

Figure S1. FTIR absorbance curves of 35AM65VP anhydrate gel with 6 mg curcumin after exposure of different times.

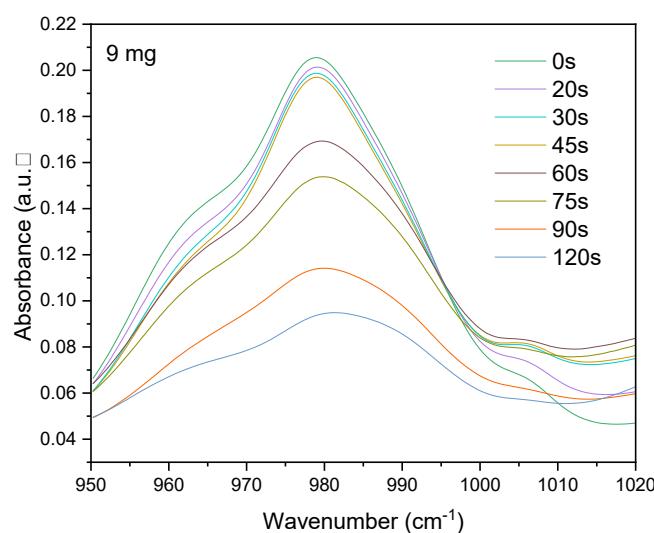


Figure S2. FTIR absorbance curves of 35AM65VP anhydrate gel with 9 mg curcumin after exposure of different times.

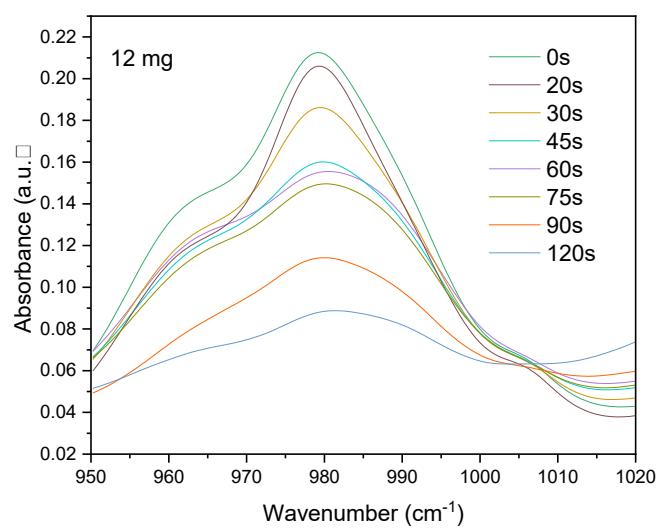


Figure S3. FTIR absorbance curves of 35AM65VP anhydrate gel with 12 mg curcumin after exposure of different times.

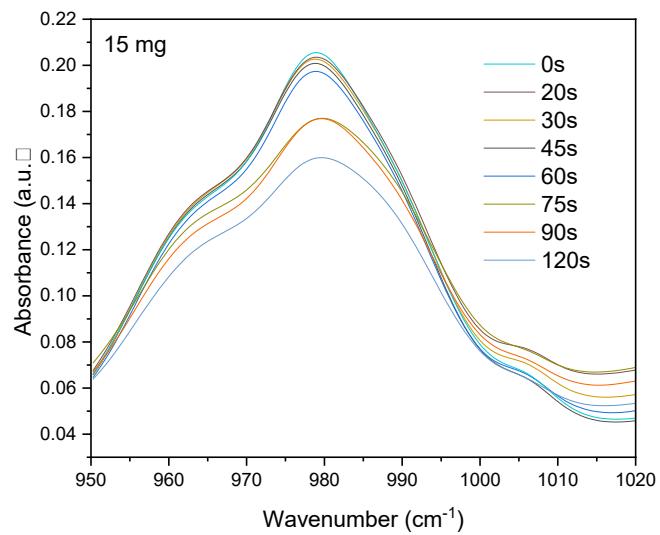


Figure S4. FTIR absorbance curves of 35AM65VP anhydrate gel with 15 mg curcumin after exposure of different times.

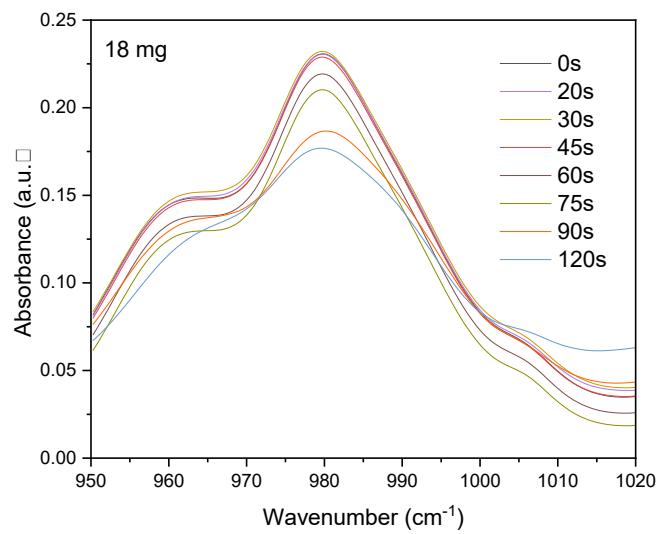


Figure S5. FTIR absorbance curves of 35AM65VP anhydrate gel with 18 mg curcumin after exposure of different times.

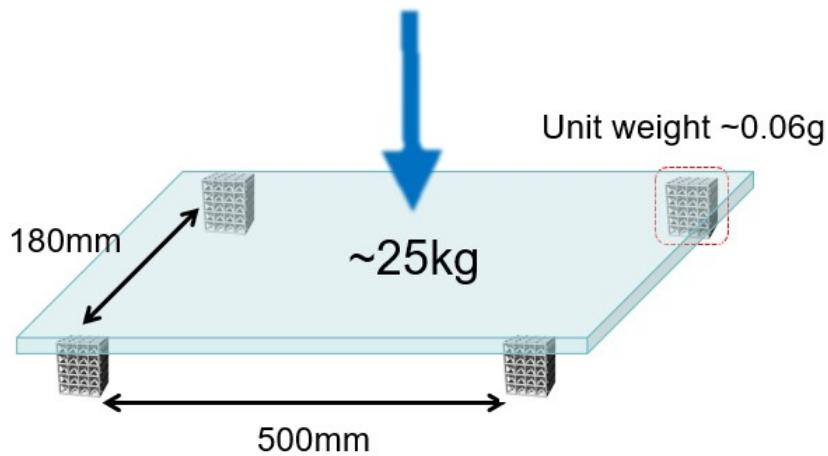


Figure S6. Schematic illustration of a 25 kg weight object loading of four cubic 35AM65VP anhydrated gels.

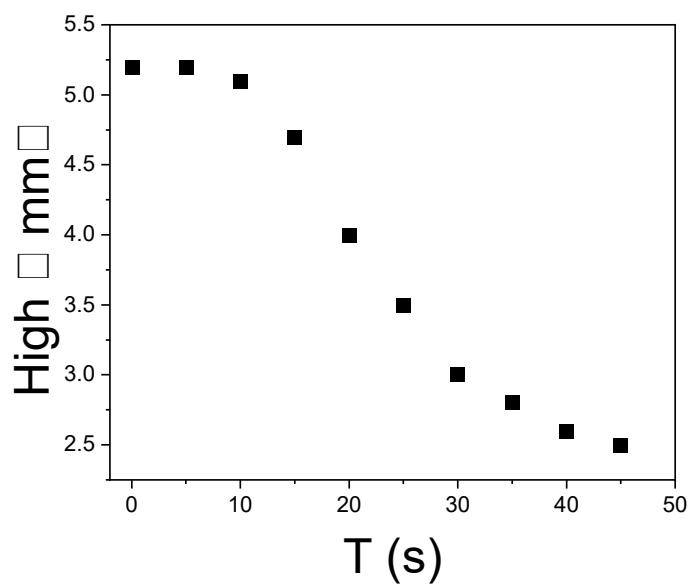


Figure S7. The height varying data after hydration of 35AM65VP anhydrated gel for a period of times.

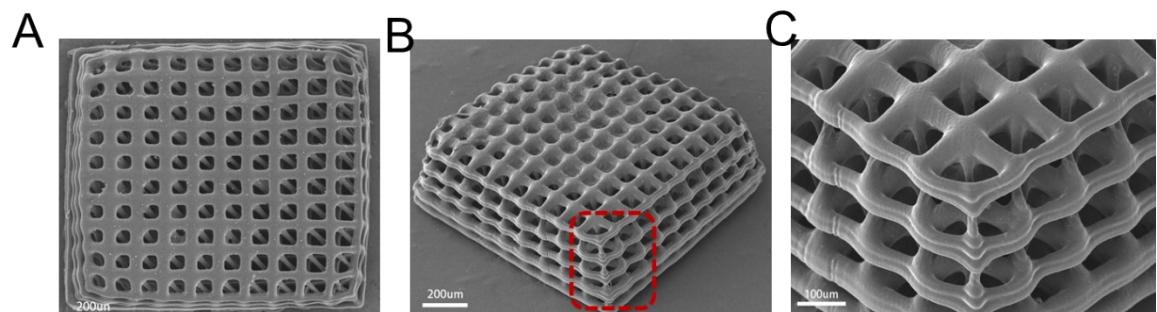


Figure S8. SEM photos of cell co-culturing printing model at different views. (A) front view, (B) side view, and (C) detailed photo of (B).

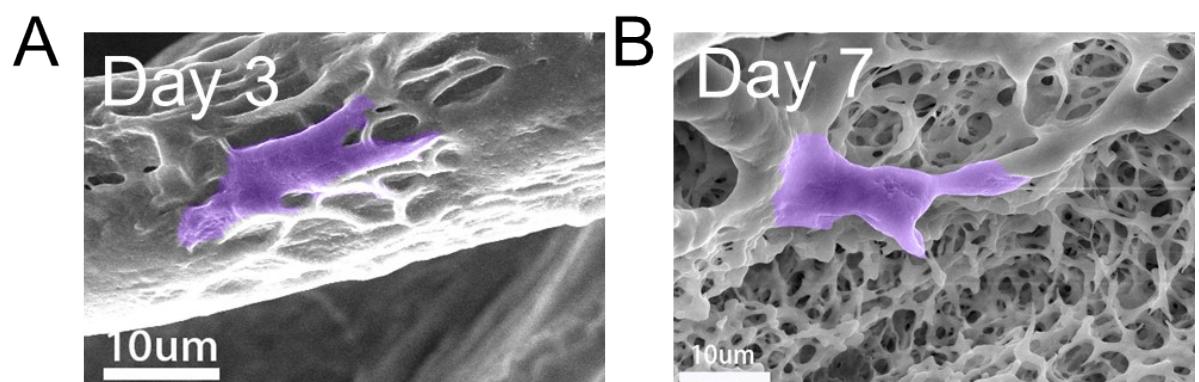


Figure S9. SEM photos of 35AM65VP hydrogel after incubation with HEUVECs for 3 day and 7 days.

Table S1. The mechanical parameter of anhydrous gels.

	$\sigma_b$ (MPa)	$\lambda$ (%)	E(MPa)
<b>10AM90VP</b>	9.6±1	10.5±0.55	80.2±7.5
<b>20AM80VP</b>	17.5±2.5	9.5±0.45	217.1±15
<b>30AM70VP</b>	45.4±3.7	8.0±0.4	592.8±45
<b>35AM65VP</b>	70.0±5.2	7.7±0.4	1043.3±47.5
<b>70AA30VP</b>	16.1±1.9	6.3±0.3	267.3±17.4
<b>50AA50VP</b>	35.2±4.4	8.3±0.375	473±30
<b>30AA70VP</b>	43.7±4.9	6.8±0..325	674.7±45

Table S2. The mechanical parameter of hydrogels.

	$\sigma_b$ (MPa)	$\lambda$ (%)	E(MPa)
10AM90VP	0.01±0.004	-	0.05±0.01
20AM80VP	0.03±0.005	-	0.16±0.04
30AM70VP	0.1±0.01	-	0.13±0.04
35AM65VP	0.1±0.01	-	0.25±0.05
70AA30VP	0.33±0.04	-	1.03±0.1
50AA50VP	0.34±0.04	-	1.33±0.5
30AA70VP	0.39±0.04	43±2	2.4±0.2

PS: “-” represents that data were not measured.

Table S3. Statistics of preparation technique, material, elastic modulus (E), tensile/compressive strength and specific resolution of recent published articles.

REF	Preparation technique	Material	E kpa	Tensile/compressive strength kpa	Specific resolutio n μm
This work	Digital light process 3D printing	35AM75VP anhydrate gel	1043000	70000	1.5
This work	Digital light process 3D printing	35AM75VP hydrogel	250	100	1.5
1	extrusion printing	Laponite and alginate	~8000	~8000	~700
2	stereolithographic printing	poly(ethylene glycol) dimethacrylate (PEGDMA)	500	150	1000
3	extrusion printing	MXene and PEDOT:PSS	25	120	500
4	3D and 4-axis bioprinting	Gelatin, alginate, and tannic acid	10	8	400
5	extrusion printing	albumen/alginate/gelatin	-	200	1000

6	Embedded 3D Bioprinting	Gelatin Methacryloyl	25	40	150
7	extrusion printing	alginate (ALG), methylcellulose (MC), and polyacrylic acid (PAA), Fe <sub>3</sub> O <sub>4</sub>	17	300	1000
8	extrusion printing	multidomain peptides	4	4	250
9	extrusion printing	Sodium alginate and methylcellulose	5	5	1000
10	inkjet printing with a spray- coating technique	Saponified GelMA and sodium alginate	25	25	100
11	extrusion printing	Sodium alginate, Agar, acrylamide (AAm)	40	250	820
12	embed a long- fiber for extrusion printing	Alginate, Collagen Ink, and Gelatin Support Bath	400	50	400
13	extrusion printing	cellulose nanocrystal, methoxy pectin	-	100	520
14	two-photon polymerization	commercially available 2PP ink	-	-	7
15	extrusion printing	gelatine methacrylate/Laponite e	160	80	500
16	extrusion printing	alginate, two- dimensional layered double hydroxide	-	1.7	300
17	lithographic biofabrication	PEG-SH, GelMA,	60	-	50
18	extrusion printing	xanthan gum/cellulose nanocrystal	130	6	200
19	extrusion printing	Polyelectrolyte	-	1610	500
20	extrusion printing	polysaccharide (alginate)-tannic acid (TA)-protein	-	100	500
21	extrusion printing	PVA, TA	-	1200	800
22	Digital light process 3D printing	Poly(acrylamide) PEGDA, TPO	100	25	7

PS: “-” represents that data were not given.

## Reference

1. Munoz-Perez, E.; Perez-Valle, A.; Igartua, M.; Santos-Vizcaino, E.; Hernandez, R. M., High resolution and fidelity 3D printing of Laponite and alginate ink hydrogels for tunable biomedical applications. *Biomater. Adv.* **2023**, *149*, 213414.
2. Hsiao, L. C.; Badruddoza, A. Z. M.; Cheng, L.-C.; Doyle, P. S., 3D printing of self-assembling thermoresponsive nanoemulsions into hierarchical mesostructured hydrogels. *Soft Matter* **2017**, *13* (5), 921-929.
3. Liu, J.; McKeon, L.; Garcia, J.; Pinilla, S.; Barwich, S.; Möbius, M.; Stamenov, P.; Coleman, J. N.; Nicolosi, V., Additive Manufacturing of Ti3C2-MXene-Functionalized Conductive Polymer Hydrogels for Electromagnetic-Interference Shielding. *Adv. Mater.* **2021**, *34* (5).
4. Khatun, M. R.; Bhattacharyya, A.; Gunbayar, M.; Jo, Y. O.; Noh, I., Gelatin-alginate hydrogel for near-field electrospinning assisted 3D and 4-axis bioprinting. *Carbohydr. Polym.* **2025**, *348*.
5. Liu, S.; Hu, Q.; Shen, Z.; Krishnan, S.; Zhang, H.; Ramalingam, M., 3D printing of self-standing and vascular supportive multimaterial hydrogel structures for organ engineering. *Biotechn. Bioeng.* **2021**, *119* (1), 118-133.
6. Ning, L.; Mehta, R.; Cao, C.; Theus, A.; Tomov, M.; Zhu, N.; Weeks, E. R.; Bauser-Heaton, H.; Serpooshan, V., Embedded 3D Bioprinting of Gelatin Methacryloyl-Based Constructs with Highly Tunable Structural Fidelity. *ACS Appl. Mater. Interfaces* **2020**, *12* (40), 44563-44577.
7. Simińska-Stanny, J.; Nizioł, M.; Szymczyk-Ziółkowska, P.; Brożyna, M.; Junka, A.; Shavandi, A.; Podstawczyk, D., 4D printing of patterned multimaterial magnetic hydrogel actuators. *Add. Manufact.* **2022**, *49*.
8. Farsheed, A. C.; Thomas, A. J.; Pogostin, B. H.; Hartgerink, J. D., 3D Printing of Self-Assembling

- Nanofibrous Multidomain Peptide Hydrogels. *Adv. Mater.* **2023**, *35* (11), 2210378.
9. Lai, J.; Ye, X.; Liu, J.; Wang, C.; Li, J.; Wang, X.; Ma, M.; Wang, M., 4D printing of highly printable and shape morphing hydrogels composed of alginate and methylcellulose. *Materi. Des.* **2021**, *205*.
10. Yoon, S.; Park, J. A.; Lee, H. R.; Yoon, W. H.; Hwang, D. S.; Jung, S., Inkjet–Spray Hybrid Printing for 3D Freeform Fabrication of Multilayered Hydrogel Structures. *Adv. Healthc. Mater.* **2018**, *7* (14), 1800050.
11. Wang, J.; Liu, Y.; Zhang, X.; Rahman, S. E.; Su, S.; Wei, J.; Ning, F.; Hu, Z.; Martínez-Zaguilán, R.; Sennoune, S. R.; Cong, W.; Christopher, G.; Zhang, K.; Qiu, J., 3D printed agar/ calcium alginate hydrogels with high shape fidelity and tailorabile mechanical properties. *Polymer* **2021**, *214*.
12. Sun, W.; Tashman, J. W.; Shiawski, D. J.; Feinberg, A. W.; Webster-Wood, V. A., Long-Fiber Embedded Hydrogel 3D Printing for Structural Reinforcement. *ACS Biomater. Sci. Eng.* **2021**, *8* (1), 303-313.
13. Ma, T.; Lv, L.; Ouyang, C.; Hu, X.; Liao, X.; Song, Y.; Hu, X., Rheological behavior and particle alignment of cellulose nanocrystal and its composite hydrogels during 3D printing. *Carbohydr. Polym.* **2021**, *253*.
14. Cantoni, F.; Barbe, L.; Pohlitz, H.; Tenje, M., A Perfusionable Multi-Hydrogel Vasculature On-Chip Engineered by 2-Photon 3D Printing and Scaffold Molding to Improve Microfabrication Fidelity in Hydrogels. *Adv. Mater. Techn.* **2024**, *9* (4).
15. Dong, L.; Bu, Z.; Xiong, Y.; Zhang, H.; Fang, J.; Hu, H.; Liu, Z.; Li, X., Facile extrusion 3D printing of gelatine methacrylate/Laponite nanocomposite hydrogel with high concentration nanoclay for bone tissue regeneration. *International Journal of Biological Macromolecules* **2021**, *188*, 72-81.

16. Phan, V. H. G.; Duong, H.-S.; Le, Q.-G. T.; Janarthanan, G.; Vijayaventaraman, S.; Nguyen, H.-N. H.; Nguyen, B.-P. T.; Manivasagan, P.; Jang, E.-S.; Li, Y.; Thambi, T., Nanoengineered injectable hydrogels derived from layered double hydroxides and alginate for sustained release of protein therapeutics in tissue engineering applications. *J. Nanobiotechn.* **2023**, *21* (1).
17. Levato, R.; Lim, K. S.; Li, W.; Asua, A. U.; Peña, L. B.; Wang, M.; Falandt, M.; Bernal, P. N.; Gawlitta, D.; Zhang, Y. S.; Woodfield, T. B. F.; Malda, J., High-resolution lithographic biofabrication of hydrogels with complex microchannels from low-temperature-soluble gelatin bioresins. *Materials Today Bio* **2021**, *12*.
18. Baniasadi, H.; Kimiae, E.; Polez, R. T.; Ajdary, R.; Rojas, O. J.; Österberg, M.; Seppälä, J., High-resolution 3D printing of xanthan gum/nanocellulose bio-inks. *International Journal of Biological Macromolecules* **2022**, *209*, 2020-2031.
19. Zheng, J.; Chen, G.; Yang, H.; Zhu, C.; Li, S.; Wang, W.; Ren, J.; Cong, Y.; Xu, X.; Wang, X.; Fu, J., 3D printed microstructured ultra-sensitive pressure sensors based on microgel-reinforced double network hydrogels for biomechanical applications. *Materials Horizons* **2023**, *10* (10), 4232-4242.
20. Janarthanan, G.; Lee, S.; Noh, I., 3D Printing of Bioinspired Alginate-Albumin Based Instant Gel Ink with Electroconductivity and Its Expansion to Direct Four-Axis Printing of Hollow Porous Tubular Constructs without Supporting Materials. *Adv. Funct. Mater.* **2021**, *31* (45).
21. Yang, R.; Tu, Z.; Chen, X.; Wu, X., Highly stretchable, robust, sensitive and wearable strain sensors based on mesh-structured conductive hydrogels. *Chem. Eng. J.* **2024**, *480*.
22. Zhang, B.; Li, S.; Hingorani, H.; Serjouei, A.; Larush, L.; Pawar, A. A.; Goh, W. H.; Sakhaei, A. H.; Hashimoto, M.; Kowsari, K.; Magdassi, S.; Ge, Q., Highly stretchable hydrogels for UV curing based high-resolution multimaterial 3D printing. *Journal of Materials Chemistry B* **2018**, *6* (20), 3246-3253.

