Supplementary Data

Electron Transfer Quenching by Nitroxide Radicals of the

Fluorescence of Carbon Dots

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Intermolecular quenching of CDs' fluorescence by TEMPO

Assuming the average binding sites on CDs surface are n, the electrostatic binding between CDs and 4-AT produce a non-fluorescent conjugate CD@TEMPO

$$[CD] + n[4-AT] \rightarrow [CD-(AT)_n]$$
(3)

Where $[CD-(AT)_n]$ stands for the concentration of CD@TEMPO. The apparent binding constant for (3) is given as

$$K_{S} = \frac{\left[CD \cdot (AT)_{n}\right]}{\left[CD\right] \cdot \left[4 - AT\right]^{n}} \tag{7}$$

And the mass conservation law gives

$$[CD]_0 = [CD] + [CD - (AT)_n]$$
(8)

Where $[CD]_0$ stands to the initial concentrations of CDs. Considering that the fluorescence intensities are proportional to the concentrations of CDs, the apparent binding constant can be rewritten as

$$K_s = \frac{F_0 - F}{F \bullet [4 - AT]^n} \tag{9}$$

Hence, we obtain the following relationship:

$$\frac{F_0}{F} = 1 + K_S [4 - AT]^n \tag{10}$$

The following equation exists,

$$[4-AT] = [4-AT]_0 - n[CD-(AT)_n]$$
(11)

Where $[4-AT]_0$ is the initial concentrations of 4-AT. Considering $[4-AT]_0$ is far greater than $[CD-(AT)_n]$, [4-AT] can be approximated to $[4-AT]_0$. Then (8) can be rewritten as

$$\frac{F_0}{F} = 1 + K_S [4 - AT]_0^n \tag{12}$$

Inversion of equation of (8) gives the fraction of unbound CDs.

$$\frac{F}{F_0} = \frac{1}{1 + K_S [4 - AT]_0^n}$$
(13)

As shown in the lifetime quenching experiments, a small portion of dynamic quenching contributed to the quenching of the fluorescence intensities of CDs. The fraction of CDs not quenched by collisional encounter is

$$\frac{F}{F_0} = \frac{1}{1 + K_D [4 - AT]_0} \tag{14}$$

Then the corrected fluorescence remaining can be given by the product of the fraction of free CDs and the fraction not quenched by collisional encounters, and gives

$$\frac{F}{F_0} = \frac{1}{1 + K_D [4 - AT]_0} \bullet \frac{1}{1 + K_S [4 - AT]_0^n}$$
(15)

Rearrangement of (13) yields

$$\frac{F_0}{F} = 1 + K_D [4 - AT]_0 + K_S [4 - AT]_0^n + K_D [4 - AT]_0^{n+1}$$
(4)

The value of K_D is 28.2 M⁻¹, as determined by lifetime quenching experiments. The modified Stern Volmer equation (4) fit quite well with the experiment data (figure 2(b)) and gives a Ks of 3.73×10^2 M⁻¹ and a *n* of 1.9. It demonstrates that the quenching mechanism can be well described by the multiple binding sites and combined dynamic and static quenching model.



Fig.S1 Fluorescence intensity (λ_{ex} =415 nm, λ_{em} =510 nm) of the CDs solution measured at different reaction time, synthesized at different sucrose concentration(3.0 g, 2.5 g, 2.0 g, 1.5 g, 1.0 g, 0.5 g sucrose in 10 mL water, respectively) and the concentration of H₂SO₄ was 0.5 M.



Fig. S2 Fluorescence intensity (λ_{ex} =415 nm, λ_{em} =510 nm) of the CDs synthesized with different microwave power. (Synthesized by using 20% sucrose solution and 0.5 M H₂SO₄, and a reaction time of 15 min). With increasing power, carbonization of sugar is accelerated and the fluorescence of CDs increased fast, but we also notice that more black and non-fluorescent particle formed with higher power. So 200 W was chosen for the synthesis in our procedure. Insert: photographic images of CDs synthesized with different microwave power.



Fig.S3 Fluorescence intensity (λ_{ex} =415 nm, λ_{em} =510 nm) of the CDs solution measured at different reaction time, synthesized by using 20% sucrose solution and different mount of H₂SO₄. Increasing the concentration of H⁺ aggravated the carbonization of sugar observably, more black and non-fluorescent particle formed when prolonging the microwave duration. To minimize the by-product, we chose 15 min as the reaction time when the concentration of H₂SO₄ was 0.5 M.



Fig.S4 (a) ESR (b) FT-IR and (c) XPS spectra of the as-prepared CDs.



Fig.S5 pH-dependent fluorescence intensity (λ_{ex} =420 nm, λ_{em} =511 nm) when pH is switched between 2 and 12 in B-R buffer.



Fig.S6 Intermolecular fluorescence quenching (λ_{ex} =415 nm, λ_{em} =511 nm) of CDs by piperidine, triethylamine, diisopropylamine and ethylenediamine (performed in pH 7.4, 0.2 M borate buffer, the concentration for each of triethylamine, diisopropylamine and ethylenediamine piperidine was 25 mM. F₀ and F stand for fluorescence intensity of CDs in the absence and presence of amine, respectively).



Fig.S7 ESR signals of CDs as a function of UV irradiation duration in the presence of 4-AT (\blacksquare) and 4-HT (\bigcirc), respectively, in pH 7.4 boric buffer solution ([4-AT] =2.67 mM, [4-HT]= 33.3 mM, I₀ and I stands for ESR signals of mixture solution of CDs and TEMPO in the initial and under different UV irradiation duration, respectively).

Table S1. Quenching constants of CDs by 4-AT and 4-HT		
	4-AT	4- HT
	$K_{\rm D} / M^{-1}$	K_{SV}/M^{-1}
0.2 M borate buffe(pH 7.4)	28.2	23.4
DMF	23.5	21.6

Tab.S1 K_{SV} is the Stern-Volmer constant which is related to the quenching efficiency at lower concentration of TEMPO calculated by (1), K_D was obtained by a linear Stern–Volmer equation between τ_0/τ and concentration of TEMPO as described in (2).



Fig.S8 The cyclic voltammogram of 4-AT in 0.2 M borate buffer (pH 7.4), with glassy carbon electrode as the working electrode (scan rate: $50 \text{ mV} \cdot \text{s}^{-1}$).



Fig.S9 Fluorescence intensity (λ_{ex} =415 nm, λ_{em} =510 nm) of the CDs upon introduction of 4-AT (\blacksquare) and hydroxylamine (\bullet) (performed in pH 7.4, 0.2 M borate buffer).



Fig.S10 (a) Fluorescence restoration and (b) decay of the ESR signal of CD@TEMPO upon introduction of AA with concentration changing from 0.80 mM to 1.92 mM (λ_{ex} =385 nm, slit width: 5 nm/5 nm) in DMF.



Fig.S11 Time-dependent fluorescence (λ_{ex} =375 nm, λ_{em} =470 nm) following addition of 0.33 mM AA (\blacksquare), 3.33 mM GSH (\blacktriangle) and L-Cys (\bigcirc) to a CDs solution in 0.2 M borate buffer at pH 7.4. F₀ and F represent fluorescence intensities of the spin-labeled CD-TEMPO in the presence and absence of antioxidant, respectively.