## **Electronic Supplementary Information**



Fig. ESI1. The influence of microwave power on an EPR spectra lineshape for the clathrochelate  $CoBd_2(S_2-Nx)(BF)_2$  at 80K.



Fig. ESI2. CV for the clathrochelate  $CoBd_2((C_2H_5)_2NGmCl)(BF)_2$ .



Fig. ESI3. CV for the macrobicycle  $CoBd_2((n-C_{12}H_{25}S)_2Gm)(BF)_2$ .



Fig. ESI4. CV for the complex  $Co(Cl_2Gm)_3(Bn-C_4H_9)_2$ .



Fig. ESI5. CV for the clathrochelate CoBd<sub>2</sub>(HGmCl)(BF)<sub>2</sub>.



Fig. ESI6. CV for the complex  $CoBd_2(S_2-Nx)(BF)_2$ .



Fig. ESI7. CV for the complex  $CoBd_2(N_2-Nx)(BF)_2$ .



Fig. ESI8. CV for the macrobicycle CoBd<sub>2</sub>((*n*-C<sub>4</sub>H<sub>9</sub>NH)<sub>2</sub>Gm)(BF)<sub>2</sub>.



Fig. ESI9. CV for the clathrochelate  $Co(Cl_2Gm)_3(BC_6H_5)_2$ .

**Table ESI1.** The maxima  $(\lambda_{max}/nm \ (\epsilon \cdot 10^{-3}, \ mol^{-1} \ l \ cm^{-1})$  of the UV–vis spectra for the clathrochelate cobalt(II) trisdioximates.

Complex	$\nu_1 \left( \epsilon_1 \right)$	$\nu_2 \left( \epsilon_2 \right)$	$v_3(\varepsilon_3)$	$\nu_4 \left(\epsilon_4\right)$	$\nu_{5}\left(\epsilon_{5}\right)$	$\nu_{6}\left(\epsilon_{6}\right)$	$v_7(\epsilon_7)$	$\nu_{8}\left(\epsilon_{8}\right)$	$v_{9}(\epsilon_{9})$	$v_{10} (\epsilon_{10})$
CoBd <sub>2</sub> (Cl <sub>2</sub> Gm)(BF) <sub>2</sub>	248 (31)	289 (16)	366 (7.7)	380 (4.3)	443 (5.1)	485 (8.5)	524 (2.1)			
CoBd <sub>2</sub> (HGmCl)(BF) <sub>2</sub>	243 (14)	258 (5.5)	281 (4.2)	302 (4.5)	354 (3.9)	380 (1.7)	445 (1.6)	486 (3.7)	529 (0.7)	
$CoBd_2((n-C_4H_9NH)_2Gm)(BF)_2$	231 (31)	255 (15)	267 (8.3)	285 (18)	308 (11)	341 (5.3)	357 (3.0)	391 (4.4)	445 (3.7)	514 (2.9)
$CoBd_2((n-C_{12}H_{25}S)_2Gm)(BF)_2$	253 (30)	284 (3.9)	295 (15)	340 (7.1)	389 (10)	465 (3.5)	500 (8.0)			
$CoBd_2(HGm(SCH_2CH_2SCH_2CH_2SH))(BF)_2$	241 (14)	246 (11)	259 (7.1)	278 (15)	329 (6.7)	383 (7.0)	440 (2.7)	488 (2.7)	491 (5.2)	
$CoBd_2(HGm(SCH_2CH_2SH))(BF)_2$	245 (25)	259 (12)	281 (10)	303 (9.8)	344 (5.3)	382 (6.7)	421 (3.2)	487 (2.0)	491 (5.5)	
$CoBd_2(((C_2H_5)_2N)GmCl)(BF)_2$	278 (15)	302 (9.0)	337 (7.3)	370 (5.8)	390 (4.1)	427 (4.0)	479 (3.3)	502 (4.9)		
$CoBd_2(N_2-Nx)(BF)_2$	260 (25)	297 (18)	342 (3.0)	364 (4.9)	393 (1.2)	428 (3.5)	509 (3.1)			
$CoBd_2(S_2-Nx)(BF)_2$	255 (23)	285 (12)	304 (11)	342 (6.8)	387 (9.2)	458 (3.3)	497 (7.5)			
$CoBd_2((n-C_4H_9O)_2Gm)(BF)_2$	252 (24)	275 (18)	305 (9.7)	348 (6.1)	384 (5.3)	455 (4.6)	498 (4.0)			
$Co(Cl_2Gm)_3(Bn-C_4H_9)_2^{-1d}$	267 (20)	287 (8.4)	329 (3.1)	368 (3.2)	421 (0.64)	468 (1.6)				
$Co(Cl_2Gm)_3(BF)_2$ <sup>1d</sup>	262 (16)	283 (7.0)	341 (2.4)	367 (1.9)	402 (0.53)	456(0.75)				
$Co((n-C_4H_9S)_2Gm)_3(BC_6H_5)_2^{1d}$	237 (31)	314 (11)	402 (6.8)	473 (2.2)	516 (5.7)					
$CoBd_3(Bn-C_4H_9)_2$	259 (38)	271 (15)	296 (15)	328 (7.5)	390 (11)	462 (3.8)	502 (9.0)			

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