7 F/g @ 1 A/g	sensitivity 1.52 GF (0–400%)	-	[3]
5	ZnO/f-MWCNT	Energy storage and Piezoelectric generation	794 F/g at 1 A/g	-	80 V open circuit voltage	[4]

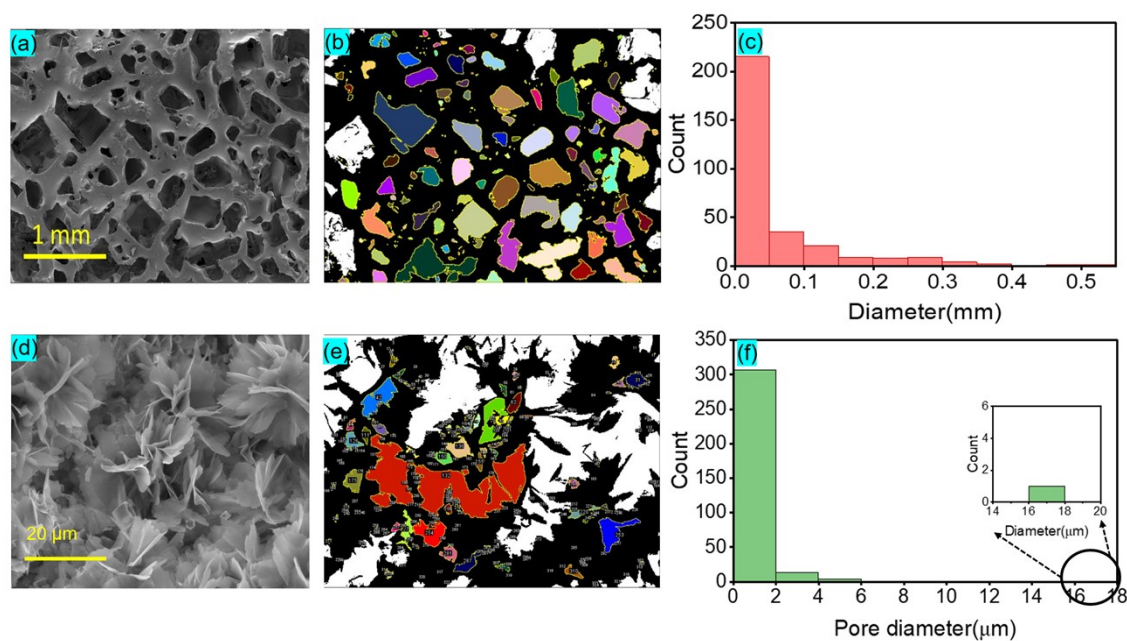


Figure S1 (a), (b) and (c) SEM image, no. of pores and pore size distribution of PDMS foam respectively (d), (e) and (f) SEM image, no. of pores and pore size distribution of PDMS foam after ZnO growth respectively

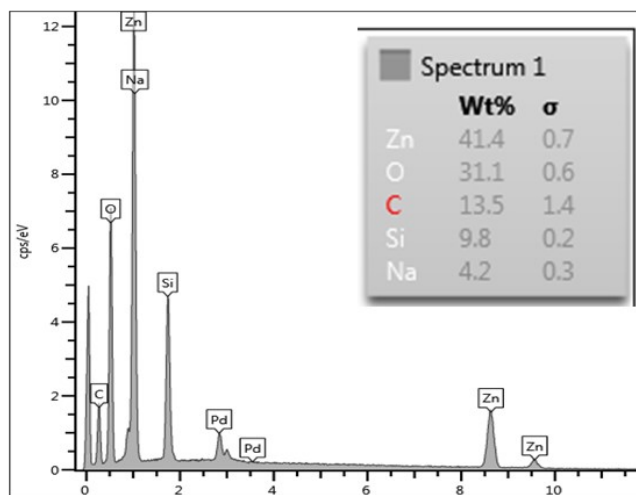


Figure S2. EDX Analysis of PDMS/MWCNT/ZnO

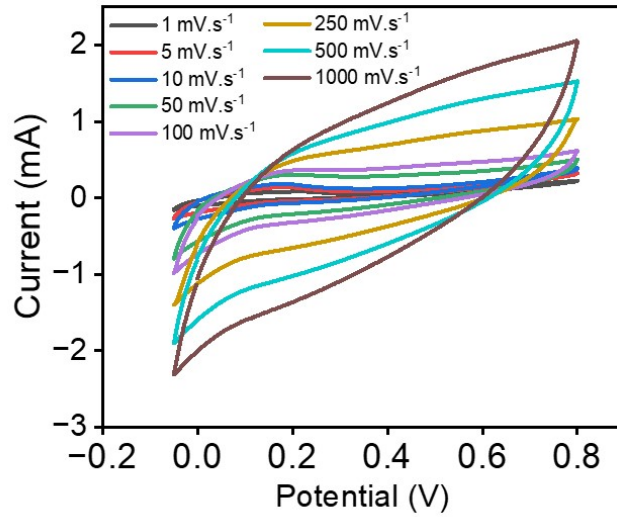


Figure S3. CV Curve at different scan rates using KOH electrolyte without external pressure

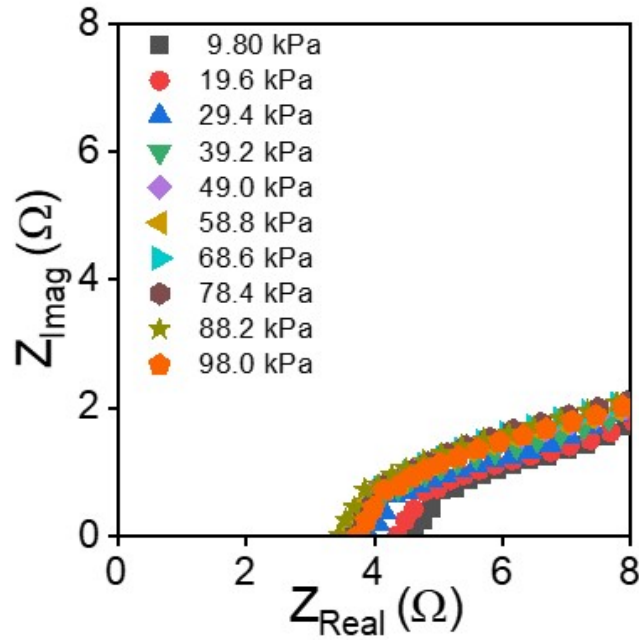


Figure S4. Variation of solution resistance with pressure using KOH electrolyte

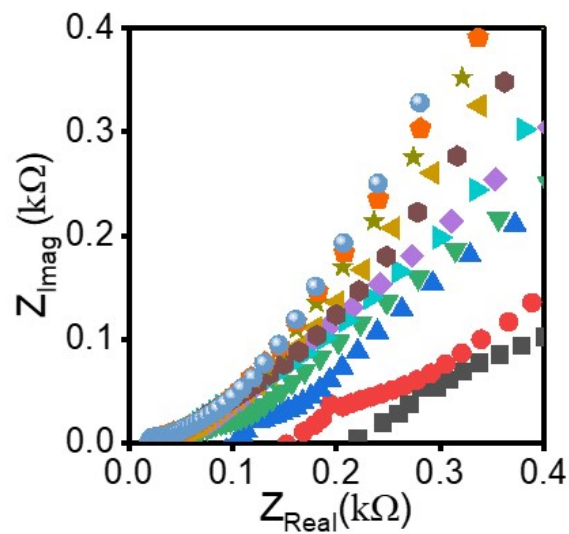


Figure S5. Variation of solution resistance with pressure using NaCl gel electrolyte

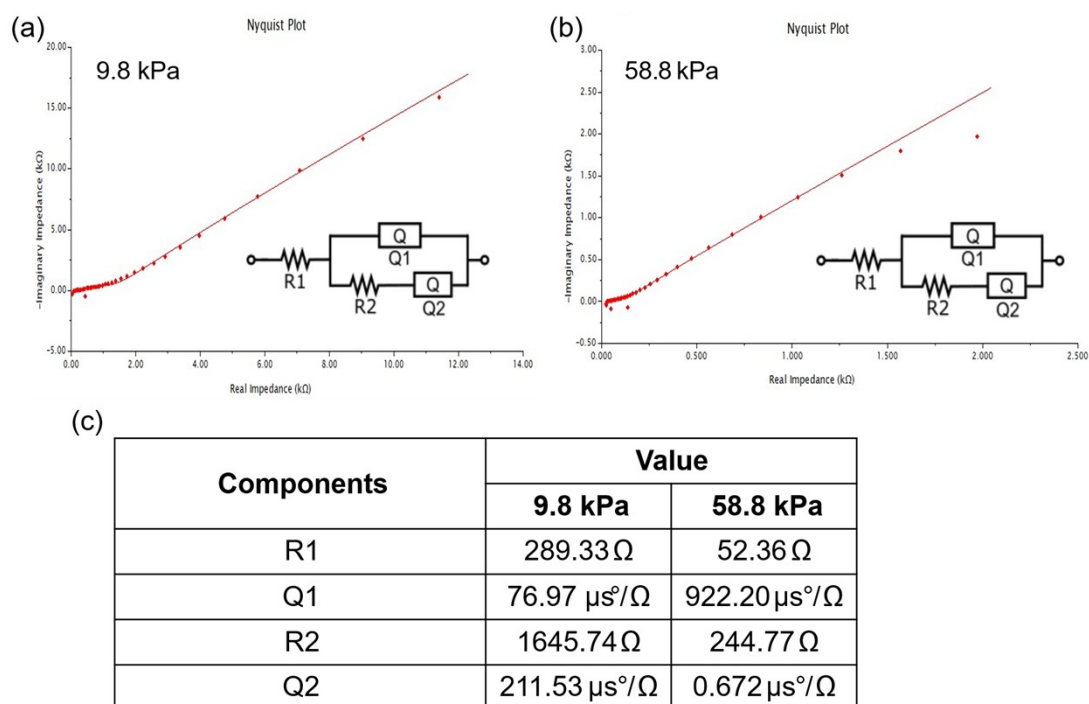


Figure S6 (a) and (b) EIS fitting of the PDMS/MWCNT/ZnO device with NaCl-PVA electrolyte at an applied pressure of 9.8 kPa and 58.8 kPa respectively (c) comparison table of fitted components values

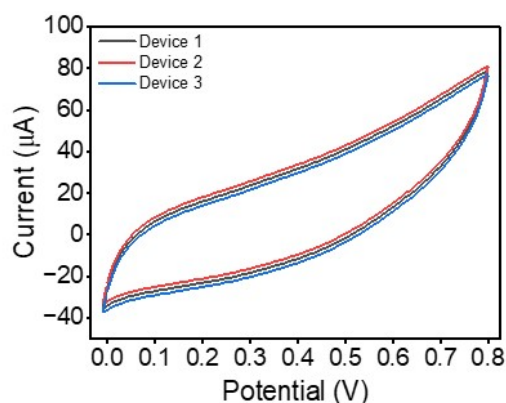


Figure S7. CV curves showing the repeatability of the device under the same applied pressure (9.8 kPa)

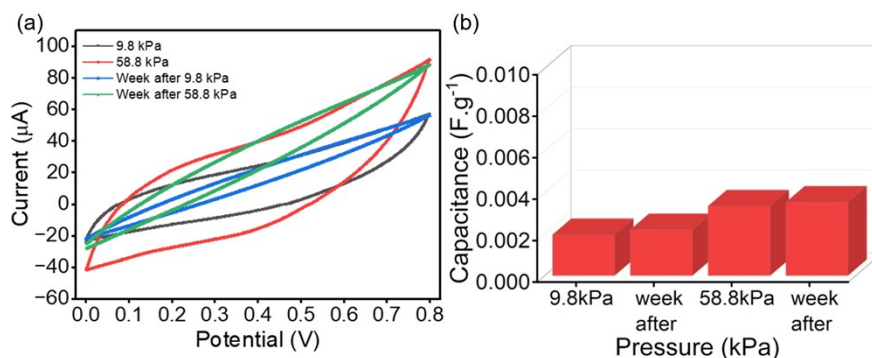


Figure S8. (a) Comparison of CV curves at two different applied pressure before and after a week (b) Capacitance at two different applied pressure before and after a week

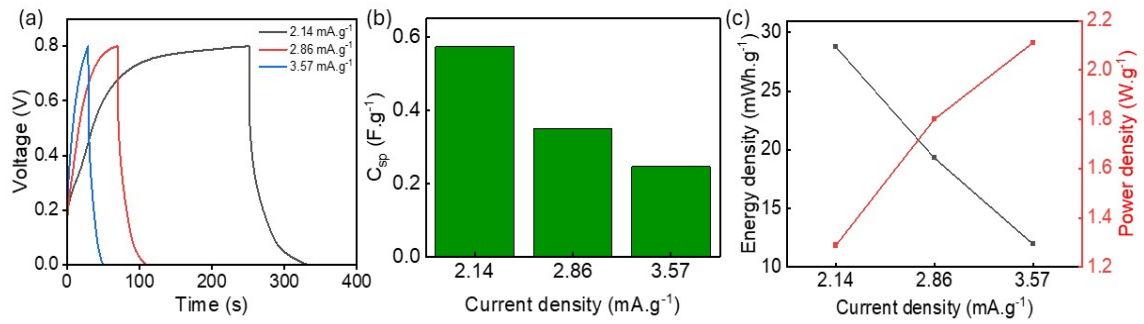


Figure S9. (a) GCD curve at various current densities using KOH electrolyte (b) Specific capacitance at different current densities (c) Energy and power density at different current densities

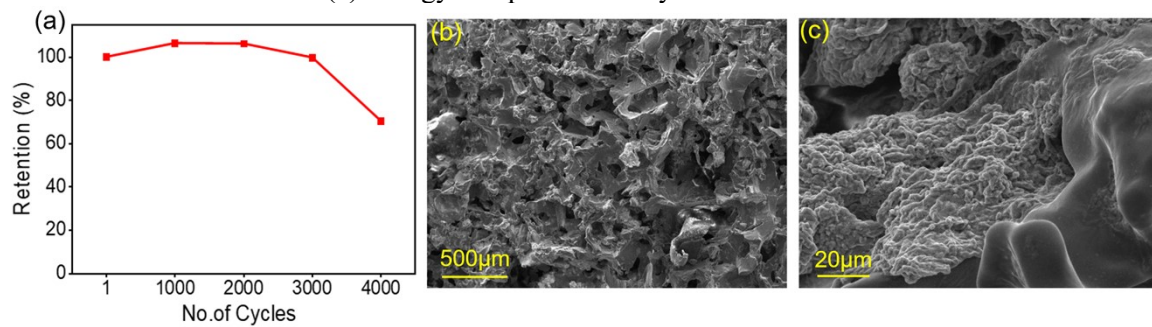


Figure S10. (a) Capacitive retention of device over 4000 charge-discharge cycles (b) and (c) SEM image of the postmortem device after the long cycling at the magnification of 500µm and 20µm respectively

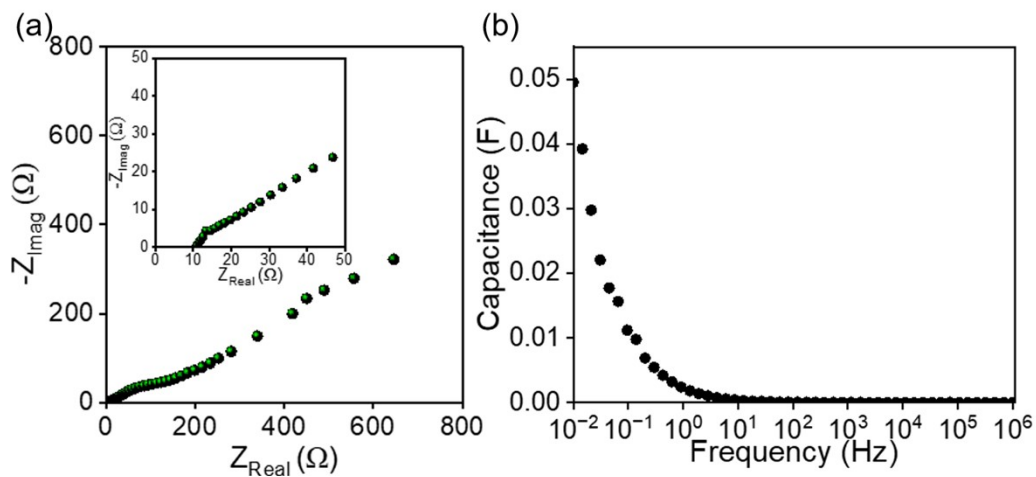


Figure S11 (a) Nyquist plot of the device with KOH electrolyte without external force (b) Variation of Capacitance with frequency

The graph illustrates the frequency dependence of capacitance, showing a marked decline as frequency increases. At low frequencies, the capacitance is relatively high, reaching values near 0.05 F at 10 mHz. This behavior reflects the ability of charge carriers to follow the slowly varying electric field, producing strong polarization effects. As the frequency rises, capacitance decreases sharply, and by the 10 Hz range and beyond it approaches zero. This indicates that the system's capacity to store charge diminishes because charge carriers can no longer keep up with the rapidly oscillating field.

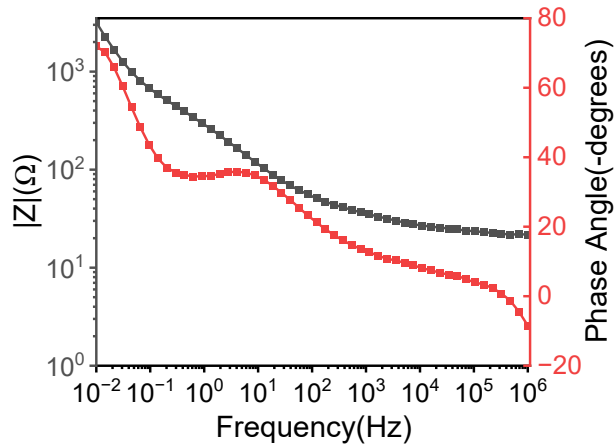


Figure S12. Bode plot of the device PDMS/MWCNT/ZnO

Bode plot represents the Bode magnitude and Bode phase angle graphs, which are shown in the supporting information Figure S7. At low frequencies, the impedance magnitude is at its highest, indicating significant resistance to ion transport within the electrode matrix. As the frequency increases, impedance decreases sharply, signifying enhanced charge transfer kinetics and reduced ion diffusion limitations. Similarly, at low frequencies, the phase angle approaches approximately 80°, characteristic of dominant capacitive behaviour, which reflects strong double-layer capacitance and effective ion accumulation at the electrode–electrolyte interface. With increasing frequency, the phase angle gradually decreases toward zero, indicating a transition from capacitive to resistive behaviour.

Table ST2. Comparison of reported work on PDMS/CNT pressure sensor

Work	Dielectric / Structural Design	Sensitivity (kPa <sup>-1</sup> )	Pressure Range	Ref.
CNT/PDMS spinosum-templated sensor	Bio-inspired spinosum CNT/PDMS dielectric	~0.25	0–500 kPa	[5]
Screen-printed CNT/PDMS sensor	CNT/PDMS composite with printed electrodes	~2.9	0–0.45 kPa	[6]
CNT/PDMS multiloading sensor	CNT-filled PDMS dielectric layer	2.90 (<0.45 kPa) 1.87 (0.45–0.85 kPa)	<1 kPa	[7]
MWCNT/TiO <sub>2</sub> /PDMS hemispherical sensor	Micro-hemispherical PDMS with MWCNT/TiO <sub>2</sub> fillers	1.89–7.08	0–95 kPa	[8]
Porous MWCNT/PDMS sensor	Porous CNT/PDMS dielectric layer	~2.42	Low-pressure regime	[9]
PDMS/MWCNT/ZnO	In-situ hydrothermal ZnO growth on PDMS/MWCNT	2.95	9.8–98.9 kPa	This work

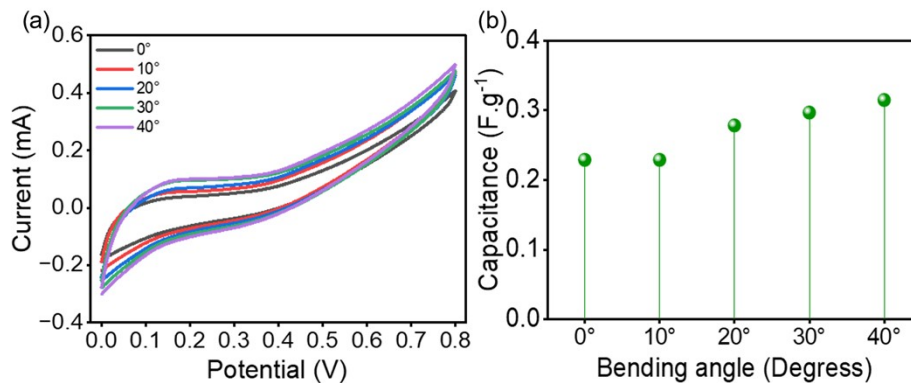


Figure S13 PDMS PDMS/MWCNT/ZnO device with KOH electrolyte (a) CV at different bending angle (b) bending angle vs capacitance

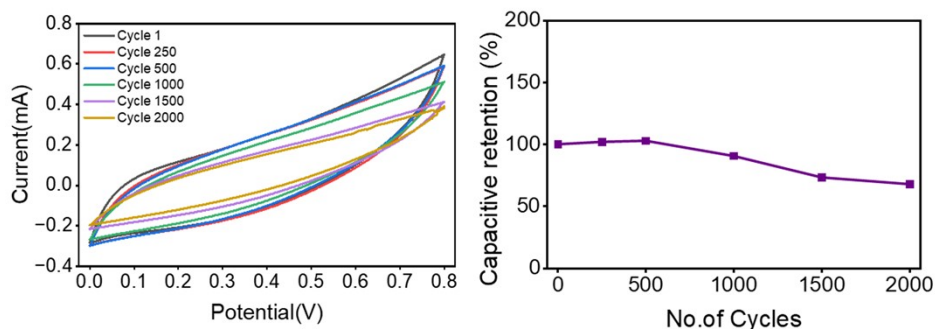


Figure S14 (a) 2000 CV Cycle test of bending device at  $100 \text{ mV}\cdot\text{s}^{-1}$  under the bending angle of 30 degrees (b) capacitive retention

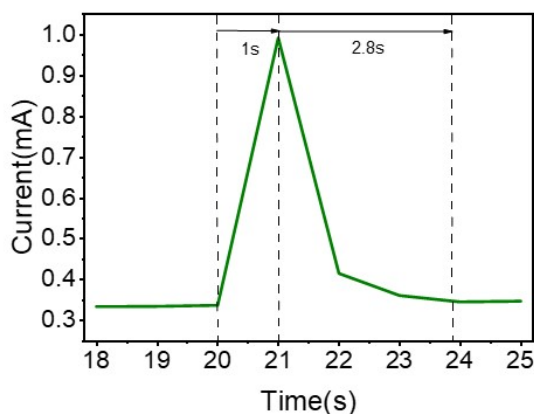


Figure S15: Response and recovery time of the device

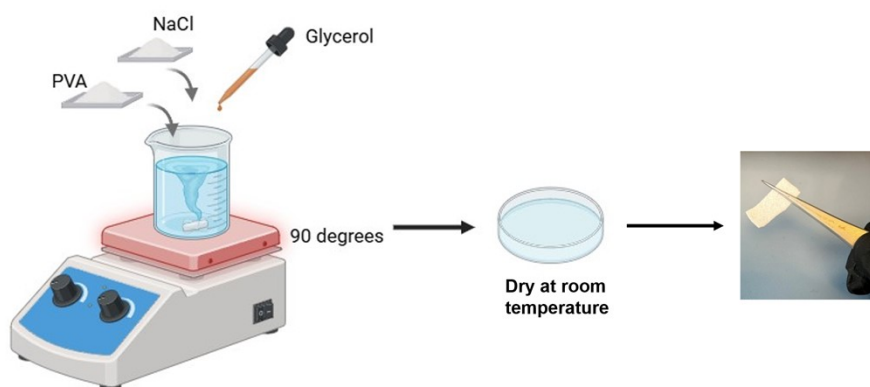


Figure S16. Preparation of NaCl gel electrolyte

## References

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