Supporting Information for

A General Synthesis of Phosphaalkenes at Zirconium with Liberation of Phosphaformamides

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Variable temperature data for 7.

Figure S-1. Variable-temperature ¹H NMR study of **7**, with selected temperatures displayed. Temperature: a = 318 K, b = 298 K, c = 278 K, d = 258 K, e = 238 K, f = 228 K, g = 218 K, h = 208 K. At temperatures below 208 K the peaks appear distorted possibly due to solubility issues. The two peaks coalesce at 318 K to a single doublet.

