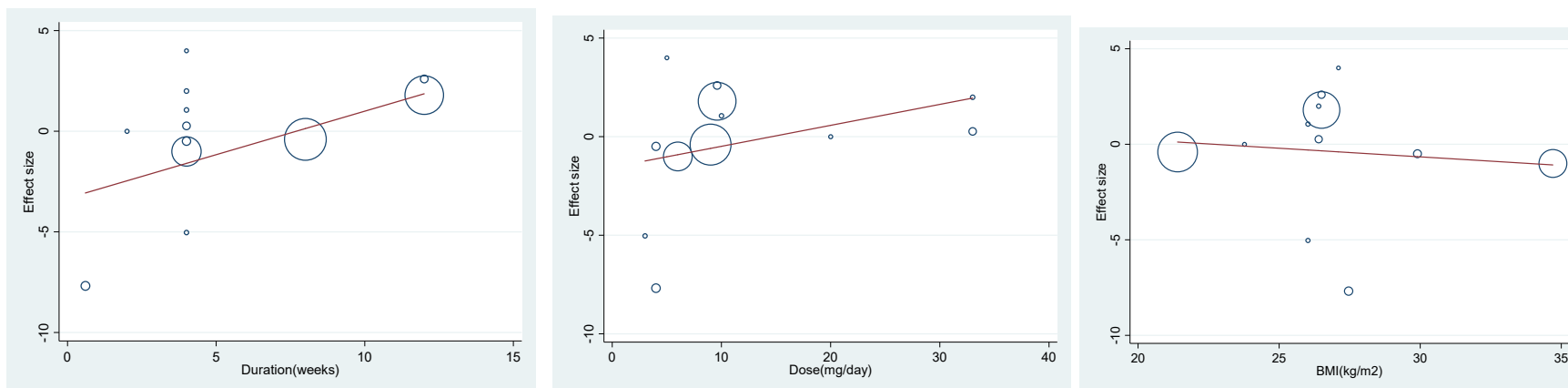
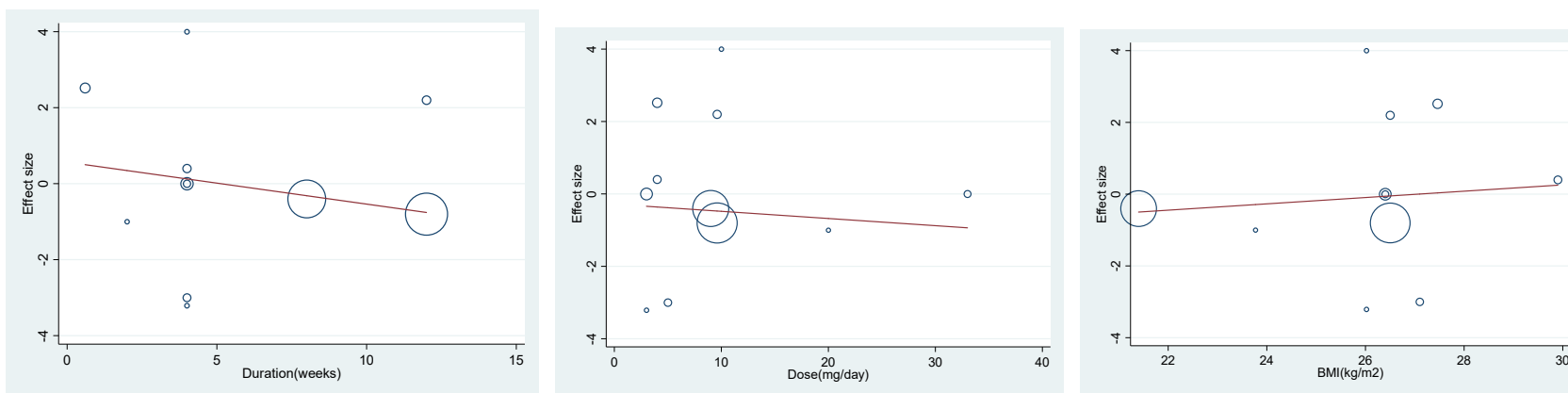


Supplementary Figure 3. Meta regression analysis.

A) SBP (mmHg) = Treatment duration (Coef. = 0.43, $p = 0.005$); Dose (Coef. = 0.106, $p = 0.306$); BMI (Coef. = -0.090, $p = 0.737$)



B) DBP (mmHg) = Treatment duration (Coef. = -0.11, $p = 0.220$); Dose (Coef. = -0.019, $p = 0.812$); BMI (Coef. = 0.088, $p = 0.637$)



C) Heart Rate (**BPM**)= Treatment duration (Coef. = 0.27, p = 0.102); Dose (Coef. = 0.031, p = 0.593); BMI (Coef. = -0.26, p = 0.145)

