

**The effect of compactness on the carbothermal conversion of interpenetrating metal oxide / resorcinol-formaldehyde nanoparticle networks to porous metals and carbides**

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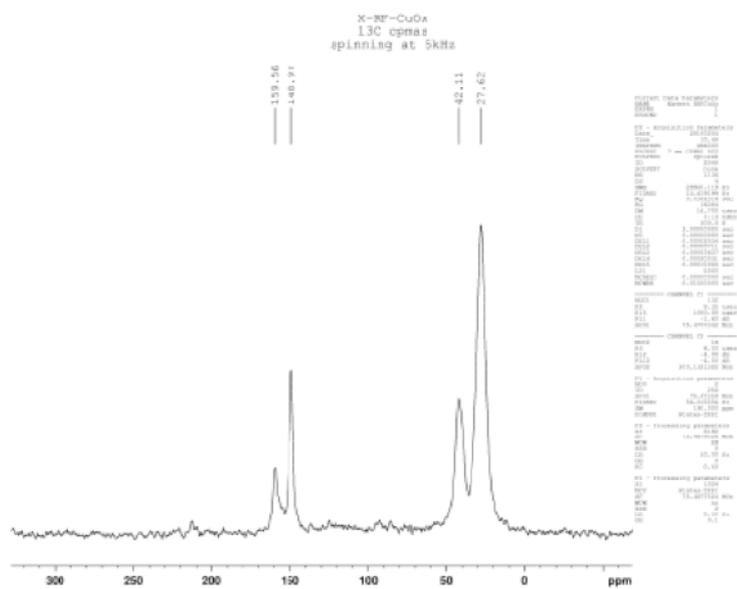
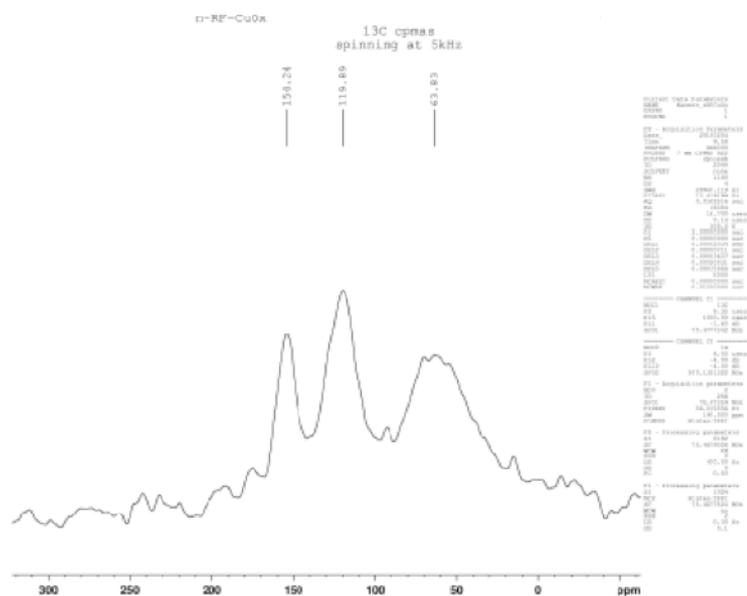
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**Electronic Supplementary Information**

1. **Figure S.1.** Solids  $^{13}\text{C}$  NMR of representative native and X-RF-MOx systems (cases shown, M: Sn, Cu, Hf)
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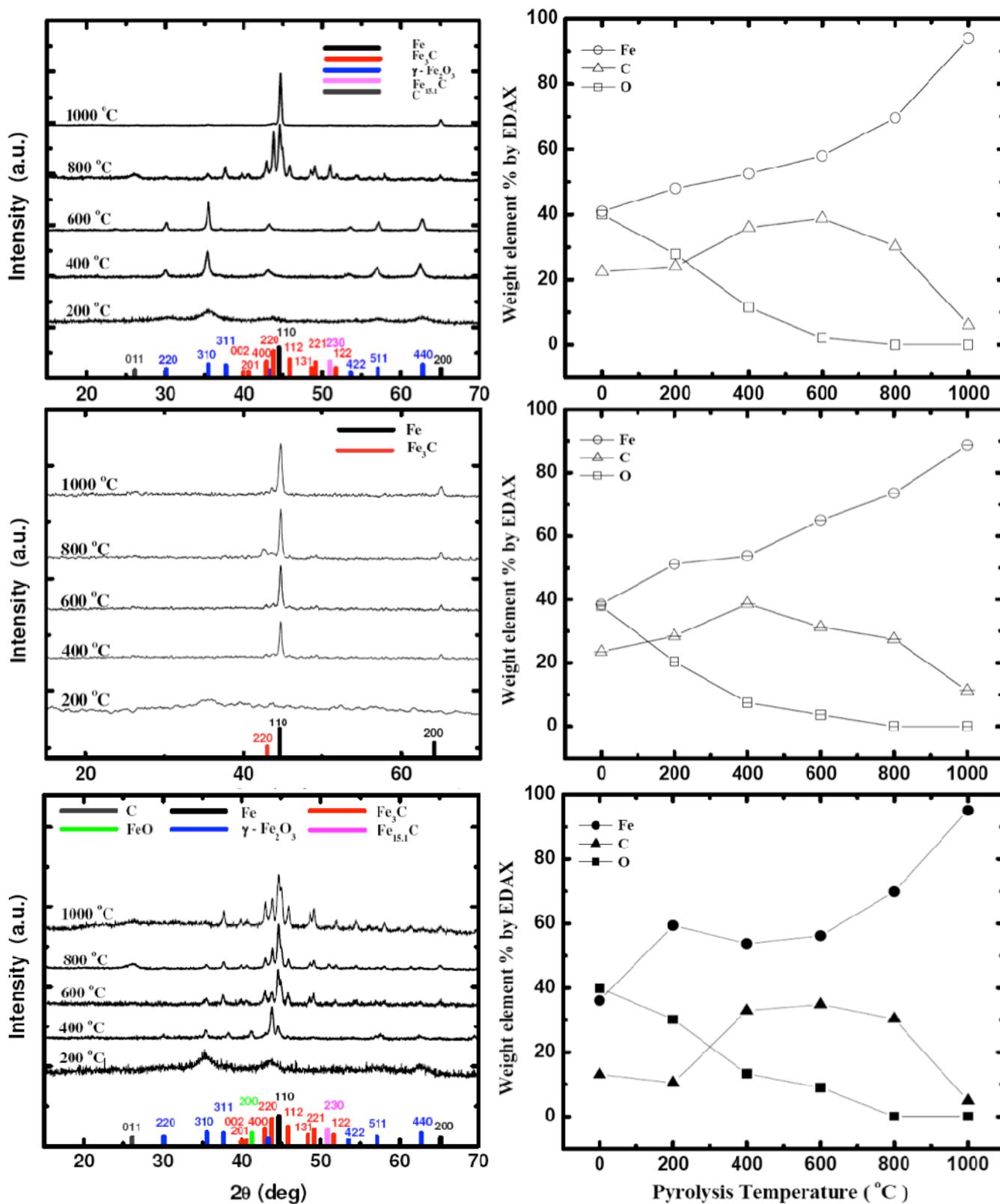


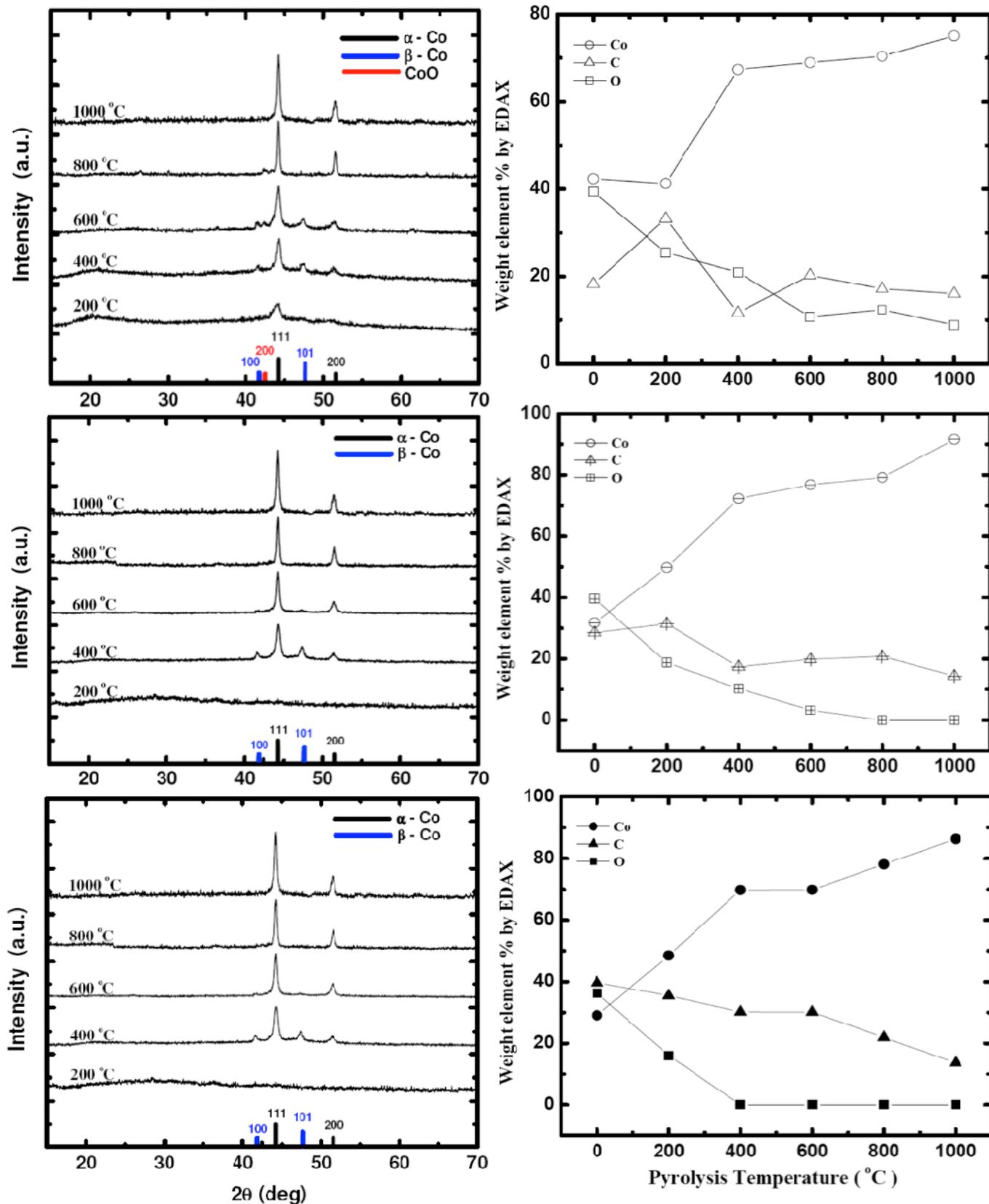
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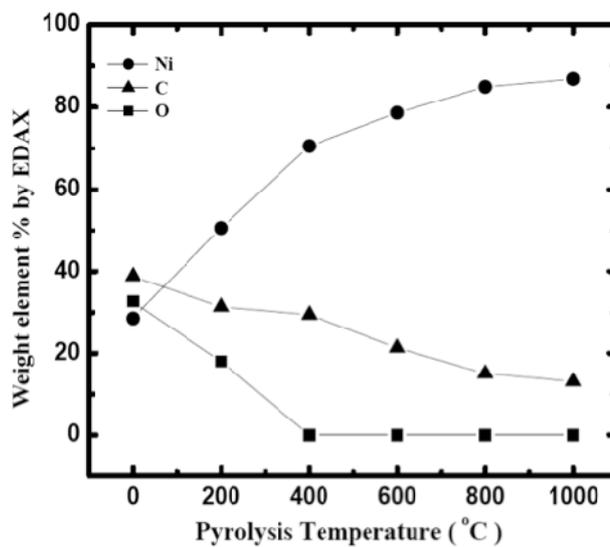
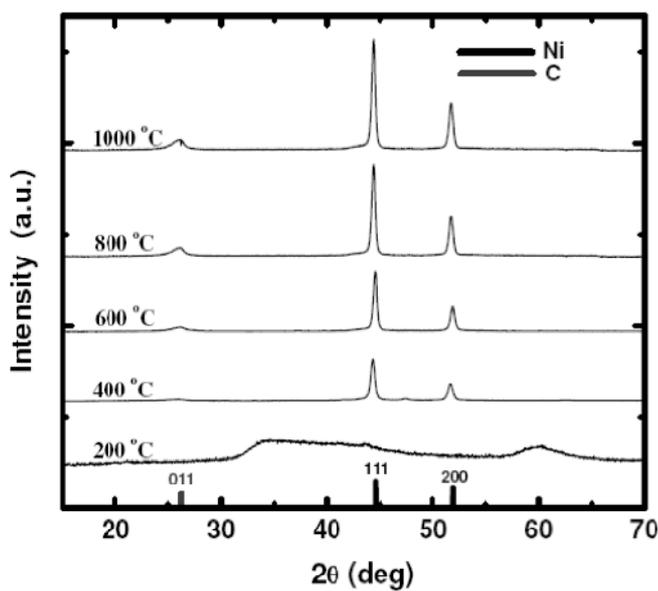
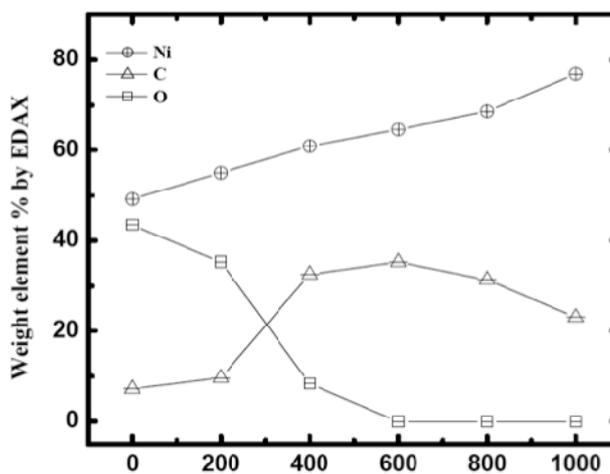
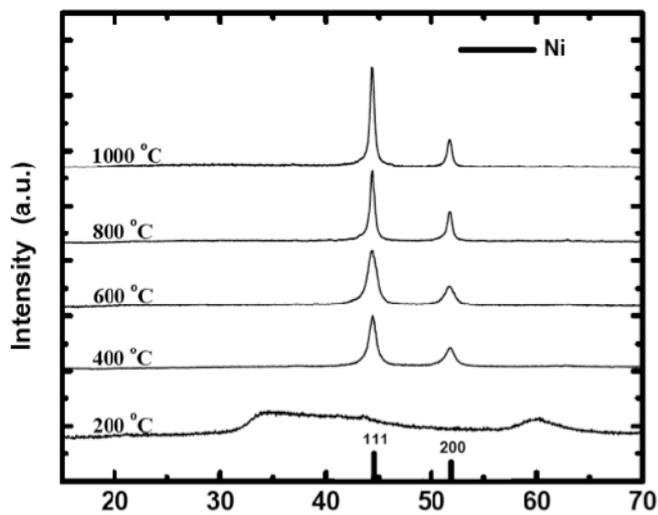
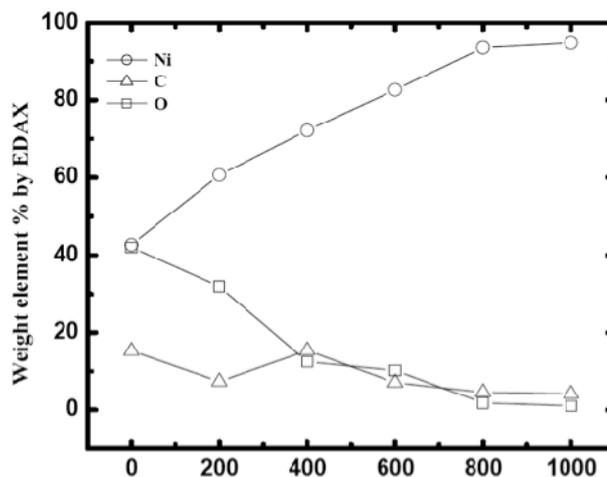
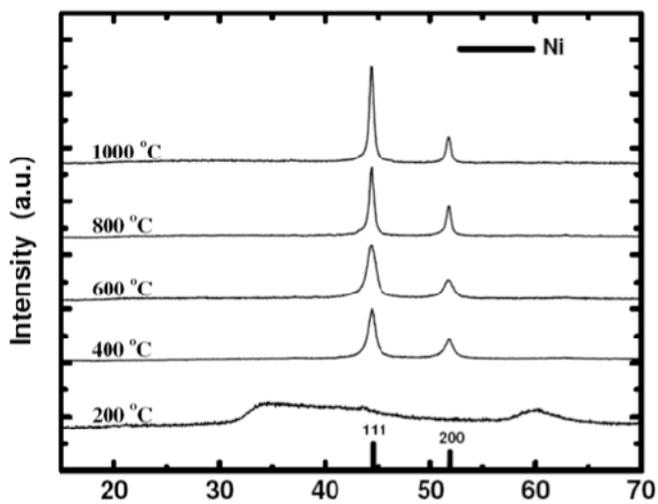


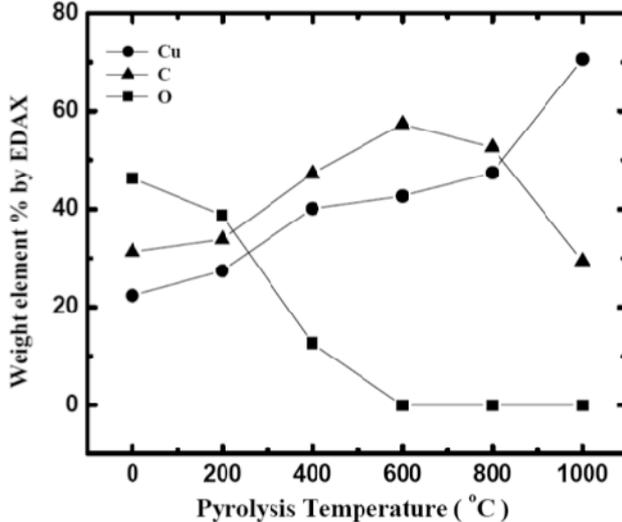
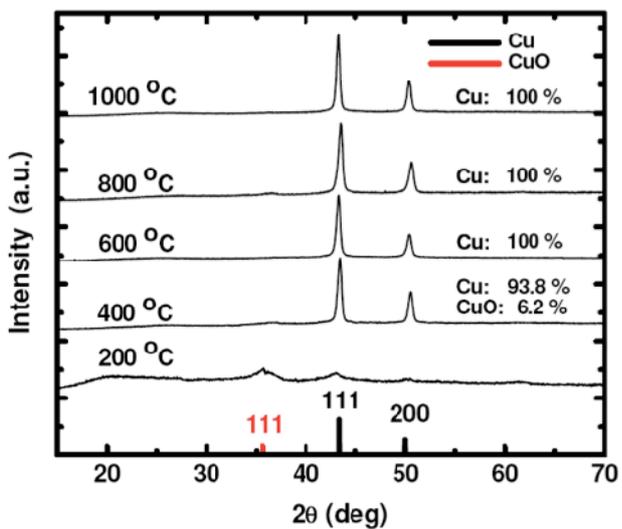
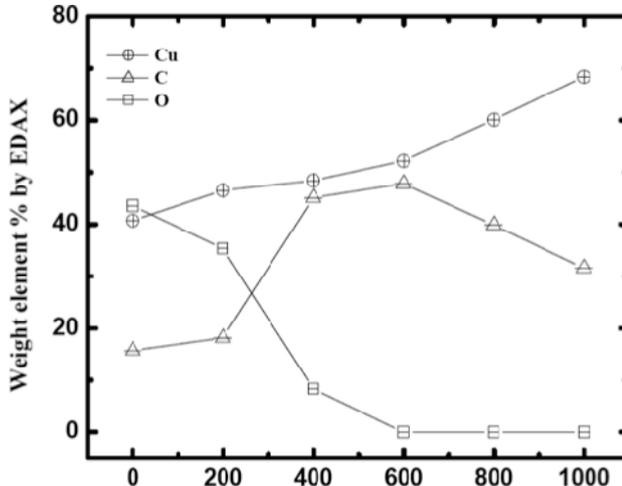
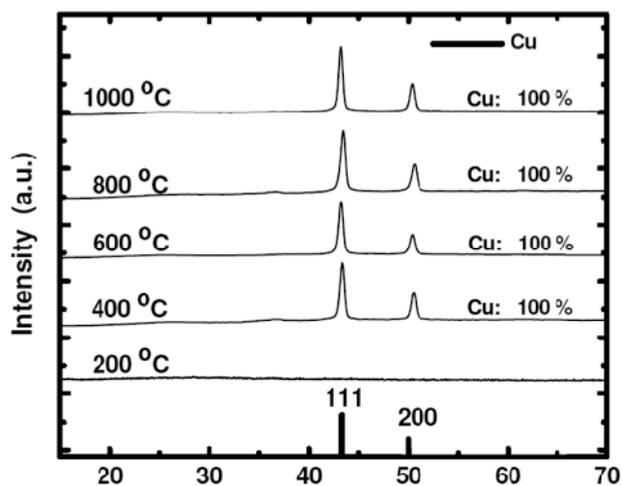
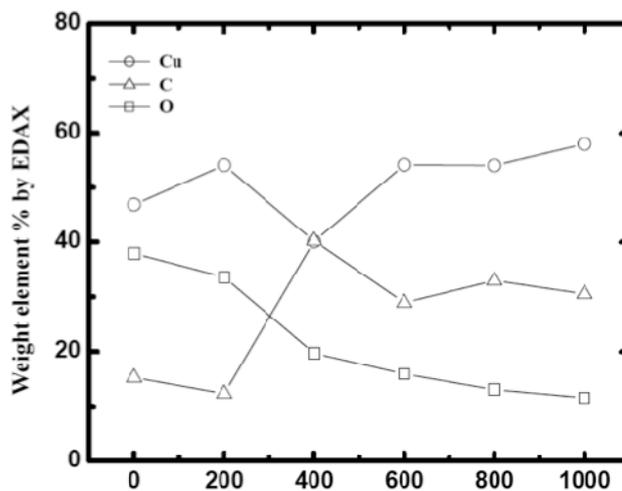
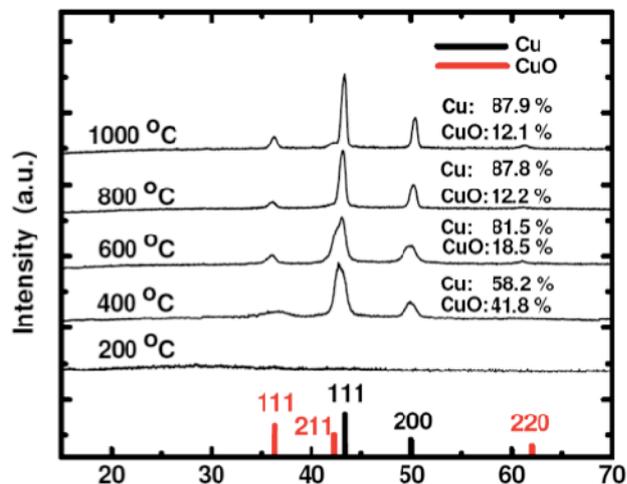


**Figure S.2.** XRD and EDS data as a function of pyrolysis temperature (under Ar) for the smelttable RF-MO<sub>x</sub> systems (M: Fe, Co, Ni, Cu) in their native aerogel (top), xerogel (middle) and X-aerogel (bottom) forms

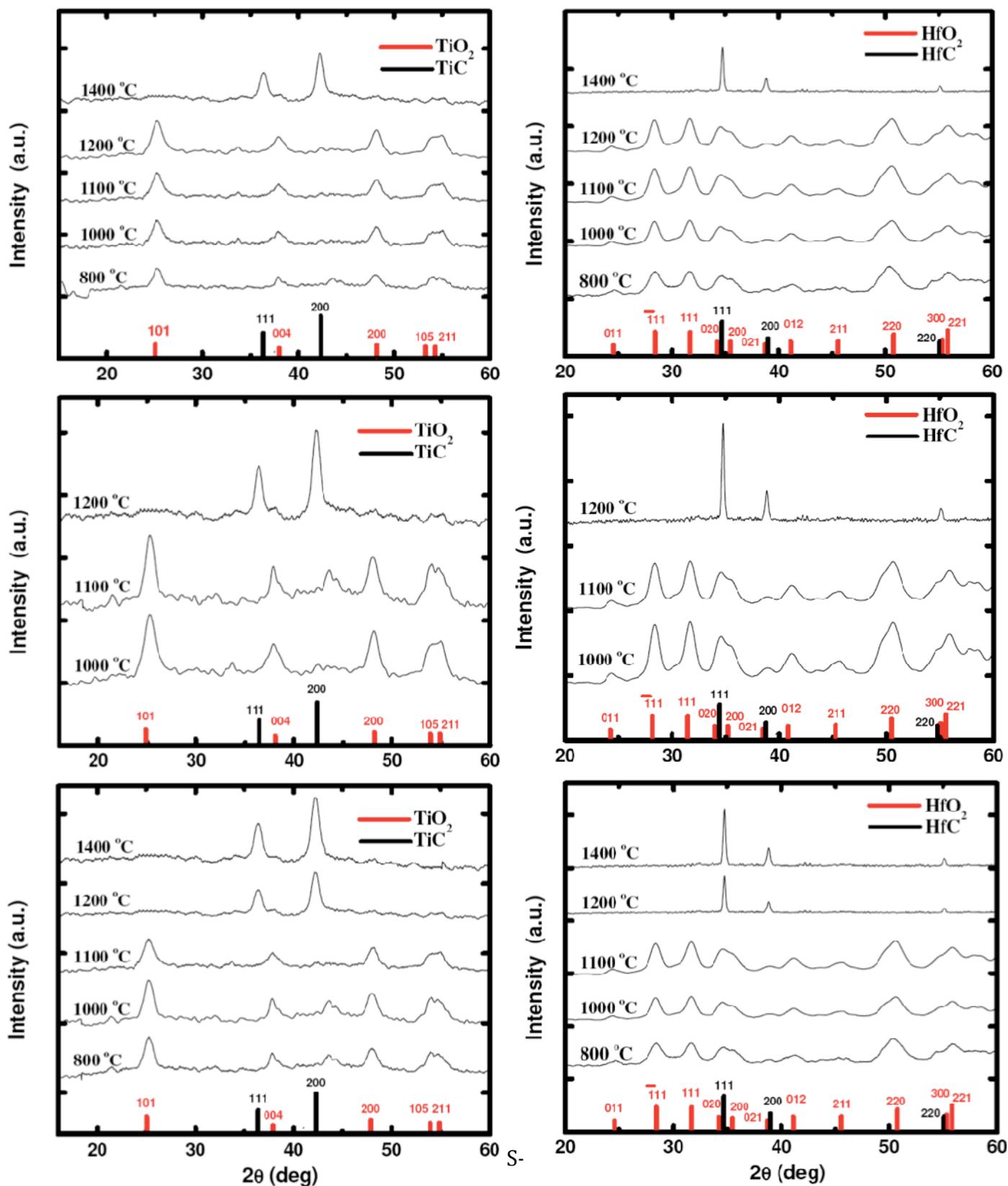




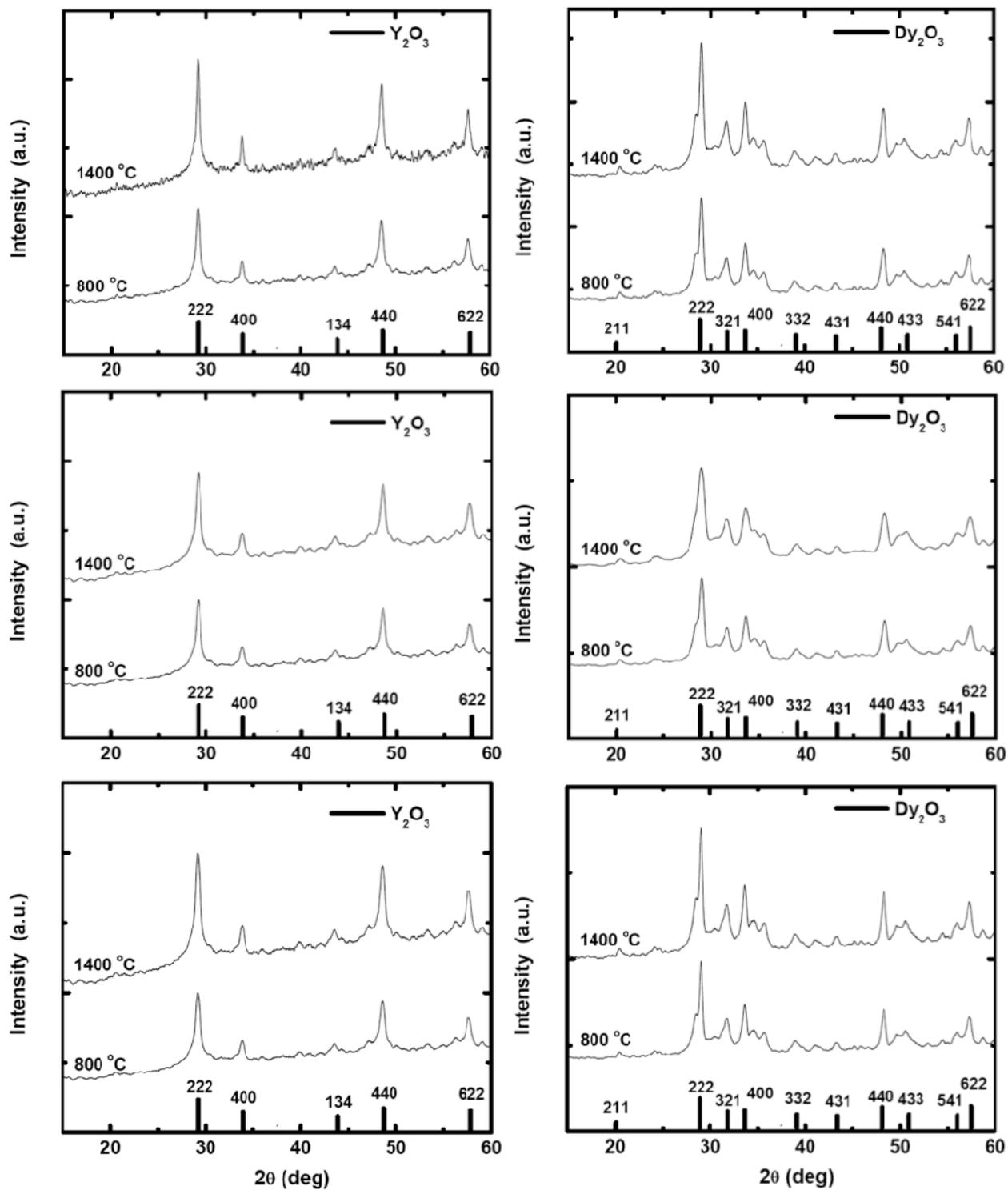




**Figure S.3.** XRD data as a function of the pyrolysis temperature (under Ar) for the RF-MO<sub>x</sub> systems convertible to carbides (M: Ti, Hf); Top: native aerogels; Middle: xerogels; Bottom: X-aerogels



**Figure S.4.** XRD data as a function of the pyrolysis temperature (under Ar) for RF-YOx and RF-DyOx; Top: native aerogels; Middle: xerogels; Bottom: X-aerogels



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**Table S.1.** Property evolution upon pyrolysis of the RF-FeOx system

sample	diameter (cm) <sup>a</sup>	shrinkage (%) <sup>a,b</sup>	bulk density, $\rho_b$ (g cm <sup>-3</sup> ) <sup>a</sup>	skeletal density, $\rho_s$ (g cm <sup>-3</sup> ) <sup>c</sup>	porosity, $I$ (% void space)	BET surface area, $\sigma$ (m <sup>2</sup> g <sup>-1</sup> )	average pore diameter (nm) <sup>d</sup>	particle radius, $r$ (nm) <sup>e</sup>
<b>n-RF-FeOx</b>								
RT	0.946±0.01	13.2±1.31	0.047±0.001	2.86±0.12	98	298	33.8 [26.2]	3.5
800°C	0.52±0.01	48.2±0.28	0.15±0.05	3.74±0.23	95.9	141	54.9 [55.5]	5.6
1000°C		5.40±0.27		130	57.6 [63.7]	4.3		
<b>Xero-RF-FeOx</b>								
RT	0.38±0.02	63.4±0.49	1.00±0.04	1.81±0.01	45	184	4.8 [3.2]	9.0
800°C	0.32±0.01	73.2±0.12	1.28±0.01	3.54±0.30	64.1	51	5.2 [7.4]	16.6
1000°C	0.22±0.01	78.8±0.32	1.73±0.18	4.89±0.28	66.3	82.5	5.8 [6.4]	7.4
<b>X-RF-FeOx</b>								
RT	1.00±0.03	6.16±0.58	0.42±0.01	1.42±0.01	71	80	28.8 [33.1]	26.4
800°C	0.49±0.01	52.8 ±0.22	0.16±0.02	4.15±0.44	96.1	174	40.8 [42.9]	4.2
1000°C	0.48±0.02	54.0±0.28	0.192±0.003	4.40±0.40	95.4	157	45.7 [65.9]	4.3

<sup>a</sup> Average of 3 samples. (Mold diameter: 1.04 cm.) <sup>b</sup> Shrinkage =  $100 \times (\text{mold diameter} - \text{sample diameter}) / (\text{mold diameter})$ . <sup>c</sup> Single sample, average of 50 measurements. <sup>d</sup> By the BJH-desorption method; in brackets: width at half maximum in nm. <sup>e</sup> Calculated via  $r = 3/\rho_s \sigma$ .

**Table S.2.** Property evolution upon pyrolysis of the RF-CoOx system

sample	diameter (cm) <sup>a</sup>	shrinkage (%) <sup>a,b</sup>	bulk density, $\rho_b$ (g cm <sup>-3</sup> ) <sup>a</sup>	skeletal density, $\rho_s$ (g cm <sup>-3</sup> ) <sup>c</sup>	porosity, $II$ (% void space)	BET surface area, $\sigma$ (m <sup>2</sup> g <sup>-1</sup> )	average pore diameter (nm) <sup>d</sup>	particle radius, $r$ (nm) <sup>e</sup>
<b>n-RF-CoOx</b>								
RT	0.783±0.024	21.6±2.51	0.082±0.001	2.34±0.19	97	143	36.3 [45.3]	9.0
800°C	0.64±0.03	38.4±0.03	0.188±0.001	3.71±0.81	95.85	554.7	28.2 [31.8]	1.5
1000°C	0.56±0.02	46.1±0.04	0.28±0.08	3.80±0.46	94.3	276.1	23.4 [29.8]	2.9
<b>Xero-RF-CoOx</b>								
RT	0.43±0.04	58.6±0.53	0.81±0.12	1.93±0.04	35.123	4.8 [3.5]	12.6	
800°C	0.40±0.01	61.5±0.23	1.53±0.08	3.83±0.90	59.8	46.8	5.4 [4.8]	16.7
1000°C	0.34±0.03	67.3±0.17	1.89±0.22	3.98±0.24	52.8	41.2	5.1 [6.4]	18.3
<b>X-RF-CoOx</b>								
RT	0.91±0.02	6.16±0.58	0.37±0.03	1.42±0.05	71	52	22.3 [26.2]	40.9
800°C	0.61±0.01	41.3 ±0.22	0.327±0.002	3.14±0.17	89.5	108	5.6 [5.4]	8.8
1000°C	0.64±0.02	38.4±0.28	0.48±0.01	4.78±0.01	89.9	31	7.1 [6.7]	20.2

<sup>a</sup>. Average of 3 samples. (Mold diameter: 1.04 cm.). <sup>b</sup>. Shrinkage =  $100 \times (\text{mold diameter} - \text{sample diameter}) / (\text{mold diameter})$ . <sup>c</sup>. Single sample, average of 50 measurements. <sup>d</sup>. By the BJH-desorption method; in brackets: width at half maximum in nm. <sup>e</sup>. Calculated via  $r = 3/\rho_s \sigma$ .

**Table S.3.** Property evolution upon pyrolysis of the RF-NiOx system

sample	diameter (cm) <sup>a</sup>	shrinkage (%) <sup>a,b</sup>	bulk density, $\rho_b$ (g cm <sup>-3</sup> ) <sup>a</sup>	skeletal density, $\rho_s$ (g cm <sup>-3</sup> ) <sup>c</sup>	porosity, $I$ (% void space)	BET surface area, $\sigma$ (m <sup>2</sup> g <sup>-1</sup> )	average pore diameter (nm) <sup>d</sup>	particle radius, $r$ (nm) <sup>e</sup>
<b>n-RF-NiOx</b>								
RT	0.69±0.015	29.7±1.25	0.059±0.003	2.59±0.13	98	309	22.9 [24.3]	3.7
800°C	0.57±0.02	45.1±0.02	0.168±0.005	4.04±0.92	96.0	303	17.9 [21.4]	2.5
1000°C	0.46±0.02	55.7±0.03	0.22±0.03	3.94±0.57	95.7	426	15.6 [18.4]	1.8
<b>Xero-RF-NiOx</b>								
RT	0.55±0.02	47.1±0.32	1.24±0.07	1.87±0.004	34	-----		
800°C	0.51±0.01	50.9±0.29	0.35±0.03	2.27±0.06	84.8	42.7	5.3 [6.8]	31.0
1000°C	0.48±0.01	53.8±0.18	0.58±0.23	2.83±0.07	79.4	22.3	5.7 [6.3]	47.5
<b>X-RF-NiOx</b>								
RT	0.93±0.04	8.6±1.1	0.397±0.015	1.38±0.005	69	150	17.7 [15.0]	14.5
800°C	0.52±0.03	50 ±1.18	0.405±0.017	2.19±0.12	81.6	177	14.6 [17.2]	7.7
1000°C	0.54±0.02	48.07±0.37	0.32±0.02	2.71±0.03	88.0	116	6.5 [7.1]	9.5

<sup>a</sup> Average of 3 samples. (Mold diameter: 1.04 cm.) <sup>b</sup> Shrinkage =  $100 \times (\text{mold diameter} - \text{sample diameter}) / (\text{mold diameter})$ . <sup>c</sup> Single sample, average of 50 measurements. <sup>d</sup> By the BJH-desorption method; in brackets: width at half maximum in nm. <sup>e</sup> Calculated via  $r = 3/\rho_s \sigma$ .

**Table S.4.** Property evolution upon pyrolysis of the RF-SnOx system

sample	diameter (cm) <sup>a</sup>	shrinkage (%) <sup>a,b</sup>	bulk density, $\rho_b$ (g cm <sup>-3</sup> ) <sup>a</sup>	skeletal density, $\rho_s$ (g cm <sup>-3</sup> ) <sup>c</sup>	porosity, $II$ (% void space)	BET surface area, $\sigma$ (m <sup>2</sup> g <sup>-1</sup> )	average pore diameter (nm) <sup>d</sup>	particle radius, $r$ (nm) <sup>e</sup>
<b>n-RF-SnOx</b>								
RT	0.756±0.005	24.3±0.57	0.135±0.031	2.58±0.13	95	147	37.1 [41.4]	7.9
800°C	0.59±0.01	43.2±0.33	0.158±0.08	3.85±0.25	95.8	722	22.8 [31.4]	1.1
1000°C	0.62±0.07	44.4±0.23	0.185±0.01	3.70±0.06	96.1	548	26.3 [38.2]	1.5
<b>Xero-RF-SnOx</b>								
RT	0.37±0.03	64.4±0.58	1.15±0.08	1.85±0.02	39	-----	-----	-----
800°C	0.32±0.01	69.2±0.16	1.73±0.04	1.96±0.08	10.5	176	3.4 [4.7]	8.7
1000°C	0.30±0.06	71.1±0.44	1.41±0.18	2.64±0.20	46.6	147	5.9 [7.8]	7.7
<b>X-RF-SnOx</b>								
RT	0.86±0.01	13.8±0.42	0.31±0.01	1.27±0.004	77	60	31.6 [34.7]	39.3
800°C	0.63±0.01	39.4 ±0.12	0.48±0.04	2.90±0.12	84.5	6.61	38.2 [42.4]	4.51
1000°C	0.64±0.02	38.4±0.18	0.595±0.002	3.78±0.08	87.0	-----	-----	-----

<sup>a</sup> Average of 3 samples. (Mold diameter: 1.04 cm.) <sup>b</sup> Shrinkage =  $100 \times (\text{mold diameter} - \text{sample diameter}) / (\text{mold diameter})$ . <sup>c</sup> Single sample, average of 50 measurements. <sup>d</sup> By the BJH-desorption method; in brackets: width at half maximum in nm. <sup>e</sup> Calculated via  $r = 3/\rho_s \sigma$ .

**Table S.5.** Property evolution upon pyrolysis of the RF-CuOx system

sample	diameter (cm) <sup>a</sup>	shrinkage (%) <sup>a,b</sup>	bulk density, $\rho_b$ (g cm <sup>-3</sup> ) <sup>a</sup>	skeletal density, $\rho_s$ (g cm <sup>-3</sup> ) <sup>c</sup>	porosity, $I$ (% void space)	BET surface area, $\sigma$ (m <sup>2</sup> g <sup>-1</sup> )	average pore diameter (nm) <sup>d</sup>	particle radius, $r$ (nm) <sup>e</sup>
<b>n-RF-CuOx</b>								
RT	0.903±0.021	16.3±1.92	0.083±0.009	2.65±0.14	98	189	43.6 [49.6]	6.0
800°C	0.66±0.03	36.5±0.15	0.112±0.08	3.6±0.35	96.8	183	33.7 [40.7]	4.6
1000°C	0.64±0.02	38.4±0.21	0.191±0.006	4.80±0.8	96.0	175	47.8 [33.6]	3.6
<b>Xero-RF-CuOx</b>								
RT	0.496±0.055	52.3±1.2	1.33±0.009	2.01±0.29	34	159	4.7 [3.2]	9.4
800°C	0.29±0.03	72.1±0.14	1.13±0.01	3.81±0.13	70.3	62	5.3 [5.8]	12.7
1000°C	0.31±0.02	70.2±0.27	1.42±0.22	3.93±0.17	63.8	55	4.7 [5.3]	13.8
<b>X-RF-CuOx</b>								
RT	0.97±0.02	10.5±1.96	0.42±0.05	1.37±0.003	71	21	38.9 [45.2]	30.8
800°C	0.41±0.04	60.5±0.18	0.694±0.002	2.40±0.09	80.5	54	48.9 [51.6]	23.1
1000°C	0.39±0.02	62.5±0.24	0.75±0.013	2.52±0.07	86.4	79	47.8 [49.7]	15.1

<sup>a</sup>. Average of 3 samples. (Mold diameter: 1.04 cm.) <sup>b</sup>. Shrinkage =  $100 \times (\text{mold diameter} - \text{sample diameter}) / (\text{mold diameter})$ . <sup>c</sup>. Single sample, average of 50 measurements. <sup>d</sup>. By the BJH-desorption method; in brackets: width at half maximum in nm. <sup>e</sup>. Calculated via  $r = 3/\rho_s \sigma$ .

**Table S.6.** Property evolution upon pyrolysis of the RF-CrOx system

sample	diameter (cm) <sup>a</sup>	shrinkage (%) <sup>a,b</sup>	bulk density, $\rho_b$ (g cm <sup>-3</sup> ) <sup>a</sup>	skeletal density, $\rho_s$ (g cm <sup>-3</sup> ) <sup>c</sup>	porosity, $II$ (% void space)	BET surface area, $\sigma$ (m <sup>2</sup> g <sup>-1</sup> )	average pore diameter (nm) <sup>d</sup>	particle radius, $r$ (nm) <sup>e</sup>
<b>n-RF-CrOx</b>								
RT	0.89±0.02	11.3±1.52	0.108±0.005	2.42±0.01	96	472	23.9 [17.1]	2.6
800°C	0.50±0.01	52.0±1.15	0.225±0.013	3.08±0.05	93	618	17.9 [22.1]	1.6
1400°C	0.48±0.04	53.8±0.32	0.284±0.008	2.51±0.04	89	252	10.8 [9.2]	4.7
<b>Xero-RF-CrOx</b>								
RT	0.51±0.01	50.9±1.05	1.78±0.04	35	117	4.8 [1.9]	14.4	
<b>X-RF-CrOx</b>								
RT	0.94±0.02	6.6±1.4	0.42±0.04	1.29±0.04	68	71	29.5 [17.9]	32.2
800°C	0.43±0.02	57.0±0.15	0.39±0.01	2.78±0.05	86	368	3.81 [2.8]	2.9
1400°C	0.29±0.02	72.1±0.03	0.53±0.02	3.35±0.32	85	55	6.52 [5.8]	16.2

<sup>a</sup>. Average of 3 samples. (Mold diameter: 1.04 cm.) <sup>b</sup>. Shrinkage =  $100 \times (\text{mold diameter} - \text{sample diameter}) / (\text{mold diameter})$ . <sup>c</sup>. Single sample, average of 50 measurements. <sup>d</sup>. By the BJH-desorption method; in brackets: width at half maximum in nm. <sup>e</sup>. Calculated via  $r = 3/\rho_s \sigma$ .

**Table S.7.** Property evolution upon pyrolysis of the RF-TiOx system

sample	diameter (cm) <sup>a</sup>	shrinkage (%) <sup>a,b</sup>	bulk density, $\rho_b$ (g cm <sup>-3</sup> ) <sup>a</sup>	skeletal density, $\rho_s$ (g cm <sup>-3</sup> ) <sup>c</sup>	porosity, $II$ (% void space)	BET surface area, $\sigma$ (m <sup>2</sup> g <sup>-1</sup> )	average pore diameter (nm) <sup>d</sup>	particle radius, $r$ (nm) <sup>e</sup>
<b>n-RF-TiOx</b>								
RT	0.86±0.01	12.6±0.57	0.091±0.001	2.64±0.11	96	230	23.9 [30.8]	4.9
800°C	0.37±0.01	64.4±1.28	0.366±0.012	3.56±0.01	89.7	212	13.1 [17.6]	3.9
1400°C	0.34±0.04	67.3±0.35	0.413±0.135	3.62±0.44	88.5	89	13.7 [18.7]	9.3
<b>Xero-RF-TiOx</b>								
RT0.43±0.017		58.8±0.48	0.934±0.035	2.04±0.21	54	145 7.2 [4.8]10.1		
<b>X-RF-TiOx</b>								
RT	0.91±0.01	9.0±1.2	0.414±0.009	1.34±0.82	69 69	30.1 [15.1]	32.4	
800°C	0.47±0.02	55.0±0.32	0.463±0.026	2.39±0.09	81.0	449	12.9 [13.8]	2.8
1400°C	0.31±0.12	70.2±0.12	0.59±0.01	4.85±0.15	87.7	55 5.7 [6.9]	11.2	

<sup>a</sup>. Average of 3 samples. (Mold diameter: 1.04 cm.) <sup>b</sup>. Shrinkage =  $100 \times (\text{mold diameter} - \text{sample diameter}) / (\text{mold diameter})$ . <sup>c</sup>. Single sample, average of 50 measurements. <sup>d</sup>. By the BJH-desorption method; in brackets: width at half maximum in nm. <sup>e</sup>. Calculated via  $r = 3/\rho_s \sigma$ .

**Table S.8.** Property evolution upon pyrolysis of the RF-HfOx system

sample	diameter (cm) <sup>a</sup>	shrinkage (%) <sup>a,b</sup>	bulk density, $\rho_b$ (g cm <sup>-3</sup> ) <sup>a</sup>	skeletal density, $\rho_s$ (g cm <sup>-3</sup> ) <sup>c</sup>	porosity, $II$ (% void space)	BET surface area, $\sigma$ (m <sup>2</sup> g <sup>-1</sup> )	average pore diameter (nm) <sup>d</sup>	particle radius, $r$ (nm) <sup>e</sup>
<b>n-RF-HfOx</b>								
RT	0.853±0.015	14.7±1.52	0.128±0.004	2.59±0.01	95	282	22.9 [37.9]	4.1
800°C	0.505±0.029	51.4±0.28	0.312±0.024	2.97±0.02	89.5	127	38.9[29.8]	8.0
1400°C	0.46±0.01	55.7±0.14	0.346±0.01	3.83±0.19	91.0	157	39.8 [20.9]	5.0
<b>Xero-RF-HfOx</b>								
RT	0.45±0.026	57.3±0.25	1.08±0.057	1.92±0.18	44	159	3.1 [1.0]9.8	
<b>X-RF-HfOx</b>								
RT	0.926±0.025	7.3±1.5	0.442±0.006	1.42±0.08	69	57	34.6 [32.7]37.1	
800°C	0.415±0.007	60.0±0.12	0.367±0.013	3.19±0.02	89.0	358	22.4[26.8]	2.62
1400°C	0.32±0.04	69.2±0.32	0.574±0.18	4.26±0.13	87.0	1.63 12.1	----- 432	

<sup>a</sup> . Average of 3 samples. (Mold diameter: 1.04 cm.) <sup>b</sup> . Shrinkage =  $100 \times (\text{mold diameter} - \text{sample diameter}) / (\text{mold diameter})$ . <sup>c</sup> . Single sample, average of 50 measurements. <sup>d</sup> . By the BJH-desorption method; in brackets: width at half maximum in nm <sup>e</sup> . Calculated via  $r = 3/\rho_s \sigma$ .

**Table S.9.** Property evolution upon pyrolysis of the RF-YOx system

sample	diameter (cm) <sup>a</sup>	shrinkage (%) <sup>a,b</sup>	bulk density, $\rho_b$ (g cm <sup>-3</sup> ) <sup>a</sup>	skeletal density, $\rho_s$ (g cm <sup>-3</sup> ) <sup>c</sup>	porosity, $I$ (% void space)	BET surface area, $\sigma$ (m <sup>2</sup> g <sup>-1</sup> )	average pore diameter (nm) <sup>d</sup>	particle radius, $r$ (nm) <sup>e</sup>
<b>n-RF-YOx</b>								
RT	0.88±0.01	12.6±0.47	0.124±0.005	2.07±0.05	94	302	36.3 [32.1]	4.8
800°C	0.38±0.03	65.3±0.58	0.307±0.014	2.98±0.02	89.6	279	6.4 [4.8]	3.6
1400°C	0.32±0.02	69.2±0.34	0.412±0.18	2.70±0.12	84.7	88	7.8 [5.3]	12.6
<b>Xero-RF-YOx</b>								
RT	0.38±0.019	63.2±0.78	1.12±0.11	1.98±0.11	43122	6.0 [1.8]		12.4
<b>X-RF-YOx</b>								
RT	0.94±0.05	6.0±0.18	0.330±0.003	1.25±0.01	74	99	22.3 [24.1]	24.2
800°C	0.27±0.03	74.0±0.22	0.49±0.005	4.19±0.09	88.2	555	22.1 [19.8]	1.30
1400°C	0.205±0.18	80.2±0.46	0.68±0.12	5.58±0.54	87.8	----	---- [---]	-----

<sup>a</sup>. Average of 3 samples. (Mold diameter: 1.04 cm.) <sup>b</sup>. Shrinkage =  $100 \times (\text{mold diameter} - \text{sample diameter}) / (\text{mold diameter})$ . <sup>c</sup>. Single sample, average of 50 measurements. <sup>d</sup>. By the BJH-desorption method; in brackets: width at half maximum in nm. <sup>e</sup>. Calculated via  $r = 3/\rho_s \sigma$ .

**Table S.10.** Property evolution upon pyrolysis of the RF-DyOx system

sample	diameter (cm) <sup>a</sup>	shrinkage (%) <sup>a,b</sup>	bulk density, $\rho_b$ (g cm <sup>-3</sup> ) <sup>a</sup>	skeletal density, $\rho_s$ (g cm <sup>-3</sup> ) <sup>c</sup>	porosity, $II$ (% void space)	BET surface area, $\sigma$ (m <sup>2</sup> g <sup>-1</sup> )	average pore diameter (nm) <sup>d</sup>	particle radius, $r$ (nm) <sup>e</sup>
<b>n-RF-DyOx</b>								
RT	0.86±0.05	17.0±1.73	0.089±0.008	2.55±0.01	97	290	52.4 [32.8]	4.1
800°C	0.44±0.03	58.0±0.14	0.267±0.026	2.15±0.06	87.8	310	27.8 [31.6]	4.8
1400°C	0.39±0.01	62.5±0.32	0.384±0.04	3.31±0.60	88.4	483	6.9 [7.4]	1.9
<b>Xero-RF-DyOx</b>								
RT0.51±0.025		50.6±0.82	1.17±0.031	2.18±0.24	98	7.6 [5.3]	14.0	
<b>X-RF-DyOx</b>								
RT	0.93±0.01	6.80±1.7	0.34±0.03	1.49±0.01	68	132	45.7 [37.2]	15.2
800°C	0.38±0.04	63.0±1.2	0.42±0.01	3.58±0.13	88.0	0.01	(---) [-----]	---
1400°C	0.27±0.03	74.0±0.2	0.67±0.01	5.00±0.14	86.5	1.91(---)	[-----]	---

<sup>a</sup> Average of 3 samples. (Mold diameter: 1.04 cm.) <sup>b</sup> Shrinkage =  $100 \times$  (mold diameter – sample diameter) / (mold diameter).  
<sup>c</sup> Single sample, average of 50 measurements. <sup>d</sup> By the BJH-desorption method; in brackets: width at half maximum in nm <sup>e</sup>.  
 Calculated via  $r = 3/\rho_s\sigma$ .

**Table S.11.** Quantitative phase analysis (% w/w by XRD) of smeltable metal oxide-carbon black mixtures (1:6 mol/mol) as a function of heating temperature under Ar (in parentheses: crystallite size, nm)

	Room Temp.	400 °C	600 °C	800 °C	1000 °C
<b>Fe<sub>2</sub>O<sub>3</sub> : C (1:6 mol/mol)</b>					
<b>Simple mixing</b>					
Fe <sub>2</sub> O <sub>3</sub>	100 (16.8)	---	---	100 (23)	100 (26.1)
<b>Mortar and pestle</b>					
Fe <sub>2</sub> O <sub>3</sub>	100 (16.8)	---	---	100 (22.8)	100 (24.5)
<b>Ball milling</b>					
Fe <sub>2</sub> O <sub>3</sub>	100 (16.3)	---	---	100 (22.6)	100 (24.7)
<b>CoO : C (1:6 mol/mol)</b>					
<b>Simple mixing</b>					
Co <sub>2</sub> O <sub>3</sub>	100 (18.2)	---	---	100 (19.8)	100 (22.1)
<b>Mortar and pestle</b>					
Co <sub>2</sub> O <sub>3</sub>	100 (17.7)	---	---	100 (19.5)	15 (21.8)
α-Co					85 (23.7)
<b>Ball milling</b>					
Co <sub>2</sub> O <sub>3</sub>	100 (17.8)	---	---	100 (24.2)	11.2 (26.5)
α-Co					88.8(22.9)
<b>NiO : C (1:6 mol/mol)</b>					
<b>Simple mixing</b>					
NiO	100 (17.85)	---	---	100 (18.9)	100 (22.4)
<b>Mortar and pestle</b>					
NiO	100 (17.8)	---	---	100 (19.1)	100 (22.6)
<b>Ball milling</b>					
NiO	100 (17.8)	---	---	100 (18.5)	72.5 (23.2)
Ni					27.5 (21.4)
<b>SnO<sub>2</sub> : C(1:6 mol/mol)</b>					
<b>Simple mixing</b>					
SnO <sub>2</sub>	100 (18.9)	---	---	100 (20.2)	100 (23.4)
<b>Mortar and pestle</b>					
SnO <sub>2</sub>	100 (18.4)	---	---	100 (20.4)	100 (22.8)
<b>Ball milling</b>					
SnO <sub>2</sub>	100 (18.2)	---	---	100 (19.8)	84.5 (23.1)
Sn					15.5 (19.7)
<b>CuO : C (1:6 mol/mol)</b>					
<b>Simple mixing</b>					
CuO	100 (26.2)	100 (28.5)	100 (28.4)	89.5 (30.4)	92.5 (32.6)
Cu				11.5 (19.7)	7.5 (21.3)
<b>Mortar and pestle</b>					
CuO	100 (23.8)	100 (27.2)	100 (29.1)	77.0 (29.7)	66.0 (32.1)
Cu				23.0 (18.7)	34.0 (19.5)
<b>Ball milling</b>					
CuO	100 (22.9)	100 (25.5)	100 (26.4)	68.0 (27.8)	63.2 (28.1)
Cu		32.0 (16.4)	36.8 (18.4)		

**Table S.12.** Quantitative phase analysis (% w/w by XRD) of carbide-convertible metal oxide / carbon black mixtures (1:6 mol/mol) as a function of heating temperature under Ar (in parenthesis: crystallite size, nm)

	Room Temp.	1000 °C	1100 °C	1200 °C	1400 °C
<b>Cr<sub>2</sub>O<sub>3</sub> : C (1:6 mol/mol)</b>					
<b>Simple mixtures (not tested)</b>					
<b>Mortar and pestle</b>					
Cr <sub>2</sub> O <sub>3</sub>	100 (26.8)	---	---	100 (29.1)	100 (35.8)
<b>Ball milling</b>					
Cr <sub>2</sub> O <sub>3</sub>	100 (25.4)			100 (27.9)	100 (34.2)
<b>TiO<sub>2</sub> : C (1:6 mol/mol)</b>					
<b>Simple mixtures (not tested)</b>					
<b>Mortar and pestle</b>					
TiO <sub>2</sub>	100 (21.8)	---	---	100 (26.6)	100 (28.4)
<b>Ball milling</b>					
TiO <sub>2</sub>	100 (21.6)			100 (27.2)	100 (27.9)
TiC					
<b>HfO<sub>2</sub> : C (1:6 mol/mol)</b>					
<b>Simple mixtures (not tested)</b>					
<b>Mortar and pestle</b>					
HfO <sub>2</sub>	100 (23.8)	---	---	100 (28.3)	100 (31.2)
<b>Ball milling</b>					
HfO <sub>2</sub>	100 (24.8)			100 (29.1)	100 (35.8)