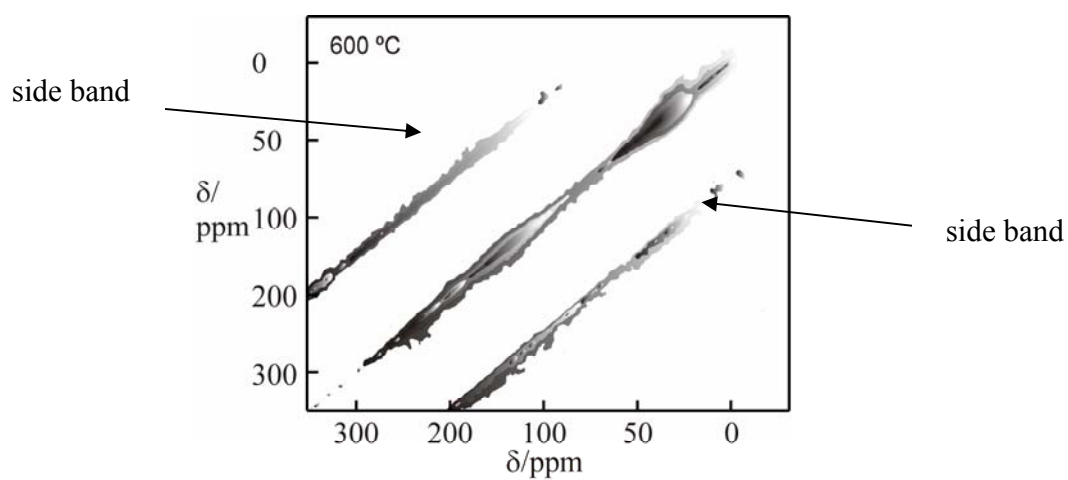
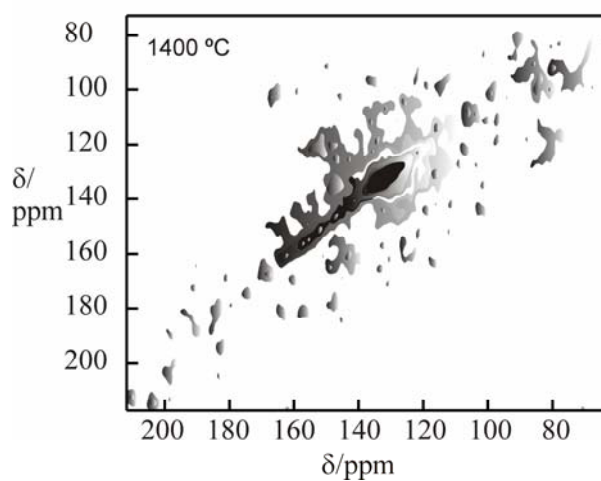


**Fig.1.**  $^1\text{H}$  spectrum of pre-ceramic  $\text{SiBN}_3\text{C}$  at 600 °C,  
 $\omega_r / (2\pi) = 14$  kHz.



**Fig.2.**  $^{13}\text{C}$ -RFDR spectrum at 600 °C



**Fig.3.**  $^{13}\text{C}$ -RFDR spectrum at 1400 °C